

Keto Tuna Salad

Ingredients

- 1 small head lettuce such as Little Gem
- 140 g tinned tuna
- 2 large hard-boiled eggs
- 2 tbsp paleo mayonnaise
- 1 medium spring onion or chives
- 1 tbsp lemon juice
- 1 tbsp extra virgin olive oil
- sea salt

Method

1. Tear off the leaves of the lettuce, wash and drain.
2. Spread the leaves over the bottom of the serving bowl.
3. Add tuna.
4. Top with hard-boiled eggs, mayo mixed with lemon juice and freshly chopped spring onion.
5. Drizzle with extra virgin olive oil