

Thoughtfully

ISSUE 2

REAWAKEN

Dull, Tired Skin

MAKE ROOM

For What You Want

5 Ways to Deal with

Allergies Naturally

4 FRESH RECIPES

**TO WELCOME
WARMER WEATHER**

**+ CREATE YOUR OWN
RAW WRAPS**

**FIND
YOUR
WAY TO**

*Joyous
Health*

**Step Out In
Style With**

**SPRING'S
ETHICAL
Must-Haves**

*Josie
Maran*

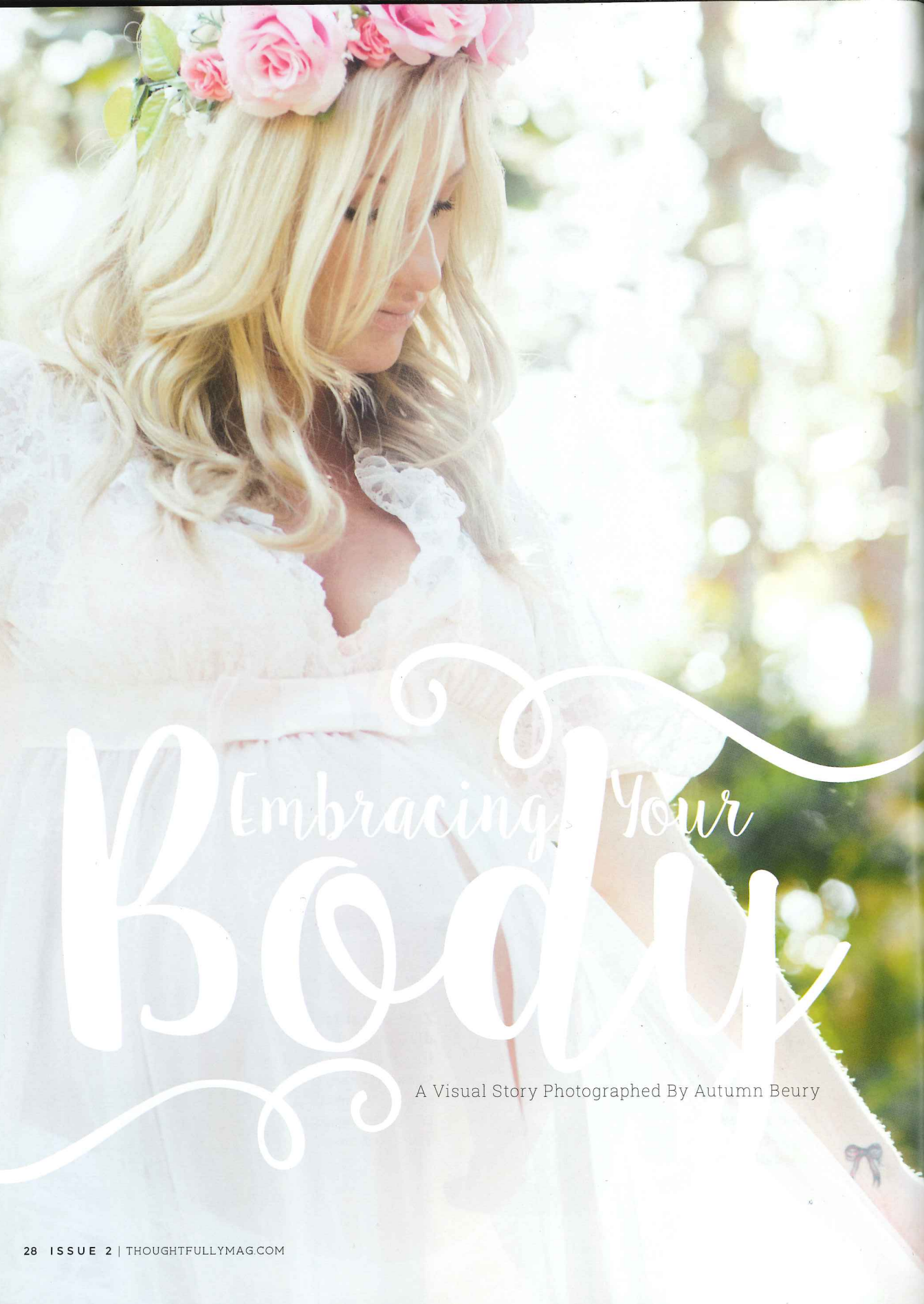
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Embracing Your Body

A Visual Story Photographed By Autumn Beury

Spring Blooms

Fashion and beauty inspired by garden tea parties and fresh spring blossoms.

PHOTOGRAPHY

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MAKEUP

Rebecca Casciano

STYLIST

Caroline Hearn

HAIR

Andrea Piccolo

MANICURIST

Arelis Aponte

FLOWERS

Adore Floral NYC

ALL LOOKS — Makeup: Kari Gran Essential Serum, \$60, karigran.com; Pratima Love Oil, \$28, pratimaskincare.com; W3LL People Narcissist Stick Foundation in 5, \$39.75, w3llpeople.com; Red Apple Eyeshadow in Buttercream and Sand Castle, \$18.75, redapplelipstick.com; Anonym Lola Lash Mascara, \$22, anonymcosmetics.com. **Hair:** Intelligent Nutrients Certified Organic Volumizing Spray, \$15, intelligentnutrients.com; Yarok Feed Your Ends Leave-in Conditioner, \$13.20, yarokhair.com; Yarok Feed Your Roots Mousse, \$15.40, yarokhair.com; John Masters Organics Bourbon Vanilla & Tangerine Hair Texturizer, \$21, johnmasters.com. **Nails:** Julep Oxygen Smoothing Base Coat, \$18, and Julep Nail Polish in Gemma Boho Glam, \$14, julep.com; Zoya Nail Polish in Erika, \$9, zoya.com.





Makeup: Jane Iredale Eye Pencil in White, \$13, janeiredale.com; Vapour Organic Beauty Aura Multi-Use Blush in Courtesan, \$36, vapourbeauty.com; Kjaer Weis Lip Tint in Passionate, \$49, kjaerweis.com. **Wardrobe:** Vintage Floral Dress and Corset from Vintage Alley, contact 973.857.3222 for availability/pricing; Vintage Pearl Earrings from New York Vintage, contact for availability/pricing, newyorkvintage.com; Soko Cross Kizimba Cuff, \$70, shopethica.com.