

Tonnato Sauce

Ingredients

- 1 200g can tuna packed in olive oil, drained
- 2 tablespoons capers, rinsed and drained
- 5 anchovies packed in olive oil, drained
- 3 tablespoons lemon juice
- 1/2 cup (225ml) extra virgin olive oil
- 1/2 cup (225ml) Paleo Mayonnaise
- Salt
- black pepper

Method

1. Dump all the ingredients in a blender and blitz until smooth and creamy.
2. Adjust for seasoning with salt and pepper.
3. The sauce can be kept in a tightly sealed container in the fridge for a about a week.