

couldn't find an answer so I gave him one, "The difference lays in the diploma, my boy. Perhaps the attar has experience in healing people but he is not licensed, so his field of work is limited." As a result, Abdullah decided to take the right and tough road. He went to university, graduated with excellence, and he is now on his way to earning a PhD. He thus became a certified trainer armed with the triangle of success: knowledge, experience, and morals.

The third example: in 2013 a movement emerged with the simple goal of spreading happiness and positive attitudes. Named after the little yellow flowers which spring up in the desert, *Al Nowair* was founded by Sheikha Intesar Salem Al-Ali. The thing I noticed upon reading her articles was that she shared personal stories and life experiences, as well as the hardships she had to overcome. She shared these painful experiences and the lessons she learned from them in order to benefit society. She turned her personal experiences into a story of success and established a professional non-profit organization which is unlike any other. She founded Al Nowair, and entrusting it to qualified experts, it began to spread positive initiatives and give back to a community which was in a dire need of them. So, the Sheikha succeeded in her thing!

The summary of all this is: The one who wants to learn must find a teacher who has learned himself! You cannot get blood out of stones.