

Vegetarian Pad Thai

This vegetarian pad thai recipe is nutritious and easy to prepare.



Ingredients

- Rice noodles
- Tofu
- Vegetable oil
- Sliced carrots
- Green onions
- Bean sprouts
- Soy sauce
- Rice vinegar

Instructions

1. Cook the rice noodles in boiling water.
2. Chop tofu into cubes and fry in saucepan with vegetable oil.
3. Mix soy sauce and rice vinegar to make a sauce.
4. Place the noodles, tofu, vegetables and sauce in a saucepan.
5. Stir over medium heat for five minutes.
6. Serve with a slice of lime and season with red pepper flakes.

Posted by John Smith on January 1, 2021