

# Module 5: Expansion of Harmony from Self to entire Existence

## Lecture 21: Human Conduct

1



2

### 3.1. Right Understanding

To see the reality as it is

Knower – [Self (I)]

To be Known – [Existence]

3.1.1. Knowledge of Human Being

3.1.2. Knowledge of Existence

3.1.3. Knowledge of Human Conduct

Process –

Awakening to activity of Contemplation, Understanding & Realisation

Natural

Innateness

Co-existence

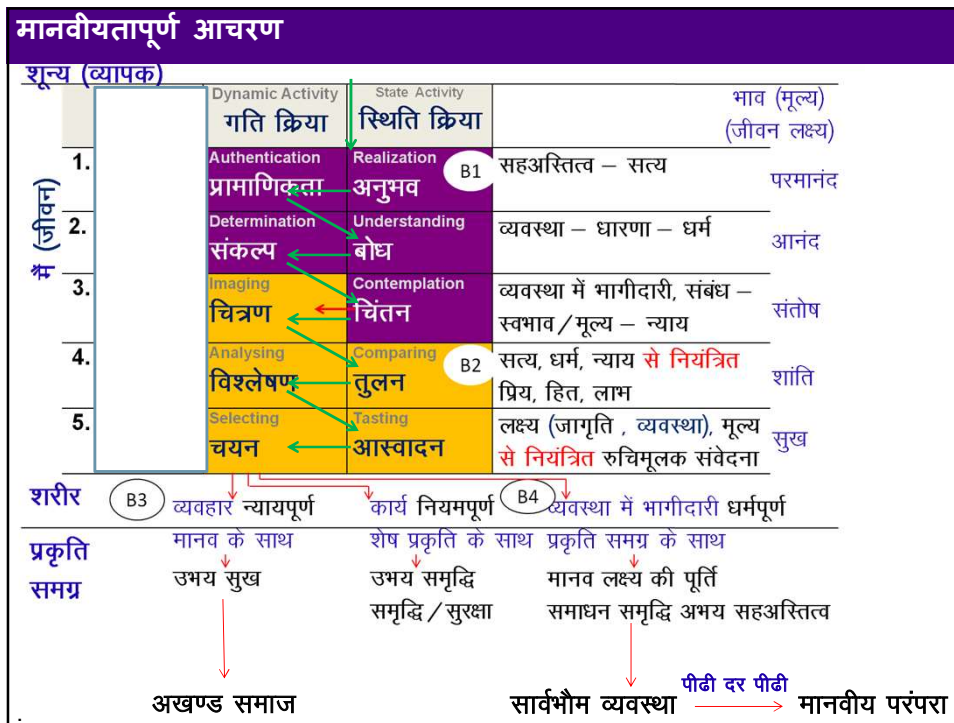
Characteristic

3

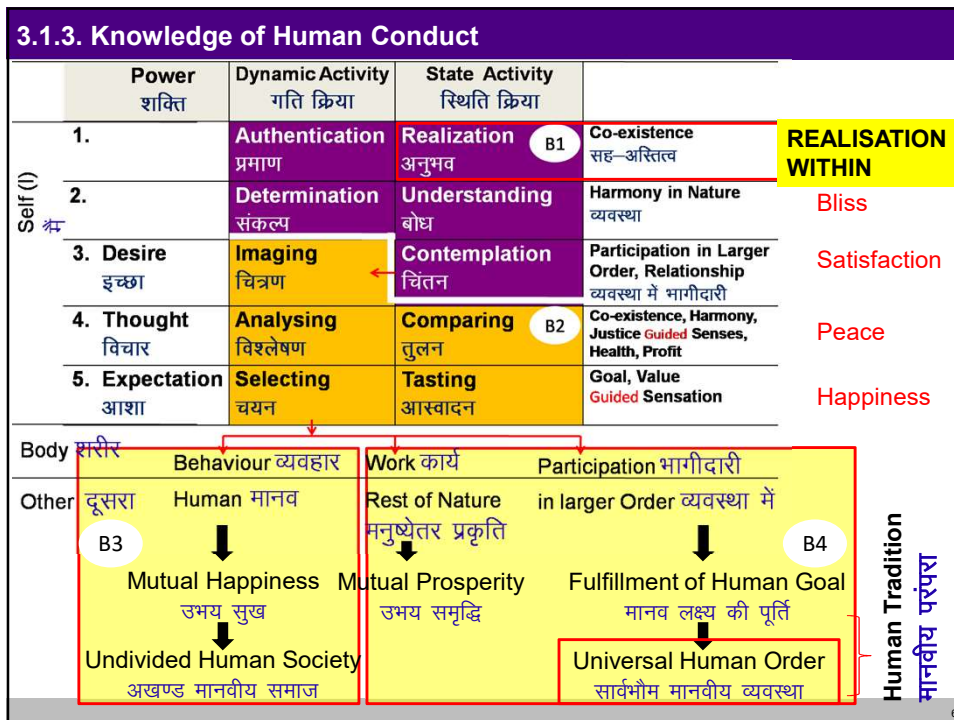
### 3.1.3. Knowledge of Human Conduct

Space शून्य		Power शक्ति	Dynamic Activity गति क्रिया	State Activity स्थिति क्रिया		
Self (I) ॐ	1.		Authentication प्रमाण	Realization अनुभव B1	Co-existence सह-अस्तित्व	अनुभव- स्वयं में Realization- within
	2.		Determination संकल्प	Understanding बोध	Harmony in Nature व्यवस्था	Bliss
	3. Desire इच्छा		Imaging चित्रण	Contemplation चिंतन	Participation in Larger Order, Relationship व्यवस्था में भागीदारी, संबंध	Satisfaction
	4. Thought विचार		Analysing विश्लेषण	Comparing तुलन B2	सत्य, धर्म, न्याय से नियंत्रित प्रिय, हित, लाभ	Peace
	5. Expectation आशा		Selecting चयन	Tasting आस्वादन	लक्ष्य, मूल्य से नियंत्रित रुचिमूलक आस्वादन	Happiness
Body शरीर		Behaviour व्यवहार	Work कार्य	Participation भागीदारी		
Other दूसरा		Human मानव	Rest of Nature मनुष्येतर प्रकृति	in larger Order व्यवस्था में		
		Mutual Happiness उभय सुख	Mutual Prosperity उभय समृद्धि	Fulfillment of Human Goal मानव लक्ष्य की पूर्ति		
		Undivided Human Society अखण्ड मानवीय समाज	अभिव्यक्ति- बाहर Expression- outside	Universal Human Order सार्वभौम मानवीय व्यवस्था	Human Tradition मानवीय परंपरा	

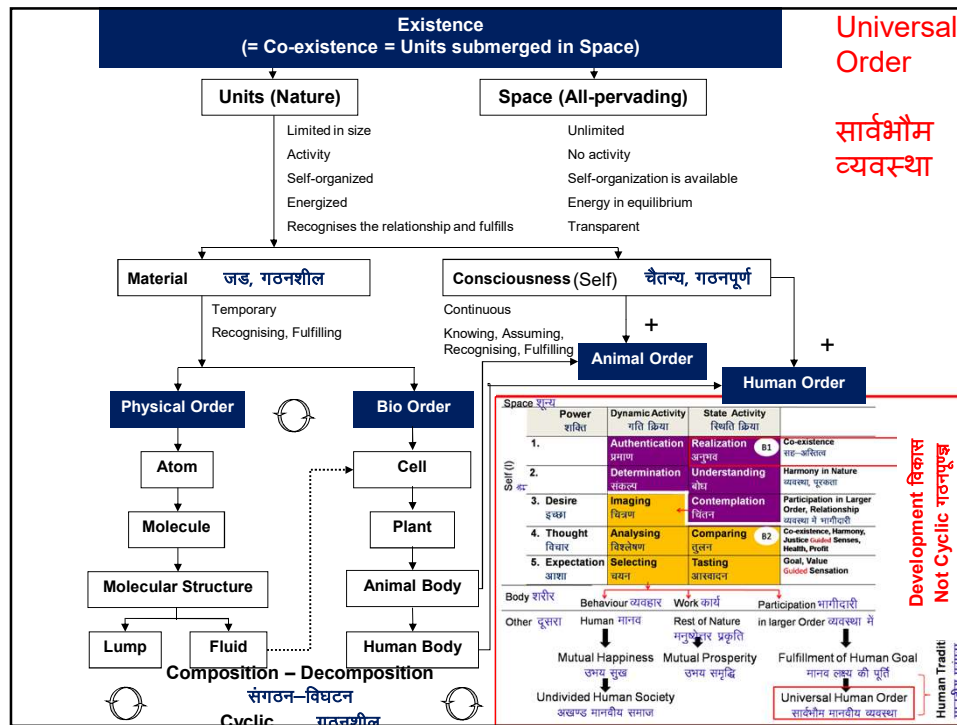
4



5



6



7

## Module 5: Expansion of Harmony from Self to entire Existence

### Lecture 22: Human Conduct Model 2

8

### 3.1.3. Knowledge of Human Conduct

3.1.3.1. **Human Values** – Understanding "What to do as a human being" and "What not to do as a human being"

3.1.3.2. **Policy** – Detail, thought of "how to do"

Includes plan, program, implementation, results, evaluation

- Policy for enrichment (arth neeti) of Self (I), Body, Physical Facility
- Policy for protection (rajya neeti) of Self (I), Body, Physical Facility
- Policy for right utilisation (dharm neeti) of Self (I), Body, Physical Facility

3.1.3.3. **Character** – Compassionate behaviour, work & participation in larger order on the basis of human values

- Behaviour – ensuring justice, mutual happiness (while filling the gaps created in ignorance)
- Work – ensuring suraksha, mutual prosperity (while filling the gaps created in ignorance)
- Rightfully acquired wealth (swa-dhan)
- Chastity in conjugal relationship (swa-nari/swa-purush)

9

9

### 3.1.3.1. Human Values (Identification of Human Values)

Understanding the Participation (Role) of Human Being in this Existence

1. In the self – Happiness, Peace, Satisfaction, Bliss -----	4
2. In Universal Human Order – Perseverance, Bravity, Generosity, Kindness, Beneficence, Compassion -----	6
3. In Human-Human Relationship – Justice (9 established values + 9 expressed values) -----	18
4. In Human-Rest of Nature Relationship – Utility, Artistic value -----	<u>2</u>
	<b>30</b>

Present state: Some attention on #4 (or 2 values out of 30)

10

10

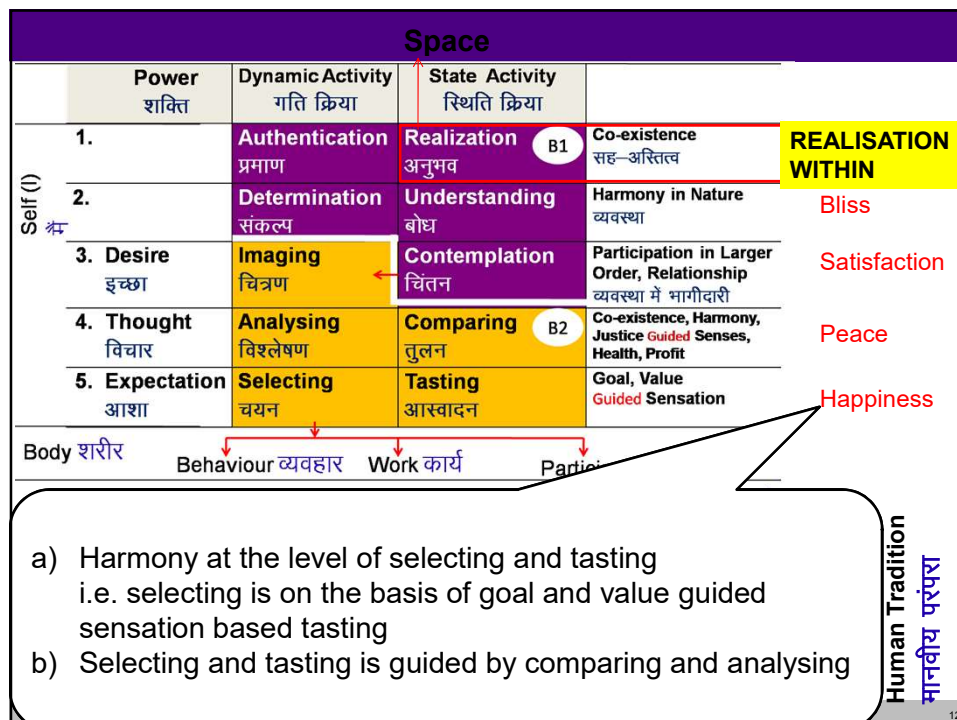
### 3.1.3.1. Human Values (Identification of Human Values)

Understanding the Participation (Role) of Human Being in this Existence

1. *Tripti* of being self-organised (स्वयं में व्यवस्था) on the basis of realisation of co-existence  
– Happiness, Peace, Satisfaction, Bliss in the Self (I)
2. Participation in the Universal Order or Universal Human Order as a human being with human consciousness (समग्र व्यवस्था में भागीदारी)  
– Perseverance, Bravery, Generosity, Kindness, Beneficence, Compassion
3. Participation in Human-Human relationship as a human being with human consciousness  
– Justice (9 established values + 9 expressed values)
4. Participation in Human-Rest of Nature relationship as a human being  
– Utility value, Artistic value

