Sickness of a Family Member

Your wife suddenly feels sick. She could not stand up due to a headache and dizziness. She needs to lie down and needs assistance when going to the bathroom or when eating. You have just finished a meeting and a task needs to be completed within the day.

- What would be your plan in this situation?
- What would you do if helping your wife means you won't be able to complete all the tasks for the day?
- How should you communicate this with your supervisor and with your teammates?

My general plan would be to do as much work as possible while helping her. If it means I won't be able to finish my tasks, I would still try to do my best for the day. Just for this one situation, I'll extend perhaps up until midnight.

I'll tell my team and the supervisor, through an email:

Hi <team name or supervisor>,

I would like to give a heads-up on my situation today, and what may be for the continuing days. My wife has fallen sick and I do not think I would be able to completely focus on my tasks. I have done my best tonight and have spent additional time to catch up and make sure I finish the tasks.

Just thought I should let you all know.

Sincerely,

Mikhail Agudo