

Outline

This research proposal will consist of the following:

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1. About the Dataset

OSMI Mental Health in Tech Survey 2016

<https://osmihelp.org/>

Open Sourcing Mental Illness is a non-profit, 501(c)(3) corporation dedicated to raising awareness, educating, and providing resources to support mental wellness in the tech and open source communities.

This survey measures attitudes towards mental health in the tech workplace, and examines the frequency of mental health disorders among tech workers.

<https://www.kaggle.com/osmi/mental-health-in-tech-survey>

2. Exploratory Data Analysis

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```
1 import pandas as pd
2 import numpy as np
3 import statistics as stat
4 import matplotlib.pyplot as plt
5 import seaborn as sns
6 import warnings
7 # Suppress annoying harmless error.
8 warnings.filterwarnings(action="ignore")
9 %matplotlib inline
```

```
1 data = pd.read_csv('../input/survey.csv')
```

```
1 # How many datapoints, how many variables?
2 data.shape
```

```
1 (1259, 27)
```

```
1 # What variables do we have?
2 pd.options.display.max_columns = 30
3 data.head()
```

	Timestamp	Age	Gender	Country	state	self_employed	family_history	treatment	work_interfere	no_employees
0	2014-08-27 11:29:31	37	Female	United States	IL	NaN	No	Yes	Often	6-25
1	2014-08-27 11:29:37	44	M	United States	IN	NaN	No	No	Rarely	More than 1000
2	2014-08-27 11:29:44	32	Male	Canada	NaN	NaN	No	No	Rarely	6-25
3	2014-08-27 11:29:46	31	Male	United Kingdom	NaN	NaN	Yes	Yes	Often	26-100
4	2014-08-27 11:30:22	31	Male	United States	TX	NaN	No	No	Never	100-500

```

1 # Check for missing values
2 data.info()

```

```

1 <class 'pandas.core.frame.DataFrame'>
2 RangeIndex: 1259 entries, 0 to 1258
3 Data columns (total 27 columns):
4 Timestamp                1259 non-null object
5 Age                      1259 non-null int64
6 Gender                   1259 non-null object
7 Country                  1259 non-null object
8 state                    744 non-null object
9 self_employed            1241 non-null object
10 family_history           1259 non-null object
11 treatment                1259 non-null object
12 work_interfere           995 non-null object
13 no_employees             1259 non-null object
14 remote_work              1259 non-null object
15 tech_company             1259 non-null object
16 benefits                 1259 non-null object
17 care_options             1259 non-null object
18 wellness_program         1259 non-null object
19 seek_help                1259 non-null object
20 anonymity                1259 non-null object
21 leave                    1259 non-null object
22 mental_health_consequence 1259 non-null object
23 phys_health_consequence  1259 non-null object
24 coworkers                1259 non-null object
25 supervisor               1259 non-null object
26 mental_health_interview  1259 non-null object
27 phys_health_interview    1259 non-null object
28 mental_vs_physical       1259 non-null object
29 obs_consequence          1259 non-null object
30 comments                  164 non-null object
31 dtypes: int64(1), object(26)
32 memory usage: 137.7+ KB

```

Everything seems very complete except for 'state', 'work_interfere' and 'comments'. We'll keep them because the dataset is very small as it is.

```

1 #data.drop('Timestamp',axis=1,inplace=True)
2 data.shape

```

```

1 (1259, 27)

```

2.1. Clean and Visualize Continuous Variables

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Age is our only continuous variable. Let's clean it and get a statistical summary.

```

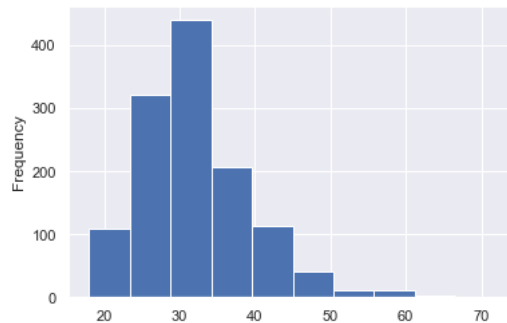
1 # Replace noise with the mean age.
2 data.Age[data.Age < 15] = 32
3 data.Age[data.Age > 100] = 32
4
5 # Get a statistical summary, median age and histogram.
6 print(data.Age.describe())
7 print('median: ', np.median(data.Age))
8
9 sns.set(style="darkgrid")
10 data.Age.plot(kind='hist')
11 plt.show()

```

```

1 count    1259.000000
2 mean      32.076251
3 std        7.265063
4 min       18.000000
5 25%       27.000000
6 50%       31.000000
7 75%       36.000000
8 max       72.000000
9 Name: Age, dtype: float64
10 median:   31.0

```



Takeaway: Most people in this survey are in their early 30's and late 20's.

Let's visualize the **distribution of 'Age', by the categories of 'work_interfere'**.

But first, we should clean 'work_interfere'.

2.1.1. Clean 'work_interfere' Variable

This variable is the answer to the question: 'If you have a mental health issue, do you feel that it interferes with your work?'

We could hypothesize that tech worker's job performance is less affected if they feel safe talking about mental health issues at work; or if their employers actually offer mental health services.

We can also assume that people who didn't respond do not have a mental health issue. Many values are missing in this variable. Perhaps it's best to keep them for now, and fill them up.

```

1 data.work_interfere.fillna(value='No Issue',inplace=True)
2 data.work_interfere.value_counts()

```

```

1 Sometimes    465
2 No Issue     264
3 Never        213
4 Rarely       173
5 Often        144
6 Name: work_interfere, dtype: int64

```

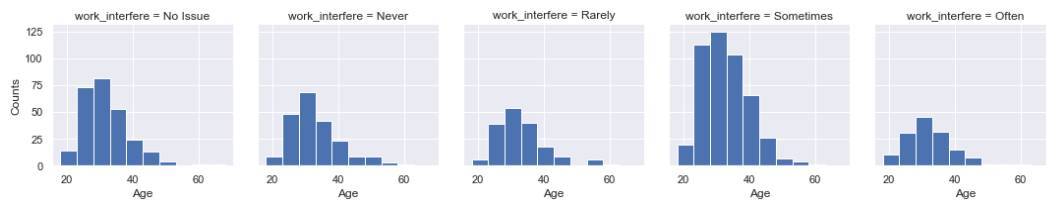
2.1.2. Age Distribution by 'work_interfere'

Now that both variables are clean, let's go ahead and see what they can reveal.

