





ABESIT 

Understanding Human Being
Comprehensively Human
Aspiration & its Fulfillment
(ROE-074)

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Mode of Evaluation	
External Assessment	70 Marks
Internal Assessment	30 Marks
CT-1: 8% (Based on Unit – 1)	2.4 Marks
CT-2: 8% (Based on Unit – 2)	2.4 Marks
Home Assignment-1: 3% (Based on Unit – 3)	0.9 Marks
ST-1: 20% (Based on Unit – 1 to 3)	6 Marks
CT-3: 8% (Based on Unit – 4)	2.4 Marks
Home Assignment-2: 3% (Based on Unit – 5)	0.9 Marks
ST-2: 30% (Based on Unit – 1 to 5)	9 Marks
Attendance: 20%	6 Marks

Understanding Human
Being Comprehensively
Human Aspiration
&
its Fulfillment

Word to word explanation of the Subject

Understanding	-	समझ
Human Being	-	मानव/मनुष्य
Comprehensively	-	व्यापक
Human Aspiration	-	मानव आकांक्षा
And	-	और
Its Fulfillment	-	इसकी पूर्ति



Understanding Human Being Comprehensively Human Aspiration & its Fulfillment

मानव/मनुष्य की आकांक्षाओं और इसकी पूर्ति के
आधार पर मानव/मनुष्य को व्यापक (पूर्ण) रूप से
समझना



Syllabus

Module – 1 (Introduction)

The basic human aspirations and their fulfillment through Right understanding and Resolution; All-encompassing Resolution for a Human Being, its details and solution of problems in the light of Resolution

CO1: To help the students to understand the basic human aspirations and their fulfillment in the light of resolution.



Syllabus

Module 2: (Understanding Human being and its expansion)

The domain of right understanding starts from understanding the human being (the knower, the experiencer and the doer); and extends up to understanding nature/existence – its interconnectedness and co-existence; and finally understanding the role of human being in existence (human conduct).

CO2: To facilitate the competence of the students to understand the harmony of the human being in nature or existence.



Syllabus

Module 3: (Activities of the Self)

Understanding the human being comprehensively is the first step and the core theme of this course; human being as co-existence of the self and the body; the activities and potentialities of the self; Reasons for harmony/contradiction in the self

CO3: To help the students to understand the activities and potentialities of the self and reasons for harmony or contradiction in the self itself.



Syllabus

Module 4: (Understanding Co-existence with other orders)

The need and the process of inner evolution (through self-exploration, self-awareness and self-evaluation)- particularly awakening to activities of the Self: Realization, Understanding and Contemplation in the Self (Realization of Co-Existence, Understanding of Harmony in Nature and Contemplation of Participation of Human in this harmony/ order leading to comprehensive knowledge about the existence).

CO4: To define the process of inner evolution, specifically awakening to activities of the Self: Realization, Understanding and Contemplation in the Self.



Syllabus

Module 5: (Expansion of harmony from self to entire existence)

Understanding different aspects of All-encompassing Resolution (understanding, wisdom, science etc.), Holistic way of living for Human Being with All-encompassing Resolution covering all four dimensions of human endeavour viz., realization, thought, behavior and work (participation in the larger order) leading to harmony at all levels from self to Nature and entire Existence

CO5: To help the students to understand different aspects of All-encompassing Resolution, leading to harmony at all levels from self to Nature and entire Existence.



Text Books:

- ▶ A Foundation Course in Human Values and Profession Ethics (Text Book and Teachers' Manual), R. R. Gaur, R. Sangal, G. P. Bagaria (2010), Excel Books, New Delhi [ISBN 978-8-174-46781-2]
- ▶ Avartansheel Arthshastra, A. Nagraj, Divya Path Sansthan, Amarkantak, India
- ▶ Economy of Permanence – (a quest for social order based on non-violence), J. C. Kumarappa (2010), Sarva-Seva-Sangh-Prakashan, Varansi, India
- ▶ Energy and Equity, Ivan Illich (1974), The Trinity Press, Worcester & Harper Collins, USA
- ▶ IshandiNauUpnishad, Shankaracharya, Geeta press, Gorakhpur
- ▶ Manav Vyavahar Darshan, A. Nagraj, Divya Path Sansthan, Amarkantak, India
- ▶ Manaviya Sanvidhan, A. Nagraj, Divya Path Sansthan, Amarkantak, India
- ▶ Mahasatipatthan Sutta , S N Goenka, Vipassana Research Institute, First Edition, 1996
- ▶ Small Is Beautiful: A Study of Economics as if People Mattered, E. F. Schumacher, 1973, Blond & Briggs, UK
- ▶ Slow is Beautiful, Cecile Andrews <http://www.newsociety.com/Books/S/Slow-is-Beautiful/>
- ▶ Science & Humanism – towards a unified worldview, P. L. Dhar & R. R. Gaur (1990), Commonwealth Publishers, New Delhi
- ▶ Sanchian Sri Guru Granth Sahib Ji ,Shiromani Gurdwara Parbhandhak Committee, 2001
- ▶ SamanSuttam, JinendraVarni ,1974.
- ▶ Vyavaharvadi Samajshastra, A. Nagraj, Divya Path Sansthan, Amarkantak, India





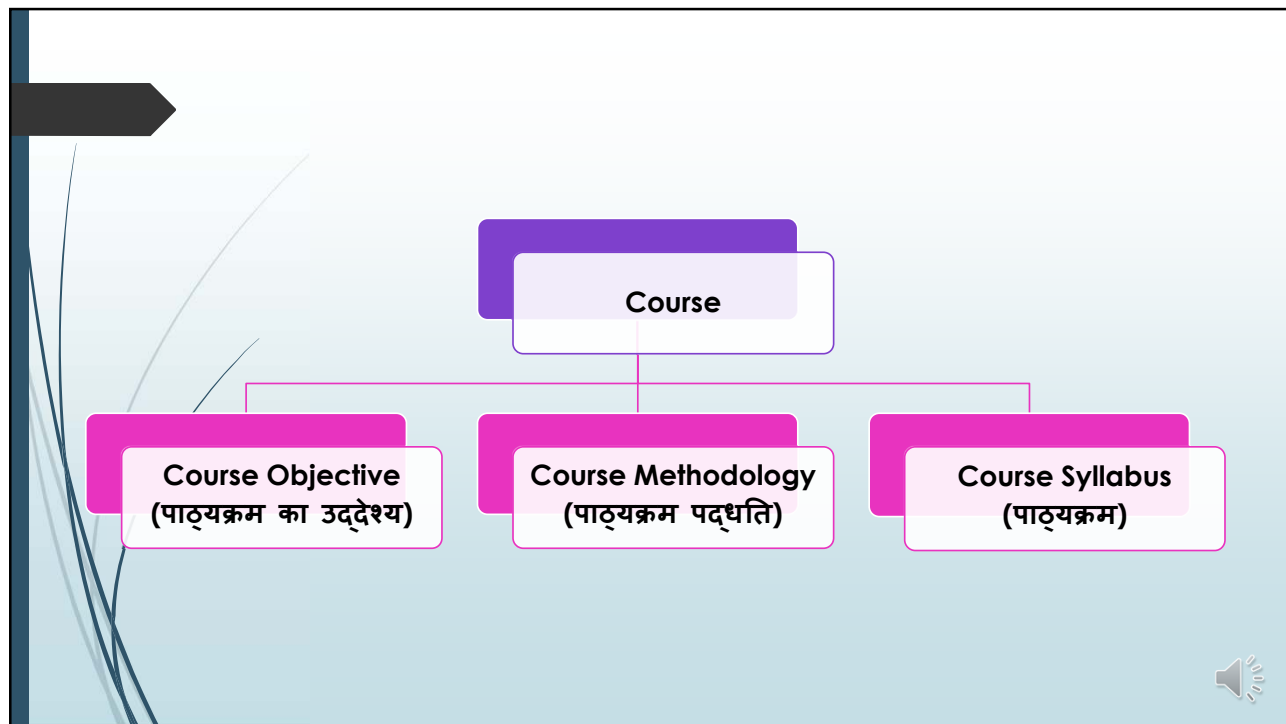
Understanding Human Being Comprehensively Human Aspiration & its Fulfillment (ROE-074)

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About the Course





Course Objectives

- To help the students having the clarity about human aspirations, goal, activities and purpose of life.
- To facilitate the competence to understand the harmony in nature/existence and participation of human being in the nature/existence.
- To help the students to develop the understanding of human tradition and its various components.

Course Methodology (पाठ्यक्रम पद्धति)

- The methodology of this course is explorational and thus universally adaptable. It involves a systematic and rational study of the human being vis-à-vis the rest of existence.
- It is free from any dogma or set of do's and don'ts related to values.
- It is a process of self-investigation and self-exploration, and not of giving sermons. Whatever is found as truth or reality is stated as a proposal and the students are facilitated and encouraged to verify it in their own right, based on their Natural Acceptance and subsequent Experiential Validation.
- This process of self-exploration takes the form of a dialogue between the teacher and the students to begin with, and then to continue within the student leading to continuous self-evolution.
- This self-exploration also enables them to critically evaluate their pre-conditionings and present beliefs



Course Syllabus

Module 1: Introduction.

Module 2: Understanding Human being and its expansion.

Module 3: Activities of the Self.

Module 4: Understanding Co-existence with other orders.

Module 5: Expansion of harmony from self to entire existence.



Understanding Human Being Comprehensively Human Aspiration & its Fulfillment (ROE-074)

Module 1: Introduction Lecture:1

Student can able to understand the Human Aspirations and identified that Right Understanding is an only key to fulfil the Human Aspiration.

Module Overview

- Introduction
- Aim of this Course
- Recap – Human Aspirations
- Recap – Human Being & Existence
- Self is Central

Introduction

■ We Know that

- We exist as human being. We want to live a fulfilling life. We have some desires and we have some programs for the fulfillment of it.
- It is important for us to understand our basic aspiration and program for its fulfillment correctly and comprehensibly. Only then, we can ensure the fulfillment.
- This is what we have been trying to do in Universal Human Values & Professional Ethics Course 1. We want to study it in further depth in this course i.e. Understanding Human Being Comprehensively Human Aspiration & It's Fulfillment.

Goal of this Course

- To explore the human reality (its being, basic aspiration, its fulfilment), particularly the Self, in more depth
 - Self is central to human existence
- To explore deeper into the nature and existence as co-existence
 - co-existence is central to existence
 - everything that we see in nature and existence is the natural expression and unfolding of this co-existence
- To understand the role of human being in further detail, in the light of the above
 - To understand the co-existence
 - To have the feeling and the thought of co-existence
 - To live in co-existence in mutual relation with human being and the rest of nature

Our Purpose & Program depends on Assumption/ Understanding

- In Universal Human Values course 1, we have seen that knowingly or unknowingly, we have assumed some purpose in life and we have some program for the fulfillment of the set purpose.
- This setting up of the purpose and program depends upon our assumptions about:
 - **Human Being**
 - **Existence**
- We had some assumptions about these two before UHV1
- And now these assumptions have been modified through the process of self-exploration that we went through in the UHV1 course.

