

UNIT 6

Foods



Section 1: Oral Language

Lesson 1: Listening and Practising

Activity 1: Listen to your teacher and practise the pronunciation of each of the following words / phrases.

healthy food, grains, milk, cheese, yogurt, meat, egg, fish, nuts, protein, fruits, vegetables, chips, cookies

Activity 2: Listen to your teacher and complete the sentences looking at the pictures.

1 These are cookies.



2. This is an _____



3. These are _____








4. This is _____



5. These are _____



6. This is raw _____	
7. This is potato _____	
8. This is _____	
9. This is _____	
10. These are slices of _____	

Lesson 2: Listening to a short text

Activity 1: Answer the following questions orally.

1. Tell your teacher the common foods in your area.

Activity 2: As you listen to the text, join parts of the sentences under column A with parts under B to complete the sentences.

Example: 1. Healthy food is tasty and good.

A	B
1. Healthy food _____	give you strong bone.
2. You can find grains _____	give you protein.
3. Milk, cheese and yogurt _____	is tasty and good.
4. Meat and fish _____	in bread and rice.

Activity 3: Now answer the following questions based on what you have listened.

1. Is healthy food tasty? _____
2. Where can we get grains? _____
3. What will milk, cheese and yogurt give you? _____
4. Which of the foods are good to eat? _____ and _____
5. What do meat, fish, egg and nuts give you? _____
6. Is eating vegetables and fruits as many as you can every day good? _____
7. Is eating too much cookies and chips every day good?

Lesson 3: Practising Pronunciation

Activity 1: Pronounce the following words with short and long vowel sounds with the help of your teacher.

Words with short vowel /u/	Words with short vowel/o/	Words with Long vowel /o:/	Words with long vowel /ou /
put 	dot 	food 	boat 
sun 	got 	cook 	goat 
cut 	top 	moon 	house 
cup 	dog 	broom 	group 

fun 	not 	spoon 	mouth 
fog 	stoop 	cloud 	
hut 	roof 	bought 	

Activity 2: Use the following pairs of words to make sentences orally.

Example: My sister put the cup on the table.

cup put	spaghetti like	food cook	meat like	plates clean
fork wash	spoon use	pizza eat	papaya juice drink	

Section 2: Expressions of likes and dislikes

Lesson1: Learning expressions of likes and dislikes

Activity 1: Rewrite the jumbled words correctly to make correct sentences.

1. like Azeb photos does not taking.

Correct: eg. Azeb does not like taking photos.

2. Omud and her sister tennis like do playing?

Correct: _____?

3. books Aman does reading like ?

Correct: _____?

4. do playing football Gelan and Kebede like?

Correct: _____?

5. Pictures Chaltu painting likes.

Correct: _____.

6. Do reading you stories like?

Correct: _____?

Activity 2: Complete the sentences in the table choosing appropriate words from the given.

eggs	cake	peas	bread	oranges
carrots		mangos	yogurt	

1. I like _____		He likes _____	
2. I do not like _____		My sister likes _____	
3. She likes _____		Mybrother likes _____	
4. He does not like _____		8 I like _____	

Section 3: Expressions for asking and offering helps

Lesson 1: Using expressions for asking and giving help

Activity 1: Study the following expressions for asking help.

Example expressions

1. Could you help me please?
2. Can you help me please?
3. Can you give me a hand with this?
4. Give me a hand with this, will you?
5. Lend me a hand with this, will you?

Activity 2: Study the following expressions for giving help.

Example expressions

1. Can I get you something?
2. Shall I help you with homework?
3. I would be glad to help.
4. What can I do for you?
5. May I help you?

Activity 3: Practise the following short conversations with your friend.

1. Okello: May I help you?
Solomon: Thank you. That is kind of you.
2. Selam: Can you, please give me a hand?
Chaltu: Yes, I can.
3. Daughter: Mom, Can I help you?
Mother: That would be great, thank you.

Activity 4: Study the following foods and utensils by associating them with pictures.

Foods / meals	Pictures	Utensils	Pictures
spaghetti		fork	
rice		glass	
burger		plate	
salad		bowl	
pizza		knife	
Juice		spoon	
chicken			

Activity 5: Practice the following dialogue with your friend.

Dialogue

Waiter: Can I help you?

Alemu: Yes please, I want to order a plate of 'chechebsa' and a cup of milk.

Waiter: Do you want 'chachabsa' with or without salt?

Alemu: With salt please!

Waiter: We will prepare your order.

Alemu: Thanks.

Waiter: It's my pleasure.



Section 3: Reading

Lesson 1: Reading and completing sentences

Activity1: Read the following poem aloud.

