

SELF-ASSESSMENT TOOL * AM I PREPARED TO BE A VOLUNTEER?

Chance to Change | 24th September 2018 • Berlin (Germany)

PURPOSE

To test online the attitudes, motivations and beliefs of youngsters (and future volunteers).

22 Questions

VOLUNTEERING MOTIVATION

VIOLENCE BELIEFS

EMPOWERMENT SENSE

AGGRESSIVE ATTITUDES

PREFERENCE FOR GROUP WORK

① QUESTIONS ABOUT VOLUNTEERING MOTIVATIONS

Adapt. Clary et al. (1998)

6 QUESTIONS – Response scale ranging from 1 (*Completely disagree*) to 7 (*Completely agree*).

I feel it is important to help others because I am concerned about other people needs and problems.

Volunteering allows me to learn new things and to gain a new perspective about the cause I am working.

Volunteering makes me feel important and needed.

Volunteering will help me to succeed in getting a job or a career.

My friends and people I am close volunteer and want me to follow them.

Volunteering helps me to reduce negative emotions, such as loneliness, guilty, sadness and preoccupation.

SCORE (MEAN) 1 = LOW MOTIVATION

SCORE (MEAN) 7 = HIGH MOTIVATION

② QUESTIONS ABOUT VIOLENCE BELIEFS

Source: Machado, Matos, & Gonçalves (2000)

4 QUESTIONS – Response scale ranging from 1 (*Completely disagree*) to 7 (*Completely agree*).

It is normal for people to lose their heads and insult others.

Some people deserve to be mistreated because of the way they behave.

There may be a legitimate justification for carrying out violent acts directed at others.

The situations of violence should be solved in private only by those directly involved.

SCORE (MEAN) 1 = INADEQUATE BELIEFS

SCORE (MEAN) 7 = ADEQUATE BELIEFS

③ QUESTIONS ABOUT EMPOWERMENT SENSE

Source: Rogers, Chamberlin, Ellison, & Crean (1997)

5 QUESTIONS – Response scale ranging from 1 (*Completely disagree*) to 7 (*Completely agree*).

I am confident about the decisions I make and I usually accomplish what I plan to do.

I never go along with the group when I am not sure about what decision to make.

People have more power on their community if they work together.

I am generally optimistic about what will happen in my life in the future.

Getting angry about something can make the difference toward the change.

SCORE (MEAN) 1 = LOW EMPOWERMENT
SENSE

SCORE (MEAN) 7 = HIGH EMPOWERMENT
SENSE

④ QUESTIONS ABOUT AGGRESSIVE ATTITUDES

Source: Buss & Perry (1992)

4 QUESTIONS – Response scale ranging from 1 (*Completely disagree*) to 7 (*Completely agree*).

Under certain circumstances I may threaten someone.

I am an argumentative person who often disagree with others and tell them what he/she thinks about them.

I am a hothead person and I have difficulty controlling my temper .

I am usually a suspicious person about people I don't know well because I feel that other people always seem to get the breaks.

SCORE (MEAN) 1 = LOW LEVEL OF AGGRESSIVE
ATTITUDES

SCORE (MEAN) 7 = HIGH LEVEL OF AGGRESSIVE
ATTITUDES

⑤ QUESTIONS ABOUT PREFERENCE FOR GROUP WORK

Source: Shaw, Duffy & Stark (2000)

3 QUESTIONS – Response scale ranging from 1 (*Completely disagree*) to 7 (*Completely agree*).

When I have a choice, I try to work with others in a team instead of by myself.

When working on projects, I enjoy interacting with people.

I prefer to work on a team rather than work alone in individual tasks.

SCORE (MEAN) 1 = PREFERENCE FOR WORKING
ALONE

SCORE (MEAN) 7 = PREFERENCE FOR GROUP
WORK

REFERENCES

VOLUNTEERING MOTIVATION

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VIOLENCE BELIEFS

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EMPOWERMENT SENSE

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AGGRESSIVE ATTITUDES

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PREFERENCE FOR GROUP WORK

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VOLUNTEER SELF-ASSESSMENT*

**A MOBILE APP FOR THE SELF-ASSESSMENT OF THE
PREDISPOSITION TO BE A VOLUNTEER**

| CHARACTERIZATION

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= a **mobile application** for delivering a survey and perform an assessment of the predisposition of a person to be a volunteer. The app should be implemented with a small database containing a series of questions for several dimensions that need to be evaluated.

Beginning of development: October 2018

End of development: December 2018

| CHARACTERIZATION

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1. After starting the app, a screen with the several dimensions that need assessment will be shown to the user.
2. The user may then choose one of those dimensions, after which he or she will be guided to the set of questions regarding the dimension.
3. The app tracks the progress and score and it will return the assessment for each one of the dimensions at the end of each survey, and a general score once all questionnaires have been answered.
4. The app should store results locally and persistently in a database (if a user returns to the app, previous results should still be there). The application should preferably be written to the Android Operating System.

THANK YOU!