Let us look at some details of this shift in our assumptions

Shift in Our Assumptions / Understanding through Course-1

Assumptions	Before Course - 1	After Course - 1
Human Being	Body	<div style="text-align: center;"> Co-existence Self ↔ Body </div>
Existence	Material	<div style="text-align: center;"> Units (submerged in space) ↙ ↘ Consciousness Material </div>
Purpose	Happiness [through sensation, feeling from other] ?	Continuous happiness and Prosperity (Happiness is to be in a state of harmony)
Program	Accumulation of physical facility (unlimited!) ?	To understand and to live in harmony (at all levels of being – human being, family, society, nature/existence)

Shift 1

- Universal Human Values Course – 1 is focused on:

- **To initiate the process of self-exploration in you**
- **The realization that human being is co-existence of Self and Body**
- Which in turn leads to the following shift in perception

Assumption: 'Human Being is Body'

Knowing:
'Human Being is coexistence of Self and Body'

Shift 1

- **Assumption: 'Human Being is Body'**
- **Purpose:** Expectation to live with continuous happiness (effort to be made outside and not within – I am OK, problem is with others)
- Seeking happiness through physical facility, sensation & feeling from other
- Requirement of physical facility is undefined/unlimited
- **Program:** Accumulation of physical facility (unlimited!)

- **Knowing: 'Human Being is coexistence of Self and Body'**
- **Purpose:** Desire to live with continuous happiness (effort to be made within and then outside)
- Continuous happiness = To be in harmony at all levels of being
- Physical facility is required only for nurturing, protecting and right utilisation of body. Need of PF is defined, limited in quantity
- **Program:** To understand & to live in harmony at all levels of being

	Before UHV1	After UHV1
Assumption	Human being is physical facility, the Body	Human being is the co-existence of Self and Body
Goal	Happiness through physical facility / sensation (transitory)	Happiness and prosperity (continuous)
Program	Getting favorable sensation, accumulation of physical facility	Right understanding, relationship and physical facility

With UHV-1 following must have happened

- You have concluded that this content about the existential reality is relevant for you. It is your own need to understand it in depth.
- On the basis of the effort you have put in to understand this content and to live accordingly, you have concluded that
 - You have to work on your Self first
 - You are responsible for your happiness and unhappiness; (The other or the situations are only a triggering point)
- You are able to see that you are the co-existence of Self and Body. While most of the effort you may have been making are for fulfilling the needs of the Body; you expect/desire to further understand the co-existence of the Self with the Body and live accordingly
- You are able to see that the whole existence is not just material; there is space and submerged in space are material as well as consciousness units

Your Qualification for UHV2 – Rephrased for Self-evaluation

- Your attention is beginning to be drawn toward your Self
 - Shift from thoughts like "I am special; I have to dominate over others"
 - You have started thinking about "what is my real goal, as a human being"
 - You have started becoming aware of your desires, thoughts & expectations
 - There is less contradiction within.
- You are realizing that the goal is more **than 'accumulation of physical facility'**
 - You are thinking about prosperity (versus accumulation of physical facility)
 - You are able to see that everyone can be prosperous
- You are realizing the significance of relationship
 - You can see that feeling is central in relationship
 - You are realizing that having the feelings in yourself and expressing these feelings to the other is the source of your happiness
 - Expecting the feelings from the other is enslavement and can not be a source of continuous happiness. visible improvement in reaction, irritation, anger

- You can see that you have to first develop your own competence
 - Effort to first correct the other or the situation outside has reduced/stopped
- You have decided to understand things in depth yourself
 - You have questions for which you are committed to find answers



Home Work

Since Universal Human Values Course-1, what effort are you making for self-exploration on a regular basis? What is the outcome of it? Share 3 specific achievements.



THANKS

Odd Semester 2020-21

Understanding Human Being Comprehensively Human Aspiration & It's Fulfilment (ROE-074)

4th Common to All

Questions based on Unit – 1

- List some of the shifts expected from a student after attending the foundation course in Human Values.
- What are the two broad classes of units in nature? Distinguish between them in any four points.
- How is the feeling of prosperity a part of the continuity of happiness?
- By understanding that human being is not just the body, but a co-existence of Self and Body, list some of the qualitative shifts in living of a human being.
- How is 'expectation to live with continuous happiness' different from 'desire to live with continuous happiness'?
- Explain the statement- Self is central to human existence.
- What are the four dimensions of a human being? How are they related?
- How do the proposals put forward in the course work on the four dimensions of a human being? Explain with the help of a diagram.
- How will you distinguish a material unit from a conscious unit through your observation? Explain with the help of an example.
- Distinguish between 'temporary', 'continuous' and 'ever' realities.
- Draw a chart showing the whole existence with units in four orders submerged in space. (long answer question)
- With the help of a diagram, show the state of the Self without right understanding.
- With the help of a diagram, show the state of the Self with right understanding. (long answer question)
- What does the 'imagination' of a human being comprise of? List its different activities, and explain how they are inter-related with the help of an example.
- 'The transaction between the Self and the Body is only of information'- explain this statement with the help of any two examples.

- What is the meaning of 'seer' as described in the course? Explain with help of an example.
- What is the meaning of 'doer' as described in the course? Explain with help of an example.
- What is the meaning of 'enjoyer' as described in the course? Explain with help of an example.

Understanding Human Being Comprehensively Human Aspiration & its Fulfillment (ROE-074)

Lecture:2 The Aim of This Course

Lecture Outcome

Student can able to Understand the total shift from this course.



Expected Shift through UHV-2

- If we have undergone the shift1 through Universal Human Values Course - 1, mentioned in the last lecture, we are ready to work for further shift (shift2) through the process of self-exploration in this Course i.e UHV-2. It has become our need to understand the existential reality in depth and to live accordingly.
- Otherwise, we need to keep working hard for ensuring shift-1 along with working for shift-2. It is needless to say that the task now is going to be far more difficult and challenging. However, if we have realised the acute need for it, we will be able to do it.
- We will now try to get an idea about the shift that is expected to take place, if we go through the process of self exploration in this course.



UHV-2 is designed for the further shift

The focus of UHV2 is to help for the second shift to take place, i.e. to see that:

'The Self (I) is central to human existence & Body is used as an Instrument'

The need of the Self is continuous happiness

[Need of the Self(I)]



Which is fulfilled by

1. Understanding co-existence
2. Feeling & thought of co-existence

[Activity of Self(I)]



This is expressed naturally in the form of

1. Mutually fulfilling behavior with human being
2. Mutually enriching work with rest of nature
3. Participation in larger order leading to undivided society and universal human order



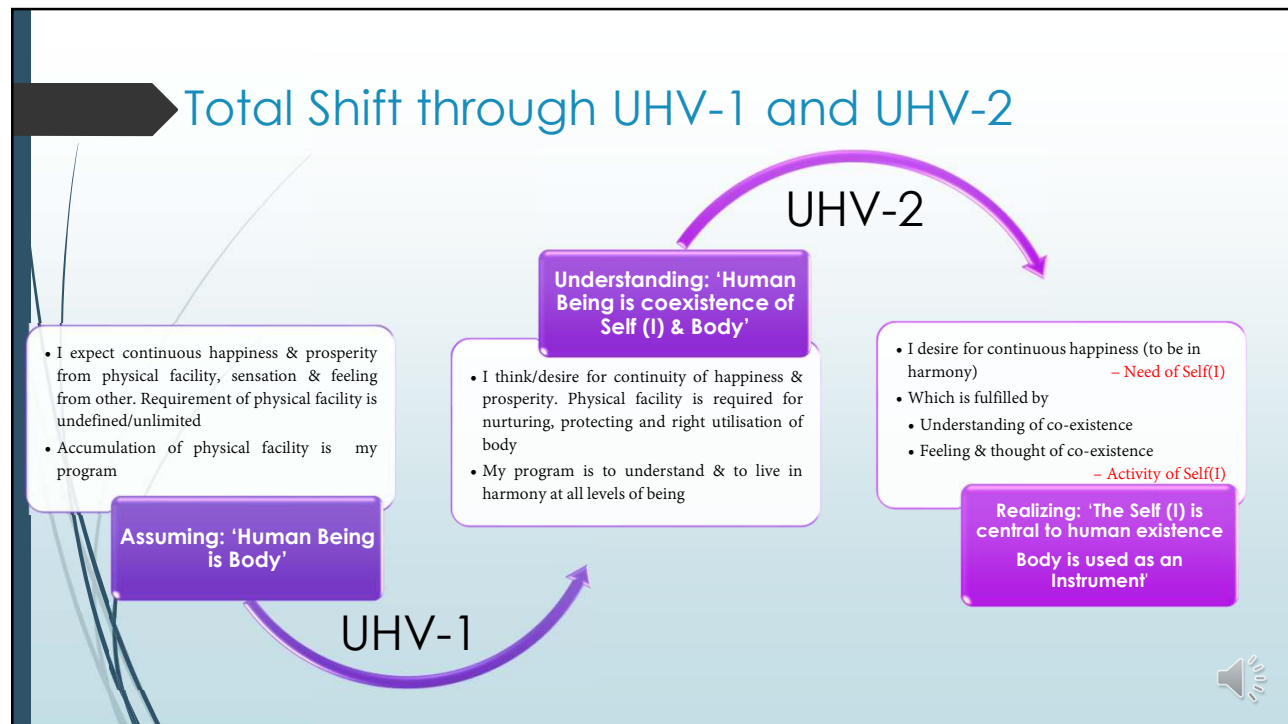
Assuming

Understanding

Realizing

Total Shift through
UHV-1 and UHV-2





Total Shift through UHV-1 and UHV-2

Assumptions	After Course - 1	Expected After this Course
Human Being	<i>Co-existence</i> Self ↔ Body	Self is central. Body is used as an instrument
Existence	Units (<i>submerged in space</i>) ↓ Consciousness Material	Units (<i>submerged in space</i>) ↓ Consciousness Material
Purpose	Continuous happiness and Prosperity (Happiness is to be in a state of harmony)	Continuous happiness (Happiness is to be in a state of co-existence) Prosperity is a part of it
Program	To understand and to live in harmony (at all levels of being – human being, family, society, nature/existence)	To understand co-existence To have the feeling and thought of co-existence To live in co-existence

Understanding through UHV-2

► Realising

'The Self (I) is central to human existence & Body is used as an Instrument'

- Desire of Human being is for
 - continuous happiness (to be in harmony) – Need of Self(I)
 - Which is fulfilled by – Activity of Self(I)
 - Understanding of co-existence
 - Feeling & thought of co-existence
- Two important points to be noted are
 - The need for the feeling of prosperity is a part of being in a state of continuous happiness (to be in harmony at all levels)
 - Expression in mutual relation with human being and rest of nature, in terms of behavior and work, is a natural outcome of understanding of co-existence and feeling & thought of co-existence



Home Work

In your self-exploration about prosperity, what importance did you find of understanding and feeling (over and above physical facility)? With this assumption / understanding, what three specific actions did you take?



