

Evaluating the Big Mac Index as a Predictor for Inflation

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Abstract

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1 Introduction

The Big Mac Index (BMI) was introduced by *The Economist* in 1986 as an informal means of measuring purchasing power parity (PPP) between currencies. Mathematically, the BMI is the price ratio of Big Macs between two countries. The index provided a more tangible method of determining the difference between the real purchasing power between two countries that exchange rate alone may not reflect. Although the BMI is an informal measurement, its application is rooted in PPP theory which states that the exchange rate between two currencies is proportional to the ratio of price levels in their respective countries. The use of the Big Mac as a tool for economic analysis was subsequently coined the term ‘Burgernomics’. Discrepancies between the BMI and the exchange rate of two countries suggests that one currency is overvalued (or undervalued) compared to the other. Since its conception in 1986, the BMI has been written about and evaluated extensively by economists, academics, and journalists for its strengths and limitations as a measure for real exchange rates between two currencies.¹ Since the evaluation of the BMI as a measure of PPP has taken the spotlight, there is a limited amount of literature that discusses the use of Burgernomics as a predictor for inflation rate within a country. The inflation rate measures the price changes in a predetermined basket of goods in a given economy and is meant to reflect changes in consumer purchasing power from year to year. This paper extends the use of the BMI as a validator of exchange rates between two currencies to a validator of reported inflation rates of a currency between two periods in time.

In this paper we examine the differences between the inflation rate and the changes in the price of Big Macs in three countries: Canada, Japan, and the United Kingdom between 2000 - 2022. By examining differences between the inflation rate of Big Macs (which will be the Big Mac Index in the context of this paper) and the reported inflation rates of each country, we hope to determine whether the BMI can be an accurate predictor of the inflation rate, and whether reported inflation rates reflect the real changes in purchasing power from one year to the next within a country’s borders. To evaluate our findings, we propose the following hypotheses:

Null Hypothesis: The Big Mac Index is not an accurate predictor of the inflation rate.

Alternative Hypothesis: The Big Mac Index is an accurate predictor of the inflation rate.

In section 2 we discuss: the source of the Big Mac and inflation data, how the BMI is calculated, how local currencies are calculated, the strengths and limitations of our source and methodology for analysis, and assumptions we made prior to analysis. In this section, we also provide summaries of our datasets. In section 3 we show the results from evaluating Pearson’s R and the linear regression of each country. Section 4 discusses the implications that the results in section 3 means for our hypotheses and the broader economic context.

2 Data

2.1 Sources

The price of Big Macs in local currencies is sourced from data provided by the *The Economist*² and the exchange rate used to calculate the price of Big Macs in U.S. Dollars (USD) is provided by *Reuters*.³ The CSV file that combines this data was downloaded from a GitHub repository.⁴ We also added to the dataset by calculating the BMI, the price of Big Macs in USD, and the inflation rate in a given year. The Big Mac Index was calculated by finding the percentage change difference of prices in the local currency from one year to the next. USD prices of Big Macs which was calculated by dividing the price of Big Macs in the local currency by the reported exchange rates during the given year. The inflation rate of Canada was sourced

¹Kenneth W. Celements and Seah (2012)

²Economist (2023)

³Reuters (2022)

⁴futuraprime (2022)

from the Bank of Canada’s website.⁵ The inflation rate of the United Kingdom was sourced from the Office for National Statistics⁶ and the inflation rate of Japan was sourced from macrotrends.⁷

2.2 Overview of Data

2.2.1 Summary of Canadian data

```
##      name                iso_a3      currency_code      local_price
## Length:23             Length:23      Length:23          Min.    :2.850
## Class :character      Class :character  Class :character    1st Qu.:3.425
## Mode  :character      Mode  :character  Mode  :character    Median :4.730
##                                     Mean   :4.844
##                                     3rd Qu.:5.985
##                                     Max.   :6.880
##
##      dollar_ex      GDP_dollar      GDP_local      date
## Min.    :0.9458    Min.    :22341    Min.    :33191    Min.    :2000-04-01
## 1st Qu.:1.0637    1st Qu.:34308    1st Qu.:43007    1st Qu.:2005-11-15
## Median :1.2823    Median :43626    Median :49912    Median :2011-07-01
## Mean   :1.2417    Mean   :40903    Mean   :49608    Mean   :2011-06-06
## 3rd Qu.:1.3341    3rd Qu.:47201    3rd Qu.:56274    3rd Qu.:2016-12-30
## Max.   :1.5700    Max.   :52744    Max.   :65300    Max.   :2022-07-01
##
##      big_mac_index      inflation_rate
## Min.    :-4.890        Min.    :-0.900
## 1st Qu.: 0.000        1st Qu.: 1.300
## Median : 2.693        Median : 2.050
## Mean   : 4.154        Mean   : 2.218
## 3rd Qu.: 7.835        3rd Qu.: 2.875
## Max.   :16.842        Max.    : 7.600
## NA's    :1            NA's     :1
```