```

1 sns.set(style="darkgrid")
2
3 g = sns.FacetGrid(col='work_interfere', sharey=True,
4                   col_order=['No Issue', 'Never', 'Rarely', 'Sometimes', 'Often'],
5                   data=data, despine=True)
6
7 g = g.map(plt.hist, 'Age', bins=np.arange(18,72,5))
8
9 g = g.set_ylabels('Counts')
10
11 plt.show()

```



Takeaway: The majority of respondents with mental health issues said that they interfered 'sometimes' with their work. However, there are almost no differences in the age distributions between different 'work_interfere' categories. They all show signs of central tendency at around 32 years of age.

Maybe 'Gender' could tell us more. But first let's clean it.

2.2. Clean and Visualize Categorical Variables

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2.2.1. Clean 'Gender' Variable

Gender is a very important variable here because it's very possible that the effects of mental health vary by gender. We also don't have that much data so we **can't afford to drop the noisy values**. We'll try to do some cleaning.

```

1 # Let's get a view of all the unique gender raw values.
2 data.Gender.value_counts()

```

```

1 Male 615
2 male 206
3 Female 121
4 M 116
5 female 62
6 F 38
7 m 34
8 f 15
9 Make 4
10 Woman 3
11 Male 3
12 Female 2
13 Man 2
14 Female (trans) 2
15 Cis Male 2
16 Malr 1
17 Trans woman 1
18 Nah 1
19 Guy (-ish) ^_^ 1
20 p 1
21 Mail 1
22 Neuter 1
23 male leaning androgynous 1
24 queer/she/they 1
25 Agender 1
26 msle 1
27 Enby 1
28 ostensibly male, unsure what that really means 1
29 cis male 1
30 A little about you 1
31 Female (cis) 1
32 Male-ish 1
33 Androgynous 1
34 Genderqueer 1
35 All 1
36 woman 1
37 fluid 1
38 femail 1
39 non-binary 1

```

```

40 | Female                                1
41 | Cis Female                            1
42 | something kinda male?                  1
43 | queer                                  1
44 | Cis Man                                1
45 | Mal                                     1
46 | maile                                  1
47 | cis-female/femme                       1
48 | Trans-female                           1
49 | Male (CIS)                             1
50 | Name: Gender, dtype: int64

```

Takeaway: There are many variations of ‘male’ and ‘female’, plus a few gender-non-conforming respondents. If we had sufficient data for statistical purposes I could create categories for several gender-non-conforming respondents, but unfortunately because of their scarcity it makes more sense to **re-code everything to the binary confines**.

```

1 | # If it contains an 'f' or a 'w', then turn into 'F'
2 | data.Gender[data.Gender.apply(lambda x: 'f' in str.lower(x))] = 'F'
3 | data.Gender[data.Gender.apply(lambda x: 'w' in str.lower(x))] = 'F'
4 |
5 | # Else, turn into 'M'
6 | data.Gender[data.Gender != 'F'] = 'M'

```

```

1 | # How many men and women do we have after cleaning?
2 | data.Gender.value_counts()

```

```

1 | M    1006
2 | F     253
3 | Name: Gender, dtype: int64

```

Takeaway: We have more men than women in this survey. But maybe that’s a reflection of the tech industry anyway. That leads to another question:

How many of those men and women actually work in tech companies?

So far we’ve cleaned ‘Age’ and ‘Gender’, and re-coded ‘work_interfere’. Now we can explore how they all relate to each other, plus whether the respondents work in a ‘tech_company’.

2.2.2. Visualizations between ‘Gender’, ‘tech_company’, ‘work_interfere’ and ‘Age’

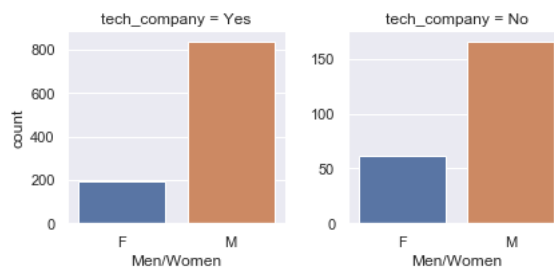
Gender could be compared with several other variables to better understand the sample. For example, ‘tech_company’ represents whether the respondent works in a tech company or not. Next we’ll explore the importance of ‘Gender’ and ‘tech_company’ on ‘work_interfere’. But first, let’s count our data points.

Counting Men and Women by ‘tech_company’

```

1 | sns.set(style="darkgrid")
2 |
3 | g = sns.catplot(col='tech_company', x='Gender', data=data,
4 |               kind='count', sharey=False, height=3)
5 |
6 | g.set_axis_labels('Men/Women')
7 |
8 | plt.show()

```



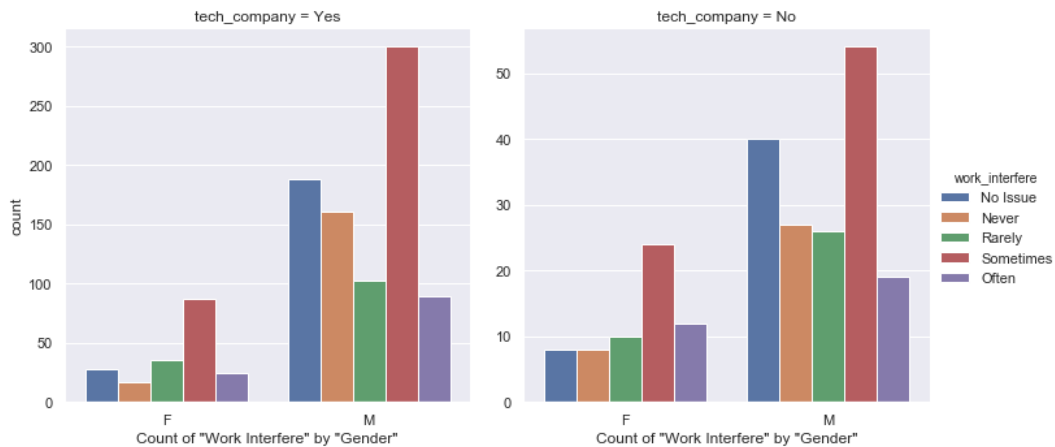
Takeaway: It’s evident there’s a lower ratio of women compared to men in the respondents who worked at tech companies.

Now, what relations exist between ‘Gender’, ‘tech_company’ and ‘work_interfere’?

