





ABESIT 

Understanding Human Being
Comprehensively Human
Aspiration & its Fulfillment
(ROE-074)

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Mode of Evaluation	
External Assessment	70 Marks
Internal Assessment	30 Marks
CT-1: 8% (Based on Unit – 1)	2.4 Marks
CT-2: 8% (Based on Unit – 2)	2.4 Marks
Home Assignment-1: 3% (Based on Unit – 3)	0.9 Marks
ST-1: 20% (Based on Unit – 1 to 3)	6 Marks
CT-3: 8% (Based on Unit – 4)	2.4 Marks
Home Assignment-2: 3% (Based on Unit – 5)	0.9 Marks
ST-2: 30% (Based on Unit – 1 to 5)	9 Marks
Attendance: 20%	6 Marks

Understanding Human
Being Comprehensively
Human Aspiration
&
its Fulfillment

Word to word explanation of the Subject

Understanding	-	समझ
Human Being	-	मानव/मनुष्य
Comprehensively	-	व्यापक
Human Aspiration	-	मानव आकांक्षा
And	-	और
Its Fulfillment	-	इसकी पूर्ति



Understanding Human Being Comprehensively Human Aspiration & its Fulfillment

मानव/मनुष्य की आकांक्षाओं और इसकी पूर्ति के
आधार पर मानव/मनुष्य को व्यापक (पूर्ण) रूप से
समझना



Syllabus

Module – 1 (Introduction)

The basic human aspirations and their fulfillment through Right understanding and Resolution; All-encompassing Resolution for a Human Being, its details and solution of problems in the light of Resolution

CO1: To help the students to understand the basic human aspirations and their fulfillment in the light of resolution.



Syllabus

Module 2: (Understanding Human being and its expansion)

The domain of right understanding starts from understanding the human being (the knower, the experiencer and the doer); and extends up to understanding nature/existence – its interconnectedness and co-existence; and finally understanding the role of human being in existence (human conduct).

CO2: To facilitate the competence of the students to understand the harmony of the human being in nature or existence.



Syllabus

Module 3: (Activities of the Self)

Understanding the human being comprehensively is the first step and the core theme of this course; human being as co-existence of the self and the body; the activities and potentialities of the self; Reasons for harmony/contradiction in the self

CO3: To help the students to understand the activities and potentialities of the self and reasons for harmony or contradiction in the self itself.



Syllabus

Module 4: (Understanding Co-existence with other orders)

The need and the process of inner evolution (through self-exploration, self-awareness and self-evaluation)- particularly awakening to activities of the Self: Realization, Understanding and Contemplation in the Self (Realization of Co-Existence, Understanding of Harmony in Nature and Contemplation of Participation of Human in this harmony/ order leading to comprehensive knowledge about the existence).

CO4: To define the process of inner evolution, specifically awakening to activities of the Self: Realization, Understanding and Contemplation in the Self.



Syllabus

Module 5: (Expansion of harmony from self to entire existence)

Understanding different aspects of All-encompassing Resolution (understanding, wisdom, science etc.), Holistic way of living for Human Being with All-encompassing Resolution covering all four dimensions of human endeavour viz., realization, thought, behavior and work (participation in the larger order) leading to harmony at all levels from self to Nature and entire Existence

CO5: To help the students to understand different aspects of All-encompassing Resolution, leading to harmony at all levels from self to Nature and entire Existence.



Text Books:

- ▶ A Foundation Course in Human Values and Profession Ethics (Text Book and Teachers' Manual), R. R. Gaur, R. Sangal, G. P. Bagaria (2010), Excel Books, New Delhi [ISBN 978-8-174-46781-2]
- ▶ Avartansheel Arthshastra, A. Nagraj, Divya Path Sansthan, Amarkantak, India
- ▶ Economy of Permanence – (a quest for social order based on non-violence), J. C. Kumarappa (2010), Sarva-Seva-Sangh-Prakashan, Varansi, India
- ▶ Energy and Equity, Ivan Illich (1974), The Trinity Press, Worcester & Harper Collins, USA
- ▶ IshandiNauUpnishad, Shankaracharya, Geeta press, Gorakhpur
- ▶ Manav Vyavahar Darshan, A. Nagraj, Divya Path Sansthan, Amarkantak, India
- ▶ Manaviya Sanvidhan, A. Nagraj, Divya Path Sansthan, Amarkantak, India
- ▶ Mahasatipatthan Sutta , S N Goenka, Vipassana Research Institute, First Edition, 1996
- ▶ Small Is Beautiful: A Study of Economics as if People Mattered, E. F. Schumacher, 1973, Blond & Briggs, UK
- ▶ Slow is Beautiful, Cecile Andrews <http://www.newsociety.com/Books/S/Slow-is-Beautiful/>
- ▶ Science & Humanism – towards a unified worldview, P. L. Dhar & R. R. Gaur (1990), Commonwealth Publishers, New Delhi
- ▶ Sanchian Sri Guru Granth Sahib Ji ,Shiromani Gurdwara Parbhandhak Committee, 2001
- ▶ SamanSuttam, JinendraVarni ,1974.
- ▶ Vyavaharvadi Samajshastra, A. Nagraj, Divya Path Sansthan, Amarkantak, India

