

# Understanding Human Being Comprehensively Human Aspiration & its Fulfillment (ROE-074)

## Lecture:2 The Aim of This Course

### Lecture Outcome

**Student can able to Understand the total shift from this course.**



## Expected Shift through UHV-2

- If we have undergone the shift1 through Universal Human Values Course - 1, mentioned in the last lecture, we are ready to work for further shift (shift2) through the process of self-exploration in this Course i.e UHV-2. It has become our need to understand the existential reality in depth and to live accordingly.
- Otherwise, we need to keep working hard for ensuring shift-1 along with working for shift-2. It is needless to say that the task now is going to be far more difficult and challenging. However, if we have realised the acute need for it, we will be able to do it.
- We will now try to get an idea about the shift that is expected to take place, if we go through the process of self exploration in this course.



## UHV-2 is designed for the further shift

The focus of UHV2 is to help for the second shift to take place, i.e. to see that:

**'The Self (I) is central to human existence & Body is used as an Instrument'**

The need of the Self is continuous happiness

[Need of the Self(I)]



Which is fulfilled by

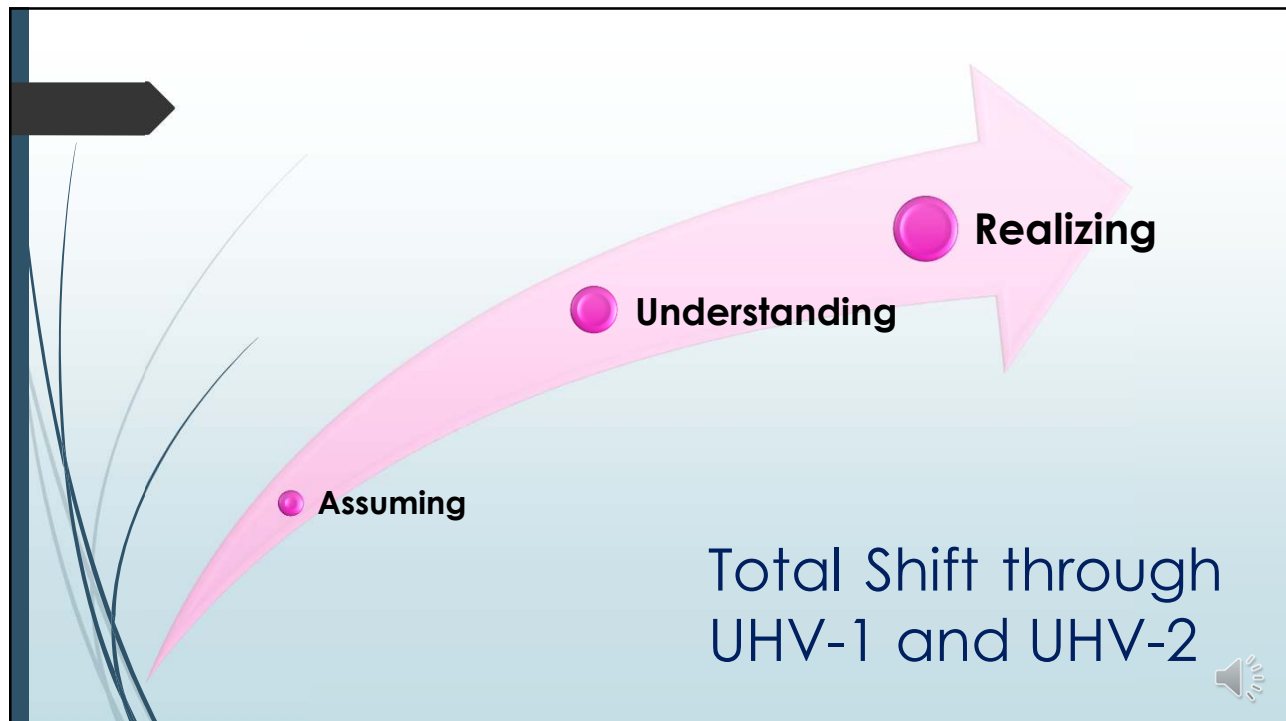
1. Understanding co-existence
2. Feeling & thought of co-existence