Understanding Human Being Comprehensively Human Aspiration & its Fulfillment (ROE-074)

Lecture:3

Recapitulation from UHV-1 (Basic Human Aspiration and its Fulfilment)

Student can able to Understand the Human Basic Aspiration and its Fulfilment under the light of Right Understanding & Resolution.



Our Exploration and Understanding from Human Values & Professional Ethics (HVPE)

- The foundation course in HVPE (UHV-1 in case of AKTU) is a prerequisite for this course.
- Therefore, before we proceed, let us recall some of the basic concepts that we have explored in the HVPE (UHV-1) course.

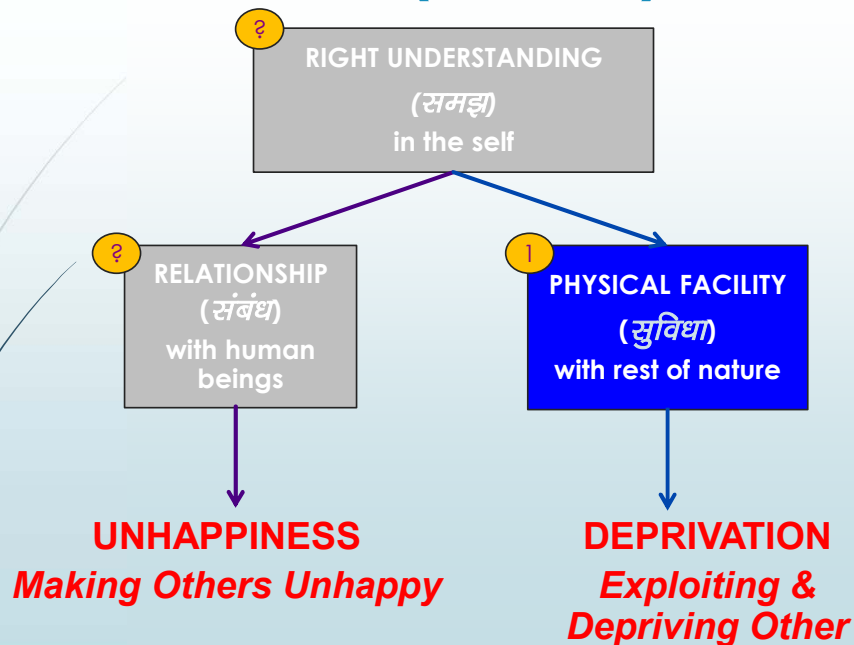


Basic Human Aspiration and its Fulfilment

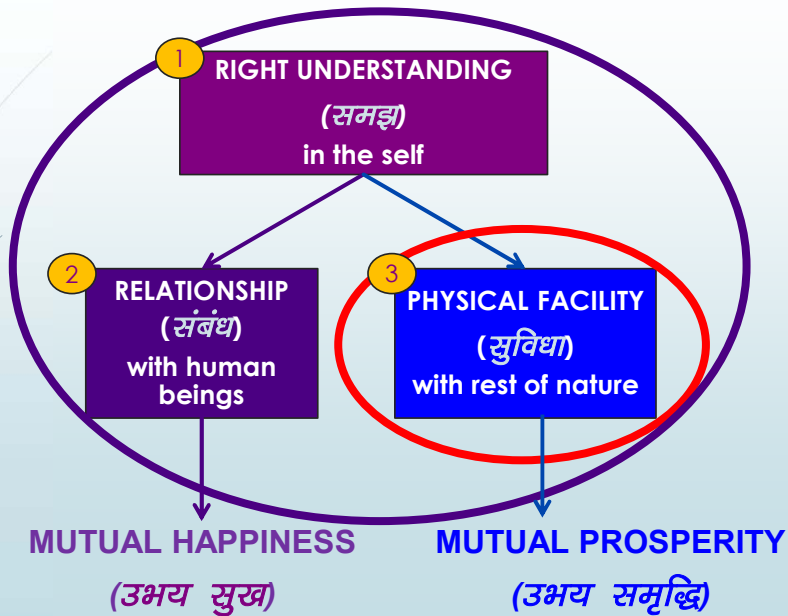
- The basic human aspiration is for continuity of happiness and prosperity.
- This is fulfilled by living in human consciousness, by ensuring right understanding, right feeling and physical facility.
- Transformation from animal consciousness to human consciousness is ensured through human Education-Sanskar.
- Living with human consciousness provides the base for ensuring justice and order leading to undivided society and universal human order.



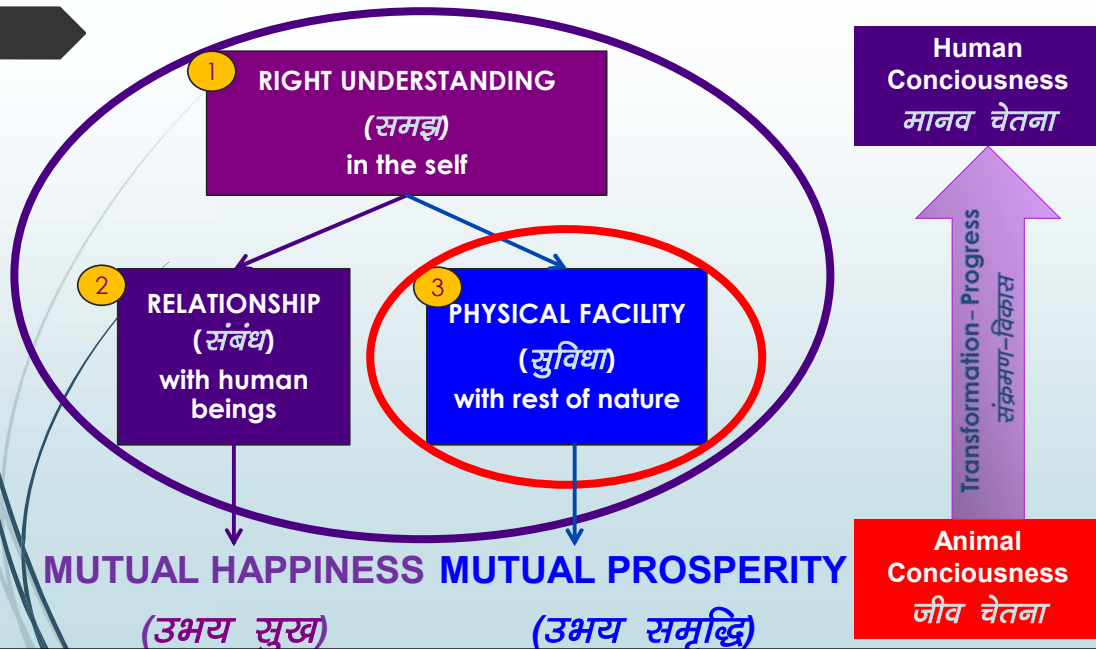
Animal Consciousness (जीव चेतना) Deluded Self



Human Conciousness (मानव चेतना) True Self



Role of Education-Sanskar: To Enable Transformation



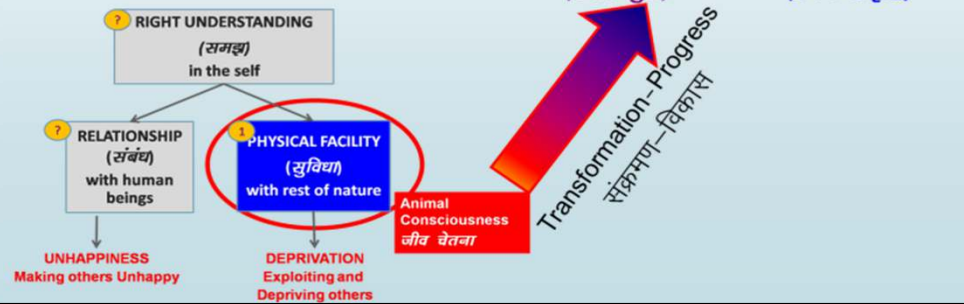
Role of Education-Sanskar: To Enable Transformation

Basic Human Desire

Happiness and prosperity → continuity

It is fulfilled by (program for fulfillment):

1. Right understanding in the Self (I)
2. Right feeling in relationship
3. Recognition of required physical facility and its fulfillment with rest of nature



Human Society

Humane Society

Right Understanding
& Right Feeling

↓ Happiness

In Every Individual

Prosperity

↓

In Every Family

Fearlessness
(Trust)

↓

In Society

Co-Existence
(Mutual Fulfilment)

↓

In Nature/
Existence

Family based Society (families having common goal)

Inhuman Society

Inhuman "Society" (Crowd or Battlefield)

Assumptions (eg.
Money is everything)

Accumulation
By Any Means

Domination ,
Exploitation, Fear

Mastery &
Exploitation

In Every Individual

In few Individuals

In Society

Over Nature

Obsession for Consumption
" for Profit
" for Sensual Pleasure

Terrorism
War

Resource Depletion
Pollution

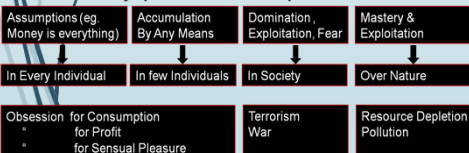
Individual based (having different or opposing goals)



Transformation: Animal Consciousness to Human Consciousness

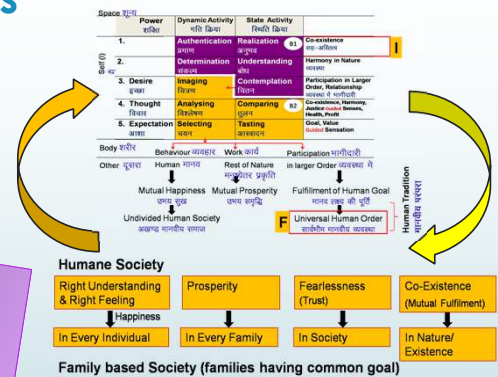


Inhuman "Society" (Crowd or Battlefield)



Individual based (having different or opposing goals)

Transformation-
Progress
संक्रमण-विकास



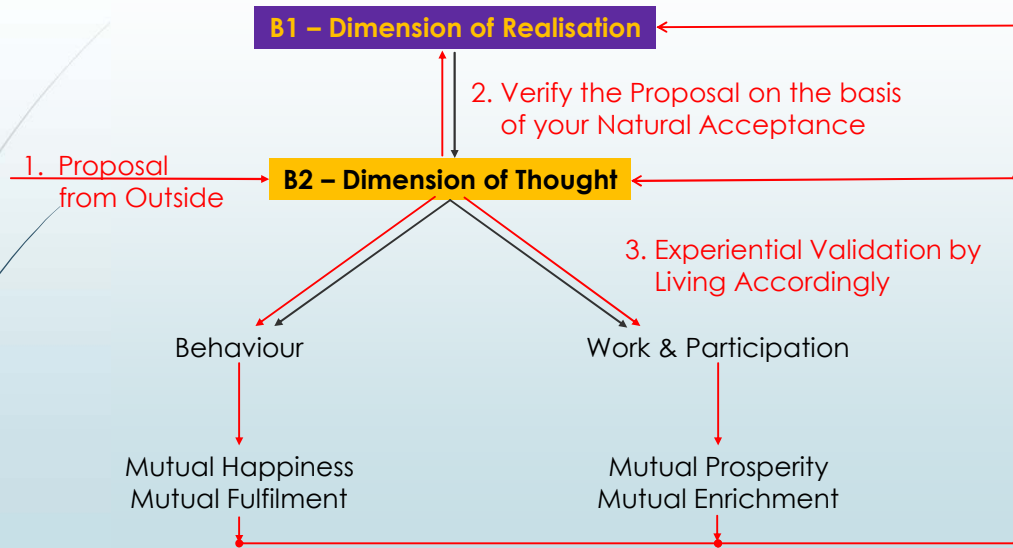
Human Education

Personal Transformation

Societal Transformation



Self-Exploration



Home Work

The basic human aspiration is continuous happiness and prosperity. Having assumed / understood this, how have the priorities of your life changed?