Do you like healthy food? Or do you like junk food?

I like chocolate bars ... and I like apple pies!

I like chips and cookies ... and I like salty fries!

But why do you avoid the healthy food like fruits and vegetables!

Like fish and egg, yogurt, grains and nuts

But healthy food makes strong!

Healthy food makes you fast!

Healthy food makes you grow!

It is good for you!

You know it's good for you'

Why did you avoid the healthy food?

Activity 2: Answer the following questions based on the above poem.

1. Healthy food makes you _____ and _____.
2. _____ and _____ are healthy foods.
3. It is good to eat less of _____ food and more of _____ food.
4. Fish and egg are examples of _____ food.
5. Chocolate bars, salty fries and chips are examples of _____ food.

Activity: 3: Use the expressions in the box to answer the questions.

like	dislike	enjoy	do not like
------	---------	-------	-------------

Question: What do you like to drink?

Answer: I like to drink hot coffee.

1. What do you like to eat?

Answer: _____.

2. What do you like to do after class?

Answer: _____.

3. Which one do you enjoy playing? Tennis ball or football?

Answer: I enjoy _____.

4. Do you like to drink yogurt?

Answer: No, I do not _____.

Activity 4: List more names of food items from the poem you have read.

Example. yogurt, carrot, pizza.

_____, _____, _____, _____

Section 4: Writing

Lesson 1: Using expressions

Activity 1: Listen to your teacher and write down some words and phrases from the poem. Follow your teacher's instruction.

Activity 2: Write short sentences using likes and dislikes.

Example. I like banana. I do not like alcohol.

1. _____
2. _____
3. _____
4. _____
5. _____

Activity 3: Study the following expressions of preference.

Preferto ..., means to like something more than something else.

Examples.

- I prefer tea to coffee. (I like tea more than I like coffee.)
- I prefer rice to pasta.
- He prefers milk to water.
- She prefers 'porridge' to bread.

Activity 4: Now write sentences of your own using the expression “prefer----to-----”.

1. -----

3. -----

2. -----

4. -----

UNIT 7

Polluted Environment



Section 1: Oral Language

Lesson 1: Listening a short text about pollution



Activity 1: Read aloud words related to pollution with the help of your teacher



1. Pollution	4. protect	7. throw
2. environment	5. waste	8. handle
3. chemical	6. toxic	9. gas
		10 .contaminate

Activity 2: Now study the meaning of the words with your teacher.

Words	Meaning
1 pollution	anything that makes the earth dirty and unhealthy
2 environment	our surrounding including land, air and water
3 chemical	substances such as acids and pesticides that can harm
4 protect	take care of
5 waste	unwanted material
6 toxic	Harmful
7 throw	put away
8 handle	Control
9 gas	Smoke
10 contaminate	make dirty

Activity 3: Listen to your teacher and write the correct word beside each picture.

Words or phrases related to pollution	Pictures
1. _____	
2. _____	

3. _____	
4. _____	

Lesson 2: Talking about pollution

Activity 1: Look at the pictures in Activity 3 above, and tell your class the causes of environment pollution.

Example: throwing waste materials

- | | |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

Activity 2: Tell your classmates what you can do to prevent pollution looking at the following picture.

Example: You may say: I clean my surroundings.



Section 2: English pronouns

Lesson 1: Studying English Subject Pronouns

Activity 1: Look at each of the following pictures and study the pronouns.

<p>I</p> 	<p>We</p> 
<p>You</p> 	<p>You</p> 
<p>She</p> 	<p>He</p> 
<p>They</p> 	<p>It</p> 

Activity 2: Identify the pronouns in each of the following sentences and tell them to your teacher.

1	Example: I run on rainy days. I am healthy. (Example: I).
2	Aster and I always clean our environment. We want to make it free from pollution.
3	Robe is gaining weight. She often eats bread.
4	That man drinks polluted water. He feels sick now.
5	It is a cold day. I do not like cold weather.
6	You are my best friend. I like to play with you.
7	Kedija, Mammadnur and Boru are in our class. They are clever students.

Activity 3: Write your own sentences using the pronouns in the following table.

Pronoun	Sentence
I	Example: I enjoy cleaning my environment.
We	
She	
He	
It	
You	
They	

Section 3: Reading

Lesson 1: Reading and studying words related to pollution

Activity 1: Read and study the meanings of the following words.

Words and their meanings	Pictures and example sentences
1. Pollution = anything that makes the earth dirty and unhealthy	<ul style="list-style-type: none"> • <u>Smoke</u> released from factories is one of the causes of pollution. 
2. Cause = what makes something happen	<ul style="list-style-type: none"> • Cutting trees can <u>cause</u> draught 
3. Smog = a mixture of fog and smoke	<ul style="list-style-type: none"> • <u>Smog</u> affects our health. 

