

# West of Berkshire Safeguarding Adults Board

## Annual Report

### 2015 - 2016

#### Message from Brian Walsh, Independent Chair


There has been great work in all 3 councils and the other groups they work with.

It is important that all safeguarding alerts have a good outcome.




We want to get better at working with Children's Safeguarding Boards.

Thanks to everybody involved.


#### 1. Our vision for safeguarding adults

	<p>We want people to be independent and treated with respect.</p> <p>We want to make sure they get the right support and protect them from harm.</p>
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#### 2. Who we are

  	<p>The West of Berkshire Safeguarding Adults Board is lots of local groups that work together.</p> <p>They all help to protect people from abuse in:</p> <ul style="list-style-type: none"> <li>- Reading</li> <li>- West Berkshire</li> <li>- Wokingham</li> </ul>
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### 3. Who we help

	<p>We help people over 18 years old who have care or support needs and may be at risk of abuse.</p>
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### 4. What we do

	<p>Safeguarding means keeping people safe from abuse and trying to protect those who might be at risk of harm.</p> <p>We all work together to keep people in our areas safe.</p> <p>There are lots of different types of abuse. The table below explains all the different types.</p>
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### Types of abuse

	<p><b>Physical</b></p> <p>Things like hitting, kicking, biting or burning.</p>
	<p><b>Domestic</b></p> <p>This includes psychological (your mind), physical, sexual, financial, emotional abuse and so-called 'honour' based violence (when someone has brought shame on their family).</p>




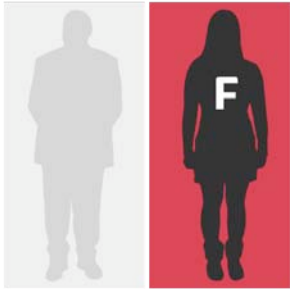


	<p><b>Sexual</b></p> <p>When someone touches you where you do not want to be touched, without your permission.</p>
	<p><b>Psychological</b></p> <p>When someone says something that makes you feel sad or scared, or they make fun of you.</p>
	<p><b>Financial/material</b></p> <p>When someone takes your money or things that belong to you. Or if someone does not let you choose how to spend your money.</p>
	<p><b>Modern slavery</b></p> <p>This includes slavery, human trafficking (selling people to others as slaves), forced labour (forcing people to work) and domestic servitude (forcing people to work in someone's house)</p>
	<p><b>Discriminatory</b></p> <p>Being treated unfairly because of the colour of your skin, your age, your beliefs or your disability.</p>
	<p><b>Organisational</b></p> <p>Not being treated properly by people who are paid to look after you.</p>





	<p><b>Neglect or acts of omission</b></p> <p>When you are not given the things you need like food, clean clothes, medication and help when you need it.</p>
	<p><b>Self-neglect</b></p> <p>When you don't look after yourself (personal care), your health or your surroundings.</p>

## How to get help and advice:



	<p><b>Police</b></p> <p>In an emergency call 999</p> <p>Not an emergency call 101</p>
	<p><b>Adult Social Care</b></p> <p>If you are worried for yourself or somebody else who you think is being abused.</p> <p>If they live in Reading: 0118 937 3747</p> <p>If they live in West Berkshire: 01635519056</p> <p>If they live in Wokingham: 0118 974 6800</p>
	<p><b>Emergency Duty Team</b></p> <p>Evening and weekends: 01344 786 543</p>

## 5. Trends (what has been happening) across the area

	<p>There are more safeguarding concerns each year.</p>
	<p>More than half of the concerns have been reported by social care and health staff.</p>
	<p>Most of the concerns are about people over 65 years old.</p>
	<p>There were more safeguarding concerns raised about women than men.</p>
	<p>People from a white ethnic background are more likely to be referred to safeguarding in this area.</p> <p>This is higher than the figures for the rest of the country.</p>
	<p>The most common types of abuse were for Neglect, then Physical abuse and Psychological abuse.</p>

	<p>Most of the reports were about people who need physical support.</p>
	<p>The most common places where abuse happened were in a person's own home or in a care home.</p>
	<p>The source of risk in Reading and West Berkshire was someone known to the individual.</p>
	<p>The source of risk in Wokingham was Social Care Support.</p>

## 6. How we have made a difference by working together

	<p>The Berkshire Multi-Agency Safeguarding Adults Policy and Procedures were launched.</p> <p>This tells support staff how to respond appropriately to concerns of abuse of neglect.</p>
	<p>The annual joint conference was held on 9<sup>th</sup> October 2015. The theme was Challenging Cultural Assumptions in Safeguarding.</p> <p>Culture means a person's way of life.</p>



