

## Kari Gran skincare – REVIEW & GIVEAWAY JAN 6, 2014



Kari Gran Skin Care (includes giveaway!)

I have said it before, I am a pretty lucky lady to try and to use all the gorgeous natural and organic skincare ranges that are floating around out there.

My latest discovery is KARI GRAN skincare.

Kari Gran describe themselves as an eco-luxe skin care brand providing a simple, elegant, all natural skin care solution that works flawlessly for any age and skin type. I can 100% agree with this...

Not to mention that they use the highest quality organic, wild harvested and non-GMO ingredients. No paraban, synthetic or chemical toxins in these black beauties.

Created by a self confessed (the best kind!) beauty junkie. A kindred spirit like myself who has been obsessed with beauty products since her teens. I've been more obsessed with skincare specifically so this works out well.

After Kari was diagnosed with an autoimmune disorder in her late twenties she became a conscious consumer as I like to call it, and began paying attention to what she was putting on her skin. Why does it always take a blow to our health before we start and take it seriously hey?!

Discovering that anything you put directly on your skin is absorbed right into the blood stream, it turns out, the beauty products Kari were using weren't so pretty after all. Instead, chemical concoctions...many of them hormone disruptors. This is the case with majority of commercial brands babes, please be aware!

This is a classic story of when one can't find what they are looking for, best you go off and create it your damn self! Kari decided to incorporate her own personal back- to-basics approach to elegant skin care by identifying and sourcing the fundamental ingredients essential to skin health and began creating.

Originally whipping things up in the kitchen for herself, it was her longtime friend (they met as they both had successful careers as real estate brokers..bit different) and now couldn't-do-it-without-you business partner Lisa that convinced her to move beyond her kitchen and make batches of the eco-skin care products for friends. Clearly a good idea thanks Lisa, now the gals run the booming business together.

Inspiration or what!

I was super lucky to try the very delicious and delectable Starter Kit which contains:

## **Cleansing Oil**

Ingredients:

Organic Helianthus Annuus (Sunflower) Oil, Organic Persea Gratissima (Avocado) Oil, Organic Ricinus Communis (Castor Seed) Oil, Organic Lavandula Hybrida (Lavender) Oil, Tocopherol Non-GMO Vitamin E from Sunflower

## **Rose Hydrating Tonic**

Ingredients:

100% fractionally distilled Aloe Barbadensis Miller (Aloe Vera Leaf), Organic glycerin (Vegetable Glycerin), Organic Lavandula Hybrida (Lavender) Oil or Rosa Damascena (Rose) Oil

## **Essential Serum**

Ingredients:

Organic Camellia Oleifera (Camellia Seed) Oil, Organic Rosa Canina Fruit (Rosehip Seed) Oil, Organic Helianthus Annuus (Sunflower) Oil, Organic Simmondsia Chinensis (Jojoba) Oil, Organic Persea Gratissima (Avocado) Oil, Organic Prunus Amygdalus Dulcis (Sweet Almond) Oil, Organic Olea Europaea (Olive), Organic Helianthus Annuus (Sunflower) & Organic Calendula Officinalis (Calendula) Oil, Organic Olea Europaea (Olive) & Organic Arnica Montana (Arnica) Oil, Organic Lavandula Hybrida (Lavender) Oil, Wildharvested Boswellia Sacra (Frankincense) Oil, Rosa Damascena (Rose) Oil, Jasminum Sambac (Jasmine) Oil, Organic Hippophae Rhamnoides (Sea Buckthorn Seed) Oil, Organic Cananga Odorata (Ylang Ylang) Oil, Tocopherol (Non-GMO Vitamin E from Sunflower)

I have also been using the **LIP WHIP** (peppermint naked) which contains:

Organic Ricinus Communis (Castor Seed) Oil, Organic Beeswax, Organic Camellia Oleifera (Camellia Seed) Oil, Organic Persea Gratissima (Avocado) Oil, Organic Olea Europaea (Olive), Helianthus Annuus (Sunflower) & Calendula Officinalis (Calendula) Oil, Tocopherol (Non GMO Vitamin E from Sunflower) Wildharvested Pimenta Racemosa (Pimenta Berry) Oil, Organic Cinnamomum Zeylanicum (Cinnamon Bark) Oil or Organic Mentha X Piperita (Peppermint) Oil.

I had the pleasure of using the **LIP WHIP Tinted** too but decided to generously gift it to my sister who says it is the best and her most favourite lip balm ever. She is a grown woman of 40 years so has been around the block a couple of times when it comes to lip balms!

All of these gorgeous products are heaven for me in so many ways. They are an oil based range which I love love LOVE, plus there is so many organic ingredients going on I was almost hyperventilating reading the ingredients label. If you want to learn more about the science and theories behind the Oil Cleansing technique and method you can HERE.

The products also contain ZERO water ensuring potency, purity and only ingredients that matter. It is perfect and pure, elegant, simple, nutritious and potent plus SUCH great value...aaah!

Definitely for the Hippies who like the Luxe.

Please please please be sure to check out all the wonderful gorgeous things Kari & Lisa are doing with KARI GRAN. Make sure you LIKE, FOLLOW and SUBSCRIBE to support and stay in the know.

Oooh, did we mention, we have **one gorgeous Starter Kit to GIVEAWAY**!! Be sure to **like either our Facebook OR Instagram post AND leave a COMMENT** about the one thing you are going to do this year to improve

Feel free to leave a comment here too!

your skin care routine/ritual/health.