```

1 sns.set(style="darkgrid")
2
3 g = sns.catplot(hue='work_interfere', x='Gender', col='tech_company', kind='count',
4                 data=data, hue_order=['No Issue', 'Never', 'Rarely', 'Sometimes', 'Often'],
5                 sharey=False)
6 g = g.set_axis_labels('Count of "Work Interfere" by "Gender"')
7 plt.show()

```



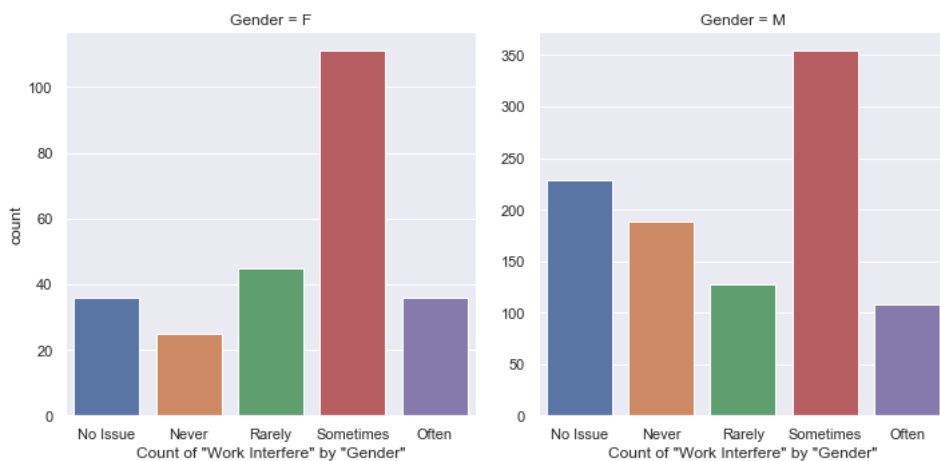
Takeaway: 'work_interfere' for men seems to stay equally distributed regardless of 'tech_company'. Women seem to be affected differently with 'tech_company', but the number of data points is too small to make serious conclusions. There's only about 60 women respondents who don't work at tech companies.

Let's now look at **men vs women's 'work_interfere' regardless of 'tech_company'**

```

1 sns.set(style="darkgrid")
2 g = sns.catplot(x='work_interfere', col='Gender', kind='count',
3                 data=data, order=['No Issue', 'Never', 'Rarely', 'Sometimes', 'Often'],
4                 sharey=False)
5 g = g.set_axis_labels('Count of "Work Interfere" by "Gender"')
6 plt.show()

```



Takeaway: Men and women appear equally likely to be 'Sometimes' affected at work by their mental health issue, but men appear more likely to have 'No Issue' at all or to 'Never' be affected by it.

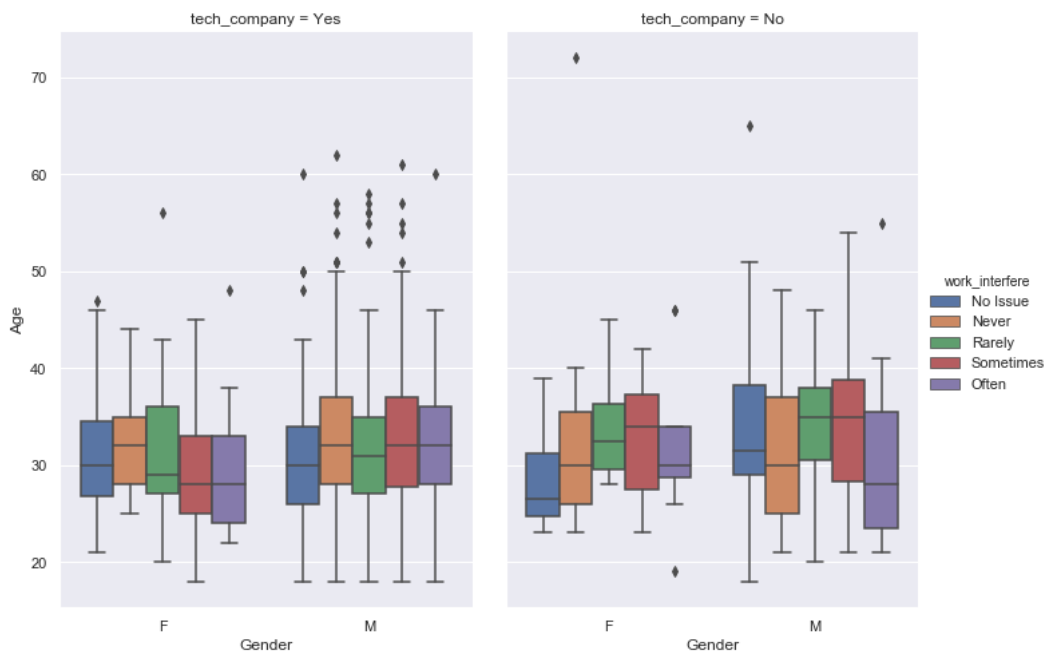
Earlier in the analysis we plotted the distributions of 'Age' categorized by 'work_interfere' facets, and found that the distributions were similar. What if 'Gender' or 'tech_company' paint a different 'Age' picture?

Age of Work-Interference by 'tech_company' and 'Gender'

```

1 sns.set(style="darkgrid")
2
3 g = sns.catplot(kind='box', y='Age', col='tech_company', x='Gender',
4                 hue='work_interfere', data=data,
5                 hue_order=['No Issue', 'Never', 'Rarely', 'Sometimes', 'Often'],
6                 height=7, aspect=0.7)
7

```



Takeaway: This is the most telling figure so far. It tells that women in tech companies are more likely to be affected at work by a mental health issue the younger they are. Men in tech on the contrary, are more likely to be affected the older they are.

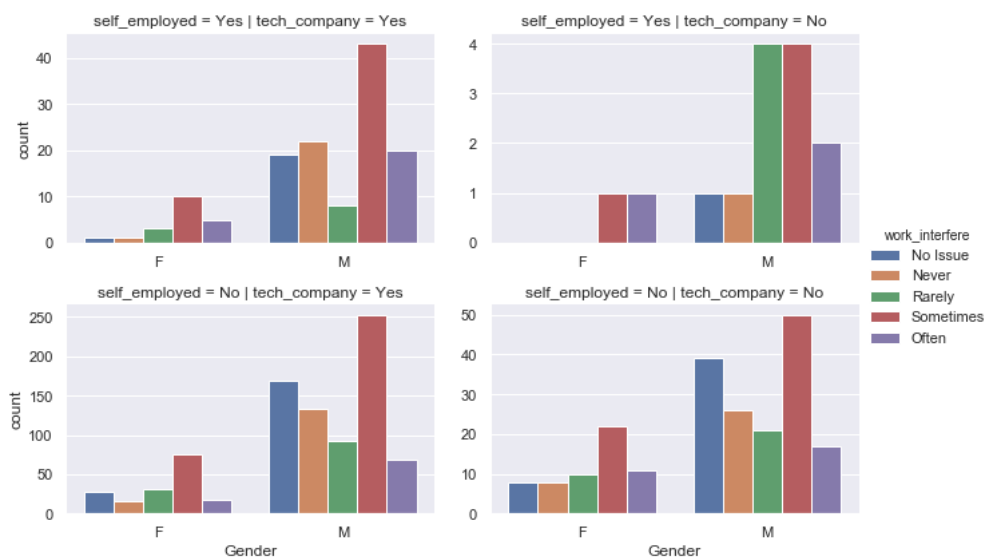
And interestingly, men and women not in tech show the inverse pattern. Older women and younger men are more affected.

2.3. Influence of Self-Employment Status in Work Interference

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So far our premise is that in tech workers there is a different relation between age and degree of work interference for men and for women. The next thing to explore is the influence of self-employment status in this dynamic.