11

11



12

12

Space				
	Power शक्ति	Dynamic Activity गति क्रिया	State Activity स्थिति क्रिया	
Self (I) अहं	1.	Authentication प्रमाण	Realization अनुभव B1	Co-existence सह-अस्तित्व
	2.	Determination संकल्प	Understanding बोध	Harmony in Nature व्यवस्था
	3. Desire इच्छा	Imaging चित्रण	Contemplation चिंतन	Participation in Larger Order, Relationship व्यवस्था में भागीदारी
	4. Thought विचार	Analysing विश्लेषण	Comparing तुलन B2	Co-existence, Harmony, Justice Guided Senses, Health, Profit
	5. Expectation आशा	Selecting चयन	Tasting आस्वादन	Goal, Value Guided Sensation
Body शरीर      Behaviour व्यवहार      Work कार्य      Participation में Other दूसरा      Human मानव      Rest of Nature बाकी				
a) Harmony at the level of analysing and comparing i.e. analysing on the basis of co-existence, harmony, justice guided senses-health-profit based comparing b) Analysing and comparing is guided by contemplation and desire				<b>REALISATION WITHIN</b>  Bliss  Satisfaction  Peace  Happiness

Human Tradition  
मानवीय परंपरा

13

Space				
	Power शक्ति	Dynamic Activity गति क्रिया	State Activity स्थिति क्रिया	
Self (I) अहं	1.	Authentication प्रमाण	Realization अनुभव B1	Co-existence सह-अस्तित्व
	2.	Determination संकल्प	Understanding बोध	Harmony in Nature व्यवस्था
	3. Desire इच्छा	Imaging चित्रण	Contemplation चिंतन	Participation in Larger Order, Relationship व्यवस्था में भागीदारी
	4. Thought विचार	Analysing विश्लेषण	Comparing तुलन B2	Co-existence, Harmony, Justice Guided Senses, Health, Profit
	5. Expectation आशा	Selecting चयन	Tasting आस्वादन	Goal, Value Guided Sensation
Body शरीर      Behaviour व्यवहार      Work कार्य      Participation में Other दूसरा      Human मानव      Rest of Nature बाकी				
a) Harmony at the level of desire and contemplation i.e. desires are based on (guided by) contemplation of the participation of human being in entire nature. Desires are definite and it is clear that there is every provision in nature for their fulfillment b) Desire and contemplation are guided by understanding and determination				<b>REALISATION WITHIN</b>  Bliss  Satisfaction  Peace  Happiness

Human Tradition  
मानवीय परंपरा

14



Space				
	Power शक्ति	Dynamic Activity गति क्रिया	State Activity स्थिति क्रिया	
Self (I) अहं	1.	Authentication प्रमाण	Realization B1 अनुभव	Co-existence सह-अस्तित्व
	2.	Determination संकल्प	Understanding बोध	Harmony in Nature व्यवस्था
	3. Desire इच्छा	Imaging चित्रण	Contemplation चिंतन	Participation in Law Order, Relations व्यवस्था में भागीदारी
	4. Thought विचार	Analysing विश्लेषण	Comparing B2 तुलन	Co-existence Justice Heal
	5. Expectation आशा	Selecting चयन	Tasting आस्वादन	
				<b>REALISATION WITHIN</b> Bliss Satisfaction Peace Happiness
a) Harmony at the level of determination and understanding Understanding = clarity about the harmony in nature Determination = all my effort will now be for mutual enrichment a) Understanding and determination is guided by realisation and authentication Realisation = clarity about co-existence (submergence of nature in space) Authentication = all my effort will now be for authenticating co-existence (submergence of nature in space)				Human Tradition मानवीय परंपरा

15

Tripti of being Self-organised	
<u>Happiness</u> a) Harmony at the level of selecting and tasting i.e. selecting is on the basis of goal and value guided sensation based tasting b) Selecting and tasting is guided by comparing and analysing	
<u>Peace</u> a) Harmony at the level of analysing and comparing i.e. analysing on the basis of co-existence, harmony, justice guided priya-hit-laabh based comparing b) Analysing and comparing is guided by contemplation and desire	

16



### ***Tripti of being Self-organised***

#### Satisfaction

- a) Harmony at the level of desire and contemplation  
i.e. desires are based on (guided by) contemplation of the participation of human being in entire nature. Desires are definite and it is clear that there is every provision in nature for their fulfillment
- b) Desire and contemplation are guided by understanding and determination

#### Bliss

- a) Harmony at the level of determination and understanding  
Understanding = clarity about the harmony in nature  
Determination = all my effort will now be for mutual enrichment
- a) Understanding and determination is guided by realisation and authentication  
Realisation = clarity about co-existence (submergence of nature in space)  
Authentication = all my effort will now be for authenticating co-existence (submergence of nature in space)

17

17

### **Participation in the Universal Order as a Human Being**

= Natural Characteristic of Human Being with Human Consciousness

**Perseverance** Commitment for living in harmony at all 4 levels with  
धीरता patience

**Bravity** Commitment for helping the other to understand harmony  
वीरता & to live in harmony at all 4 levels

**Generosity** The commitment to invest one's self, body &  
उदारता physical facility for understanding & living in harmony  
at all 4 levels

18

18

### Participation in the Universal Order as a Human Being

= Natural Characteristic of Human Being with Human Consciousness

Kindness	Providing means to one who has the ability but not the means.
दया	जिसके पास पात्रता है परंतु वस्तु नहीं है, उसे वस्तु उपलब्ध करा देना दया है।
Beneficence	Helping the other to develop the competence to utilise the means they already have.
कृपा	जिसके पास वस्तु है परंतु पात्रता नहीं है, उसे पात्रता उपलब्ध करा देना कृपा है।
Compassion	Helping the other unconditionally, to develop the competence as well as the means, to fulfill his needs when he neither has the ability nor the means.
करुणा	जिसके पास न वस्तु है न पात्रता है, उसे वस्तु एवं पात्रता दोनों उपलब्ध करा देना करुणा है।

19

19

### Participation in Human-Human Relationship as a Human Being

Trust	विश्वास	To be assured that the other intends my happiness & prosperity
<b>Foundation Value आधार मूल्य</b>		
Respect	सम्मान	Right evaluation (with the basis that the other is like me and we are complementary to each other)
Affection	स्नेह	Acceptance of the other as one's relative
Care	ममता	Responsibility & commitment for nurturing and protecting the body of one's relative
Guidance	वात्सल्य	Responsibility & commitment for ensuring Right Understanding and Right Feeling in the self (I) of one's relative
Reverence	श्रद्धा	Acceptance for Excellence
Glory	गौरव	Acceptance for those who have made effort for Excellence
Gratitude	कृतज्ञता	Acceptance for those who have made effort for my Excellence
Love	प्रेम	The feeling of being related to all
<b>Complete Value पूर्ण मूल्य</b>		

20

20

Participation in Human-Human Relationship as a Human Being		
Established Value स्थापित मूल्य	Expressed Value शिष्ट मूल्य	Indicators
Trust विश्वास	Complimentariness सौजन्यता	Is able to see that the other has natural acceptance (intention) for mutual happiness, wellbeing of all, co-existence. Is able to distinctly see intention as well as competence in both, oneself as well as the other. Is able to work out a program for mutual development with the other based on evaluation of mutual competence with trust on intention सहयोगिता, सहकारिता, सहभागिता
Respect सम्मान	Compliance (अरहस्यता)	Is able to rightly evaluate the other; is able to see the other as a human similar to oneself; based on right evaluation of mutual competence, is able to recognise the complimentary with the other and fulfil it unilaterally

21

Established Value स्थापित मूल्य	Expressed Value शिष्ट मूल्य	Indicators
Affection स्नेह	Commitment (निष्ठा)	Is able to see the other as a relative and is self-motivated for fulfilling relationship (कर्तव्य & दायित्व)
Care ममता	Generosity (उदारता)	Is committed, takes responsibility for nurturing and protection of the body of the other
Guidance वात्सल्य	Spontaneity (सहजता)	Is committed, takes responsibility to ensure human education-sanskar, conducive environment to the other. Also, protection from wrong things

22

Participation in Human-Human Relationship as a Human Being		
Established Value स्थापित मूल्य	Expressed Value शिष्ट मूल्य	Indicators
Reverence श्रद्धा	Obedience (पूज्यता)	Is able to see the excellence in the other. Enthusiastically accepts inspiration from the revered to develop oneself
Glory गौरव	Simplicity (सरलता)	Is able to appreciate the effort for excellence the other is making, is able to take inspiration from the other. Absence of ego, absence of over evaluation of oneself
Gratitude कृतज्ञता	Self-restraint (सौम्यता)	Self-restrained in behavior; continuous acceptance of the effort the other has made for one's development (in terms of understanding, feeling as well as physical facility provided) (शिष्टता पूर्वक प्रस्तुत होते हैं)

23

Established Value स्थापित मूल्य	Expressed Value शिष्ट मूल्य	Indicators
Love प्रेम	Compassion, Unanimity (अनन्यता)	Lives with a feeling of co-existence with all (human being as well as every other unit in existence). Is able to see ones relationship with all and is committed to apply one's self-body-physical facility to fulfil the relationship (सह-अस्तित्व के भाव में जीना   अस्तित्व समग्र के साथ सम्बन्ध पूर्वक जीना; अपने से जुड़ा हुआ देख पीना)

24

## Participation in Human-Rest of Nature Relationship

### Utility Value (उपयोगिता मूल्य)

- a) in nurturing body
- b) in protecting body
- c) in enhancing capacity of body for use in societal development (right utilisation)

### Artistic Value (कला मूल्य)

(Facilitating enrichment, protection & right utilisation)

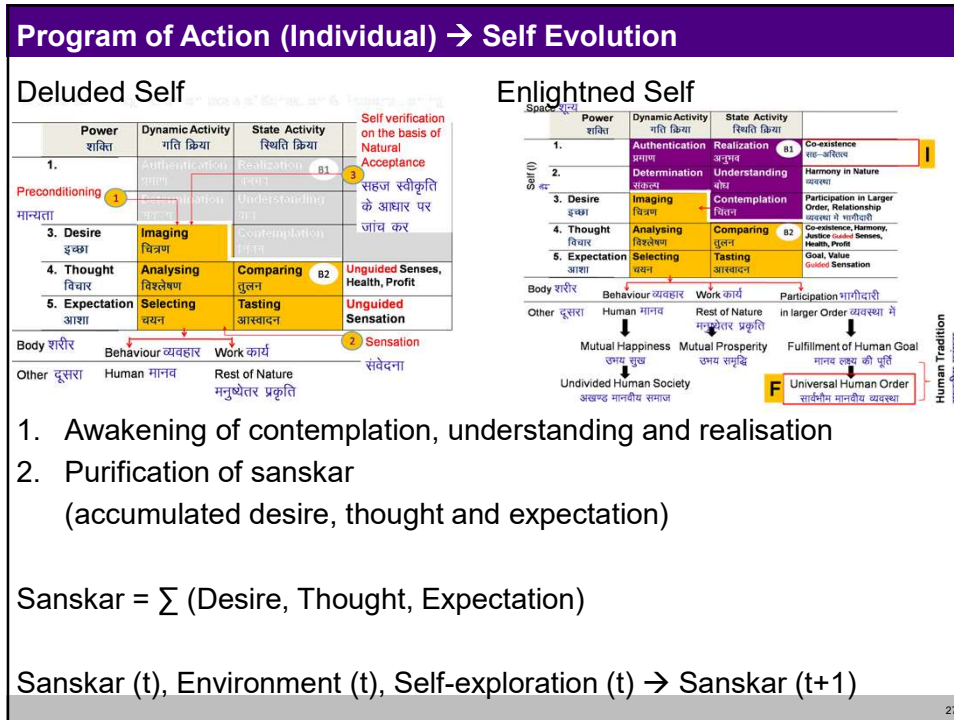
- a) Protecting the physical facility
- b) People friendly- Facilitating behaviour (making it convenient for sharing, expressing or receiving knowledge, feeling, thought)
- c) Ease in use- Facilitating work (making it convenient for usage)

