## Values Ranking Exercise

## Personal Values Ranking

Rank your values, with 1 being the most important to you. Achievement/Performance (accomplishing your goals or tasks, being successful)\* Advancement (being "promoted," assuming greater responsibility)\* 9 Adventurousness ("inclination to undertake new & daring enterprises") Authority (directing and supervising others, coordinating activities, being in charge)\* 8 Balance\* (being able to manage all aspects of your life, not allowing one aspect of your life to dominate others) 10 Caring ("feeling & exhibiting concern & empathy for others")+ <sup>8</sup> Collaboration (""work[ing] cooperatively especially in a joint intellectual effort")<sup>+</sup> 8 Commitment (actions consistent with promises, following through, not giving up)\* <sup>6</sup> Contribution (making a contribution to society, feeling that your efforts serve a larger purpose)\* 8 Creativity (being innovative and inventive, creating new things, using your imagination)\* Competitiveness ("striv[ing] to do something better than someone else") 8 Diversity ("a point of respect in which things differ", appreciation for difference) <sup>7</sup> Enjoyment (enjoying what you do, doing things that give you pleasure)\* 10 Equality ("the right of different groups of people to receive the same treatment") 6 Excitement (being involved in exciting and stimulating things, taking risks)\* 9 Fairness ("consistent with rules, logic,") 2 Fame (being widely known)\* 6 Family\* \_8\_ Friendship\* 6 Generosity (sharing with others)\* 7 Growth (learning new things, facing new challenges, evolving in rich & complex ways)\* <sup>7</sup> \_ Honesty\* Independence (working autonomously, being on your own, being free from control)\* 7 Knowledge/Learning\* Money/Material possessions\*

<sup>5</sup> Passion (being inspired to do something no matter how difficult)\*

| Patriotism^ ("devotion to one's country")**  |
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| 5 Power (being able to influence & control activities or others)*  |
| 6 Recognition (being acknowledged & rewarded for your contributions)*  |
| 7 Respect* (both respecting others and being respected)  |
| 7 Responsibility (being accountable for something)*  |
| 5 Sacrifice (giv[ing] up something for something [or someone] else)+   |
| 6 Security/Safety*   |
| Self-Actualization (growing toward & attaining your highest potential)*  |
| <sup>6</sup> Service to other & the community*   |
| _5_ Spirituality/Religiosity/Faith*  |
| 6 Stability* (lacking uncontrollable or unwanted fluctuations in life)   |
| Sustainability/Environmentalism  |
| 8 Teamship* (being part of a team/group, putting team/group ahead of self, creating relationships with team/group members) |
|  |
| 6_Winning*   |
| (others?)  |
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## Adapted from:

Self-Management Institute, Inc ©1995 (\*);

 $Ethics\ Resource\ Center\ ,\ www.ethics.org/resources/definitions-of-values. asp,\ retrieved\ October\ 20,\ 2008,\ (^+);$ 

 $\label{lem:character} Character\ Values\ Scale\ (CVS),\ by\ Pu-Shih\ Daniel\ Chen, \\ http://collegevalues.org/pdfs/Character%20Values%20Scale.pdf\ ,\ retrieved\ October\ 20,\ 2008\ (^);$ 

Definitions from www. Merriam-Webster.com denoted by \*\*