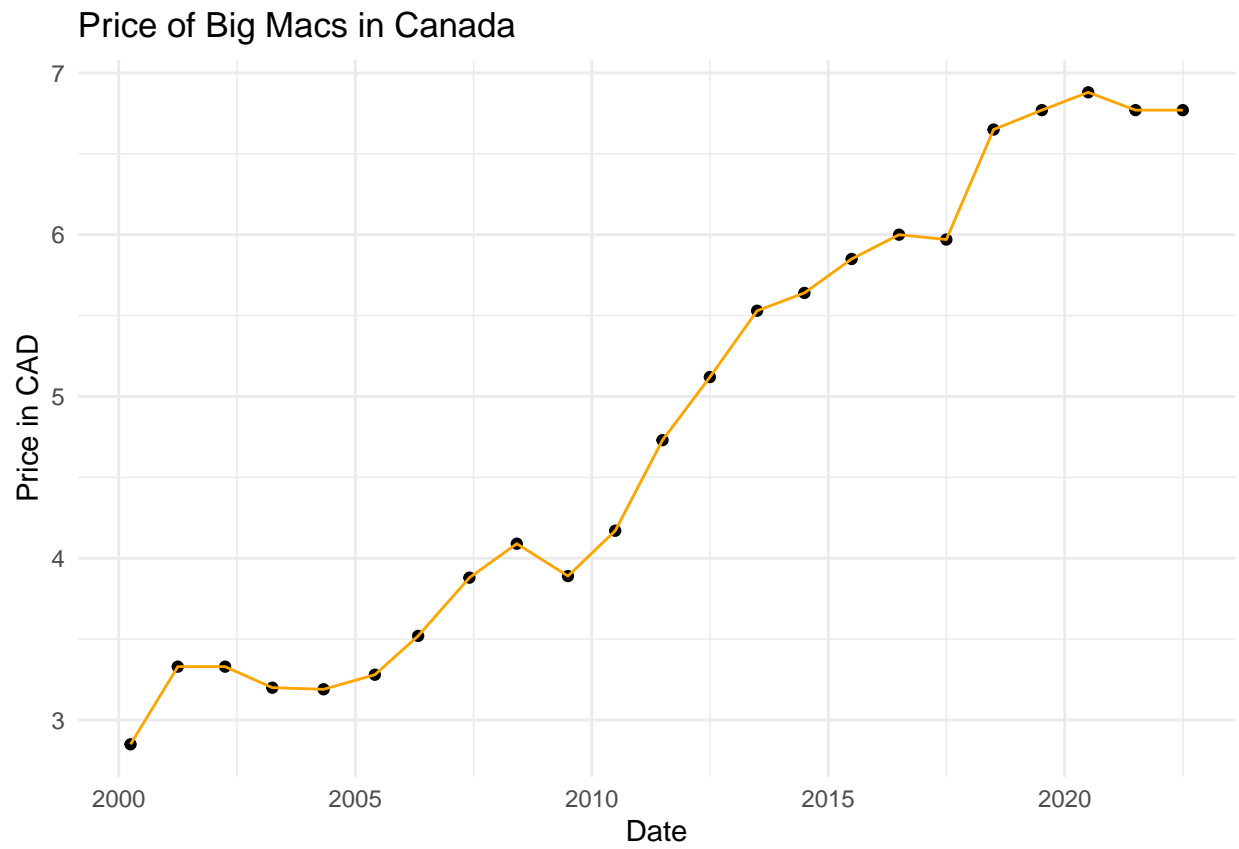
Top 10 rows of Canadian data

local_price	big_mac_index	inflation_rate	date
2.85	NA	NA	2000-04-01
3.33	16.842105	3.5	2001-04-01
3.33	0.000000	1.7	2002-04-01
3.20	-3.903904	2.9	2003-04-01
3.19	-0.312500	2.4	2004-05-01
3.28	2.821317	1.7	2005-06-01

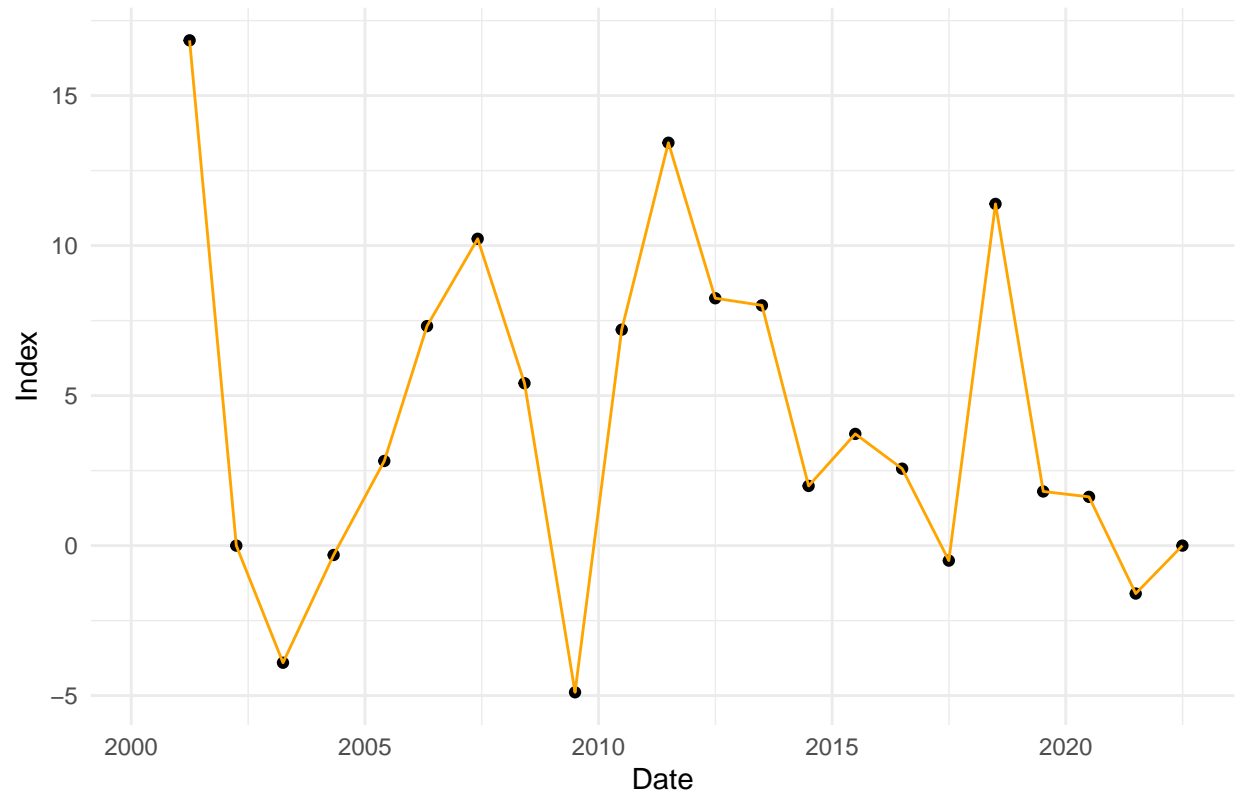
⁵Canada (2023)