25

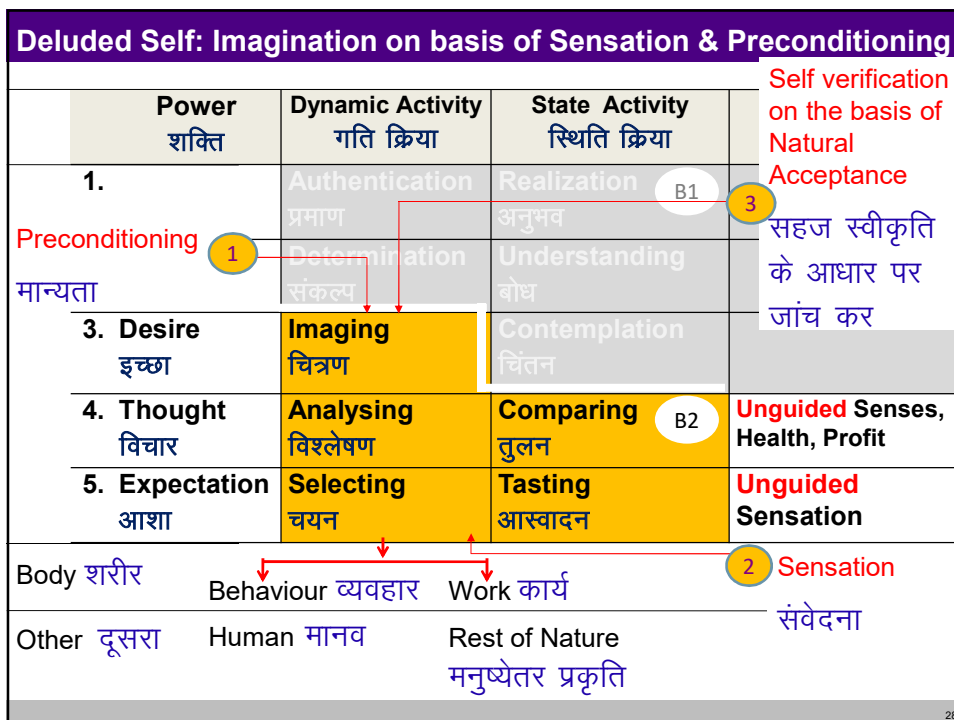
25

Human Being मानव	Self (I) मैं	Co-existence सहअस्तित्व	Body शरीर
<b>Need</b> आवश्यकता	<b>Happiness</b> (e.g. Respect) सुख (जैसे सम्मान)		<b>Physical Facility</b> (e.g. Food) सुविधा (जैसे भोजन)
<b>In Time</b> काल में	<b>Continuous</b> निरन्तर		<b>Temporary</b> सामयिक
<b>In Quantity</b> मात्रा में	<b>Qualitative (is Feeling)</b> गुणात्मक (भाव है)		<b>Quantitative (Required in Limited Quantity)</b> मात्रात्मक (सीमित मात्रा में)
<b>Fulfilled By</b> पूर्ति के लिए	<b>Right Understanding &amp; Right Feeling</b> सही समझ, सही भाव		<b>Physio-chemical Things</b> भौतिक-रासायनिक वस्तु
<b>Activity</b> क्रिया	<b>Desire, Thought, Expectation...</b> इच्छा, विचार, आशा...		<b>Eating, Walking...</b> खाना, चलना...
<b>In Time</b> काल में	<b>Continuous</b> निरन्तर		<b>Temporary</b> सामयिक
<b>Response</b>	<b>Knowing, Assuming, Recognising, Fulfilling</b> जानना, मानना, पहचानना, निर्वाह करना		<b>Recognising, Fulfilling</b> पहचानना, निर्वाह करना
	<b>Consciousness</b> चैतन्य		<b>Material</b> जड़

26



27



28

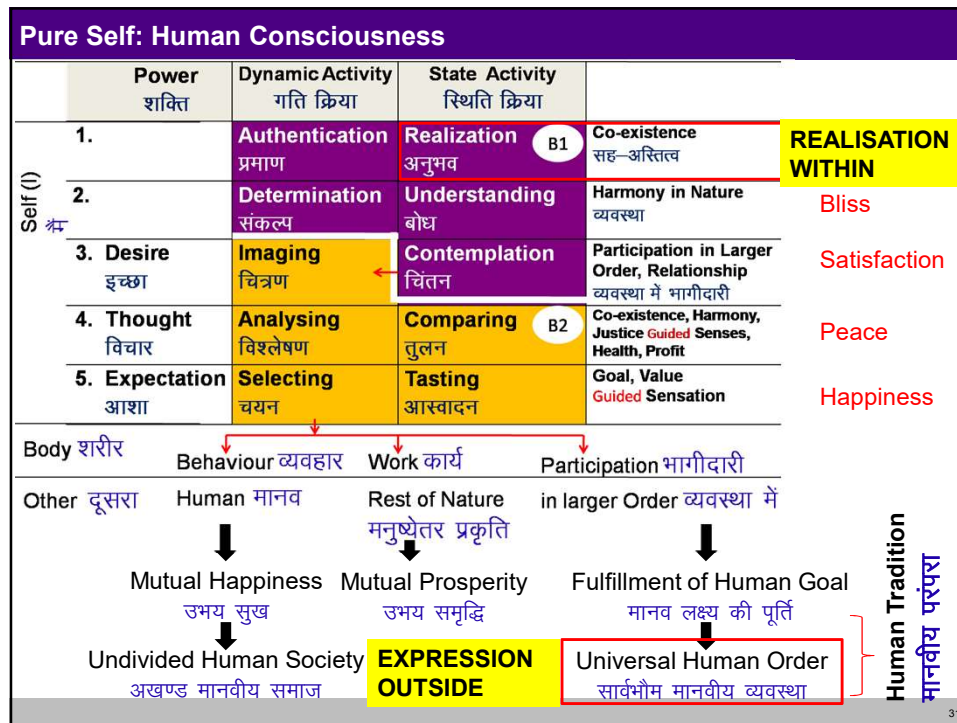
Tendency of Human Living with Animal Consciousness	
Wretchedness दीनता	The feeling I can not take care of my body, hence I resort to being dependent on the other
Cunningness हीनता	The feeling I can not take care of my body, hence I resort to beguiling the other
Cruelty क्रूरता	The feeling I can not take care of my body, hence I resort to forcefulness & violence
Tendency is not necessarily the natural characteristic	

29

Pure Self: Imagination on basis of Realisation, Understanding & Contemplation				
Space शून्य				
	Power शक्ति	Dynamic Activity गति क्रिया	State Activity स्थिति क्रिया	
Self (I) ऋ	1.	Authentication प्रमाण	Realization अनुभव B1	Co-existence सह-अस्तित्व
	2.	Determination संकल्प	Understanding बोध	Harmony in Nature व्यवस्था
	3. Desire इच्छा	Imaging चित्रण	Contemplation चितन	Participation in Larger Order, Relationship व्यवस्था में भागीदारी
	4. Thought विचार	Analysing विश्लेषण	Comparing तुलन B2	Co-existence, Harmony, Justice Guided Senses, Health, Profit
	5. Expectation आशा	Selecting चयन	Tasting आस्वादन	Goal, Value Guided Sensation
Body शरीर	Behaviour व्यवहार	Work कार्य	Participation भागीदारी	
Other दूसरा	Human मानव	Rest of Nature मनुष्येतर प्रकृति	in larger Order व्यवस्था में	

30





31

Tendency of Human Living with Human Consciousness	
= Natural Characteristic of Human Being with Human Consciousness	
Perseverance धीरता	Commitment for living in harmony at all 4 levels with patience
Bravity वीरता	Commitment for helping the other to understand harmony & to live in harmony at all 4 levels
Generosity उदारता	The commitment to invest one's self, body & physical facility for understanding & living in harmony at all 4 levels

32

### Tendency of Human Living with Human Consciousness

= Natural Characteristic of Human Being with Human Consciousness

Kindness	Providing means to one who has the ability but not the means.
दया	जिसके पास पात्रता है परंतु वस्तु नहीं है, उसे वस्तु उपलब्ध करा देना दया है।
Beneficence	Helping the other to develop the competence to utilise the means they already have.
कृपा	जिसके पास वस्तु है परंतु पात्रता नहीं है, उसे पात्रता उपलब्ध करा देना कृपा है।
Compassion	Helping the other unconditionally, to develop the competence as well as the means, to fulfill his needs when he does not have either the ability nor the means.
करुणा	जिसके पास न वस्तु है न पात्रता है, उसे वस्तु एवं पात्रता दोनों उपलब्ध करा देना करुणा है।

33

33

### 3.1.3.2. Policy – Detail, thought of "how to do"—Human Constitution

Includes plan, program, implementation, results, evaluation

- Policy for enrichment (arth neeti) of Self (I), Body, Physical Facility
- Policy for protection (rajya neeti) of Self (I), Body, Physical Facility
- Policy for right utilisation (dharm neeti) of Self (I), Body, Physical Facility

#### **Policy for right utilisation (priority1)**

Of Self (I) Policy for investing the Self (I) for adhyayan-abhyas and authenticating in living

Of Body Policy to ensure that the body is used for ensuring right understanding and right feeling in the self as well as its authentication in living, including behavior, work and participation in larger order

Of PF Policy to ensure the use of PF for nurturing, protection and right utilisation of the body. Policy for right utilisation of physical facility for relationship and societal order

34

34

**Policy for Protection (priority 2)**

For Self (I) Policy for ensuring conducive environment and protecting from pratikool environment

For Body Policy for ensuring shelter, clothes...

For PF Policy for proper storage

**Policy for Enrichment (priority 3)**

For Self (I) Policy for education-sanskar, adult education, other efforts for development of sanskar in society like music, dance, drama...

For Body Policy for intake-lifestyle to ensure health of body

For PF Policy for production with right process & right skills

35

35

**3.1.3.3. Character**

Compassionate behaviour, work & participation in larger order on the basis of human values

- Behaviour – ensuring justice, mutual happiness  
(while filling the gaps created in ignorance)  
संबंध (७ संबंध, अपेक्षाएं पूर्व-निश्चित) एवं संपर्क (सामयिक / तात्कालिक अपेक्षाएं) का निर्वह
- Work – ensuring suraksha, mutual prosperity  
(while filling the gaps created in ignorance)
- Rightfully acquired wealth (swa-dhan)
- Chastity in conjugal relationship (swa-nari/swa-purush)

36

36

### Rightfully Acquired Wealth

Production through labour on rest of nature or physical facility obtained in exchange of service – physical facility endowed with utility value & artistic value

Gift – wealth shared willingly / happily from one's rightfully acquired wealth on various occasions like festivals (ex. gift in relationship)

Award – physical facility / wealth given with joy in a function to recognise one's contribution to society and for motivating others

37

37

### 3.1.3. Knowledge of Human Conduct

#### 3.1.3.1. Human Values –

Understanding of "What to do as a human being"

[At the level of Realisation & Understanding (B1)]

#### DEFINITE

Intact, Invariant, Universal

e.g. 1 – Nurturing Body

2 – Respect

...30 Values

#### 3.1.3.2. Policy – Detail of "how to do".

[At the level of Thought (B2)]

#### SCOPE FOR CREATIVITY

Local conditions, customs, language...

e.g. 1 – Wheat, Rice, Maize...

2 – Touching feet, shaking hands...

#### 3.1.3.3. Character –

[Expression at the level of Behaviour, Work, Participation in Larger Order]

38

38

### 3.1.3. Knowledge of Human Conduct

3.1.3.1. **Human Values** – Understanding "What to do as a human being" and "What not to do as a human being"

3.1.3.2. **Policy** – Detail, thought of "how to do"

Includes plan, program, implementation, results, evaluation

- Policy for enrichment (arth neeti) of Self (I), Body, Physical Facility
- Policy for protection (rajya neeti) of Self (I), Body, Physical Facility
- Policy for right utilisation (dharm neeti) of Self (I), Body, Physical Facility

3.1.3.3. **Character** – Compassionate behaviour, work & participation in larger order on the basis of human values

- Behaviour – ensuring justice, mutual happiness (while filling the gaps created in ignorance)
- Work – ensuring suraksha, mutual prosperity (while filling the gaps created in ignorance)
- Rightfully acquired wealth (swa-dhan)
- Chastity in conjugal relationship (swa-nari/swa-purush)