Understanding Human Being Comprehensively Human Aspiration & its Fulfillment (ROE-074)

Lecture:4

Recapitulation from UHV – 1

(Understanding about Human Being and
Existence)

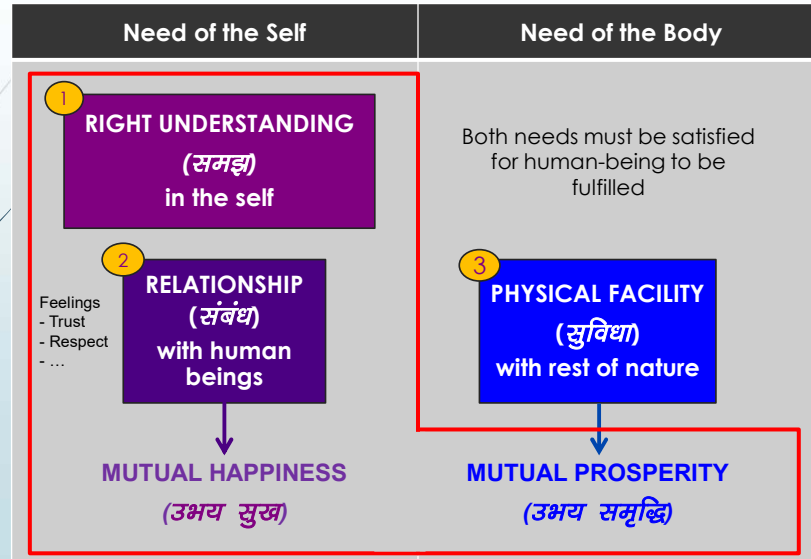
*Student can able to Understand the Human Being and Existence
deeply.*

Human Being

Need of the Self

Need of the Body

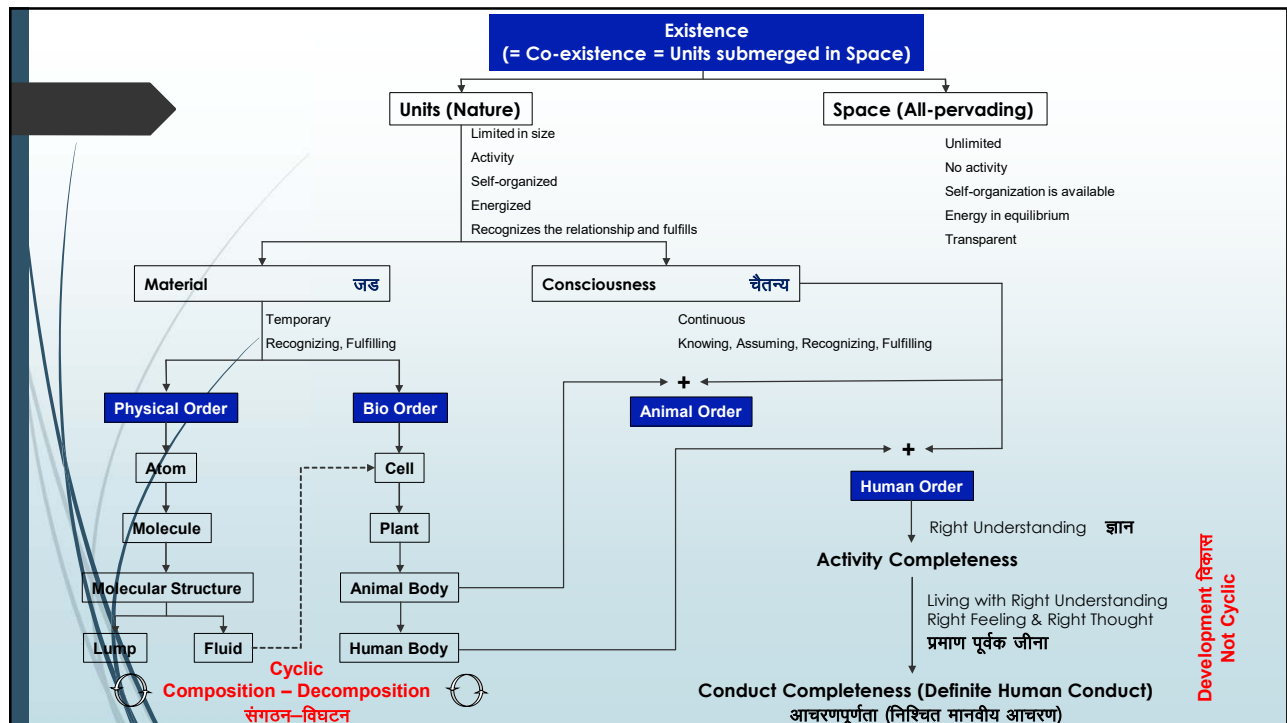
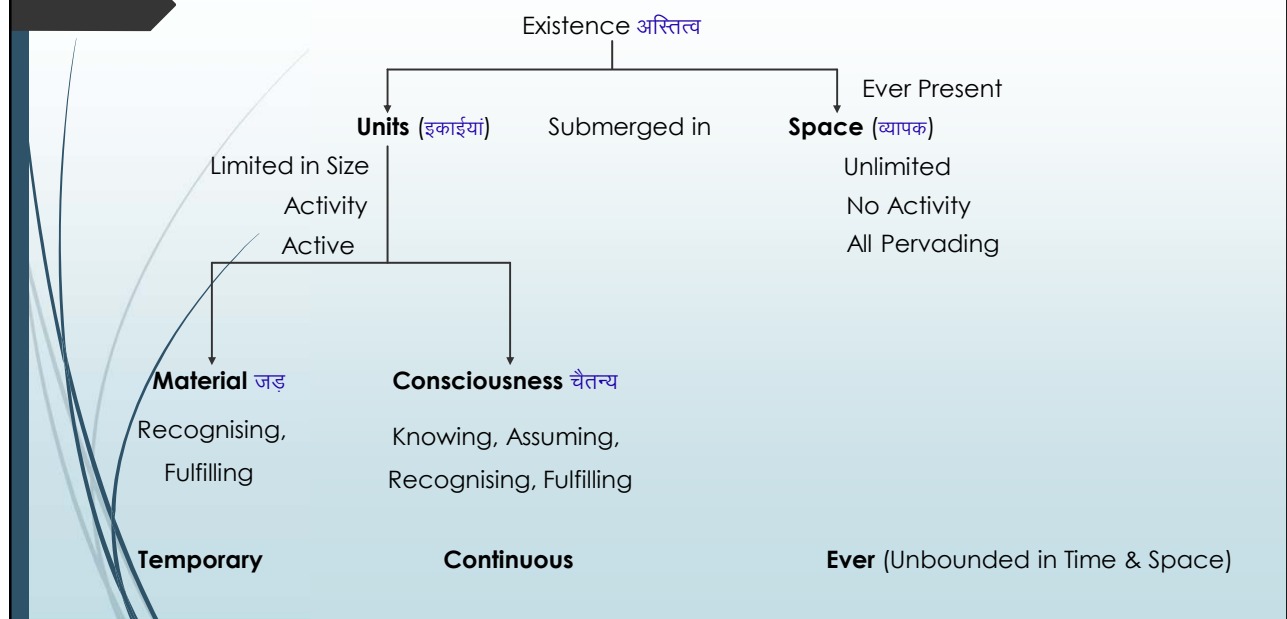
Human Being



About Human Being

Human Being (मानव)	Self (मैं) ↔ Co-existence सहअस्तित्व ↔ Body (शरीर)	
Need	Happiness (e.g. Respect)	Physical Facility (e.g. Food)
In Time	Continuous	Temporary
In Quantity	Qualitative (is Feeling)	Quantitative (Required in Limited Quantity)
Fulfilled By	Right Understanding & Right Feeling	Physio-chemical Things
Activity	Desire, Thought, Expectation...	Eating, Walking...
In Time	Continuous	Temporary
Response	Knowing, Assuming Recognizing, Fulfilling	Recognizing, Fulfilling
	↓ Consciousness चैतन्य	↓ Material जड