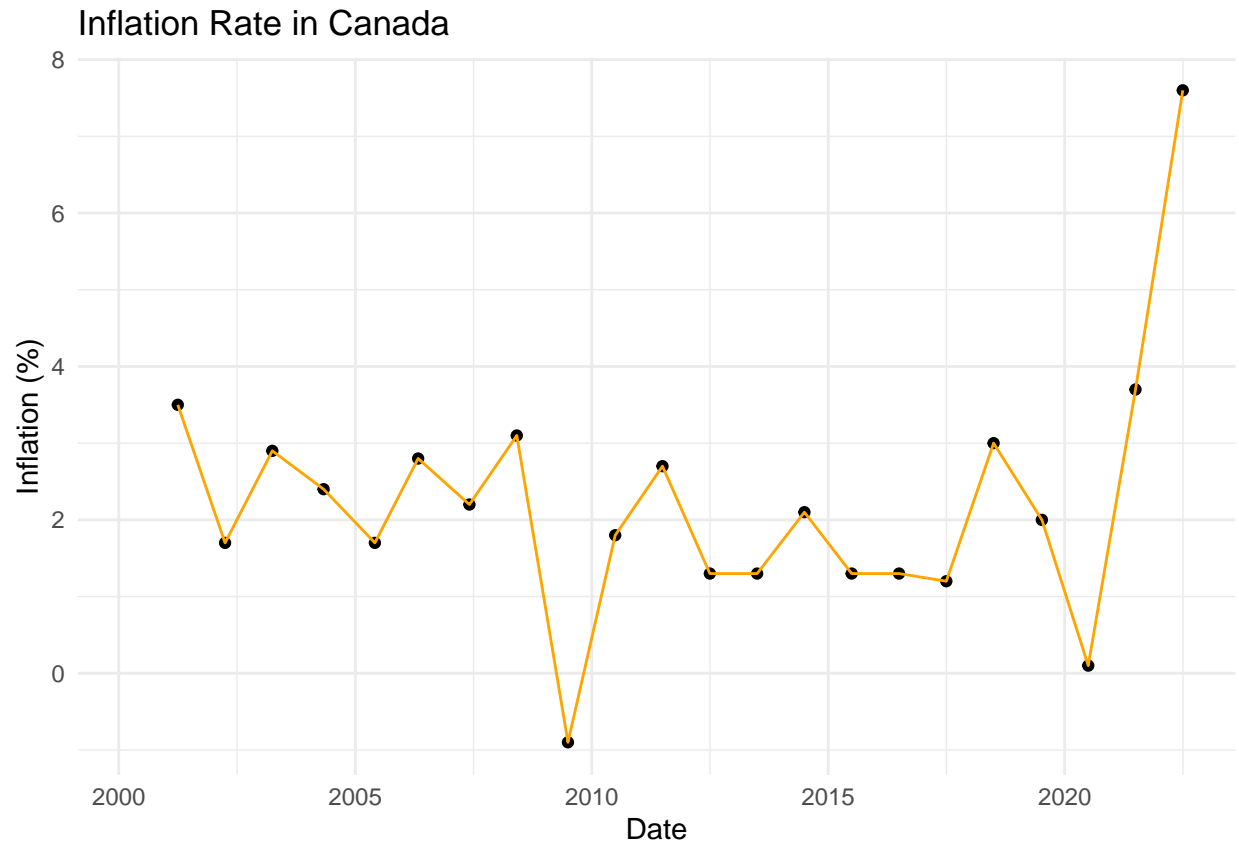
⁶National Statistics (2023)

⁷macrotrends (2023)