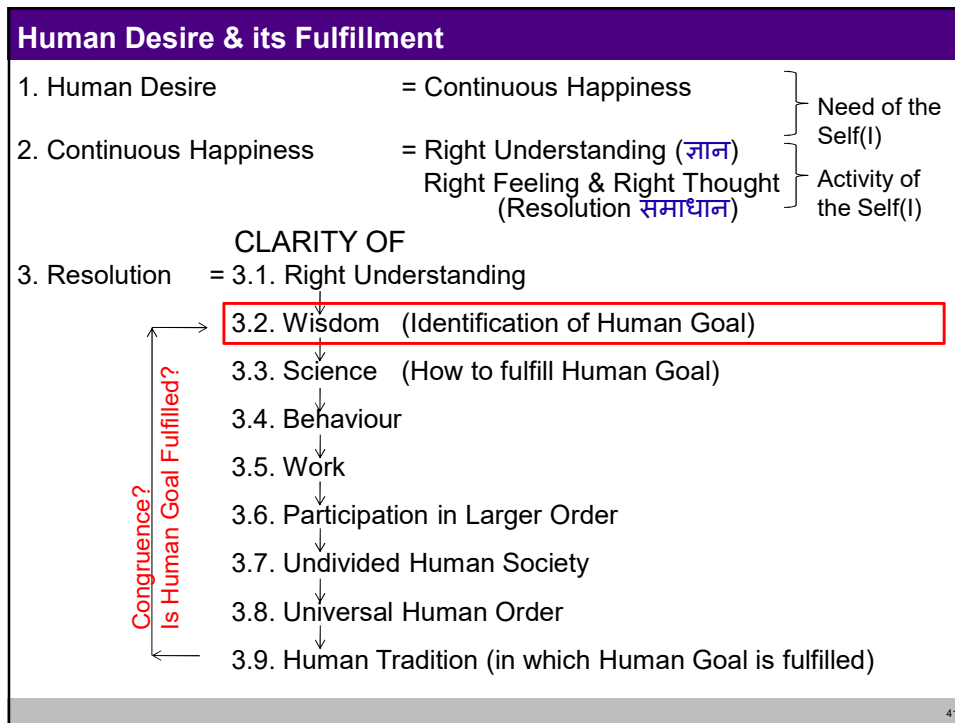
39

39

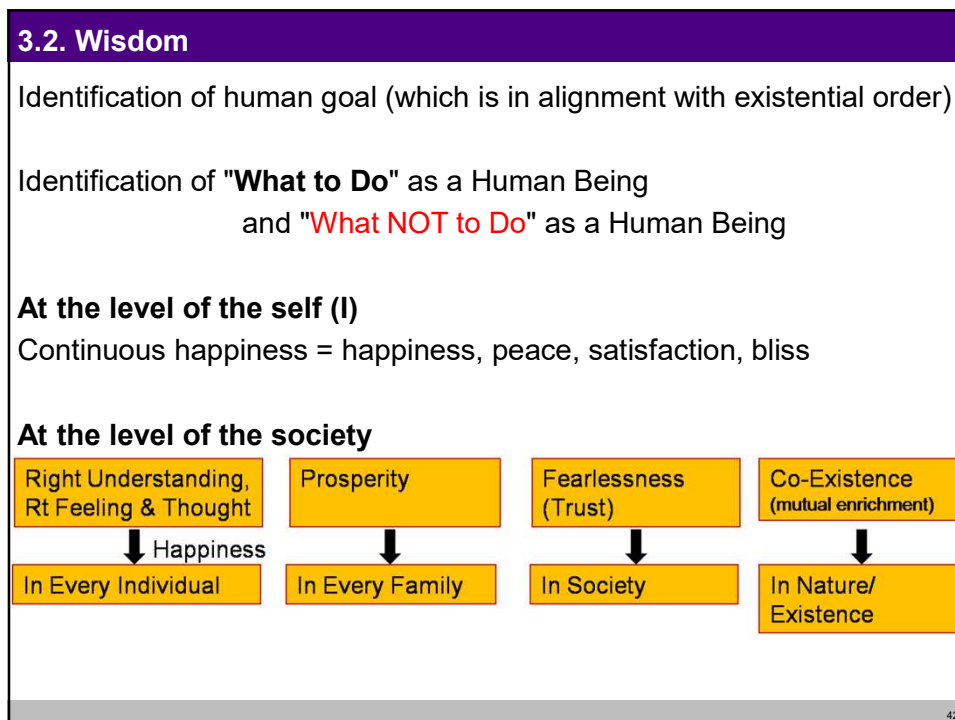
## Module 5: Expansion of Harmony from Self to entire Existence

### Lecture 23: Wisdom

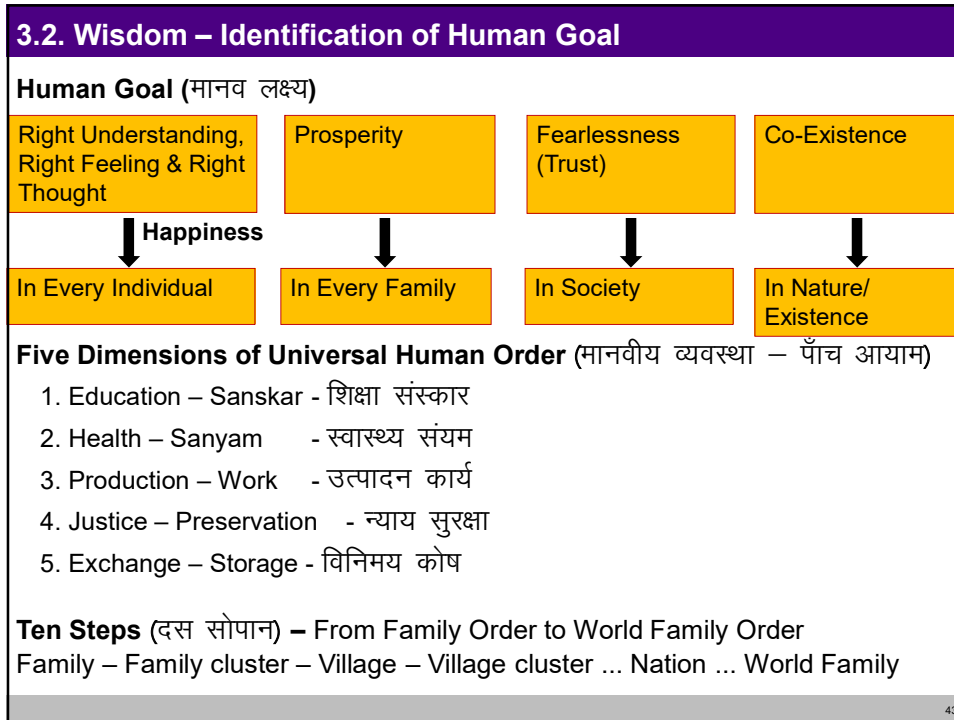
40



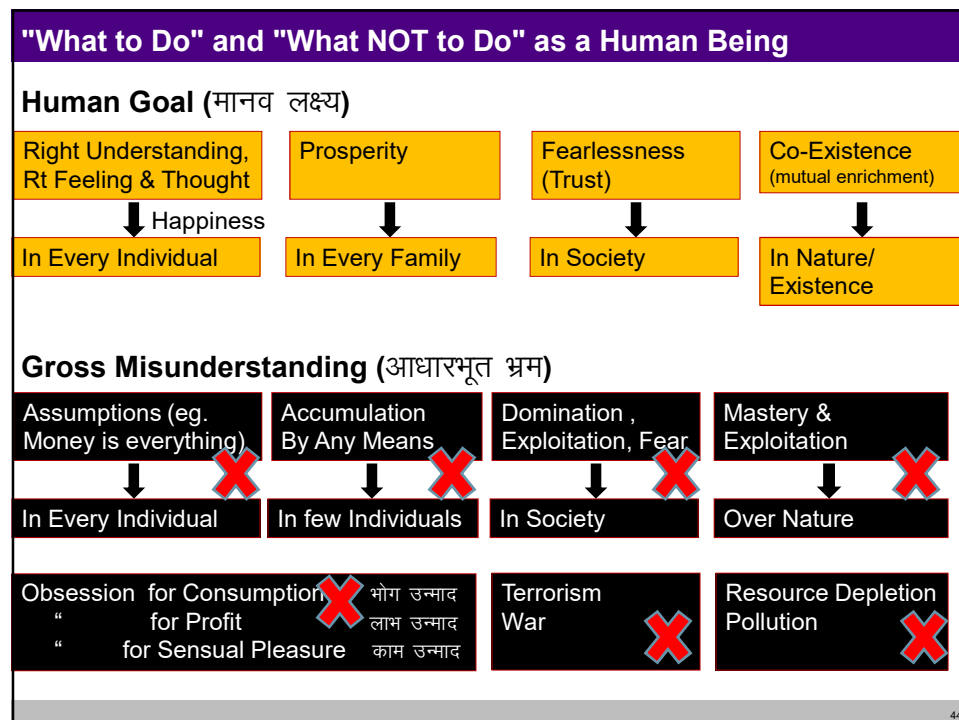
41



42



43



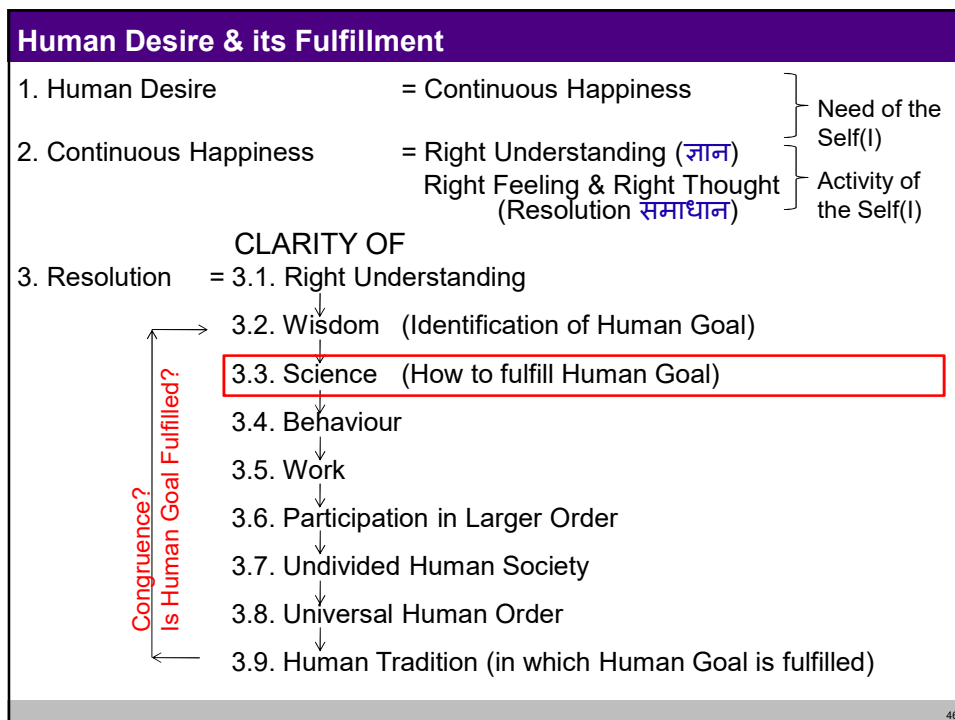
44



## Module 5: Expansion of Harmony from Self to entire Existence

### Lecture 24: Science

45



46

मानव प्रकृति संबंध में परस्पर पूरकता का स्वरूप	
To understand the inherent harmony in nature and to live accordingly, i.e.	
<ul style="list-style-type: none"> <li>▪ To facilitate a conducive environment for the <b>activity</b> (at least not violate it) of all orders</li> <li>▪ To facilitate the <b>innateness</b> (or at least not violate it) of all orders</li> <li>▪ To facilitate the <b>inheritance</b> (or at least not violate it) of all orders</li> </ul>	
Order	Human Participation for Mutual Fulfillment
<b>Physical Order</b>	Facilitate its <b>existence</b> by ensuring conducive environment and maintaining / ensuring its <b>constitution</b> (eg. constitution of earth)
<b>Pranic Order</b>	Facilitate its <b>growth</b> by ensuring conducive environment and maintaining / ensuring its <b>seed</b> (e.g. seed of rice)
<b>Animal Order</b>	Facilitate care of the body by ensuring physical facility, environment for existence & growth of body. To ensure its <b>will to live</b> Maintaining / ensuring its <b>breed</b> (eg. breed of cow)
<b>Human Order</b>	Facilitate care of the body by ensuring physical facility, environment for existence & growth of body Facilitate its <b>will to live with continuous happiness</b> by ensuring <b>human education-sanskar</b> , participating in developing / maintaining undivided society & universal human order

24

### 3.3. Science

How to ensure fulfillment of human goal – its thought, expectation, detailing:

- Science of Behaviour
  - How to ensure justice (mutual happiness) in human-human relationship from family to world family
- Science of Work
  - How to ensure mutual enrichment in human-rest-of-nature relationship, i.e. prosperity in human being & Preservation of rest-of-nature
- Science of Participation in Larger Order
  - How to participate in the 5 dimensions of human order in order to ensure fulfillment of human goal from family order to world family order

Detailing includes

Plan, program, implementation, result, evaluation

योजना, कार्यक्रम, क्रियान्वन, फल-परिणाम, मूल्यांकन

49

49

### Science of Behaviour

Science of Behaviour with Human Being leading to Mutual Happiness  
i.e. Justice – from family to world family – undivided society

50

50

### Harmony in Family – Justice, From Family to World Family (Undivided Society)

1. Relationship is – between one self ( $I_1$ ) and other self ( $I_2$ )
2. There are feelings in relationship – in one self ( $I_1$ ) for other self ( $I_2$ )
3. These feelings can be recognized – they are definite (9 Feelings)
4. Their fulfilment, evaluation leads to mutual happiness

Feelings in relationship:

- |                                   |                              |
|-----------------------------------|------------------------------|
| 1. Trust विश्वास FOUNDATION VALUE | 6. Reverence श्रद्धा         |
| 2. Respect सम्मान                 | 7. Glory गौरव                |
| 3. Affection स्नेह                | 8. Gratitude कृतज्ञता        |
| 4. Care ममता                      | 9. Love प्रेम COMPLETE VALUE |
| 5. Guidance वात्सल्य              |                              |

Justice = Recognition, Fulfillment & Evaluation of Human-Human Relationship, leading to Mutual Happiness

Justice → from Family to World Family → Undivided Society (अखण्ड समाज)