```
1 # Let's first inspect how many respondents are self-employed
2 g = sns.catplot(kind='count', col='tech_company', x='Gender',
3               hue='work_interfere', data=data, row='self_employed',
4               hue_order=['No Issue', 'Never', 'Rarely', 'Sometimes', 'Often'],
5               height=3, aspect=1.5, sharey=False, sharex=False)
```



The top right facet is not trustworthy, the respondent counts are too low for both men and women entrepreneurs not in tech. However, we can compare the self-employed tech people (Top left) with the employee tech people (Lower left) in order to interpret the effects of being self-employed in tech. Also, the two lower facets allow us to compare tech and non-tech sectors.

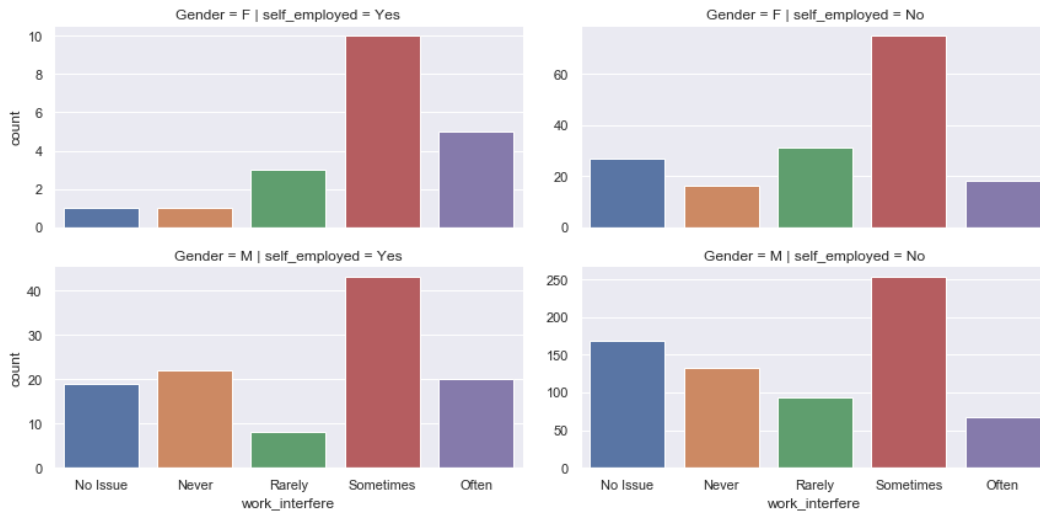
Takeaways:

1. **Self-Employed.** There's too few non-tech entrepreneur respondents for statistical analysis. But if we trusted the visuals, across the board being self employed increases the chance of mental issues and work interference.
2. **Tech Sector for Employees.** Being in a tech company doesn't influence work interference for men employees. Women employees seem slightly more mentally healthy if they are in the tech sector.

```

1 # Let's isolate the respondents who are in the tech sector for the purposes of this figure.
2 dfplot = data[data.tech_company == 'Yes']
3 g = sns.catplot(kind='count', col='self_employed', x='work_interfere', row='Gender',
4                 data=dfplot, order=['No Issue', 'Never', 'Rarely', 'Sometimes', 'Often'],
5                 height=3, aspect=2, sharey=False)

```



Here the first row is for women, the 2nd for men. The first column for self-employed, the second column for employees. This allows us to compare the effects of self-employed in the distribution of work-interfere, separately for men and women.

Takeaway: Men employees in tech are more likely to be mentally healthy or unaffected at work compared to entrepreneurs.

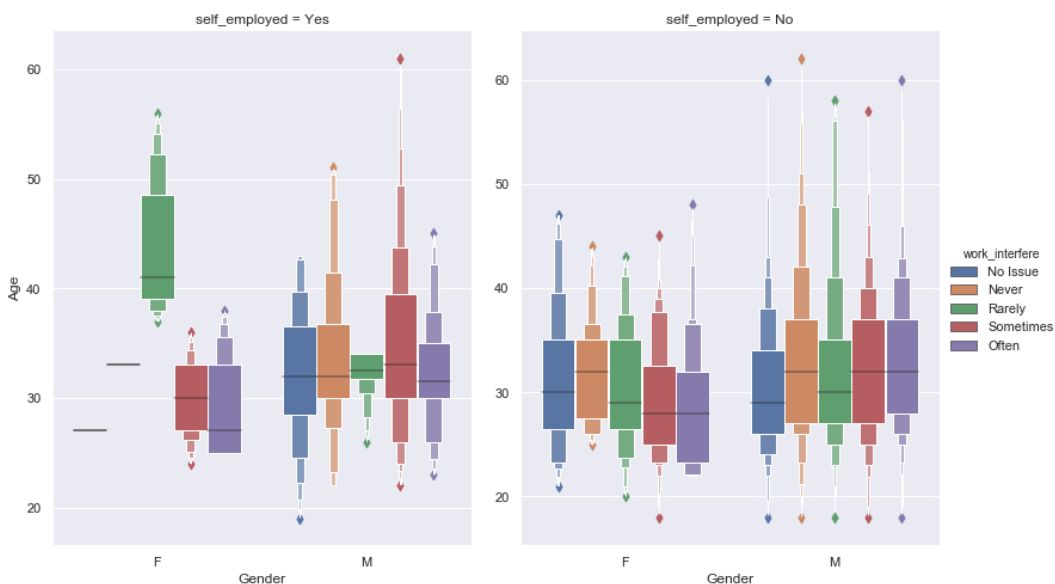
Women entrepreneurs have a very small count, but show the same behavior.

2.3.1. Age Distribution by Self-Employment Status

