

TUTORIAL 3A

Q1

Brother - Sister

STATE: Harmony [80%]

REASON: She cares for me but is bossy sometimes but I am used to it and listen to her to keep harmony.

Chacha - Mama

STATE: Harmony [80%]

REASON: They respect and trust each other.

I could arrange a get-together so that they can get to know each other better.

Mother - Daughter ~~[90%]~~

STATE: Harmony [90%]

REASON: They care for each other and have faith in other. I try to sort any misunderstandings that occasionally happen to keep the harmony.

Mama - mami

STATE: Harmony [90%]

REASON: They understand each other very well.

I will try to understand the situation and then try to approach them and ensure that they have harmony again.

Father - son

STATE: Harmony [90%]

REASON: we try to keep zero misunderstandings.

Sometimes, my father gets angry on me due to my mistakes but I listen and quietly approach him so as to sustain harmony.

Mother - son

STATE: Harmony [90%.]

REASON: We care for each other and understand each other very well. I try my best to keep the harmony in our relationship

Father - Mother

STATE: Harmony [90%.]

REASON: They trust and understand each other completely. Sometimes, there are small arguments between them due to some misconceptions. I try my best to clear these misconceptions

Chacha - Chachi

STATE: Harmony [90%]

REASON: They care for each other and treat each other very well. It is not my thing to interfere in their personal matters.

Brother - Brother

STATE: Harmony [80%.]

REASON: My brother guides me in life. We both care for each other, but don't show much affection cuz it ain't cool. We often have fights and arguments but we try to understand each other and sort things out.

Father - Daughter

STATE: Harmony [80%]

REASON: They respect and trust each other. They also care for each other. Sometimes, there is argument between them, so as to keep harmony in their relation, I try to cool things up.

CONCLUSION: We get to know about our state of relation with others i.e. either it is in harmony or not. The relations to improve the relations when they aren't at their best. All this can be concluded from the above exercise.

Q2

The relation in which I have the most dissatisfaction is with my uncle.

List of dissatisfactions, complaints and dislikes :-

- He always considers other people lower than him.
- He thinks that his child is the best.
- He doesn't maintain good family relations with other family members.
- He shows off a lot.

List of good qualities:

- He cares for his family.
- He provides all luxurious items for his children.

Q2 Points that have to do with physical facility :

- Shows off a lot
- Gives all luxurious items to his kid.

Points that have to do with feeling :

- He always considers others lower than him
- He thinks that his child is the best and other children aren't.
- He doesn't know how to maintain good relations with others
- He cares for his family.

CONCLUSION: Found that which relationship I have the most dissatisfaction or complaint with and the reasons behind it.

Q3

1 I want to make myself happy.

Mother : Yes

Father : Yes

Sister : Yes

2 I want to make the other happy.

Mother : Yes

Father : Yes

Sister : Yes

3 The other wants to make themselves happy.

Mother : Yes

Father : Yes

Sister : Yes

4 The other wants to make me happy.

Mother : Yes

Father : Yes

Sister : Yes

Verify on the basis of competence

1 Mother : Yes

Father : Yes

Sister : Yes

2 I am able to make the other always happy.

Mother : Yes

Father : Yes

Sister : Yes

3 The other is able to make themselves happy.

Mother : Yes

Father : Yes

Sister : Yes

4 The other is able to make me always happy.

Mother : Yes

Father : Yes

Sister : Yes

How many people are there with whom you have an unconditional feeling of trust or intention : 3

How many people are there with whom you never get irritated; angry and never have a feeling of opposition : 0

How many people are there with whom you are making effort for mutual development