51

51

### Harmony in Family – Justice, From Family to World Family (Undivided Society)

1. Relationship is (it already exists – we just need to realise it) – between one self ( $I_1$ ) and other self ( $I_2$ )
2. The base of relationship is feelings – in one self ( $I_1$ ) for other self ( $I_2$ )
3. These feelings are definite (9 Feelings) – they can be understood
4. Justice in relationship is understanding relationship, acceptance of relationship, having the right feelings, expressing these feelings, right evaluation of these feelings leading to mutual happiness
  - Having the right understanding & right feeling in myself leads to my happiness
  - Expressing (sharing) these feelings to the other & it's right evaluation by the other leads to his/her happiness

Justice → from Family to World Family → Undivided Society (अखण्ड समाज)

52

52

### Harmony in Family – Justice, From Family to World Family (Undivided Society)

1. Relationship is (it already exists – we just need to realise it) – between one self ( $I_1$ ) and other self ( $I_2$ )
2. The base of relationship is feelings – in one self ( $I_1$ ) for other self ( $I_2$ )
3. These feelings are definite (9 Feelings) – they can be understood
4. Justice in relationship is understanding relationship, acceptance of relationship, having the right feelings, expressing these feelings, right evaluation of these feelings leading to mutual happiness
  - Having the right understanding & right feeling in myself leads to my happiness
  - Expressing (sharing) these feelings to the other & it's right evaluation by the other leads to his/her happiness

Justice → from Family to World Family → Undivided Society (अखण्ड समाज)

53

53

### Love (प्रेम)

Love (प्रेम) – is the realisation of co-existence, the acceptance of being related to all

= हर एक को संबंधी के रूप में स्वीकारने का भाव।

= पूर्णता में रति – पूर्णता में रत होना – हर एक के साथ संबंध में निहित रस (भावों) की अनुभूति करना।

It all starts with identifying that one is in co-existence with other human being (Affection - स्नेह) and it slowly expands to the feeling of co-existence with all human beings and then to all, each & every unit in nature (human being as well as other units) (Love - प्रेम)

एक → अनेक → हर एक को संबंधी के रूप में स्वीकारना

Feeling of Love is expressed in the form of kindness (दया), beneficence (कृपा) & compassion (करुणा). The feeling is for all, and it is expressed to those in contact

The feeling of Love is the foundation of Undivided Society

54

54

### Natural Characteristic of Human Being with Human Consciousness

Kindness	Providing means to one who has the competence but not the means.
दया	जिसके पास पात्रता है परंतु वस्तु नहीं है, उसे वस्तु उपलब्ध करा देना दया है।
Beneficence	Helping the other to develop the competence to utilise the means they already have.
कृपा	जिसके पास वस्तु है परंतु पात्रता नहीं है, उसे पात्रता उपलब्ध करा देना कृपा है।
Compassion	Helping the other unconditionally, to develop the competence as well as the means, to fulfill his needs when he does not have either the ability nor the means.
करुणा	जिसके पास न वस्तु है न पात्रता है, उसे वस्तु एवं पात्रता दोनों उपलब्ध करा देना करुणा है।

55

55

In the light of this realisation, now we can see the other feelings flow out of the feeling of love:

Trust = feeling of being related to each other – in a mutually fulfilling manner

happiness is related to mutual fulfillment at level of self

prosperity is related to mutual fulfillment at level of body

Gratitude = acceptance of mutual fulfillment

56

56

## Module 5: Expansion of Harmony from Self to entire Existence

### Lecture 25: Science of Work and Participation

57

#### Science of Work

Science of Work with rest of Nature leading to Mutual Prosperity

Prosperity in human being

Identification of required physical facility with required quantity

Production by way of labour

Using cyclic & mutually enriching process

(ensuring justice for the people involved in the process)

Right utilisation

Exchange & storage for mutual fulfilment

Preservation of nature

Enrichment

Protection

Right Utilisation

58

58



### Science of Participation

Science of Participation in larger order (5 dimensions of human order) leading to fulfilment of human goal  
(Ensure development of talent in all necessary dimensions - engineering, farming, medicine, plumbing and so on so that every individual is able to participate in a mutually fulfilling manner in each of the 5 dimensions of human order)

59

59

### Example: Science of Work – Guideline for Technology

Criteria	Bicycle	Tractor
Reduces Drudgery	Yes	Yes
Does not violate Nature (eg by using fossil fuels)	Yes	No
Does not replace people doing the work	Yes	No

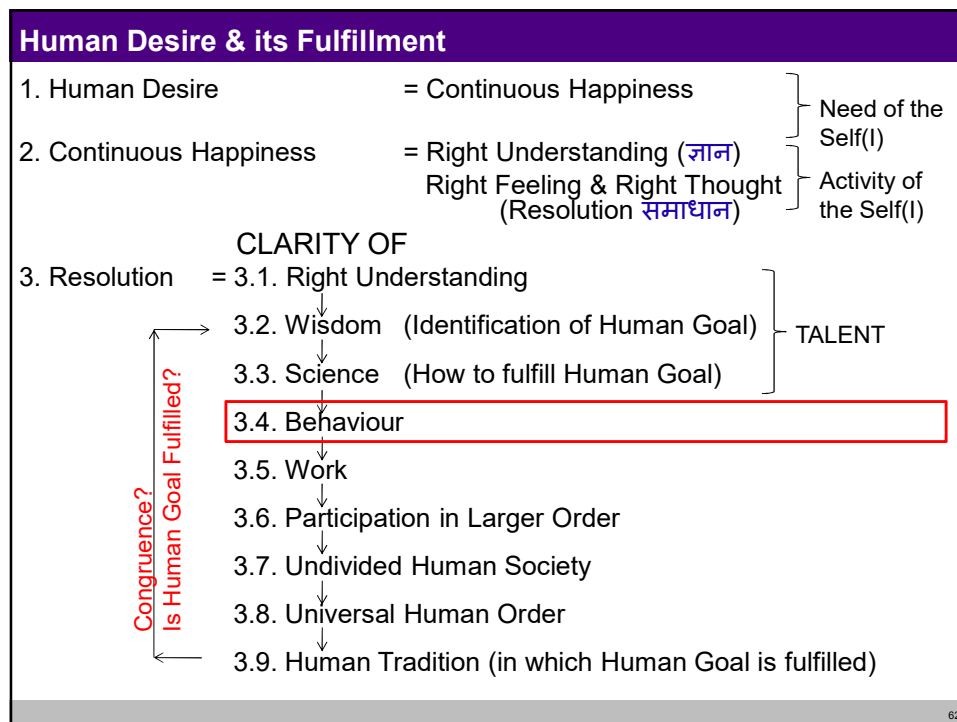
60

60

## Module 5: Expansion of Harmony from Self to entire Existence

### Lecture 26: Behaviour, Work and Participation

61



62

### 3.4. Behaviour

Recognition of Human-Human Relationship, its Fulfillment & Evaluation leading to Mutual Happiness – Justice

– from family to world family

Undivided Society

63

63

### 3.4. Behaviour: Justice, From Family to World Family (Undivided Society)

1. Relationship is – between one self ( $I_1$ ) and other self ( $I_2$ ). To have this clarity and acceptance in the self – continuously, unconditionally
2. There are Feeling in relationship – in one self ( $I_1$ ) for other self ( $I_2$ )
3. These Feeling can be recognized – they are definite (9 Feeling). Ensuring these Feeling in oneself – continuously, unconditionally
4. Their fulfilment, evaluation leads to mutual happiness. Expressing right Feeling, living with responsibility, unperturbed by the behaviour of the other

Feeling

in relationship:

- |                                   |                              |
|-----------------------------------|------------------------------|
| 1. Trust विश्वास FOUNDATION VALUE | 6. Reverence श्रद्धा         |
| 2. Respect सम्मान                 | 7. Glory गौरव                |
| 3. Affection स्नेह                | 8. Gratitude कृतज्ञता        |
| 4. Care ममता                      | 9. Love प्रेम COMPLETE VALUE |
| 5. Guidance वात्सल्य              |                              |

Justice = Recognition, Fulfillment & Evaluation of Human-Human Relationship, leading to Mutual Happiness

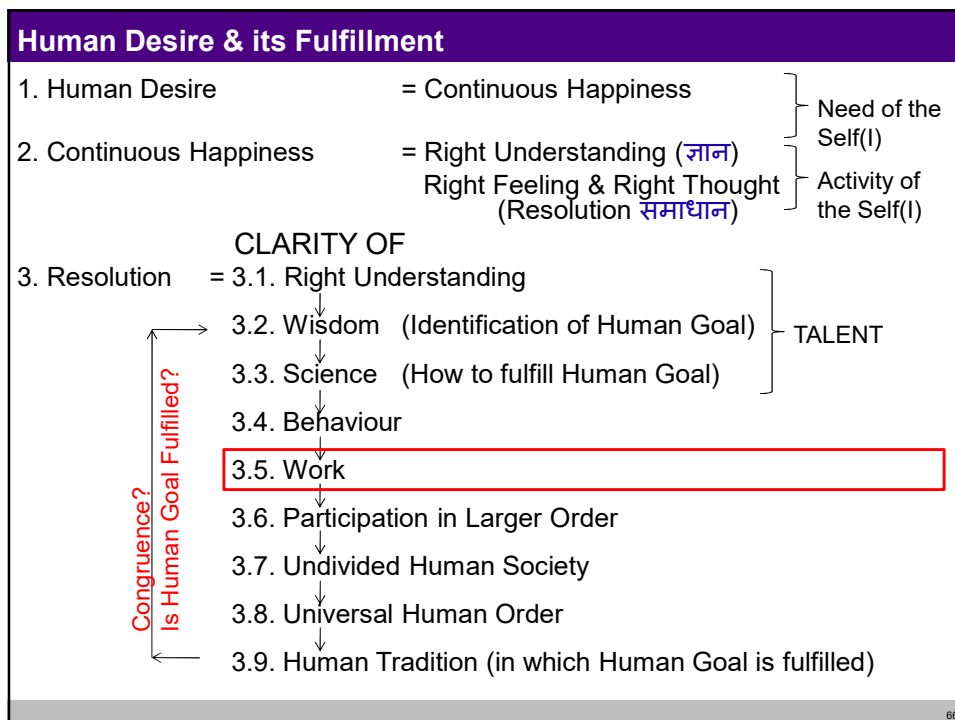
Justice → from Family to World Family → Undivided Society (अखण्ड समाज)  
→ Fearlessness

64

64

Established Value स्थापित मूल्य	Expressed Value शिष्ट मूल्य
Trust विश्वास	Complimentariness सौजन्यता
Respect सम्मान	Compliance आदर
Affection स्नेह	Commitment , निष्ठा
Care ममता	Generosity उदारता
Guidance वात्सल्य	Spontaneity सहजता
Reverence श्रद्धा	Obedience पूज्यता
Glory गौरव	Simplicity सरलता
Gratitude कृतज्ञता	Softness सौम्यता
Love प्रेम	Oneness अनन्यता

65



66

### 3.5. Work (some details of points below to be given)

Recognition of Human-Rest of Nature Relationship, its Fulfillment & Evaluation leading to Mutual Enrichment

#### 1. Prosperity of Human Being

- Identification of required physical facility with required quantity
- Production by way of labour
- Production using cyclic & mutually enriching process  
(ensuring justice for the people involved in the process)
- Right utilisation of physical facility
- Exchange & storage for mutual fulfilment

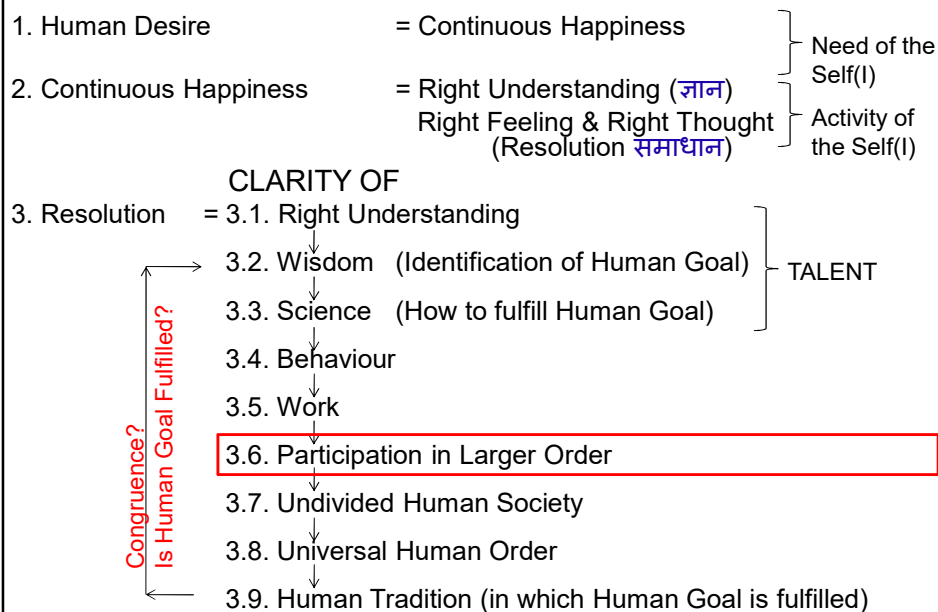
#### 2. Preservation of rest of Nature

- Enrichment of rest of Nature
- Protection of rest of Nature
- Right Utilisation of rest of Nature