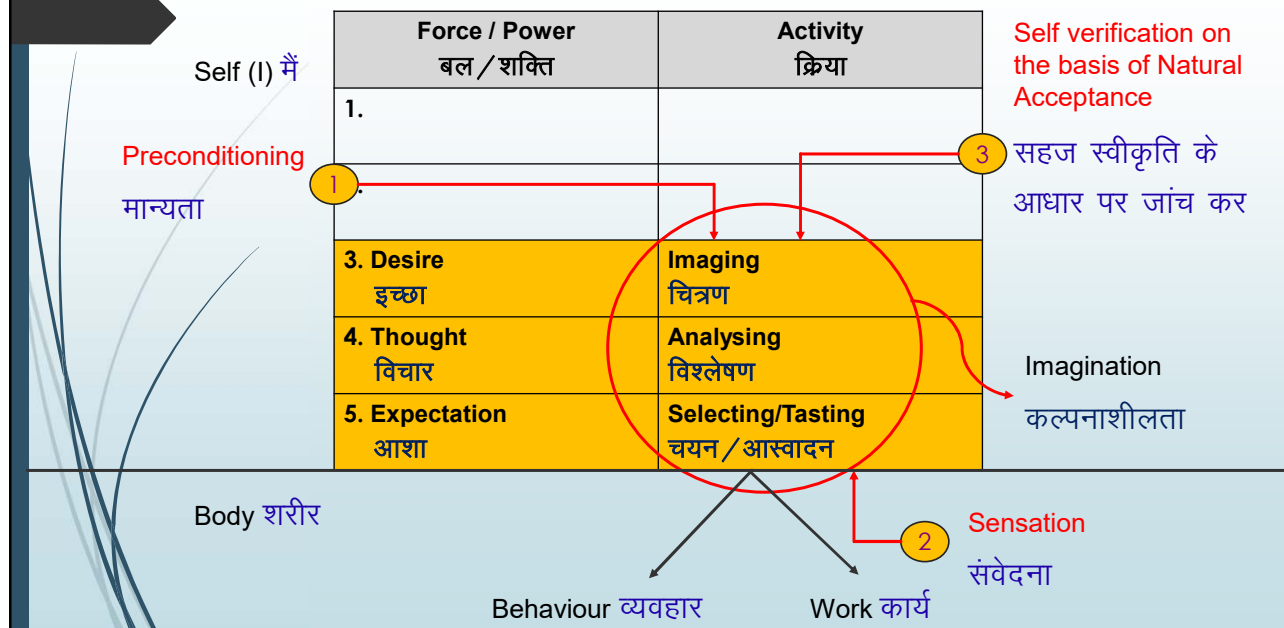
Existence

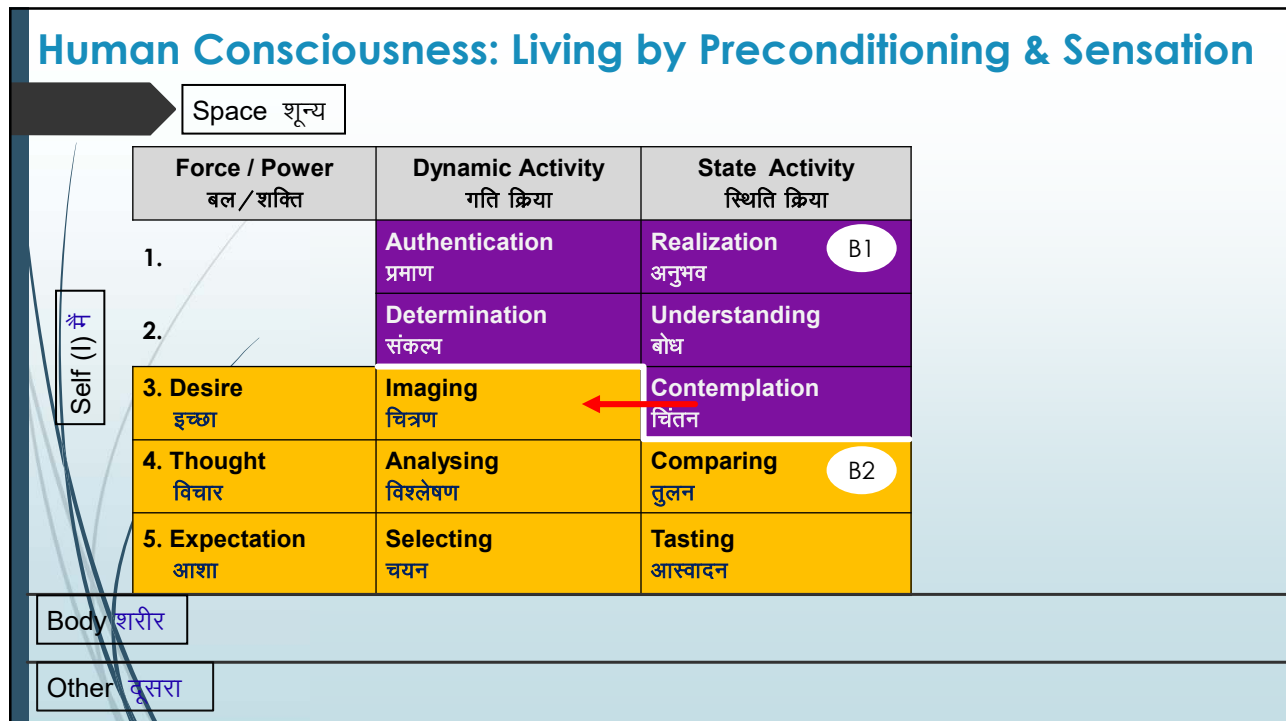
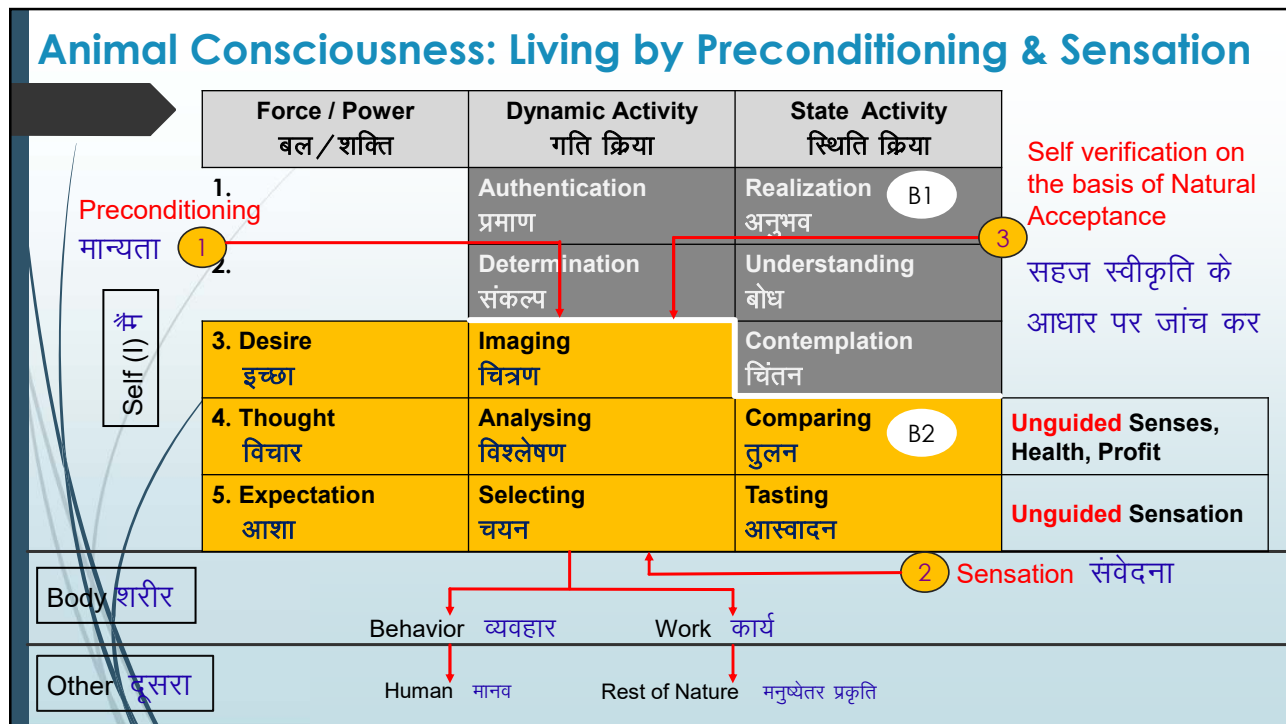


Animal Consciousness: Living by Preconditioning & Sensation

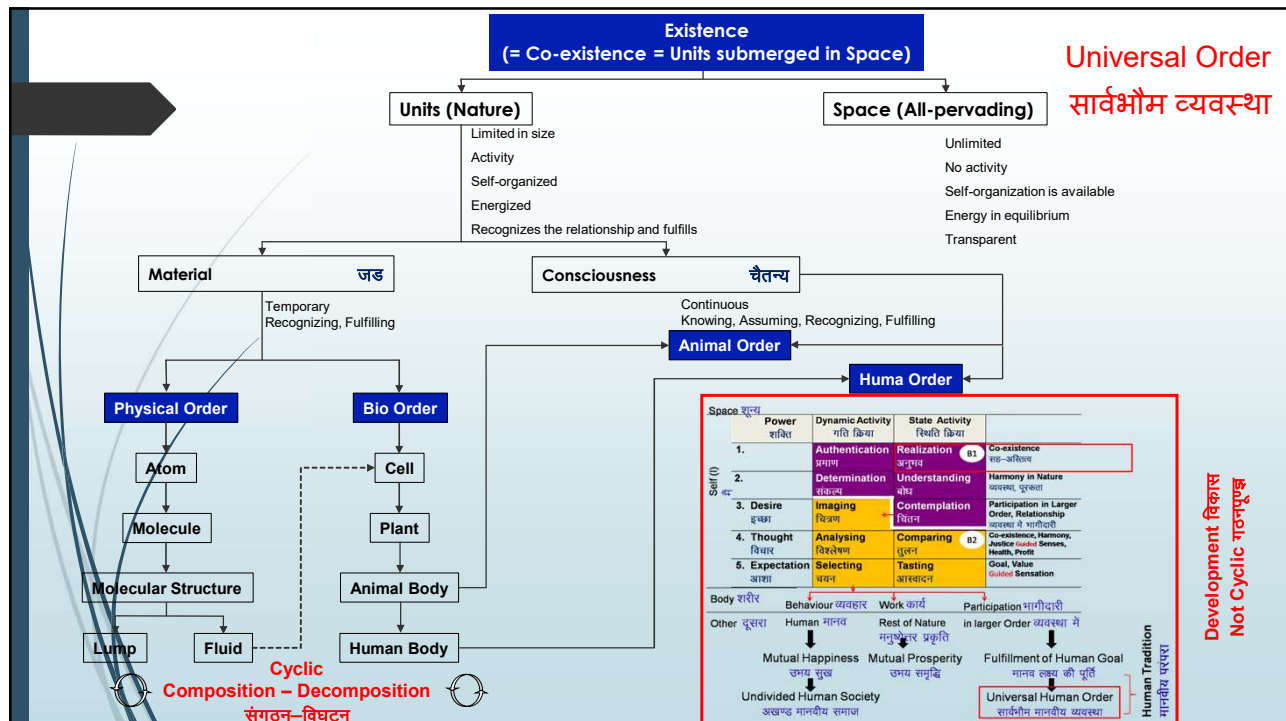
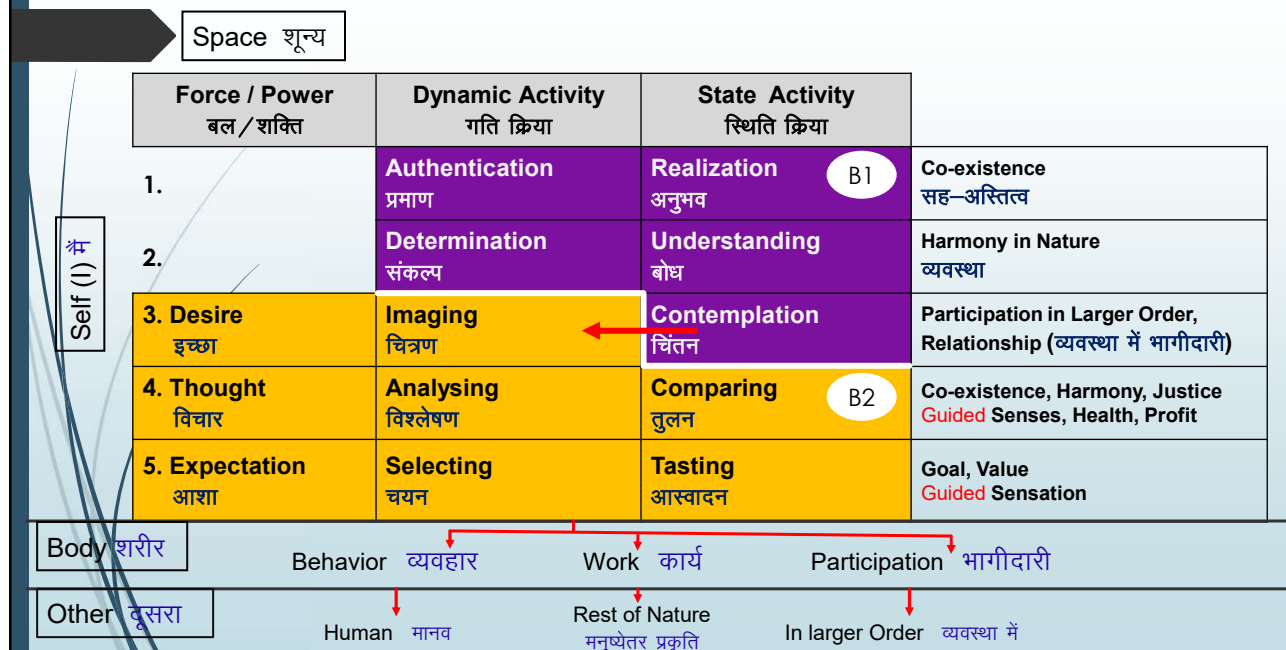
Force / Power बल / शक्ति	Activity क्रिया
1.	
2.	
3. Desire इच्छा	
4. Thought विचार	
5. Expectation आशा	