```

1 dfplot = data[data.tech_company == 'Yes']
2 g = sns.catplot(kind='boxen', y='Age', col='self_employed', x='Gender', hue='work_interfere',
3                 data=dfplot, hue_order=['No Issue', 'Never', 'Rarely', 'Sometimes', 'Often'],
4                 height=7, aspect=0.8, sharey=False)

```



Takeaway: Based on the figure above, being self-employed doesn't alter the central tendency of age for men and women in tech, divided by work-interference.

If anything, the **scarcity of data** for self-employed women in tech is causing a **big deviation** from the pattern seen on the right side. Perhaps with more data, these facets would look more similar.

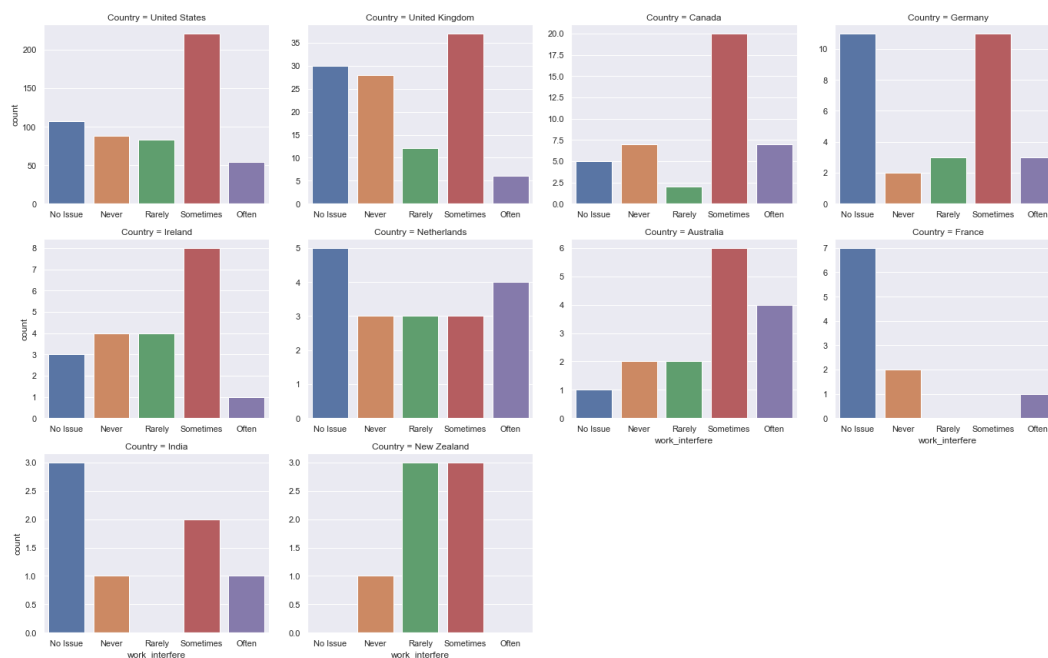
Identifying Focus Groups: Since we first analyzed the age distribution of work-interfere values for men and women, we observed that **men employees in tech struggle more as they age, whereas women employees in tech struggle more the younger they are.** ('Struggle' here refers to the work interference of mental health issues). Discarding the data for self-employed individuals, this pattern still holds true as can be seen on the right side.

2.4. Influence of Location in Work Interference

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2.4.1. Visualizing Work Interference by Country

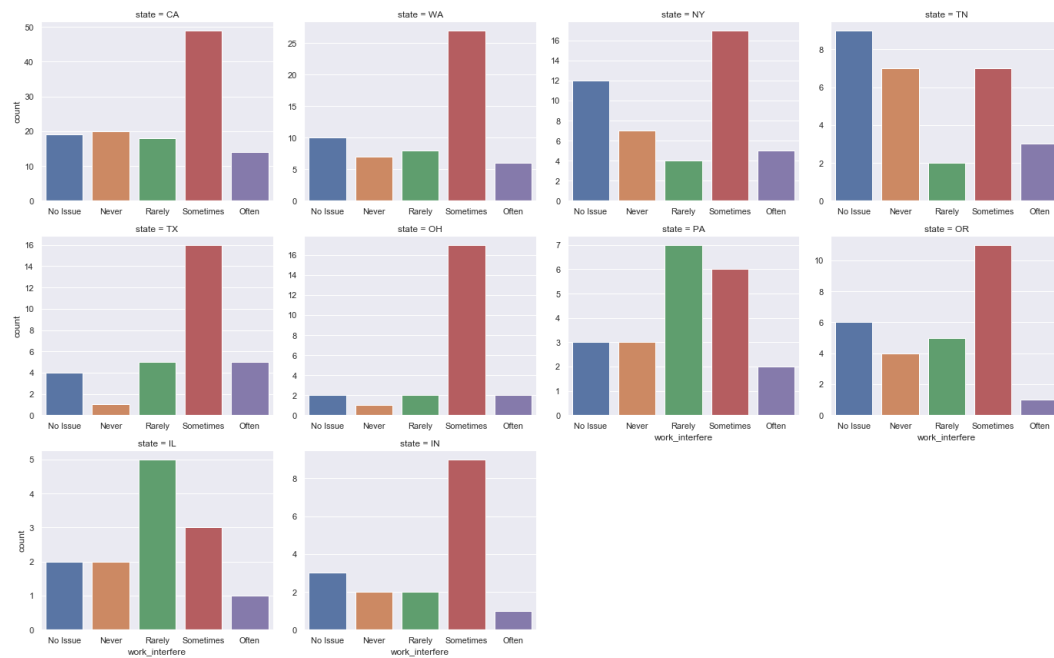
```
1 # Create a list of the 10 countries with most respondents
2 countries = data.Country.value_counts()[:10].index.tolist()
3
4 # Slice the data to include only the 10 countries with most respondents, tech, and employees only.
5 dfplot = data[data.Country.isin(countries)][data.tech_company == 'Yes'][data.self_employed == 'No']
6
7 g=sns.catplot(col='Country', x='work_interfere', kind='count', data=dfplot, col_wrap=4, sharey=False,
8               sharex=False, height=4, aspect=1.2, col_order=countries,
9               order=['No Issue', 'Never', 'Rarely', 'Sometimes', 'Often'])
10
11 plt.show()
```



Takeaway: Dutch, French and Indian respondents seem to be the most mentally healthy at work. However, the data from these countries is too small not to rule out high standard errors. For the purposes of this analysis, let's only keep the data from the 5 most abundant countries.

2.4.2. Visualizing Work Interference by US State