67

67

### Human Desire & its Fulfillment

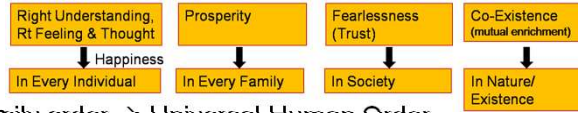


68

68

### 3.6. Participation in Larger Order

Participation in the 5 dimensions of Universal Human Order – for fulfillment of 4 human goals



– from family order to world family order → Universal Human Order

**Five Dimensions of Universal Human Order** (मानवीय व्यवस्था – पाँच आयाम)

1. Education – Sanskar - शिक्षा संस्कार
2. Health – Sanyam - स्वास्थ्य संयम
3. Production – Work - उत्पादन कार्य
4. Justice – Preservation - न्याय सुरक्षा
5. Exchange – Storage - विनिमय कोष

**Scope** (सोपान) – From Family Order to World Family Order

Family – Family cluster – Village – Village cluster ... Nation ... World Family

~10<sup>1</sup>

~10<sup>2</sup>

~10<sup>10</sup>

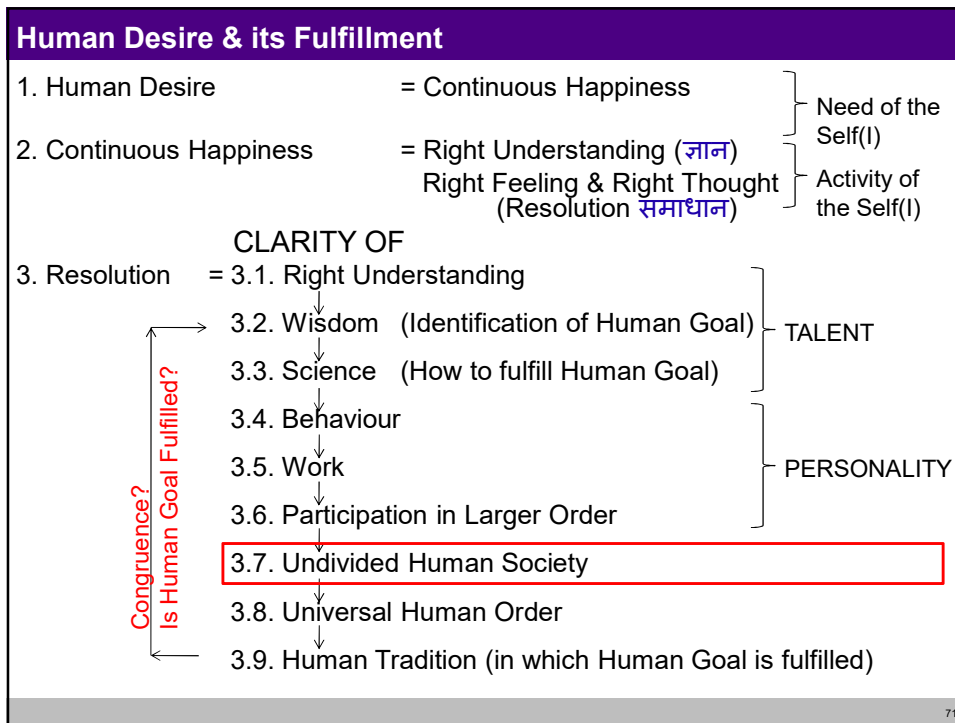
69

69

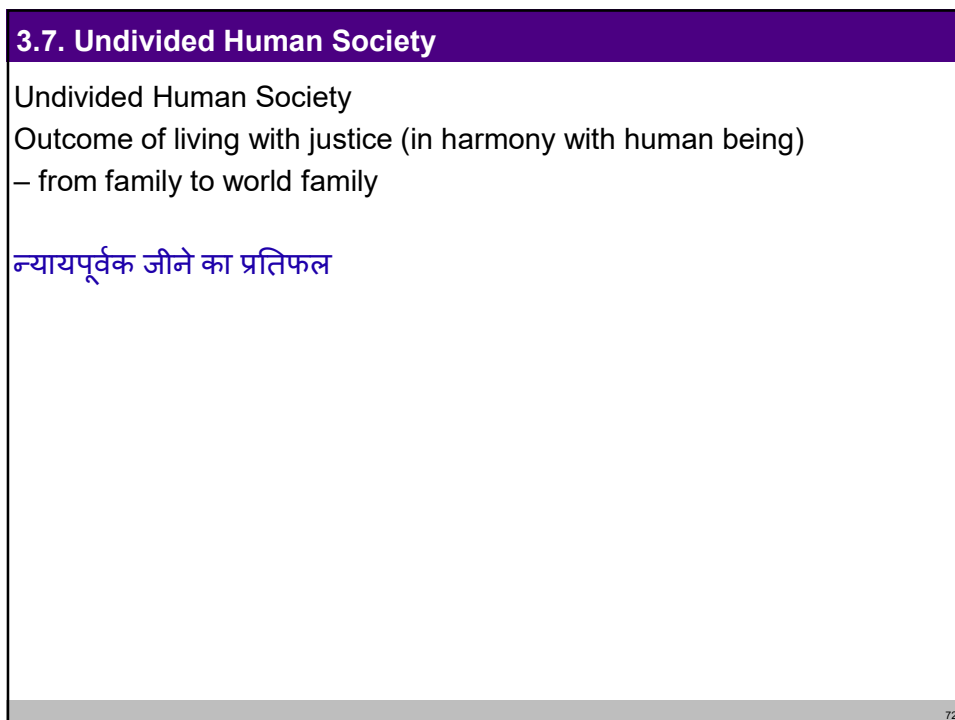
## Module 5: Expansion of Harmony from Self to entire Existence

### Lecture 27: Undivided Society, Human Order and Human Tradition

70

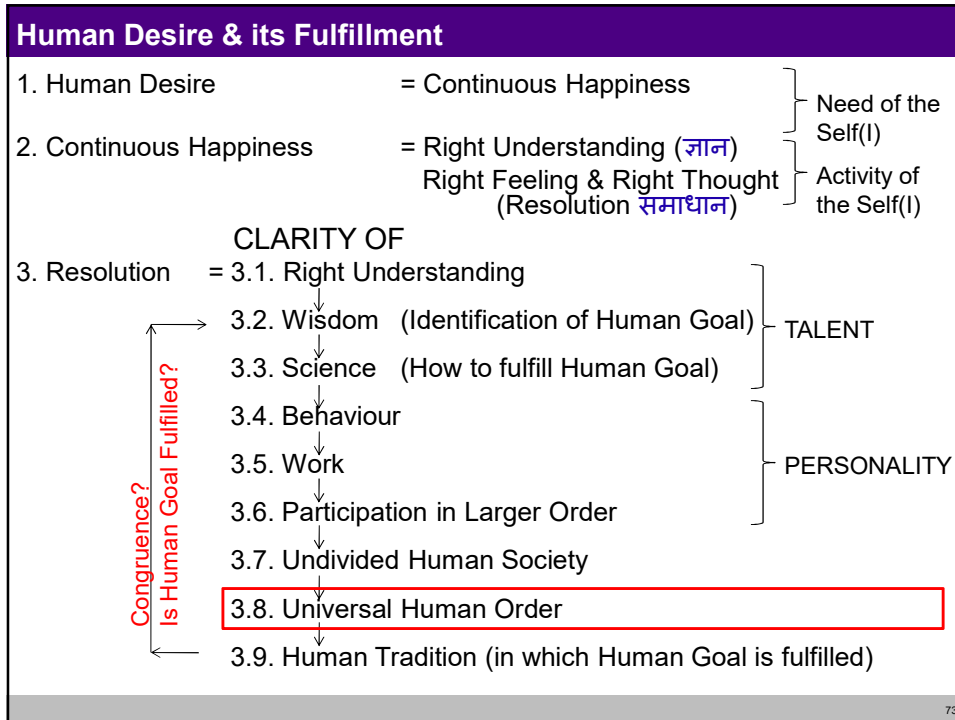


71



72





73

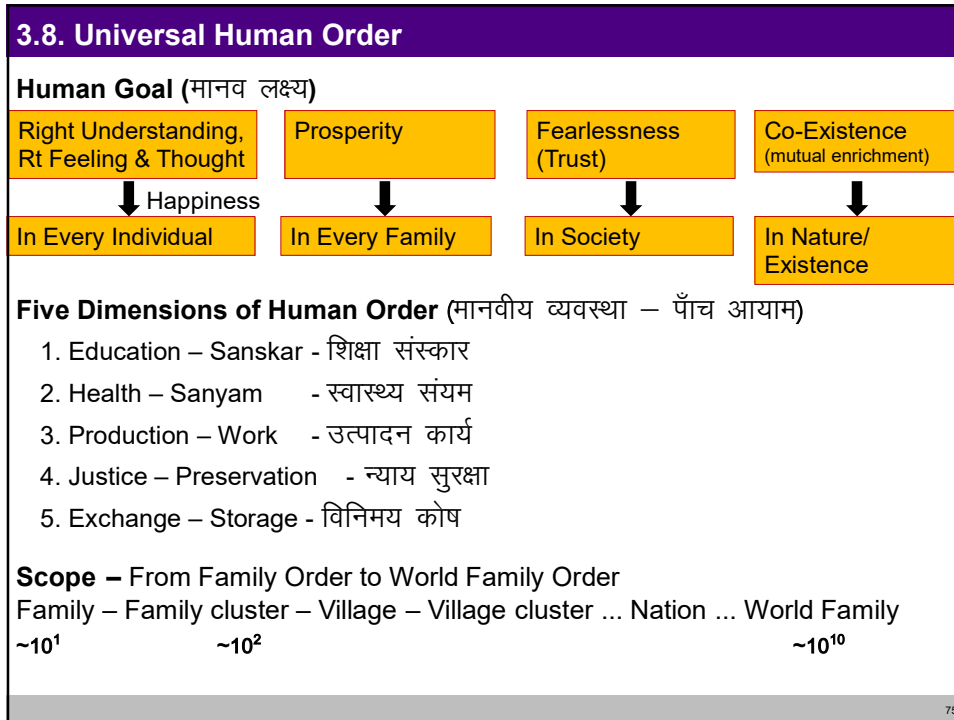
**3.8. Universal Human Order**

Universal Human Order (5 dimensions) ensuring human goal  
 Outcome of living in harmony in Nature (in harmony with human being as well as with rest of nature)  
 – from family order to world family order

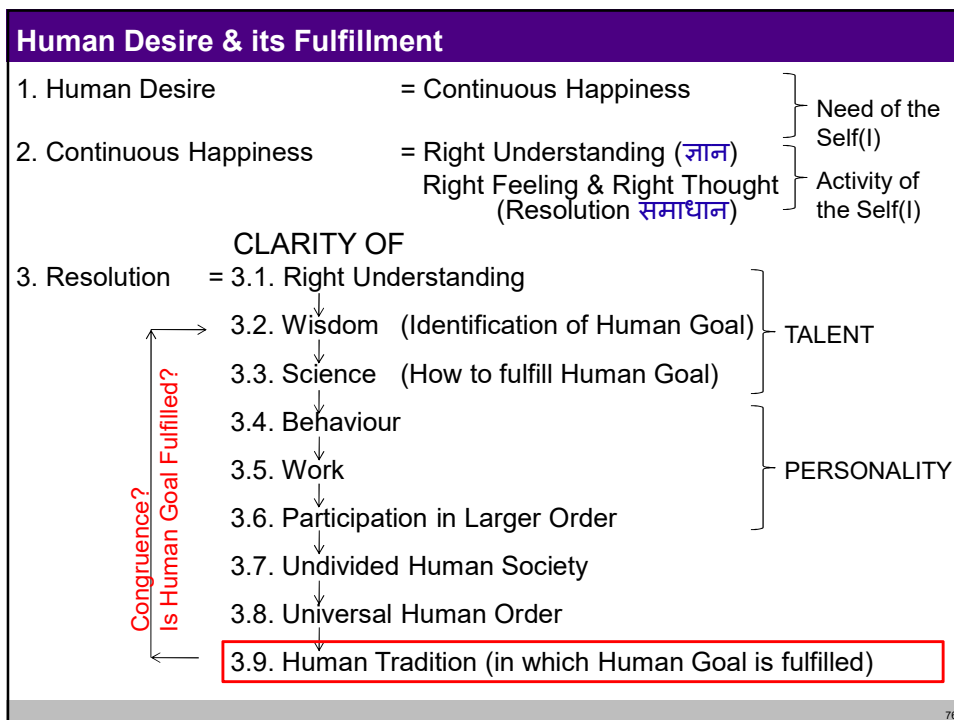
व्यवस्थापूर्वक, धर्मपूर्वक जीने का प्रतिफल