Big Mac Index in Canada

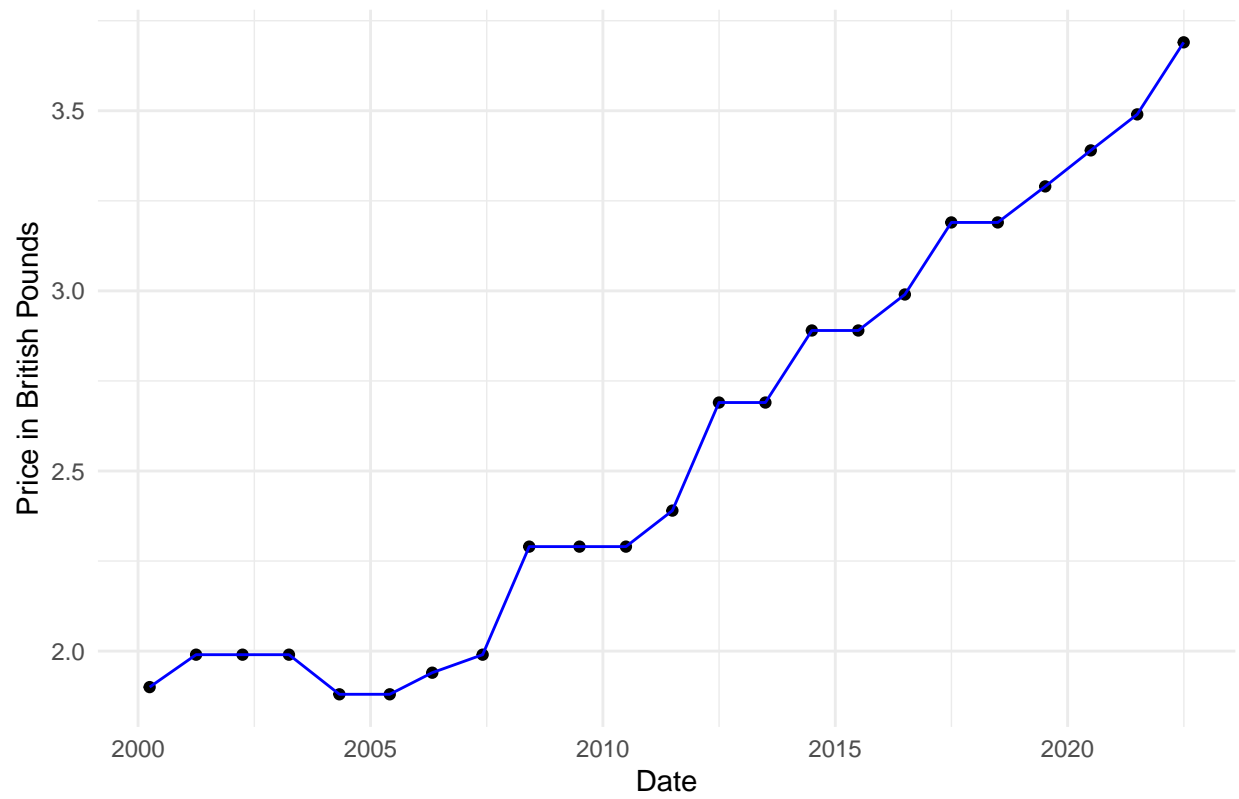


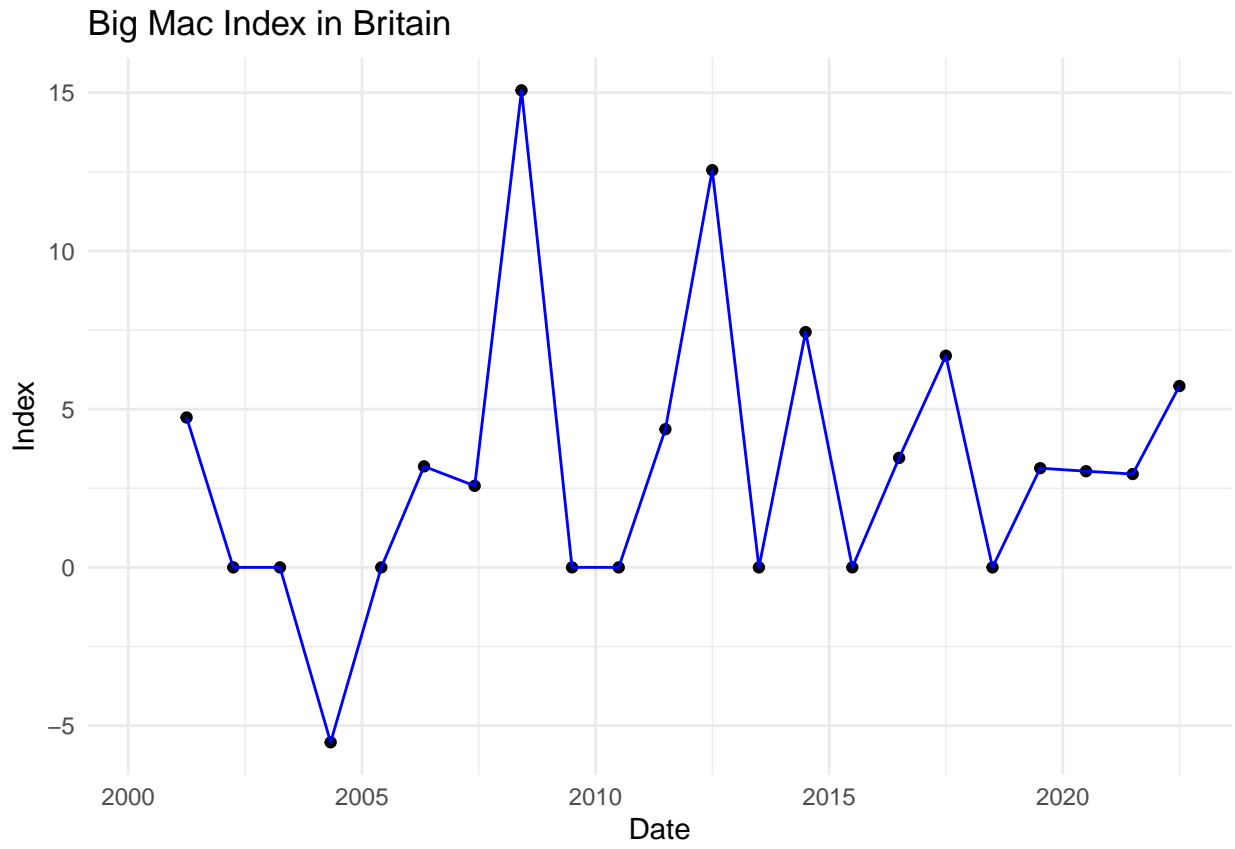


Summary of British data

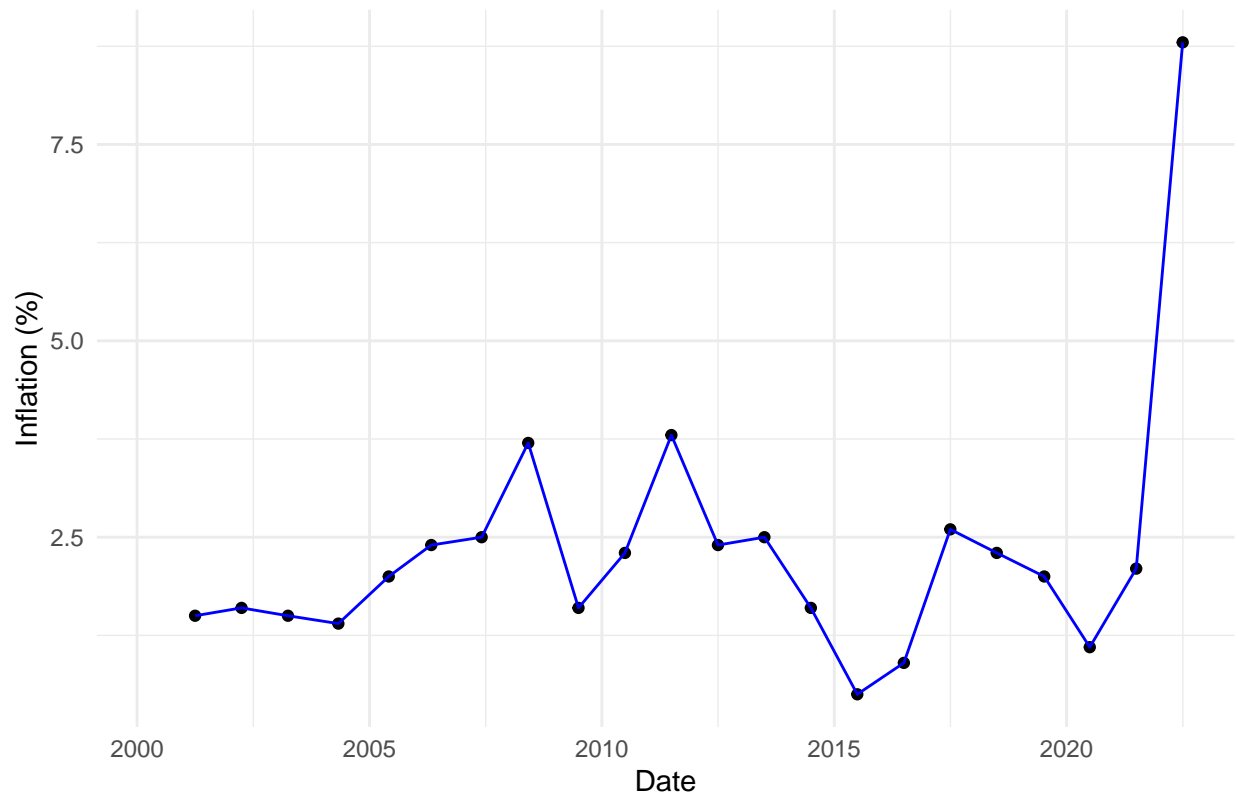
```
##      name                iso_a3      currency_code      local_price
## Length:23              Length:23      Length:23      Min.   :1.880
## Class :character      Class :character  Class :character  1st Qu.:1.990
## Mode  :character      Mode  :character  Mode  :character  Median :2.390
##                                     Mean   :2.574
##                                     3rd Qu.:3.090
##                                     Max.   :3.690
##
##      dollar_ex      GDP_dollar      GDP_local      date
## Min.   :0.4966      Min.   :27817      Min.   :17756      Min.   :2000-04-01
## 1st Qu.:0.6005      1st Qu.:39416      1st Qu.:22617      1st Qu.:2005-11-15
## Median :0.6463      Median :42171      Median :25860      Median :2011-07-01
## Mean   :0.6597      Mean   :40608      Mean   :26251      Mean   :2011-06-06
## 3rd Qu.:0.7443      3rd Qu.:44245      3rd Qu.:30221      3rd Qu.:2016-12-30
## Max.   :0.8311      Max.   :50676      Max.   :34311      Max.   :2022-07-01
##
##      big_mac_index      inflation_rate
## Min.   : -5.528      Min.   :0.500
## 1st Qu.: 0.000      1st Qu.:1.525
## Median : 2.995      Median :2.050
## Mean   : 3.155      Mean   :2.323
## 3rd Qu.: 4.644      3rd Qu.:2.475
## Max.   :15.075      Max.   :8.800
## NA's   :1          NA's   :1
```

