

Coffee

AeroPress Coffee

Yield: 1 drink

Equipment:

- [Burr Grinder](#)
- [AeroPress](#)
- [Reuseable filter cap](#) (highly recommended)
- [Kitchen scale](#)
- [Kettle](#)
- [Water pitcher](#)
- [Thermometer](#)
- [Coffee Cup](#)
- Stir Paddle

Ingredients:

- 15 grams of coffee beans
- 180 grams of filtered water

Steps:

1. Place coffee cup on kitchen scale, then place AeroPress on coffee cup with plunger removed
2. Put coffee beans inside hopper of burr grinder
3. Set grinder to the finest level available, then grind beans
4. Pour water from water pitcher into kettle
5. Heat water, testing water temperature with thermometer until reaching 92 - 95C (198 - 204F)
6. Turn on kitchen scale, setting weight to zero grams
7. Pour coffee grounds into AeroPress, then hit Tare
8. Pour water into AeroPress
9. Carefully stir with stir paddle until grounds are fully submerged
10. Move Aeropress off of kitchen scale onto countertop surface
11. Put plunger onto AeroPress
12. Wait one minute, then push plunger down until a hissing sound occurs

French Press Coffee

Yield: 1 drink

Equipment:

- [Burr Grinder](#)
- [French Press](#)
- [Kitchen scale](#)
- [Kettle](#)
- [Water pitcher](#)
- [Thermometer](#)
- [Coffee Cup](#)
- Spoon

Ingredients:

- 15 grams of coffee beans
- 180 grams of filtered water

Steps:

1. Place coffee cup on kitchen scale, then place French Press on coffee cup with top removed
2. Put coffee beans inside hopper of burr grinder
3. Set grinder to the roughest level available, then grind beans
4. Pour filtered water into kettle
5. Heat water, testing water temperature with thermometer until reaching 92 - 95C (198 - 204F)
6. Turn on kitchen scale, setting weight to zero grams
7. Pour coffee grounds into French Press, then hit Tare
8. Pour water into French Press, the until grounds are fully submerged
9. Move French Press off of kitchen scale onto countertop surface
10. Put plunger onto French Press
11. Push plunger down until touching surface of water
12. Wait four minutes before pushing plunger down
13. Pour coffee into coffee cup