74

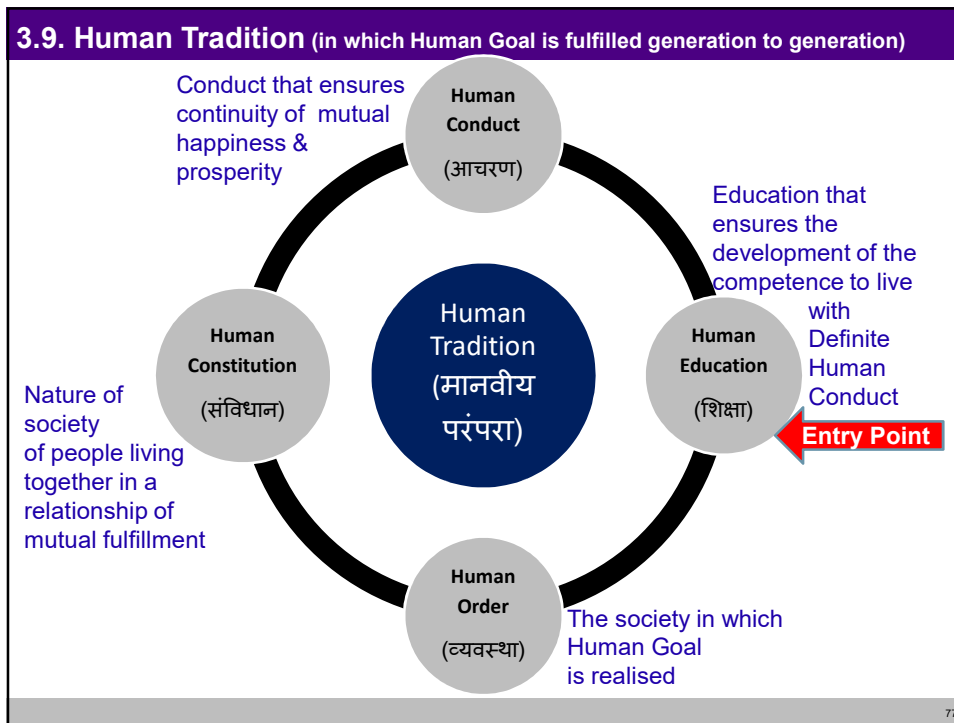
74



75



76

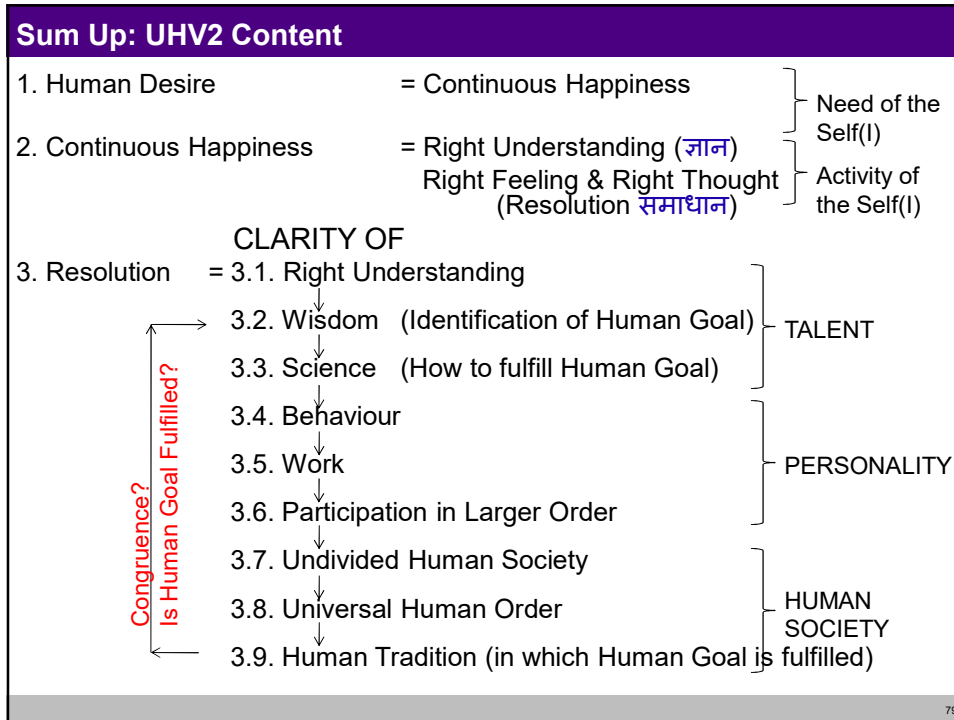


77

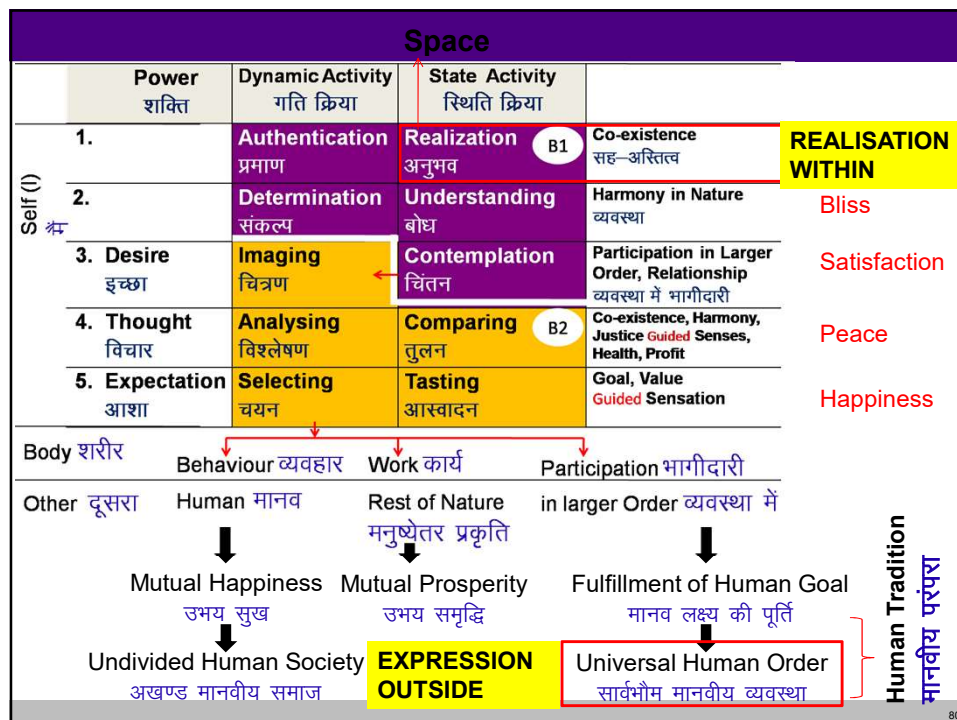
## Module 5: Expansion of Harmony from Self to entire Existence