	<p>The strong links between health and local authority teams has meant that people have quicker access to information.</p>
	<p>A joint health and social care conference was held in September 2015 about the Mental Capacity Act to help workers improve their practice.</p>
	<p>The local authorities reviewed each other's safeguarding services.</p> <p>This was called a peer review.</p>
	<p>Councils and health agencies have joined up to make sure people living in care homes are kept safe.</p>
	<p>Raising awareness of adult safeguarding by talking to community groups and people who use services.</p> <p>We can then use their experiences to give talks and produce easy read documents.</p>
	<p>We have developed a female genital mutilation (FGM) multi-agency protocol and pathway.</p> <p>This means victims of FGM can access support from lots of different agencies.</p>



Supporting victims of modern slavery.



The police and mental health nurses have been working together to respond to mental health calls.

This has helped people to access more appropriate mental health support.



Sex Workers Action Group and Street Population are organisations that have been working together to identify health, housing and financial support for vulnerable people.



World Café Planning have been working with partners to get community views and ideas from vulnerable and exploited people.



In March 2016 the Police, Fire Service and Voluntary Sector joined up to share information when visiting vulnerable people.

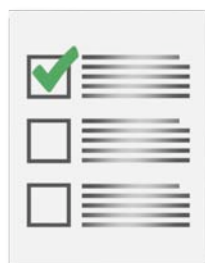
This is called the Joined Up Front Line Action and it was tested in Whitley first.



Problems in Practice meetings are held monthly to talk about issues with partnership working across health, mental health and the Police.



## How we have embedded Making Safeguarding Personal



Making Safeguarding Personal (MSP) is a change in the way we work because of what we have learnt from people who are being safeguarded.

Locally we have been working towards outcomes that meet the person's needs and include what they want. We have done this by:

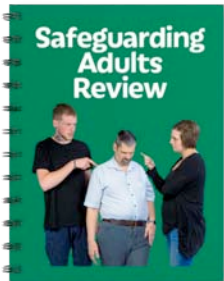


- Making MSP part of training
- Our safeguarding newsletters talk about MSP and how important it is to work with the service user to get their views
- Safeguarding forms have to include the service users views and what they would like achieve
- MSP is promoted through members of staff talking to each other and wider stakeholders.
- The incident reporting process has been changed to focus on the service user's voice.





You can have a look at our other achievements by visiting our website.







[www.sabberkshirewest.co.uk](http://www.sabberkshirewest.co.uk)



## 7. Safeguarding Adults Reviews

 	<p>The Board has a legal duty to carry out a Safeguarding Adult Review when a vulnerable has died.</p> <p>They will look at how the agencies worked together to safeguard that adult.</p> <p>They will also look at whether abuse or neglect has contributed to their death.</p> <p>The reviews help agencies learn lessons about the way they safeguarding adults at risk and prevent similar tragedies.</p>
	<p>There have been 2 Safeguarding Adults Reviews during 2015-2016.</p> <p>A summary of one case can be found on the Board's website.</p>

## 8. Priorities for the next year

	<p>Use our Board's Quality Assurance framework to monitor safeguarding performance.</p>
	<p>Develop a monitoring procedure to support Making Safeguarding Personal.</p>

	<p>Promote the new Berkshire Multi-agency Safeguarding Policy and Procedures to make sure that everybody is following the guidance.</p>
	<p>Continue to learn from Safeguarding Adult Reviews and use what we have learnt to across all organisations.</p>
	<p>Make people aware of what the Safeguarding Adults Board does.</p>
	<p>Make sure that all staff receives the right level of safeguarding adults training for their role.</p>
	<p>Develop ways to measure outcomes for people who have been through the safeguarding process.</p> <p>Make sure that their feedback is collected and understood.</p>
	<p>Ensure that people's views are included by using advocates and Independent Mental Capacity Assessors.</p> <p>If somebody lacks capacity and doesn't have anybody who can speak on their behalf then an Independent Mental Capacity Assessor can support that person.</p>

	<p>Recruit a new Chairperson.</p>
	<p>Continue working closely with three Local Children's Safeguarding Boards.</p>

This is an easy-read version of West of Berkshire Safeguarding Adults Board Annual Report 2015-2016.

Please contact Natalie Madden if you would like to see the full version.

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The easy-read report has been produced by the Listen To Us group from CLASP (Caring, Listening and Supporting Partnership).

For more information about CLASP visit their website.

**[www.wokinghamclasp.org.uk](http://www.wokinghamclasp.org.uk)**