```
1 # Slice the data to include only the US, in order to plot by state
2 states = data.state.value_counts()[:10].index.tolist()
3
4 # Slice the data to include only the 10 states with most respondents, tech, and employees only.
5 dfplot = data[data.state.isin(states)][data.tech_company == 'Yes'][data.self_employed == 'No']
6
7 g=sns.catplot(col='state', x='work_interfere', kind='count', data=dfplot, col_wrap=4, sharey=False,
8               sharex=False, height=4, aspect=1.2, col_order=states,
9               order=['No Issue', 'Never', 'Rarely', 'Sometimes', 'Often'])
10
11 plt.show()
```



Takeaway: New York respondents seem too disproportionately with 'No-Issue', compared to California and Washington. There's also less data from here so it's not very relevant.

2.5. Influence of Time in Work Interference

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There's a possibility that seasonal changes had an impact on people's work interference by mental health. Winter's lack of sunlight is known for causing seasonal affective disorder (SAD). Let's investigate if this is plausible in this data.

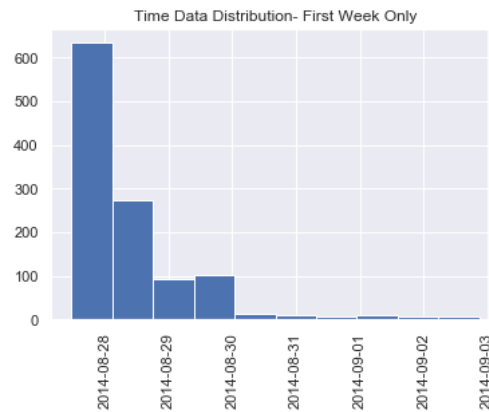
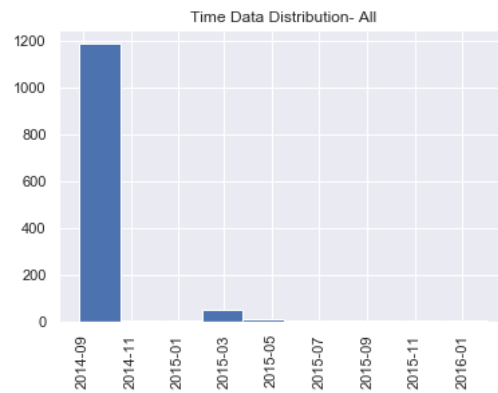
```
1 # Timestamps are currently formatted as strings. Convert them to pandas' time data.
2 data.Timestamp = pd.to_datetime(data.Timestamp)
```

```
1 # Statistical summary of time series
2 data.Timestamp.describe()
```

```
1 count          1259
2 unique          1246
3 top    2014-08-27 14:22:43
4 freq              2
5 first    2014-08-27 11:29:31
6 last     2016-02-01 23:04:31
7 Name: Timestamp, dtype: object
```

2.5.1. Visualize the Distribution of Date/Time for all responses

```
1 # Let's put the dates in order
2 dfplot = data.sort_values(by='Timestamp')
3
4 # View the time distribution of raw data
5 dfplot.Timestamp.hist()
6 plt.title('Time Data Distribution- All')
7 plt.xticks(rotation=90)
8 plt.show()
9
10 # Slice a portion of the time series
11 dfplot = dfplot[dfplot.Timestamp < '2014-09-03']
12
13 # View the distribution of the slice
14 dfplot.Timestamp.hist()
15 plt.title('Time Data Distribution- First Week Only')
16 plt.xticks(rotation=90)
17 plt.show()
```



Takeaway: About 90% of the data was collected during the first week of the survey. This means we can rule out the possibility of seasonal affective disorders influencing people's self-evaluations.

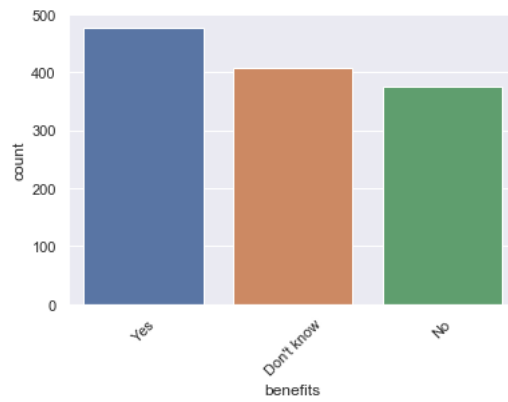
2.6. Influence of Support in Work Interference

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So far we've only analyzed the demographic variables. This allows us to understand who is most affected by mental issues at work. But we haven't explored the implications that specific actions, attitudes, or services have upon that outcome. This part of the analysis should help us identify methods of coping with mental issues at work.

```
1 # Let's see the categories of each variable related to mental health services
2 categorical = data.loc[:, 'benefits':'leave'].select_dtypes(include=['object'])
3 for i in categorical:
4     column = categorical[i]
5     print('\n' + i.upper())
6     print(column.value_counts())
7     sns.countplot(data=categorical, x=column)
8     plt.xticks(rotation=45)
9     plt.show()
```

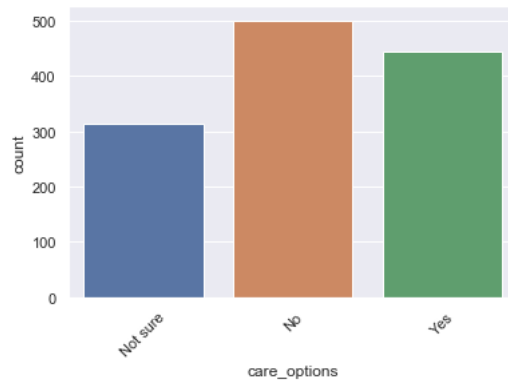
```
1 BENEFITS
2 Yes      477
3 Don't know 408
4 No       374
5 Name: benefits, dtype: int64
```



