

I Will Be Gentle With Myself

by Karen Drucker

The musical score is written for a single melodic line in treble clef, key of B-flat major (two flats), and common time (C). It consists of 32 measures, organized into eight systems of four measures each. The lyrics are written below the staff, with some words split across lines. Chord symbols are placed above the staff at various points. The score includes repeat signs, first and second endings, and a key signature change to C major (no sharps or flats) in the final system.

1 F Dm
I will be gentle with my-self I will be gentle with my-self

4 Dm Bb Fm/Ab F
and I will hold myself like a newborn baby child. I will be

9 F Dm
tender with my heart. I will be tender with my heart. and I will

13 Bb Fm/Ab F 1. 2.
hold my heart like a newborn baby child. I will be And I will

18 Gm Dm Gm Am Bb
on-ly go as fast as the slowest part of me feels safe to go.

23 1. 2. Bb C F Dm
I will I will be easy on myself I will be easy on myself

30 Dm Bb Fm/Ab F 1. 2.
and I love myself like a newborn baby child. I will be