Price of Big Macs in Britain





Inflation Rate in Britain



Top 10 rows of British data

local_price	big_mac_index	inflation_rate	date
1.90	NA	NA	2000-04-01
1.99	4.736842	1.5	2001-04-01
1.99	0.000000	1.6	2002-04-01
1.99	0.000000	1.5	2003-04-01
1.88	-5.527638	1.4	2004-05-01
1.88	0.000000	2.0	2005-06-01

2.2.2 Summary of Japanese data:

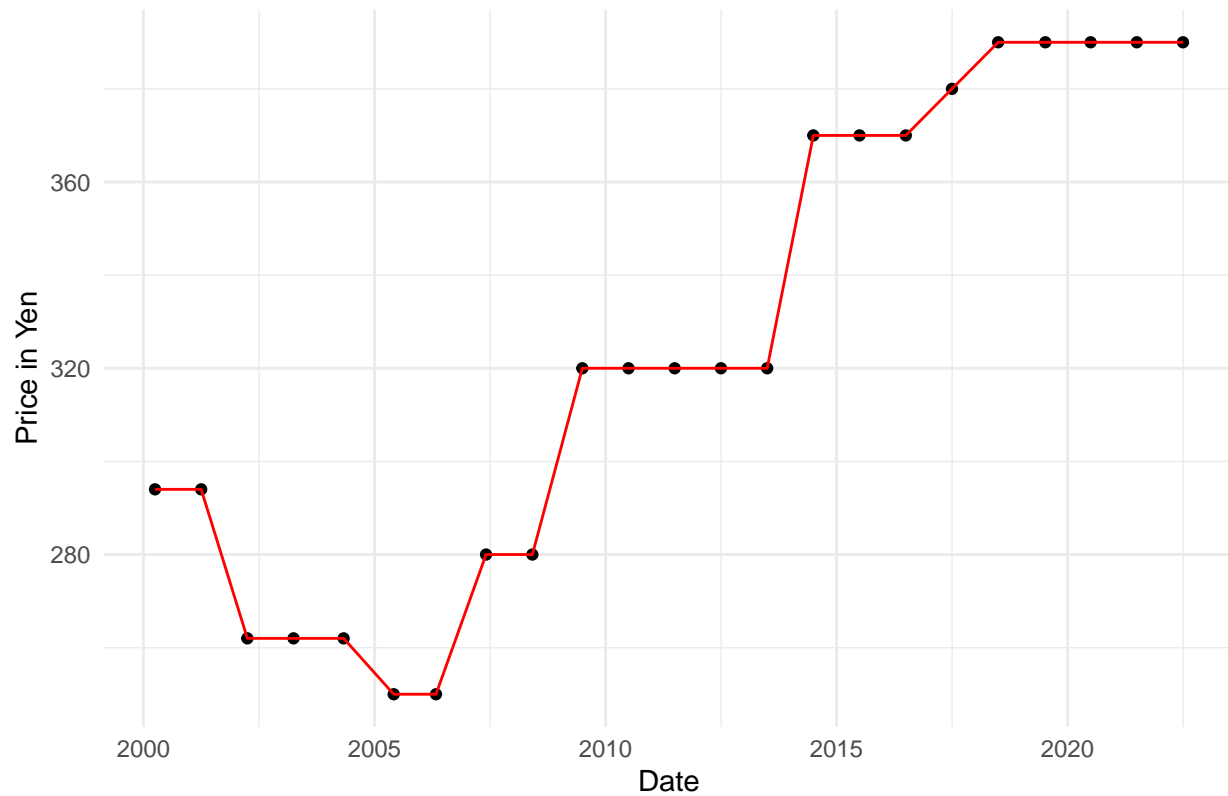
```
##      name                iso_a3      currency_code      local_price
## Length:23              Length:23      Length:23          Min.   :250
## Class :character      Class :character  Class :character    1st Qu.:280
## Mode  :character      Mode  :character  Mode  :character    Median :320
##                                     Mean   :325
##                                     3rd Qu.:375
##                                     Max.   :390
##
##      dollar_ex      GDP_dollar      GDP_local      date
## Min.   : 78.22    Min.   :32832    Min.   :3880330    Min.   :2000-04-01
## 1st Qu.:103.77    1st Qu.:36322    1st Qu.:4093258    1st Qu.:2005-11-15
## Median :108.77    Median :39173    Median :4171596    Median :2011-07-01
## Mean   :108.60    Mean   :39285    Mean   :4160551    Mean   :2011-06-06
```

