

Recipe(R_ID, A_ID, Recipe_Name, Recipe_Description, Recipe_Avg_Cost, Difficulty, Calories, Created, Rating)

Authors(A_ID, F_Name, L_Name, City, Age)

Ingredients(I_ID, Ingredient_Name, Ingredient_Description, Ingredient_Avg_Cost, Ingredient_Shelf-Life)

RecipeIngredients(R_ID, I_ID)