Study Report - Disagreement Explanations

Included by humans, excluded by GPT

**STUDY-ID: 103:**

– *Title:* ‘FRIENDS Parent Project: Effectiveness of Parent Training in Reducing Parent Anxiety in a Universal Prevention Program for Anxiety Symptoms in School Children’

– *Abstract*: Anxiety is the most pervasive childhood mental health disorder today. This study examined the parent component of a school-based universal prevention and early intervention program. Participating parents ( N = 122) completed four measures on anxiety, the Anxiety Sensitivity Index, the Center for Epidemiological Studies-Depression, the Penn State Worry Questionnaire, and the Screen for Child Anxiety Related Emotional Disorders, before and after the parent program. The effectiveness of the program was investigated by analysing mean scores of the parent self-reported anxiety symptoms and parent reports of child anxiety symptoms. The main analyses conducted were 2 <97> 2 between-within ANOVAs for each measure. The hypothesis that parents who participated in the program ( n = 20) would report reduced anxiety symptoms for themselves and for their children when compared to parents who did not attend ( n = 120) was not confirmed. The parent’s satisfaction level with the program was also studied, with high acceptability ratings providing strong social validity for this program. Implications of the findings, strengths, limitations and suggestions for further research are discussed. [ABSTRACT FROM AUTHOR] Copyright of Behaviour Change is the property of Cambridge University Press and its content may not be copied or emailed to multiple sites or posted to a listserv without the copyright holder’s express written permission. However, users may print, download, or email articles for individual use. This abstract may be abridged. No warranty is given about the accuracy of the copy. Users should refer to the original published version of the material for the full abstract. (Copyright applies to all Abstracts.)

– *Answer (GPT)*: The study focuses on the FRIENDS Parent Project, which involves a parent training component rather than the FRIENDS preventive programme aimed specifically at children and adolescents. Furthermore, while it does involve a comparison group (parents who did and did not attend), the primary aim is on reducing parent anxiety rather than addressing anxiety symptoms in children and adolescents. Therefore, this study does not meet the criteria for inclusion in the systematic review.

*Please add a comment on whether and why you agree with the GPT decision or not:*