Animal Consciousness: Living by Preconditioning & Sensation





Human Consciousness: Living by Preconditioning & Sensation



Understanding Human Being Comprehensively Human Aspiration & its Fulfillment (ROE-074)

Lecture:5

Human Being –

Self is Central to Human Existence & Body as an
Instrument of the Self

Student can able to Understand the “Self is Central to Human Existence & Body act as an Instrument for the Self.

About Human Being

Human Being (मानव)	Self (मैं) $\xleftrightarrow[\text{सहअस्तित्व}]{\text{Co-existence}}$ Body (शरीर)	
Need	Happiness (e.g. Respect)	Physical Facility (e.g. Food)
In Time	Continuous	Temporary
In Quantity	Qualitative (is Feeling)	Quantitative (Required in Limited Quantity)
Fulfilled By	Right Understanding & Right Feeling	Physio-chemical Things
Activity	Desire, Thought, Expectation...	Eating, Walking...
In Time	Continuous	Temporary
Response	Knowing, Assuming Recognizing, Fulfilling	Recognizing, Fulfilling
	↓ Consciousness चैतन्य	↓ Material जड

About Human Being

Consciousness चैतन्य

INFORMATION

Instruction
Sensation

Material जड

- The transaction between the Self and the Body is only of information (no material transaction is taking place)
 - Instructions from the Self to the Body
 - Sensations from the Body to the Self
- The decision for every transaction is made by the Self
 - The decision to send instruction to the Body
 - The decision to read sensation from the Body

Consciousness
चैतन्य

I am

I want to live

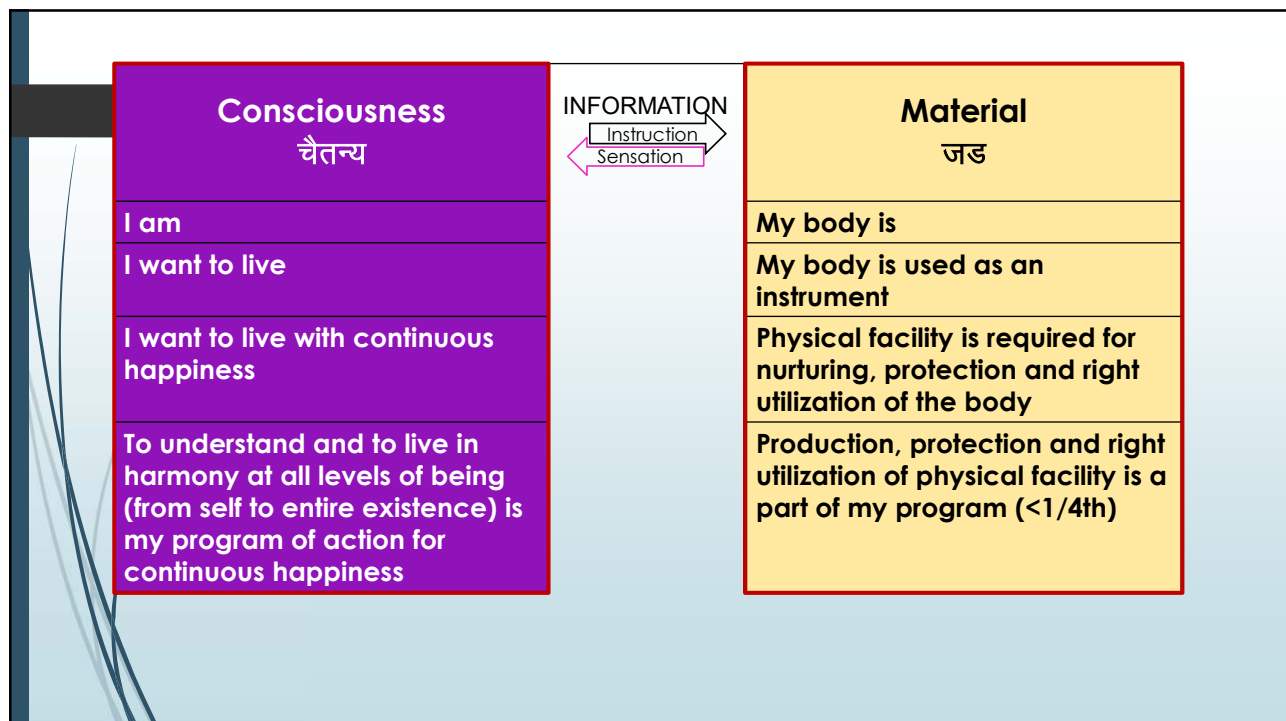
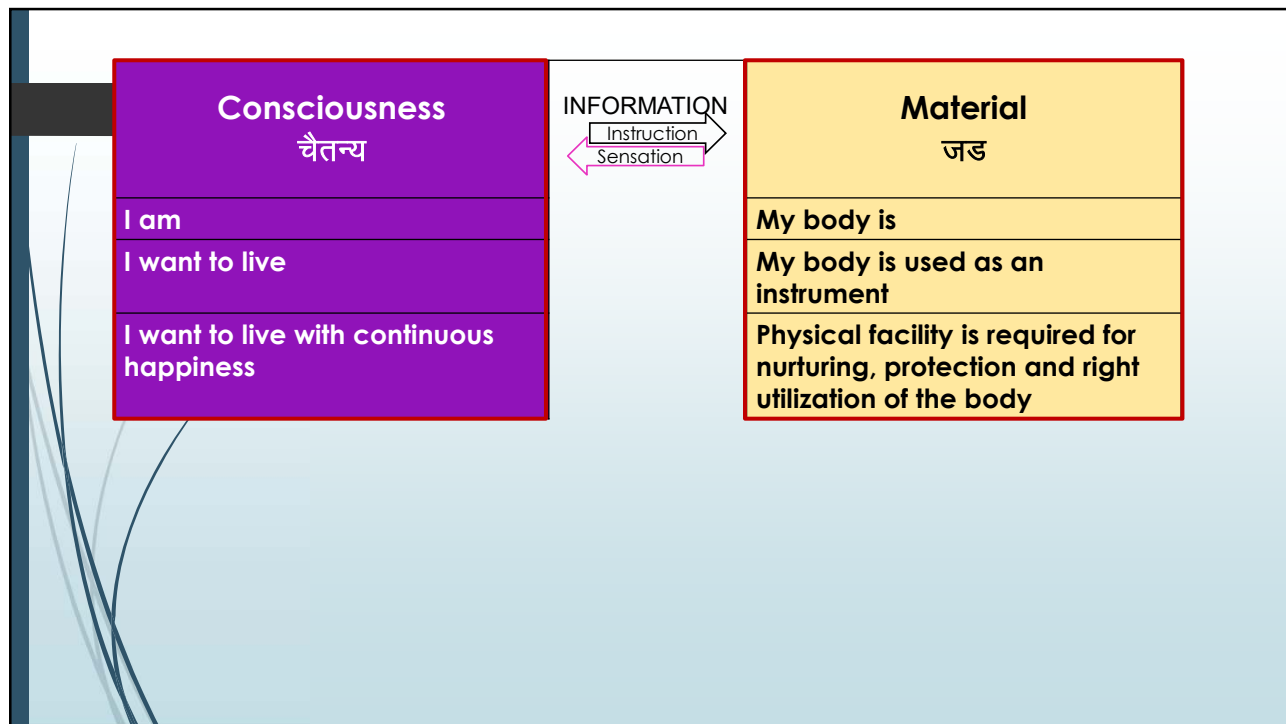
INFORMATION