```

1 CARE_OPTIONS
2 No      501
3 Yes     444
4 Not sure 314
5 Name: care_options, dtype: int64

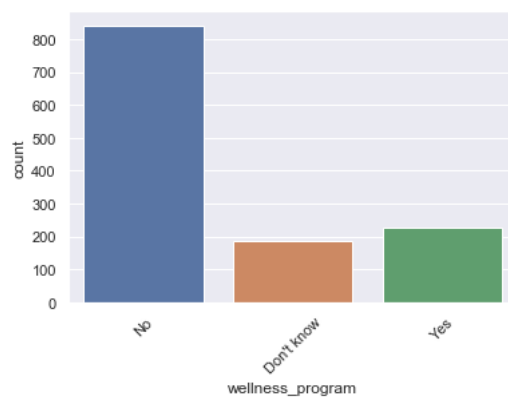
```



```

1 WELLNESS_PROGRAM
2 No      842
3 Yes     229
4 Don't know 188
5 Name: wellness_program, dtype: int64

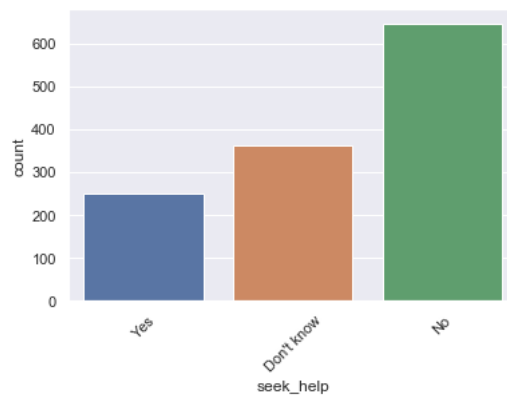
```



```

1 SEEK_HELP
2 No      646
3 Don't know 363
4 Yes     250
5 Name: seek_help, dtype: int64

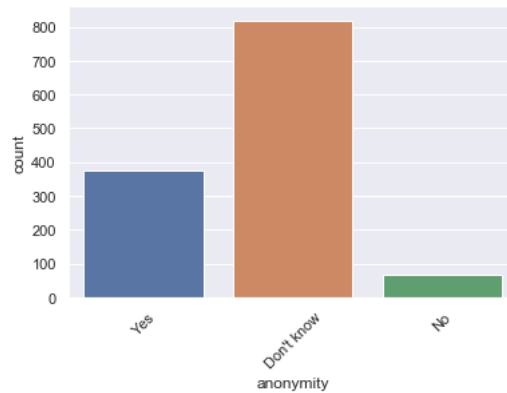
```



```

1 ANONYMITY
2 Don't know      819
3 Yes             375
4 No              65
5 Name: anonymity, dtype: int64

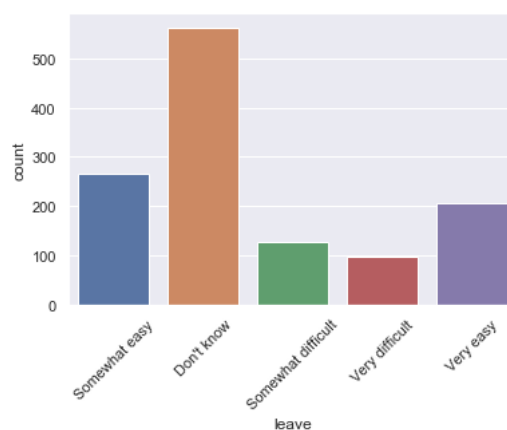
```



```

1 LEAVE
2 Don't know      563
3 Somewhat easy   266
4 Very easy       206
5 Somewhat difficult 126
6 Very difficult  98
7 Name: leave, dtype: int64

```



To clarify what these variables stand for:

- **Benefits:** Does your employer provide mental health benefits as part of healthcare coverage?
- **Options:** Do you know the options for mental health care available under your employer-provided coverage?
- **Wellness-Program:** Has your employer ever formally discussed mental health (for example, as part of a wellness campaign or other official communication)?
- **Seek-Help:** Does your employer offer resources to learn more about mental health concerns and options for seeking help?

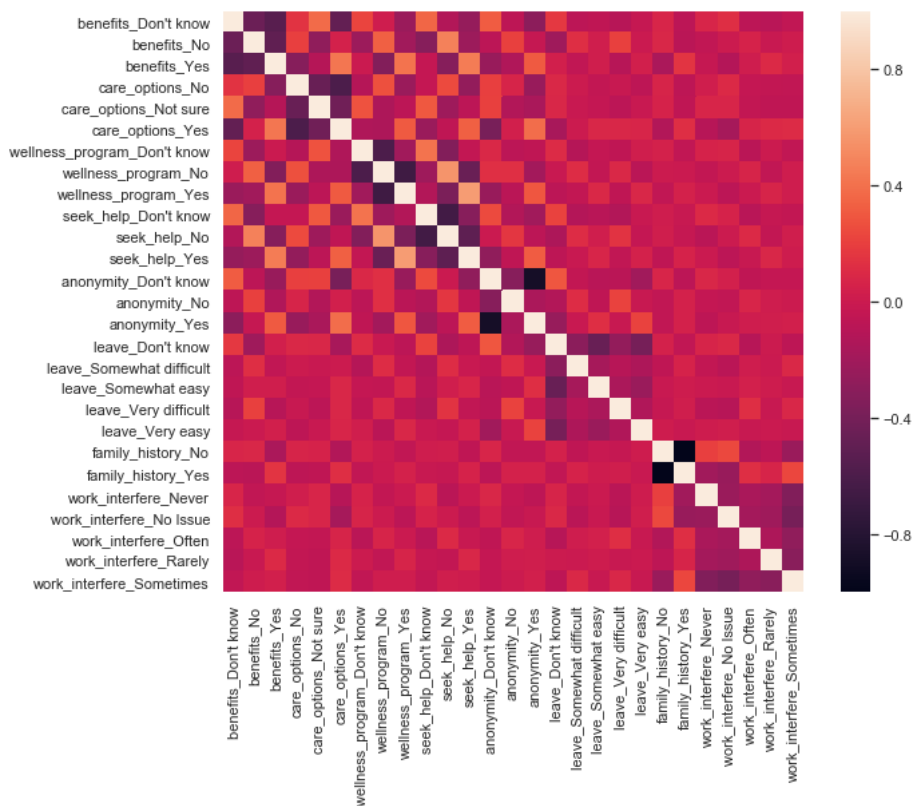
- **Anonymity:** Is your anonymity protected if you choose to take advantage of mental health or substance abuse treatment resources provided by your employer?
- **Leave:** If a mental health issue prompted you to request a medical leave from work, asking for that leave would be...

2.6.1 Correlations with Work Interference:

For the purposes of this research proposal, we must isolate one variable to test on a treatment group. However, all of these variables could have some influence over a respondent's self-assessed 'work_interfere' answer. So let's determine which variable explains the most variance in 'work_interfere'. This way we can be sure our experiment will have the most impact.

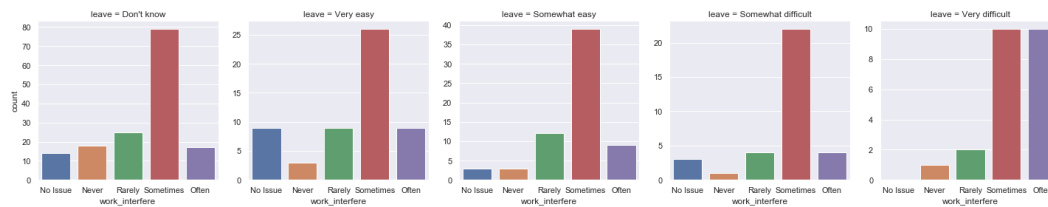
We'll also add the variable 'family_history' to the correlation matrix, which indicates if the respondent had a family history of mental health issues.

