JUNAID GIRKAR UHV 60004190057 13/03/2021 TUTORIAL - 2 Take your list of desires. Revise it is you need to.

Fox each desire, identify the primary source of motivation [sensation, preconditioning or natural acceptance] · AN S DESIRE MOTIVATED BY MOTIVATED BY MOTIVATED PRECONDITIONING SENSATION NATURAL ACCEPTANCE Saving money Geating a budget can save money and yet have an emergency jund. Curiousity Knowledge and truth Good Health To improve the society. Idealism Desige to influence Power othere so I can eat Good Health au 1 like so I dont jeel sleepy while reading. Good Health

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ANS (1) Percentage of my desires = 2 x100 = 28.57% in luenced by natural acceptance the freedom to govern myself or control my own affairs. (ii) Percentage of my desires = 3 x 100 = 42.86 % motivated by preconditioning : % of my desire motivated by sensation = 2/7×100 = 28.57% Since the percentage of my desixe motivated by sensation is 28.57% and combined with the desixe motivated by precondition i.e. 4286% concludes that I am somewhat dependent: iii) In simplest sense, autonomy is about a person's ability to act on his own values and interests. ox sey-governance, modern & political bioethics often stress that individual autonomy should be promoted and respected Efforts on steps necessary to be completely self organized or autonomous: Norite down things
 Make schedules and deadlines
 Know where to discard items · Don't Processinate

· Give Everything a home

· Delegate responsibilities

· Declutter Regularly.

· Get things · Get things done better and juster

Q2		70 be a 900	od person		
SUB-DESIRE	DESIRE: Mutual Respect	Mutual	Help	Be loved by others	
THOUGH	necessary for haxmonous relationship	understand another po		Inspires encourage to do their	others
EXPECTATIONS:	Reduces	1.000		Increases teamwork	
			V		
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83	DATE	IUNESS OR	TYPE	STEPS TAKEN	ROOT CAUSE
		DISHARMONY			
		DISTINGUICAT			
1)	June 2016	Disharmony	Fungal Injection	Approach a desmatologist	It is common during teenage years.
	2010		21000	and did many	years.
				home xemedies.	0
	A)	N _			No. 1 be
2)	october	IUness.	Bacterial	Increase in	negligience
	2019	1	Injection	intake of	towards
				fruits to	health.
		· ,		increase my immunity.	110000
		ć.	¥ .	him out of	. 1
	- 63 1				
2)	7	Disharmony	lacking	Started	At Some
3)	June 2020	DISHOUTHOUT	SKIUS	learning skills	point I
	X020		O.K.	which OI	'didu't Know
				didn't know	what do
				and gave	I need to
				adequate	learn as
				time to	everything
				rearn them	was new
					to me.
	-				
	t				

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 the same body the	
I I were to take full responsibility of my body	
If I were to take full responsibility of my body the daily schedule I would have is:	
· Wake up at 3 AM	
· Do some enercise/corkout	
· Take a bath	
· Have break ast	
V 1+	_
· Re active as much as I can, auxung so	
· Take a break of 30 minutes	
· Be a part of entra account as interesting	
· Finish assignments . Play games	_
· Play games	_
Have dinner with jaining	
· spend time with family · study some entra styll for skill improvement · Go to sleep around midnight	
· Study some entra stuff for shill improve	
- Go to sleep around midnight	
	-