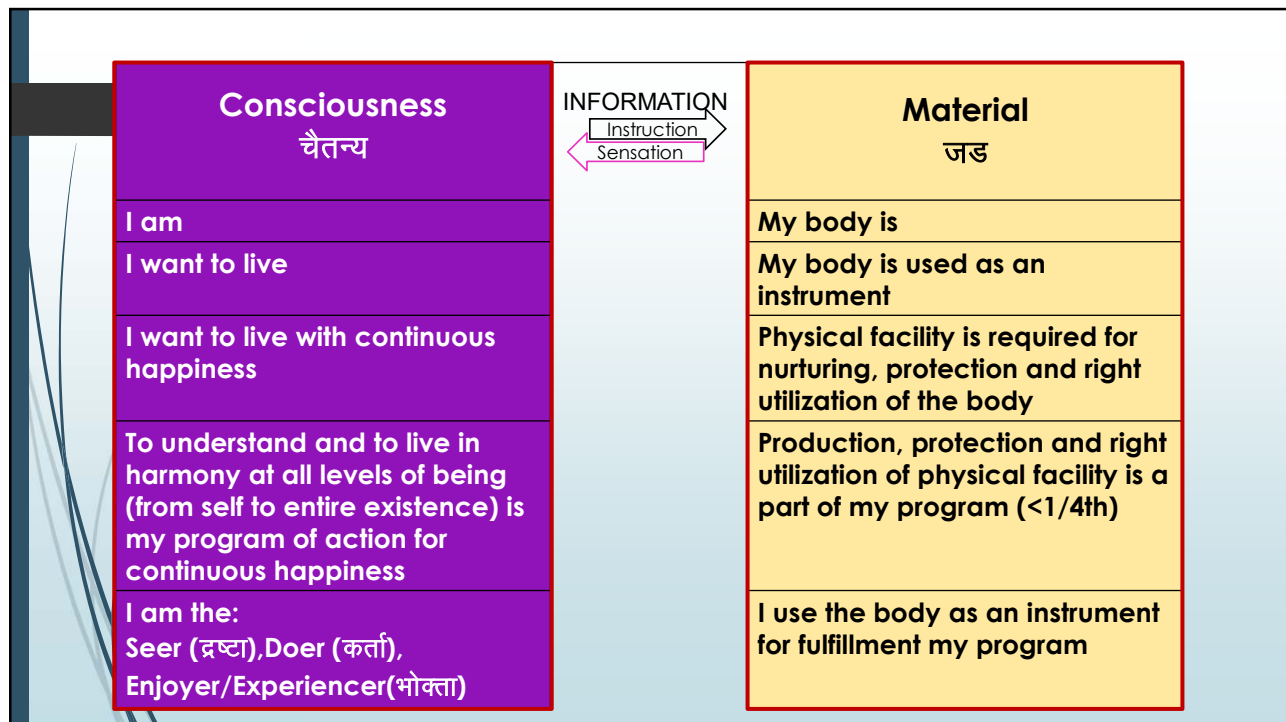
Instruction
Sensation

Material
जड

My body is

My body is used as an
instrument





I am Seer

- "Seer" means the one that sees / understands
e.g. If you are given something in your hand and you conclude that it is a pen, it is not your eyes that concluded this. It is you that concluded this. The Self (I) sees via the eyes – the eyes don't see themselves
- Like that all the 5 senses are just the instrument that enable the Self (I) to see something outside
- Just like you see outside, you can also see 'within', without using the body for sensation
e.g. You can 'see' that you are feeling happy, getting angry....
- Thus, the Self (I) 'sees' or understands, sometimes with the help of the body, sometimes without the help of body

The Body is used as an instrument

I am the Doer

- "Doer" means the one that does, who takes decision to do

I am the one who decides. I decide what to do, what not to do...

- I may or may not use the body to do – what I think of is my decision. I do that thinking within myself (there is no role of the body in this)
- If required, the body is used to express my decision

The Body is used as an instrument

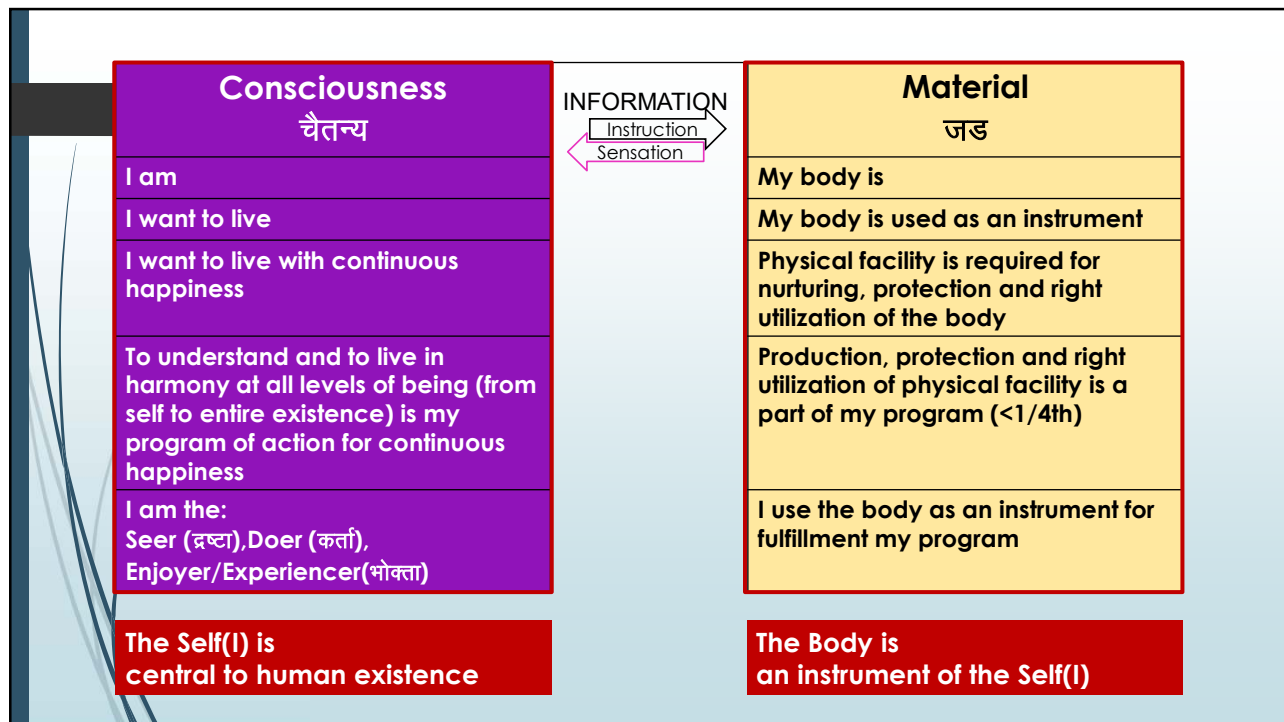
I am the Enjoyer (Experiencer)

- "Enjoyer" means the one that experiences happiness / unhappiness

I am the one that feels enthused or depressed. I am the one that feels angry or delighted...

- I am the enjoyer, the experiencer

The Body is used as an instrument



Sum Up:

- Human Being is co-existence of Self(I) and Body
- The Self(I) is the seer, doer and enjoyer – it is central to human existence
- The need of the Self(I) is continuous happiness
- For this, the program of the Self(I) is:
 - at all levels of being
 - As an individual human being
 - As a member of the family
 - As a member of society
 - As an unit in nature/existence
- To understand harmony & To live in harmony
- Production, protection and right utilization of physical facility is a part of my program (<1/4th)
- The Body is an instrument of the Self(I)
- The transaction between Self(I) and Body is only in the form of information

Self – Reflection (Home Work)

- Are you able to see that your happiness and unhappiness depends on your own state of imagination?
- How much of your program for living is now based on happiness from within (harmony)?
- How much of it is based on happiness from outside (excitement) or running away from unhappiness?

THANKS

Understanding Human Being Comprehensively Human Aspiration & its Fulfillment (ROE-074)

Lecture:6

Basic Human Aspiration – Continuous Happiness & its Fulfillment

Student can able to Understand the
“Continuous Happiness is the Human Basic Aspiration”.

Module Overview

- Introduction
- Aim of this Course
- Recap – Human Aspirations
- Recap – Human Being & Existence
- Self is Central
- Basic Human Aspiration – Continuous Happiness & its Fulfillment

Continues Happiness as the Basic Human Aspiration

► In the light of investigation made so far, we can now see that:

1. Basic human aspiration is for **continuity of happiness**. Aspiration for feeling of **prosperity is in fact part of this continuity of happiness**.
2. This is fulfilled by ensuring **Right Understanding, Right Feeling and Right Thought**.
3. This right feeling and right thought is called **Resolution**.
4. Resolution in all aspects of our living calls for **clarity about these different aspects of our living- in the self, with the body, in relation with human being and nature**.

Human Target

► Human Desire

= Continuous Happiness

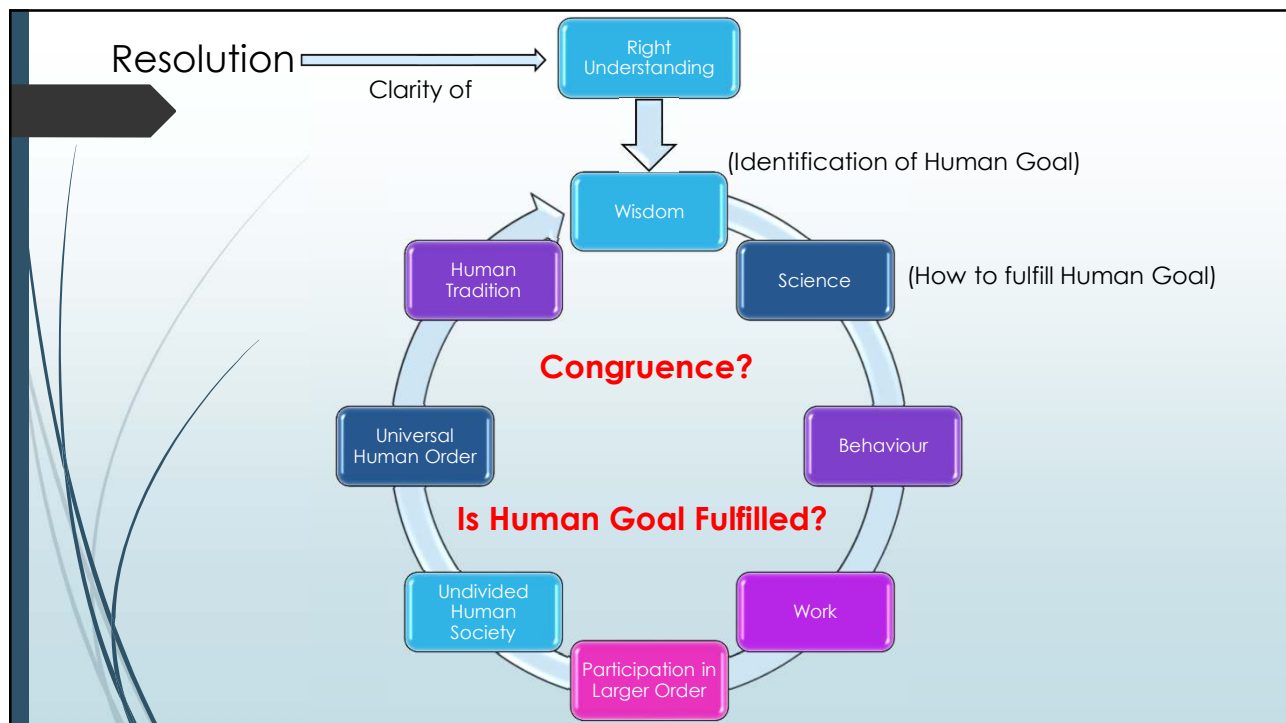
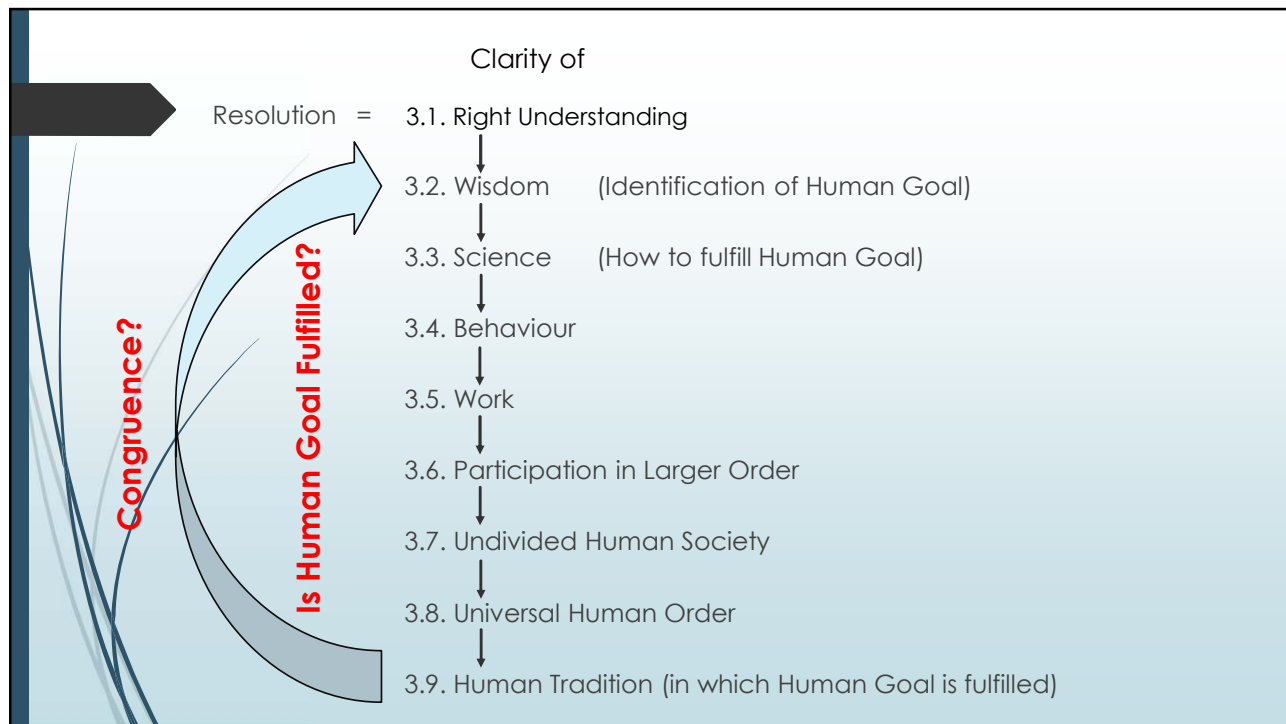
} Need of the Self(I)