```
1 # Define a subset of data including mental-care variables, plus 'work_interfere'
2 # and 'family_history'.
3
4 health = pd.concat([data.loc[:, 'benefits': 'leave'], data[['family_history', 'work_interfere']]], axis=1)
5
6 # Plot a correlation matrix, using dummies.
7 plt.figure(figsize=(10, 8))
8 sns.heatmap(pd.get_dummies(health).corr(), square=True)
9 plt.show()
```



Takeaway: The feature 'work_interfere Often' has its strongest correlation with the feature 'family_history_Yes' and 'leave_Very difficult'. This means that the people who had a family history of mental health were more likely to be 'Often' affected at work if they felt it was 'Very difficult' to take leave days.

```
1 # Let's focus on the people with a family history of mental health.
2 subset = data[data.family_history=='Yes'][data.tech_company=='Yes'][data.self_employed=='No']
3
4 # let's look at the distributions of 'work_interfere', by 'leave' on the subset.
5 colororder = ["Don't know", "Very easy", "Somewhat easy", "Somewhat difficult", "Very difficult"]
6 xorder = ["No Issue", "Never", "Rarely", "Sometimes", "Often"]
7 sns.catplot(data=subset, col='leave', x='work_interfere', kind='count', height=4,
8             aspect=1, order=xorder, col_order=colororder, sharey=False)
9
10 plt.show()
```



Takeaway: The largest 'Often' is found at the far right, where people said it was 'Very difficult' to leave. This plot strongly supports the argument that people with a family history of mental health are more likely to be affected at work if they lack the flexibility to take days off when needed.

3. Experimental Design

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3.1. Problem

Mental health issues are an obstacle to productivity. Some people are affected more strongly than others. People with a family history of mental health issues are particularly vulnerable to severe work interference.

3.2. Solution

Some work conditions could mitigate work interference in vulnerable groups. Strict leave policies were highly correlated with the most work interference ('Often') for the respondents of this dataset. Therefore the reverse could lead to a reduction in severe work interference in those with a family history of mental health issues.

3.3. Hypothesis

Less tech employees with a family history of mental issues would suffer severe work interference if they had access to flexible leave policies. In experimental terms, if a more flexible leave policy were in place, vulnerable and affected individuals would show at least a 30% increase in productivity.

3.4. Sample Selection

Identify tech employees who have a family history of mental issues and said they are 'Often' affected at work by mental issues. From this subset, two groups of 50 people will be chosen randomly. One will be our control group, one will be our treatment group.

3.5. Treatment

The treatment group will be offered a leave policy with improvements in flexibility as part of an official human resources campaign. The other will continue working as usual.

4. Rollout and Evaluation

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4.1. Rollout Plan

The new leave policy will be communicated to the treatment group by a mental health counselor who will also perform a mental health screening. For a period of 5 weeks, the treatment will be applied to one member of the treatment group per day. Assuming 5 people per week receive the treatment, by the end of the fifth week 50% of the treatment group (25 total) will receive the treatment. Data will be collected for the coming 6 months after rollout began. Based on said data, the rollout could continue to the remainder 50%.

Rollout should begin at a time of year devoid of major holidays in the coming six months. This would make March the most ideal month to start the experiment. This will avoid halloween, new years eve and valentine's day.

Six months after rollout began, the data collected will be used to determine the next step. If at that point weekly supervisor evaluations showed productivity levels 30% below those on the first week of the experiment, the rollout would come to a halt. Otherwise, rollout is to resume treatment to the remaining 50% of the group. Six months should be enough time to even out any temporal down fluctuations.

4.2. Evaluation Plan

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Assessment would be made 1 year after the new leave policy was successfully communicated to all the members of the treatment group. This will avoid potential bias from seasonal factors.

4.2.1 Metrics

Primary Metric:

- **Productivity, as assessed by a supervisor.** This will avoid bias from self-assessments.

Side-note: The primary driver that led to this hypothesis was the self-assessed 'work_interfere' variable from the survey. From a management perspective however, this variable has a tangible quality. Productivity on the other hand, is a measurable, continuous variable that also holds vital interest for business.

Secondary Metrics:

- **Work interference, self-evaluation.** It could be insightful to compare data from supervisors vs data from self-assessments. Assessed at rollout start and one year afterwards.
- **Mental health score** assessed by mental health specialist. This gives us a 3rd perspective by which to judge the results. Assessed at rollout start and one year afterwards.
- **Count of leave days taken.** Assessed daily for the duration of the experiment. We'll be able to identify if this treatment altered the regular rate of leave days taken. It'll also allow for controlling the rollout.

4.2.2. Success Criteria

At the end of the experiment the productivity levels of the treatment group will be compared with the control group. Our hypothesis is that the treatment group will have a mean productivity level 30% higher than the control group. A t-test will be performed to the mean productivity level of the treatment group VS that of the control group.

4.2.3. If $P < 0.075$:

Assume the difference to be significant and thus we'll believe our results.

- In this scenario, if the treatment group shows a productivity level 25% or higher, and leave days increased at least 5%, we conclude the experiment was successful. If leave days didn't increase more than 5%, assume something about the experiment wasn't conducted adequately.
- If it is in between 10 and 25% higher, analyze the secondary metrics. If mental score and self assessment both improved 15% or more, also conclude the experiment to be successful.
- Productivity less than 10% higher: If mental score and self-assessment both improved 15% or more, conclude that there is an external factor affecting productivity. Else, if mental score and self-assessment were less than 15% higher, assume the null hypothesis to be true. The variable 'leave' had a weaker correlation than we estimated. Repeat the experiment using a different variable as treatment.
- Productivity lower than the control group: If mental score increased 10% or more, treatment improved mental health, but a lurking variable is impeding productivity. If mental score isn't more than 5% points different from control group, conclude that 'leave' has no impact on productivity and therefore the null hypothesis is true.

4.2.4. If $P > 0.075$:

- Consider any difference between the groups to be likely the result of chance.
- Repeat the experiment selecting two different groups and improve the execution.