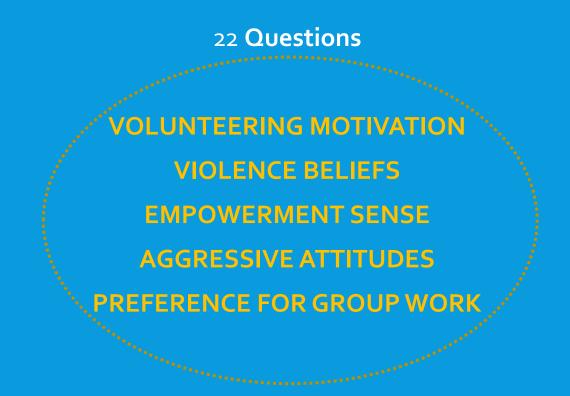


SELF-ASSESSMENT TOOL * AM I PREPARED TO BE A VOLUNTEER?

Chance to Change I 24th September 2018 • Berlin (Germany)

PURPOSE

To test online the attitudes, motivations and beliefs of youngsters (and future volunteers).



1 QUESTIONS ABOUT VOLUNTEERING MOTIVATIONS

Adapt. Clary et al. (1998)

6 QUESTIONS – Response scale ranging from 1 (Completely disagree) to 7 (Completely agree).

I feel it is important to help others because I am concerned about other people needs and problems.

Volunteering allows me to learn new things and to gain a new perspective about the cause I am working.

Volunteering makes me feel important and needed.

Volunteering will help me to succeed in getting a job or a career.

My friends and people I am close volunteer and want me to follow them.

Volunteering helps me to reduce negative emotions, such as loneliness, guilty, sadness and preoccupation.

2 QUESTIONS ABOUT VIOLENCE BELIEFS

Source: Machado, Matos, & Gonçalves (2000)

4 QUESTIONS – Response scale ranging from 1 (*Completely disagree*) to 7 (*Completely agree*).

It is normal for people to lose their heads and insult others.

Some people deserve to be mistreated because of the way they behave.

There may be a legitimate justification for carrying out violent acts directed at others.

The situations of violence should be solved in private only by those directly involved.

SCORE (MEAN) 1 = INADEQUATE BELIEFS

SCORE (MEAN) 7 = ADEQUATE BELIEFS

3 QUESTIONS ABOUT EMPOWERMENT SENSE

Source: Rogers, Chamberlin, Ellison, & Crean (1997)

5 QUESTIONS – Response scale ranging from 1 (Completely disagree) to 7 (Completely agree).

I am confident about the decisions I make and I usually accomplish what I plan to do.

I never go along with the group when I am not sure about what decision to make.

People have more power on their community if they work together.

I am generally optimistic about what will happen in my life in the future.

Getting angry about something can make the difference toward the change.

SCORE (MEAN) 1 = LOW EMPOWERMENT SENSE

SCORE (MEAN) 7 = HIGH EMPOWERMENT SENSE

4 QUESTIONS ABOUT AGGRESSIVE ATTITUDES

Source: Buss & Perry (1992)

4 QUESTIONS – Response scale ranging from 1 (Completely disagree) to 7 (Completely agree).

Under certain circumstances I may threaten someone.

I am an argumentative person who often disagree with others and tell them what he/she thinks about them.

I am a hothead person and I have difficulty controlling my temper.

I am usually a suspicious person about people I don't know well because I feel that other people always seem to get the breaks.

SCORE (MEAN) 1 = LOW LEVEL OF AGGRESSIVE ATTITUDES

SCORE (MEAN) 7 = HIGH LEVEL OF AGGRESSIVE ATTITUDES

(5) QUEST/ONS ABOUT PREFERENCE FOR GROUP WORK

Source: Shaw, Duffy & Stark (2000)

3 QUESTIONS – Response scale ranging from 1 (Completely disagree) to 7 (Completely agree).

When I have a choice, I try to work with others in a team instead of by myself.

When working on projects, I enjoy interacting with people.

I prefer to work on a team rather than work alone in individual tasks.

SCORE (MEAN) 1 = PREFERENCE FOR WORKING ALONE

SCORE (MEAN) 7 = PREFERENCE FOR GROUP WORK

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VOLUNTEER SELF-ASSESSMENT*

A MOBILE APP FOR THE SELF-ASSESSMENT OF THE PREDISPOSITION TO BE A VOLUNTEER

CHARACTERIZATION

PEDRO INÁCIO I **PROFESSOR OF COMPUTER SCIENCE- UBI (COVILHÃ, PORTUGAL)**

= a **mobile application** for delivering a survey and perform an assessment of the predisposition of a person to be a volunteer. The app should be implemented with a small database containing a series of questions for several dimensions that need to be evaluated.

Beginning of development: October 2018
End of development: December 2018

CHARACTERIZATION

PEDRO INÁCIO I PROFESSOR OF COMPUTER SCIENCE- UBI (COVILHÃ, PORTUGAL)

- 1. After starting the app, a screen with the several dimensions that need assessment will be shown to the user.
- 2. The user may then choose one of those dimensions, after which he or she will be guided to the set of questions regarding the dimension.
- 3. The app tracks the progress and score and it will return the assessment for each one of the dimensions at the end of each survey, and a general score once all questionnaires have been answered.
- 4. The app should store results locally and persistently in a database (if a user returns to the app, previous results should still be there). The application should preferably be written to the Android Operating System.

THANKYOU!