





Birth

Dry the baby

Maintain normal temperature Start the clock or note the time

Assess (tone), breathing, heart rate

If gasping or not breathing:

Open the airway
Give 5 inflation breaths
Consider SpO₂ ± ECG monitoring

Re-assess

If no increase in heart rate look for chest movement during inflation

If chest not moving:

Recheck head position

Consider 2-person airway control and other airway manoeuvres

Repeat inflation breaths

SpO₂ ± ECG monitoring

Look for a response

If no increase in heart rate look for chest movement

When the chest is moving:

If heart rate is not detectable or very slow (< 60 min⁻¹) start chest compressions; coordinate with ventilation breaths (ratio 3:1)

Re-assess heart rate every 30 seconds If heart rate is not detectable or very slow (< 60 min⁻¹) consider venous access and drugs

Update parents and debrief team

AT

ALL

TIMES

ASK:

Acceptable pre-ductal SpO₂

60 s

2 min 60% 3 min 70% 4 min 80% 5 min 85% 10 min 90%

Increase oxygen (guided by oximetry if available)

DO

YOU

NEED

HELP?