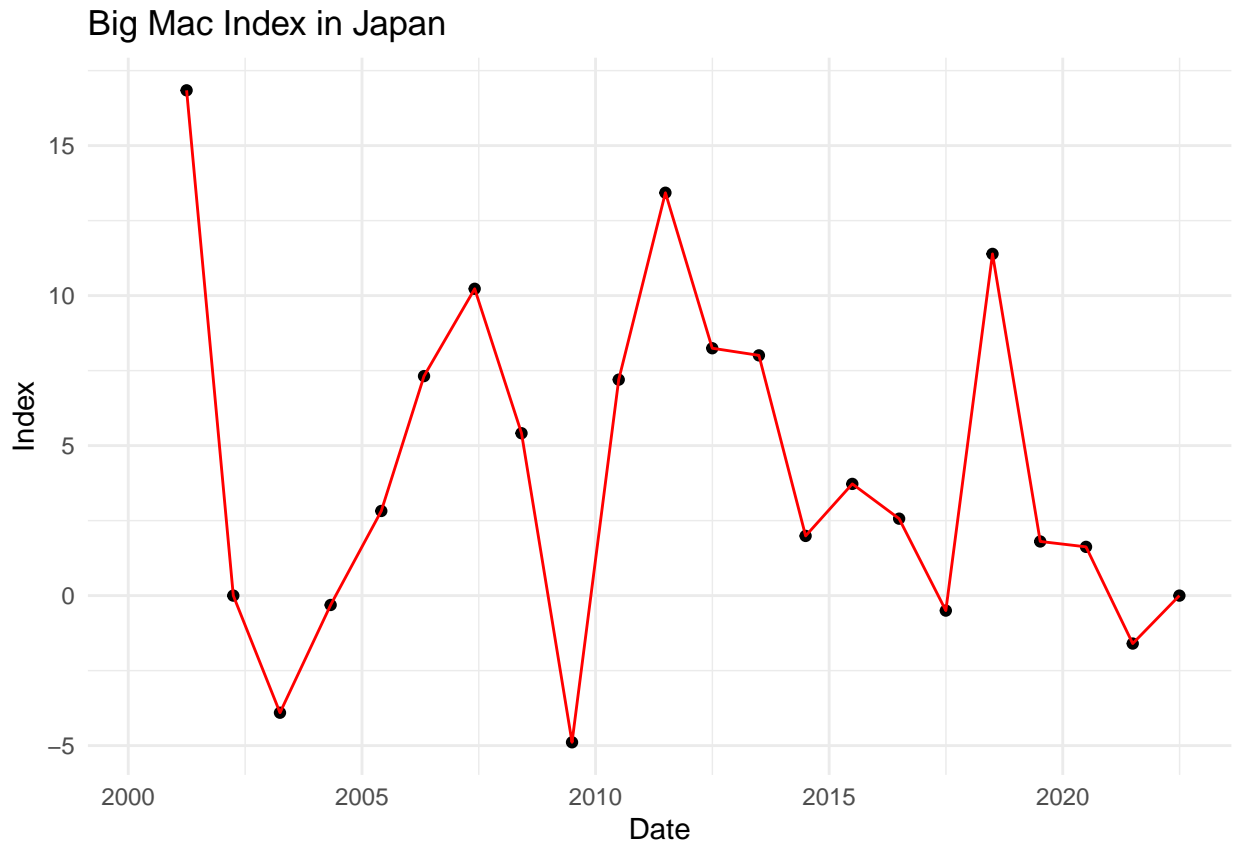
```
## 3rd Qu.:116.53 3rd Qu.:40320 3rd Qu.:4256717 3rd Qu.:2016-12-30
## Max. :137.87 Max. :49175 Max. :4424718 Max. :2022-07-01
##
## big_mac_index inflation_rate
## Min. :-10.884 Min. :-1.3500
## 1st Qu.: 0.000 1st Qu.: -0.2675
## Median : 0.000 Median : -0.0150
## Mean : 1.445 Mean : 0.2295
## 3rd Qu.: 0.000 3rd Qu.: 0.4775
## Max. : 15.625 Max. : 2.7600
## NA's :1 NA's :1
```

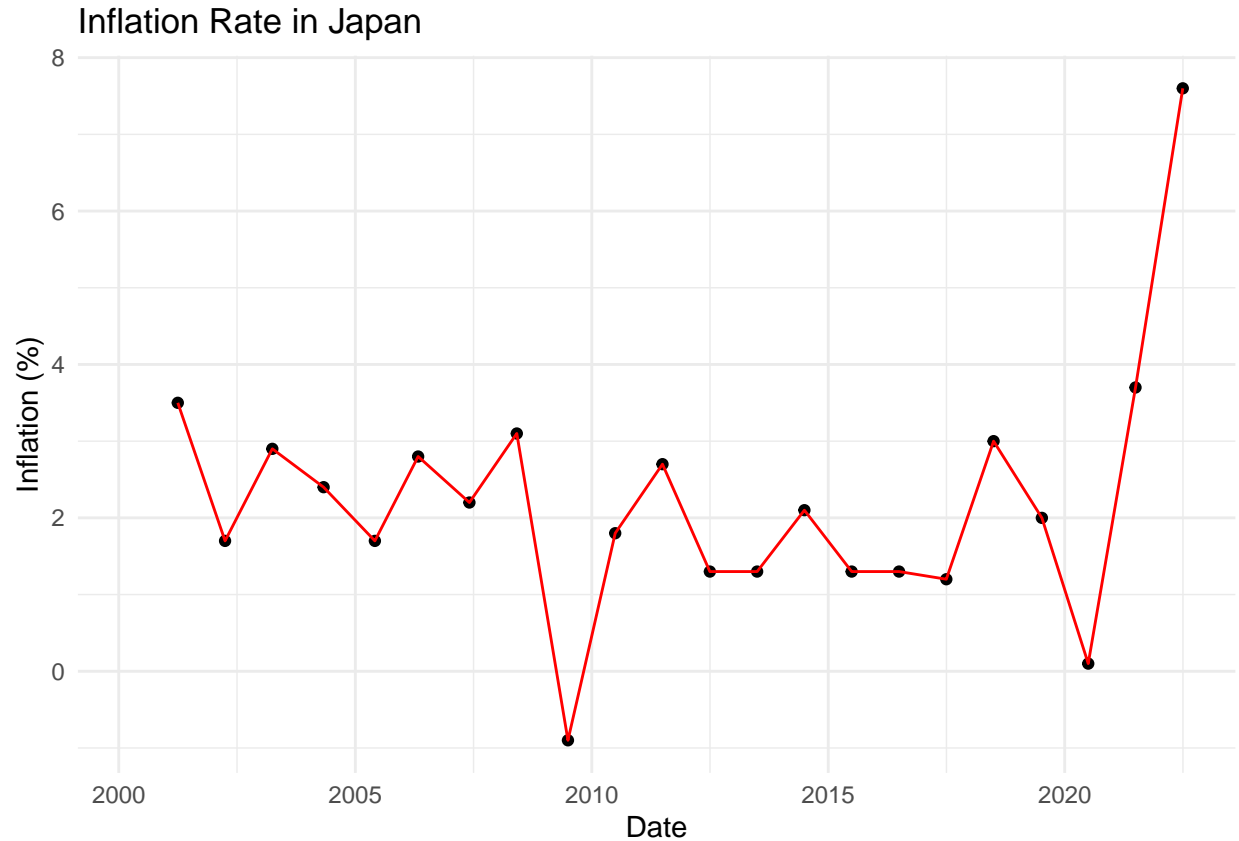
Top 10 rows of Japanese data

local_price	big_mac_index	inflation_rate	date
294	NA	NA	2000-04-01
294	0.000000	-0.74	2001-04-01
262	-10.884354	-0.92	2002-04-01
262	0.000000	-0.26	2003-04-01
262	0.000000	-0.01	2004-05-01
250	-4.580153	-0.28	2005-06-01