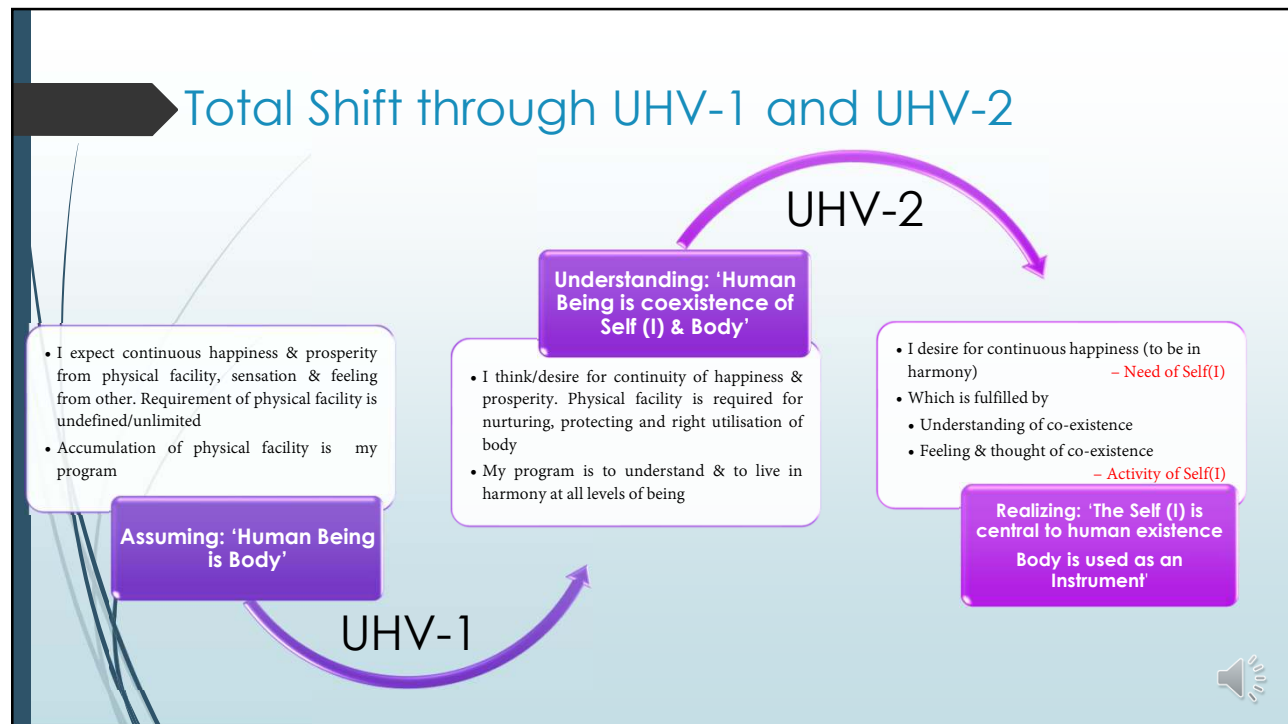
[Activity of Self(I)]



This is expressed naturally in the form of

1. Mutually fulfilling behavior with human being
2. Mutually enriching work with rest of nature
3. Participation in larger order leading to undivided society and universal human order





## Total Shift through UHV-1 and UHV-2

Assumptions	After Course - 1	Expected After this Course
<b>Human Being</b>	<i>Co-existence</i> Self ↔ Body	Self is central. Body is used as an instrument
<b>Existence</b>	Units ( <i>submerged in space</i> ) ↓ Consciousness    Material	Units ( <i>submerged in space</i> ) ↓ Consciousness    Material
<b>Purpose</b>	Continuous happiness and Prosperity (Happiness is to be in a state of harmony)	Continuous happiness (Happiness is to be in a state of co-existence) Prosperity is a part of it
<b>Program</b>	To understand and to live in harmony (at all levels of being – human being, family, society, nature/existence)	To understand co-existence To have the feeling and thought of co-existence To live in co-existence

## Understanding through UHV-2

### Realising

**'The Self (I) is central to human existence & Body is used as an Instrument'**

- Desire of Human being is for
  - continuous happiness (to be in harmony) – Need of Self(I)
  - Which is fulfilled by – Activity of Self(I)
    - Understanding of co-existence
    - Feeling & thought of co-existence
- Two important points to be noted are
  - The need for the feeling of prosperity is a part of being in a state of continuous happiness (to be in harmony at all levels)
  - Expression in mutual relation with human being and rest of nature, in terms of behavior and work, is a natural outcome of understanding of co-existence and feeling & thought of co-existence



## Home Work

In your self-exploration about prosperity, what importance did you find of understanding and feeling (over and above physical facility)? With this assumption / understanding, what three specific actions did you take?