<p>4. Harmful = causing damage or injury</p>	<ul style="list-style-type: none">• Some chemicals can be <u>harmful</u> to our environment.  A person wearing a full-body white protective suit, a respirator mask, and gloves is kneeling on a concrete floor in a warehouse or industrial setting. They are handling several large plastic jugs of chemicals. In the background, there are stacks of cardboard boxes and a red forklift.
<p>5. Environment = our surrounding including land, air and water</p>	<ul style="list-style-type: none">• We should protect our <u>environment</u> from pollution.  A close-up photograph showing a person's hand gently placing a small green seedling into dark, rich soil. Several other small seedlings are already planted in the ground nearby. The background is a soft-focus green, suggesting an outdoor garden or field.
<p>6. Chemicals= substances such as acids and pesticides that can harm</p>	<ul style="list-style-type: none">• We should be careful when we use <u>chemicals</u>.  A scientist wearing a white lab coat and blue nitrile gloves is working in a laboratory. They are holding a test tube and looking at a rack of other test tubes. In the foreground, there is a round-bottom flask containing an orange liquid. The background is slightly blurred, showing laboratory equipment.

Activity 2: Read the following text and fill in the blank spaces using appropriate words or phrases from the table below.

pollution	cause	smog	harmful
chemicals	trash	natural	humans
environment	types		

1. You hear about _____ all the time. 2. It could be the _____ in your city or the _____ covering your beach. 3. When it comes to pollution, there isn't just one _____. There are lots of them. 4. However, before we can break down what causes pollution and the _____ of pollution, it's important to look at what pollution is. 5. In simple terms, pollution is the introduction of _____ into some areas of the _____. 6. This could be the toxic gases released from the burning of fossil fuels, or it could be the ash created by a natural volcano eruption.

Activity 3: Read the text again and answer the following questions.

1. What does the above text talk about?





2. What are the causes of pollution according to the text?





Lesson 2: Short and long vowels

Activity 1: Read aloud the following long and short vowels with the help of your teacher.











a, a: e, e: i, i: o, o: u, u:

Activity 2: Read aloud short and long vowels from the following words.

			
Weather (e:)	Pollute (o)	climate (i:)	environment (i)
Long sound	Short sound	Long sound	Short sound

			
humans (u)	gas (a)	smog (o)	trash (a:)
Short sound	Short sound	Short sound	Long sound

Activity 3: Read aloud the following pair of words with short and long vowel sounds with the help of your teacher.

Vowels	Words with short vowel sounds	Words with long vowel sounds
A	apple (a) 	trash (a:) 
E	elephant (e) 	eagle (e:) 
I	insect (i) 	island (i:) 
O	ostrich (o) 	oatmeal (o:) 
U	umbrella (a) 	uniform (u:) 

Section 4: Writing

Lesson 1: Writing words, phrases and short sentences

Activity 1: Copy the following sentences into your exercise book.

1. Humans need air and water free from pollution.
2. Throwing trash to our surrounding causes air pollution.
3. Trashes, harmful chemicals and waste water from factories cause water pollution.
4. Polluted air and polluted water are major causes of health problem.
5. We should make our surroundings free from pollution.

Activity 2: Complete the following text using correct words from the given.

Humans, trash, water pollution, harmful chemicals, cause

----- need water to survive. That is a fact. However, ----- and chemicals can get thrown into lakes and water sources. This is called _____. Not only can they affect fish and other aquatic life, when ----- get into the water, they have a harmful effect on the water cycle. Natural causes of water pollution include algae blooms and volcanoes. However, humans also ----- water pollution through trash and wastewater from factories.

Activity 3: Unscramble the following group of words to write short sentences

Example: *Scrambled:* Is good tree planting.

Correct: Tree planting is good.

1. Together should students work to pollution avoid.

Correct: _____

2. Need clean to sources water people.

Correct: _____

3. The smog result is of chemical pollution.

Correct: _____

4. Our environment cleaning helps pollution to minimize.

Correct: _____

5. Pollution are the causes of nature and people

Correct: _____

Lesson 2: Writing short sentences

Activity 1: Write five short sentences of your own using words related to polluted environments (eg. pollution, waste materials, smoke, trashes, chemicals, cutting trees)

Example: We don't throw trashes everywhere. We collect them in trash bins.

1. _____ 4. _____

2. _____ 5. _____

3. _____

Activity 2: Write five sentences about pollution.

Example: Pollution affects human health.

1. _____ 4. _____

2. _____ 5. _____

3. _____