Lectures 28-30:  
Sum Up

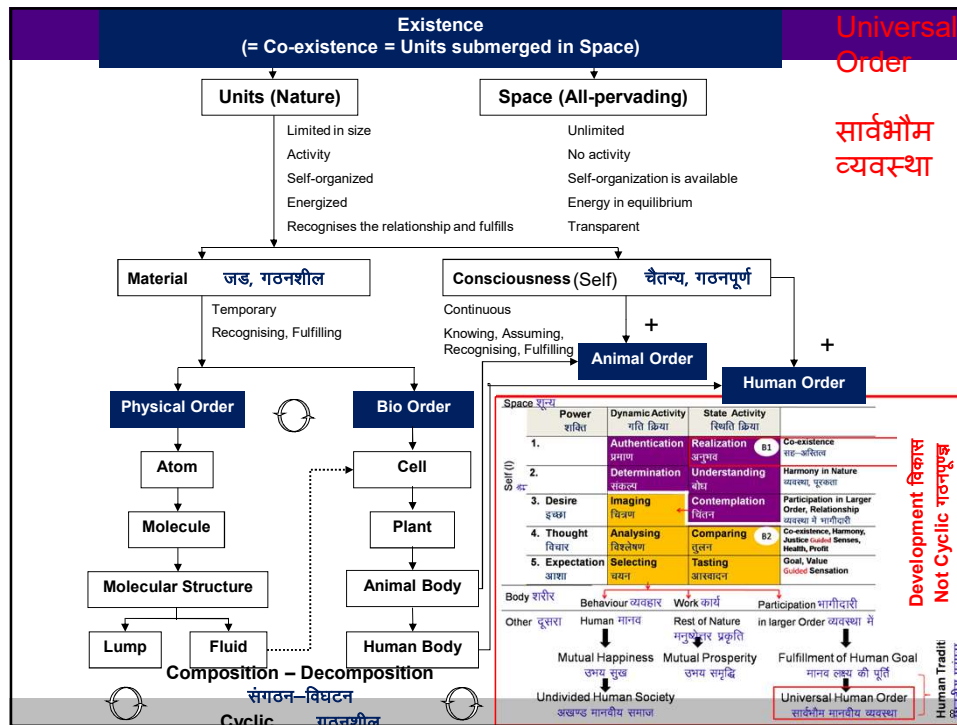
78



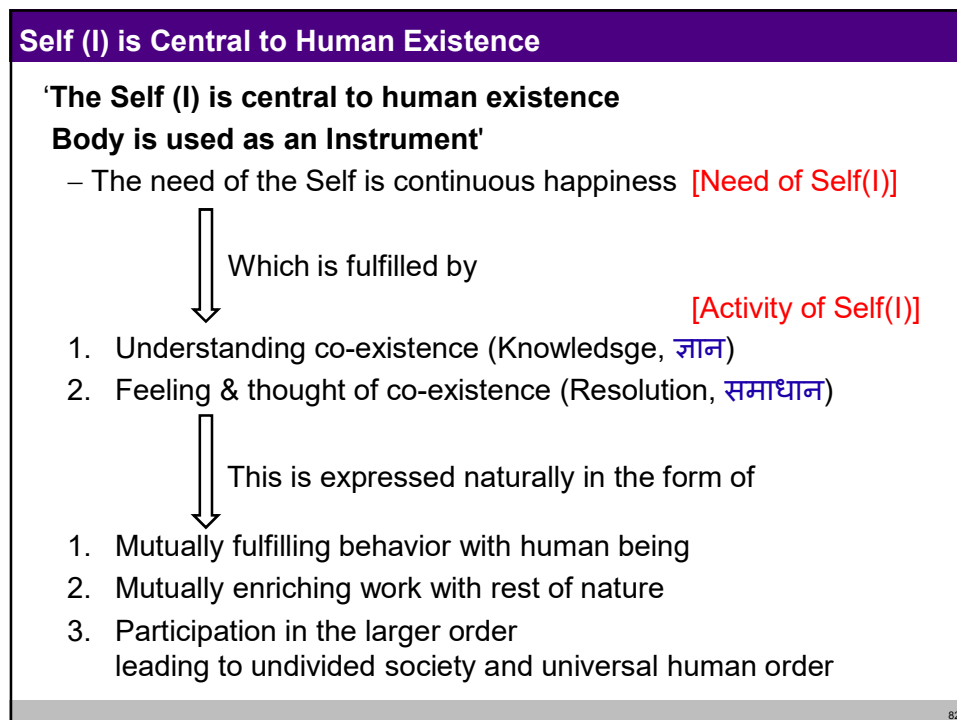
79



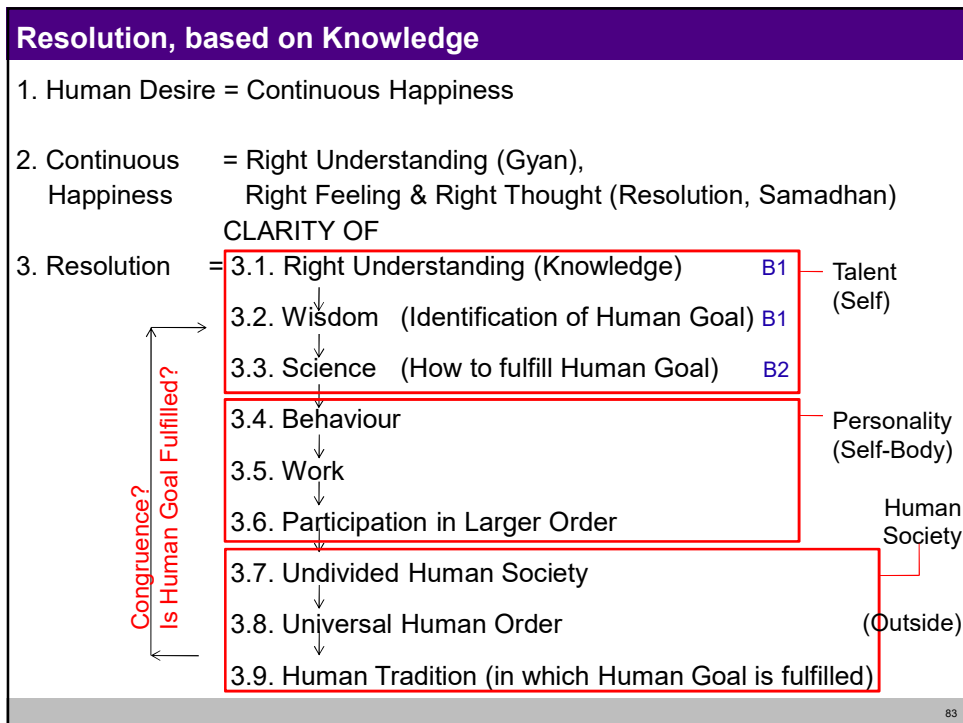
80



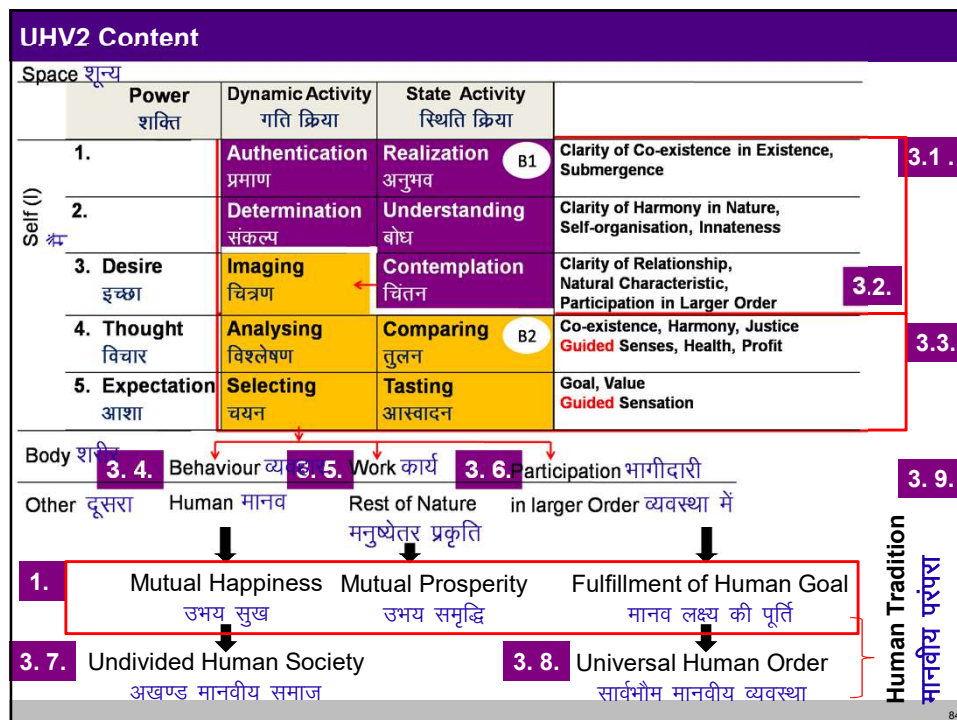
81



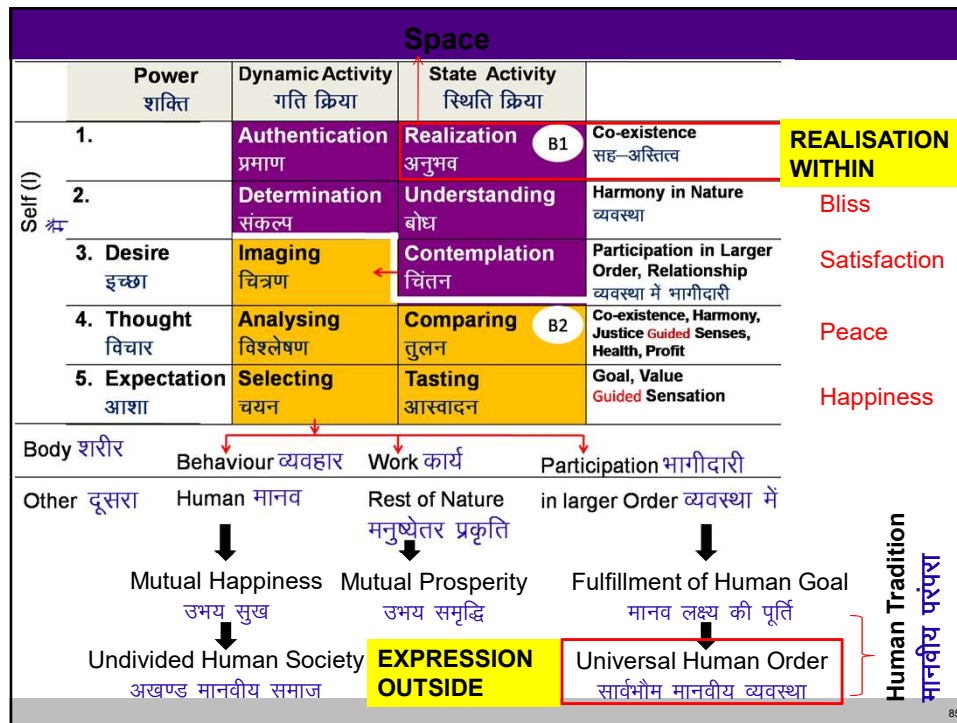
82



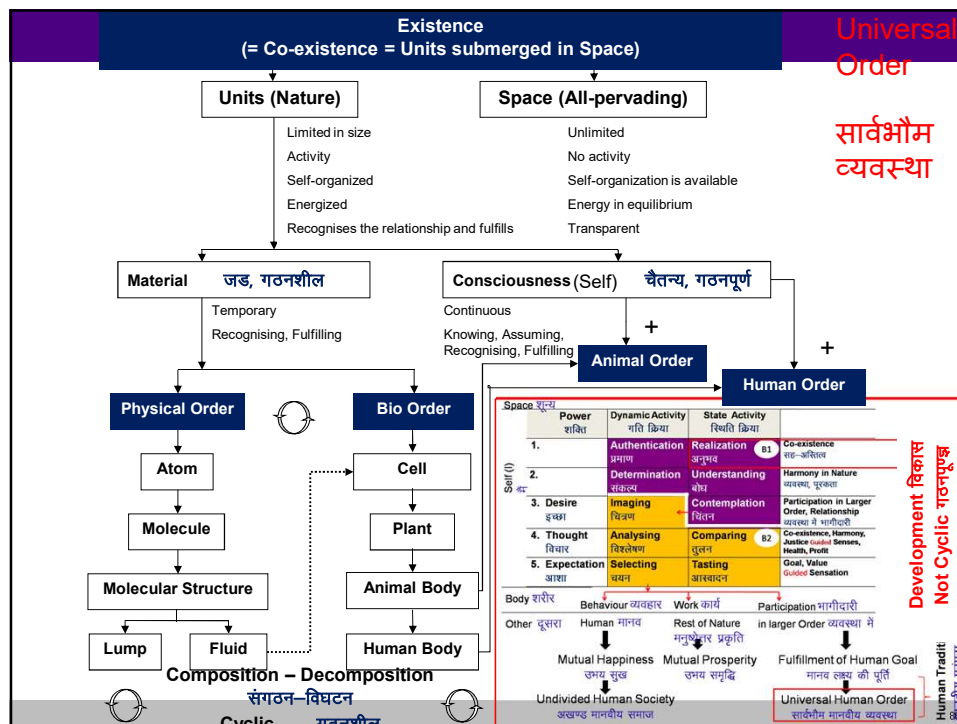
83



84



85

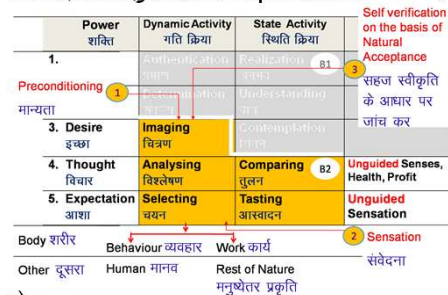


86

## Program of Action (Individual)

To understand harmony and live in harmony – at all 4 levels (individual, family, society, nature/existence)

1. **Self-exploration**, Self-study – Verify the proposals within yourself, on your own right → understanding co-existence, feeling & thought of co-existence; behaviour, work & participation in larger order on the basis of understanding co-existence, harmony & relationship
2. **Self-awareness** – Be aware of your desire, thought and expectation – every moment
3. **Self-evaluation** – Evaluate your desire, thought and expectation – on the basis of your Natural Acceptance

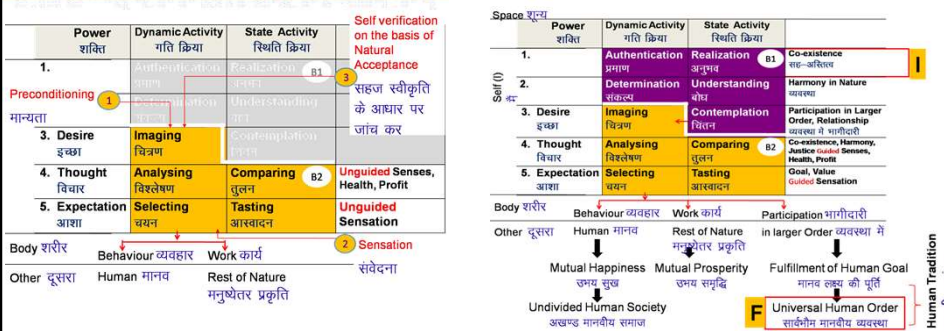


Sanskar =  $\sum$  (Desire, Thought, Expectation)

Sanskar (t), Environment (t), Self-exploration (t) → Sanskar (t+1)

87

## Program of Action (Individual) → Self Evolution



1. Awakening of contemplation, understanding and realisation
2. Purification of sanskar (accumulated desire, thought and expectation)

Sanskar =  $\sum$  (Desire, Thought, Expectation)

Sanskar (t), Environment (t), Self-exploration (t) → Sanskar (t+1)

88



### Program of Action (at the level of Society)

1. People's Education Program (लोक शिक्षा योजना): for adults
 

10 yrs	1
Next 10 yrs	10
100 yrs	1000 cr

↓

People with Right Understanding & Right Feeling

  - Parents
  - Policy Makers
  - Teachers
  - ...
2. Education-Sanskar Program (शिक्षा संस्कार योजना): for children
 

20-50 yrs
-----------

↓

People with Right Understanding & Right Feeling

  - People with definite Human conduct, the competence to participate in Universal Human Order
3. Undivided Society, Universal Human Order Program (अखण्ड समाज, सार्वभौम व्यवस्था योजना)
 

10-20 yrs
-----------

**Fulfilment of Human Goal**

Right Understanding & Right Feelings	Prosperity	Fearlessness (Trust)	Co-Existence
↓ Happiness	↓	↓	↓
In Every Individual	In Every Family	In Society	In Nature/Existence

Family – Family cluster – Village – Village cluster ... Nation ... World Family

~10<sup>1</sup>                      ~10<sup>2</sup>    ~10<sup>10</sup>

89

- 2.1. Introduce a foundation course
- 2.2. Align the lifestyle of the institute – living model
- 2.3. Redesign the entire curriculum in line with right understanding (human consciousness, human values, human conduct)

90

## #2 Preparation, Home Work

### Individually

- |                                      |   |                                      |
|--------------------------------------|---|--------------------------------------|
| 1. Attending workshops               | } | To refresh yourself of the proposals |
| 2. Reading the textbook              |   |                                      |
| 3. Watching the workshop video       |   |                                      |
| 4. The 3 exercises given during UHV1 | } | Self-exploration                     |
|                                      |   | Self-awareness – every moment        |
|                                      |   | Self-evaluation                      |

### Collectively

1. Weekly meeting
2. Teaching the course
3. Sharing with family members... evening workshop...
4. Document & share progress
5. Regular quarterly meeting
6. EoE Retreat at CLCS

91

91

## Potential Sequence in Developing Living Model

Education-Sanskar

Justice (in behaviour)

Health-Sanyam

Preservation (right utilisation, protection, enrichment)

Production-Work (prosperity)

Exchange-Storage

Starting with family order... then order in family cluster...  
then village order... and in about 10 steps the world family orde

92

92

## Sharing

1. Can you see that the basic human desire = continuous happiness?
2. Are you able to see that this desire is fulfilled within the self
  - by right understanding (knowledge) and right feeling & right thought (resolution)
3. Resolution is the clarity of the 9 points. Are you able to see that?
4. Has it made a difference in your thought and in your living? (living is a reflection of the state of the self)
  - Meaningful thought
  - Meaningful behaviour, work & participation
5. What is commitment, your future plan (for a qualitative change, within)?

93

93

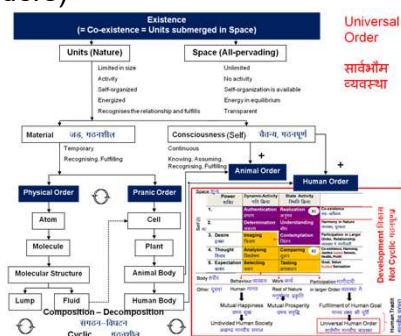
## Commitment & Future Plan

Possibility you see and preparation required

- For your self-development
  - (a) awakening to contemplation, understanding and realisation
  - (b) purification of sanskar
- In Family (relationship & prosperity)
- In Society (relationship & order)
- In Nature (mutual enrichment with 3 orders)

Your commitment and plan for:

- Your self development
- Developing your institution as a living model of undivided society & universal human order



94

94

### UHV3 is about...

Realisation that Self (I) is submerged in Space

Co-existence is at the base of Existence

Self (I) is at the center of Human existence

Therefore Human Being has to understand co-existence &  
to live in co-existence

95