



MAJLIS PEMULIHAN MALAYSIA

(Malaysian Council for Rehabilitation)

Reg. No. : PPM-002-10-21011975

Bilik 3, Tingkat 4, Bangunan Sultan Salahuddin Abdul Aziz Shah

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Malaysian Association for the Blind
Malaysian Medical Association
Persatuan Cerebral Palsy Johor
Society for the Rehab. of the Disabled Set. & FT
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Malaysian Leprosy Relief Association
Malaysian Physiotherapy Association
Malaysian Occupational Therapist Association
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Malaysia
National Council for the Blind, Malaysia
The National Autistic Society Of Malaysia
Spastic Children's Association of Selangor & FT
Malaysian Federation for the Deaf
Selangor Cheshire Home
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Persatuan Mobiliti Selangor & WP Kuala
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Malaysian Rare Disease Society
Cerebral Palsy Malaysia (GAPS)

28 July 2025

Mr Dunstan SG Lim

Chairman

Sarawak OKU Skills Development Association (SOSDA)

142, Taman Matang Indah

Jalan Matang

93050 Kuching

Sarawak

Dear Sir,

2025 NATIONAL ABILYMPICS COMPETITION: PARTICIPATION REGISTRATION

With reference to the above, the Majlis Pemulihan Malaysia or Malaysian Council for Rehabilitation (MCR) is a national non-governmental organisation (NGO) and Malaysia's representative for the Abilympics, responsible for selecting qualified Malaysian persons with disabilities (PWDs) to compete in the International Abilympics.

The Abilympics, which originates from the phrase 'Olympics of Abilities', is an international vocational skills competition for PWDs. The aim and mission of this competition are to bring more PWDs to the forefront, to showcase their potential capabilities, and to provide them with the exposure that they deserve.

As with previous competitions, MCR will bring a delegation of PWDs to participate in the 11th International Abilympics, scheduled to be held in Finland in 2027.

In view of that, MCR will be organising the **2025 National Abilympics Competition**, featuring 16 skill categories, to select PWDs representatives for the international competition.

MCR would like to invite you to send the PWDs participants to this competition, and support us by disseminating the competition information to other PWDs and PWDs organisations.

Attached is the registration form.

The list of skill categories, competition venues and dates is as follows:

No.	Skill Categories	Competition Venues	Competition Date
1	Floral arrangement	Pavillion Damansara Heights Kuala Lumpur	24 August 2025
2	Fruit and Vegetable Carving	Selangor Cheshire Home Batu Caves, Selangor	6 September 2025
3	Painting and Waste Reuse	Pusat Latihan Perindustrian dan Pemulihan OKU Bangi (PLPP) Kajang, Selangor	27 September 2025
4	Dress Making		
5	Embroidery		
6	Creating web pages	Pusat Latihan Pengajar dan Kemahiran Lanjutan (CIAST) Shah Alam, Selangor	23 October 2025
7	Poster design		
8	Administration and Management of Network Systems		
9	Computer assembly		
10	Cake decoration	Kolej Komuniti Selayang Selayang, Selangor	24 - 26 October 2025
11	Cooking Team Work		
12	Cooking Individual		
13	Restaurant service		
14	Bakery		
15	Massage	Malaysian Association for the Blind, Kuala Lumpur	7 November 2025
16	Photography	UiTM Puncak Alam, Selangor	TO BE DECIDED

Please do not hesitate to contact me at 019-3316409 or MCR Executive Officer at 016-6704744 (Ms. Fishah Hassan) for any inquiries regarding this competition.

Together we are changing lives, as this competition offers PWDs the opportunity to gain a meaningful experience, have their skill competencies recognised and promoting inclusivity in society.

Thank you.

Yours sincerely,



DATIN PADUKA KHATIJAH SULIEMAN
PRESIDENT