Price of Big Macs in Japan





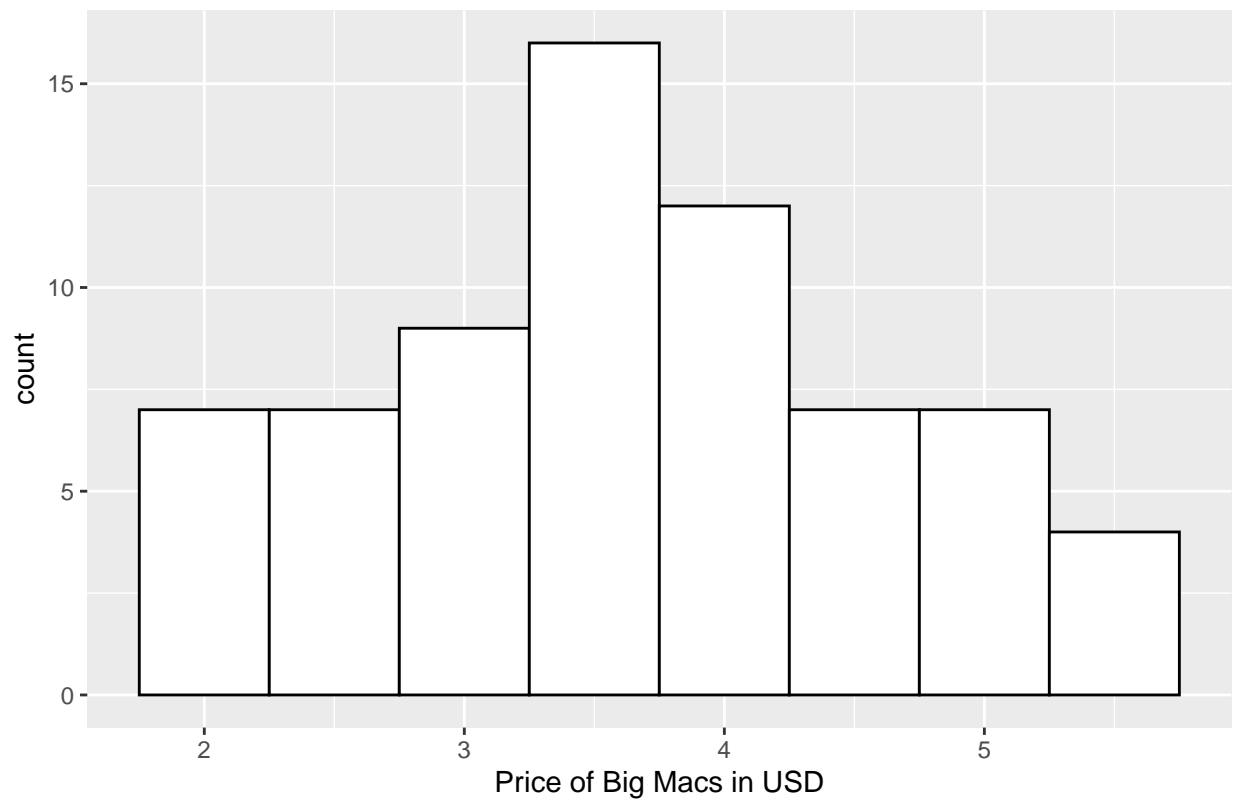


Summary of Combined data: summary of combined data:

```
##      name                iso_a3      currency_code      local_price
## Length:69              Length:69      Length:69      Min.   :  1.88
## Class :character      Class :character  Class :character  1st Qu.:  2.99
## Mode  :character      Mode  :character  Mode  :character  Median :  4.73
##                                     Mean   :110.79
##                                     3rd Qu.:280.00
##                                     Max.   :390.00
##
##      dollar_ex      dollar_price      GDP_dollar      GDP_local
## Min.   :  0.4966    Min.   :1.939    Min.   :22341    Min.   : 17756
## 1st Qu.:  0.7539    1st Qu.:2.885    1st Qu.:36440    1st Qu.: 30719
## Median :  1.2823    Median :3.644    Median :40904    Median : 49912
## Mean   : 36.8333    Mean   :3.644    Mean   :40266    Mean   :1412137
## 3rd Qu.:101.5300    3rd Qu.:4.277    3rd Qu.:45136    3rd Qu.:4081287
## Max.   :137.8650    Max.   :5.314    Max.   :52744    Max.   :4424718
##
##      date                big_mac_index      inflation_rate
## Min.   :2000-04-01      Min.   : -10.8844    Min.   : -1.3500
## 1st Qu.:2005-06-01      1st Qu.:  0.0000    1st Qu.:  0.3725
## Median :2011-07-01      Median :  0.8124    Median :  1.5500
## Mean   :2011-06-06      Mean   :  2.9179    Mean   :  1.5902
## 3rd Qu.:2017-07-01      3rd Qu.:  5.2435    3rd Qu.:  2.4000
## Max.   :2022-07-01      Max.   :16.8421    Max.   :  8.8000
##                                     NA's   :3          NA's   :3
```