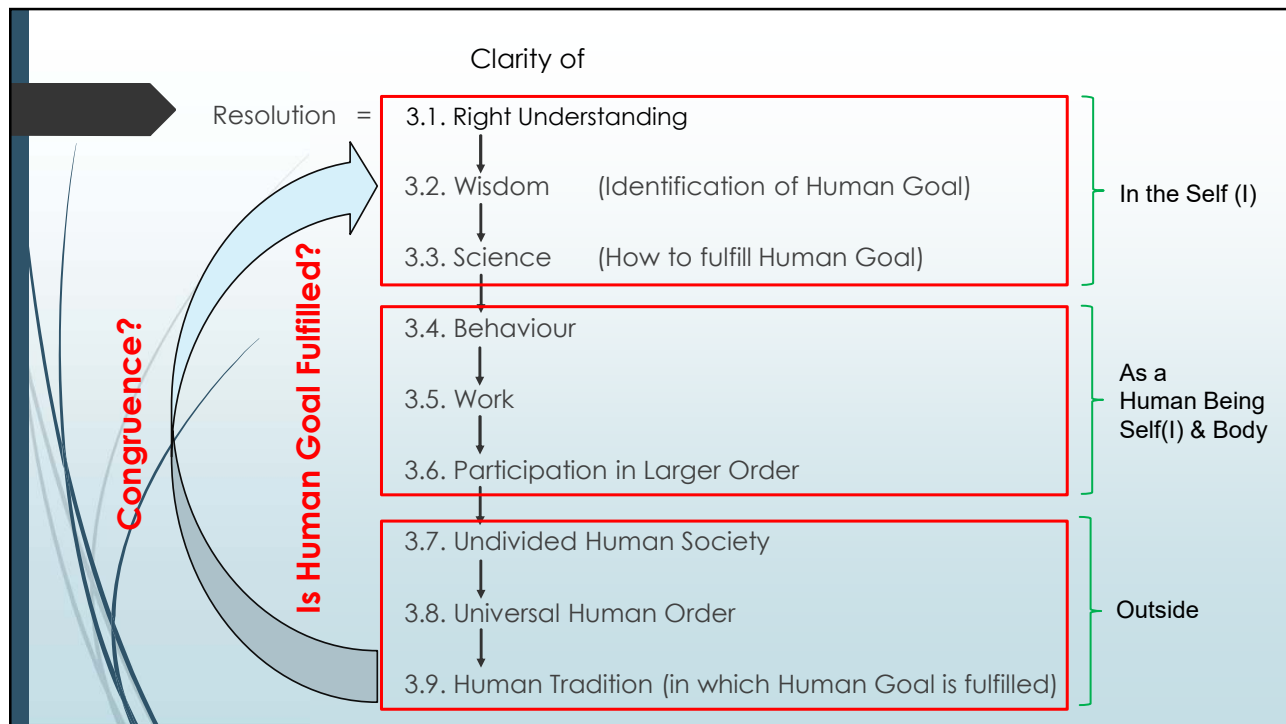
2Continuous Happiness = Right Understanding (ज्ञान)

Right Feeling & Right Thought

(Resolution समाधान)

} Activity of the Self(I)

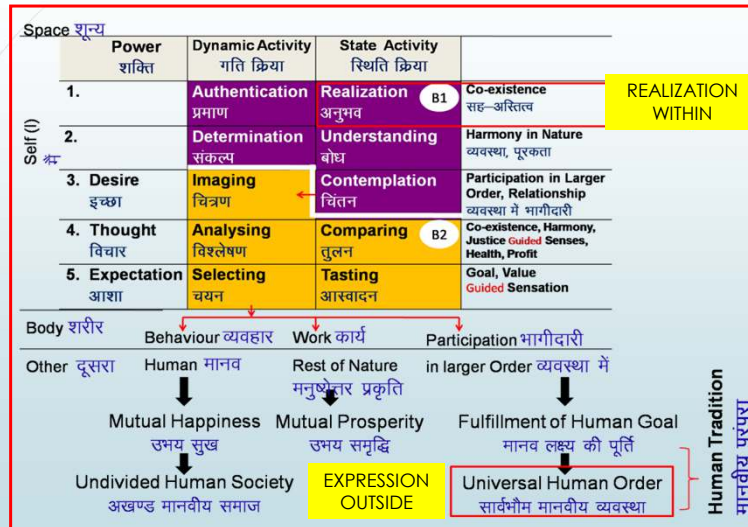




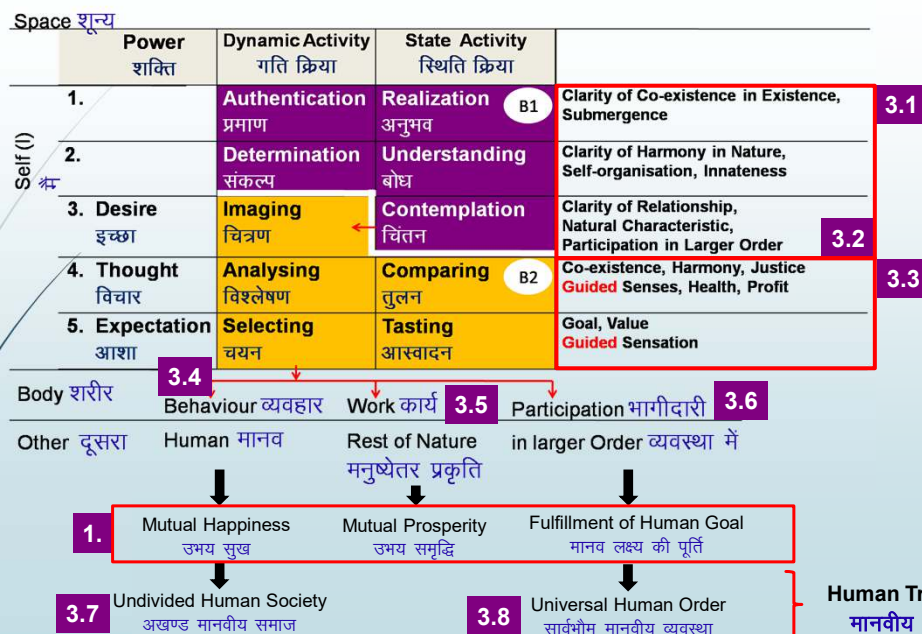
Placement of these Different Aspects of Our Living

- If we recall total expression of human being living with realisation of co-existence (i.e. Human conduct) from UHV1,
- These different aspects of our living – in the self, with the body, in relation with human being and nature – can be placed as shown in the slides to follow.

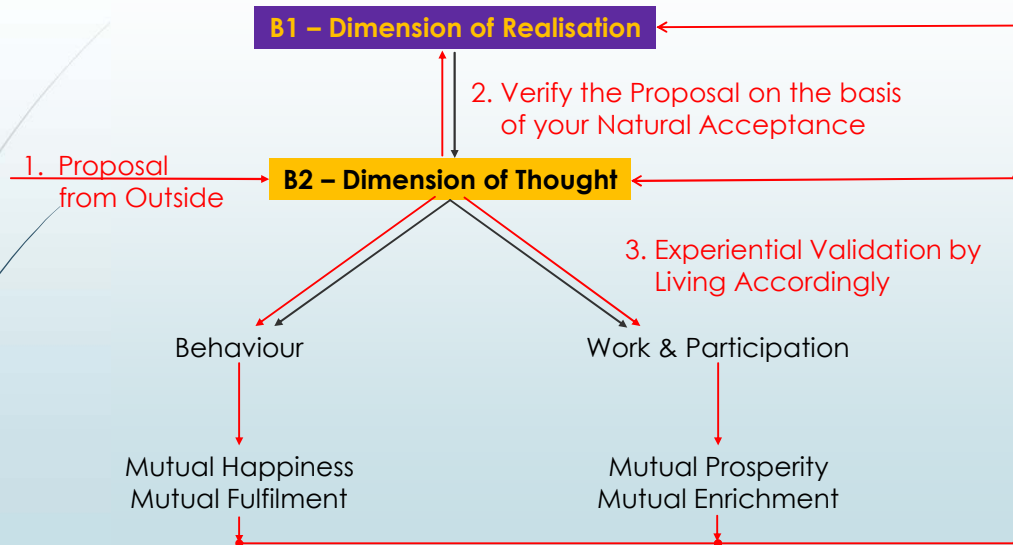
Realization of Co-existence & it's expression – Universal Human Order



Realization of Co-existence & it's expression – Universal Human Order



Self-Exploration



Home-Work

Write down all your questions that have remained unanswered after UHV1 or new questions that have come up since UHV1. We shall discuss them.