2.3 Distributions

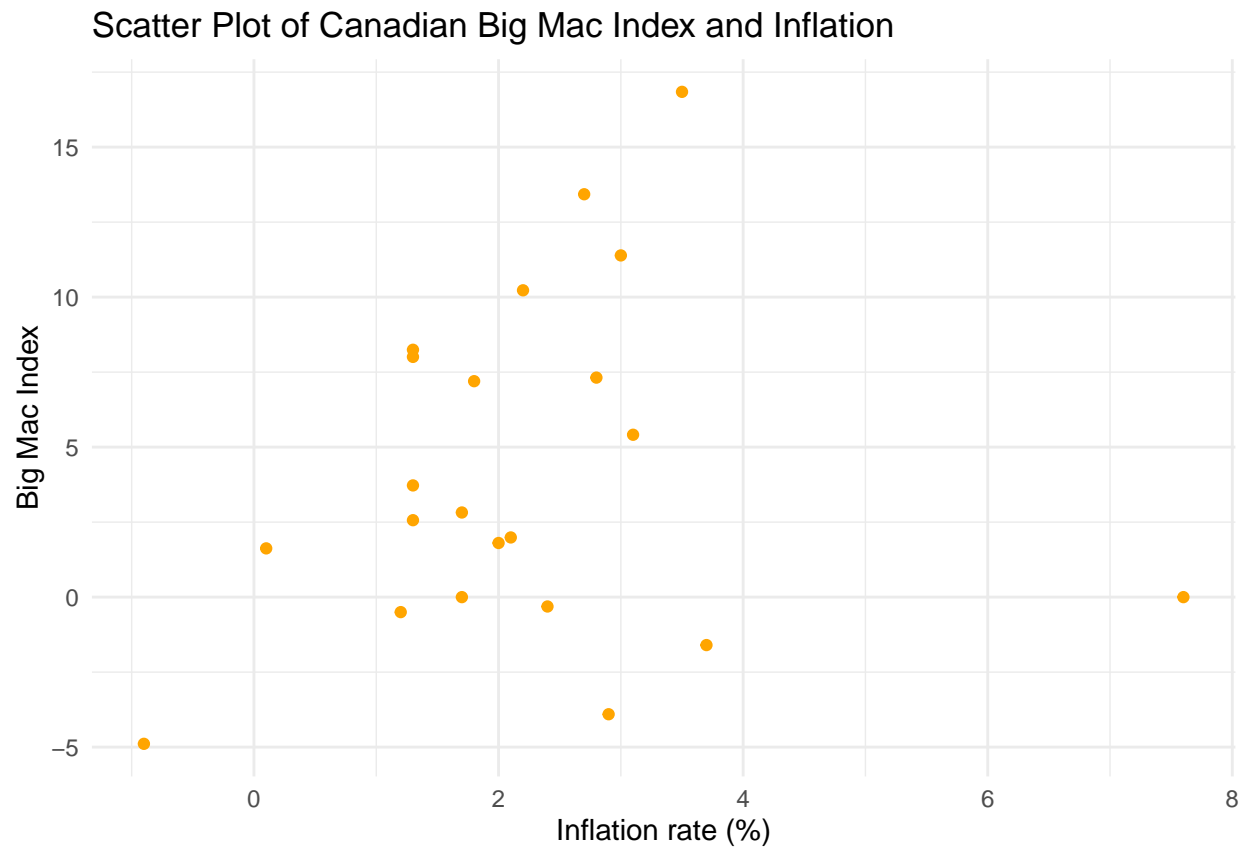
Distribution of Big Mac Prices

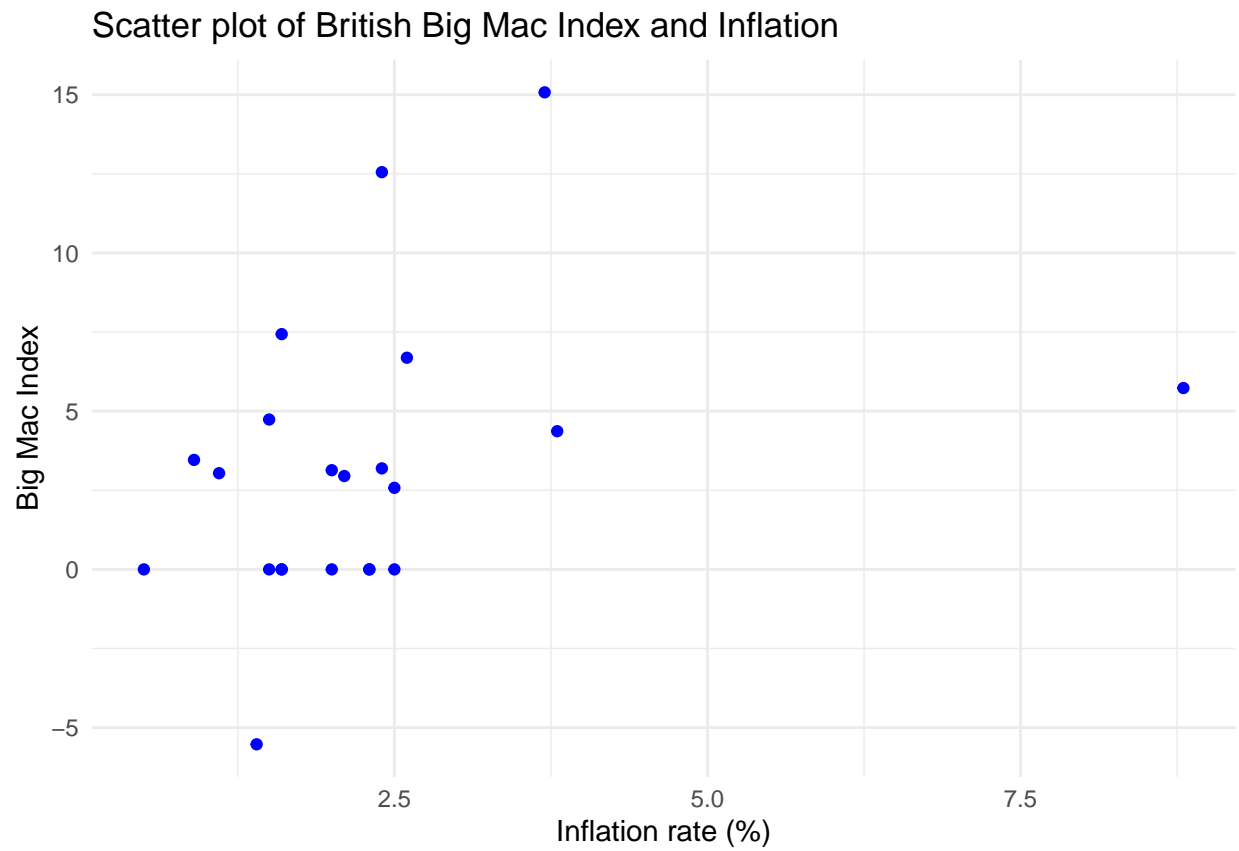


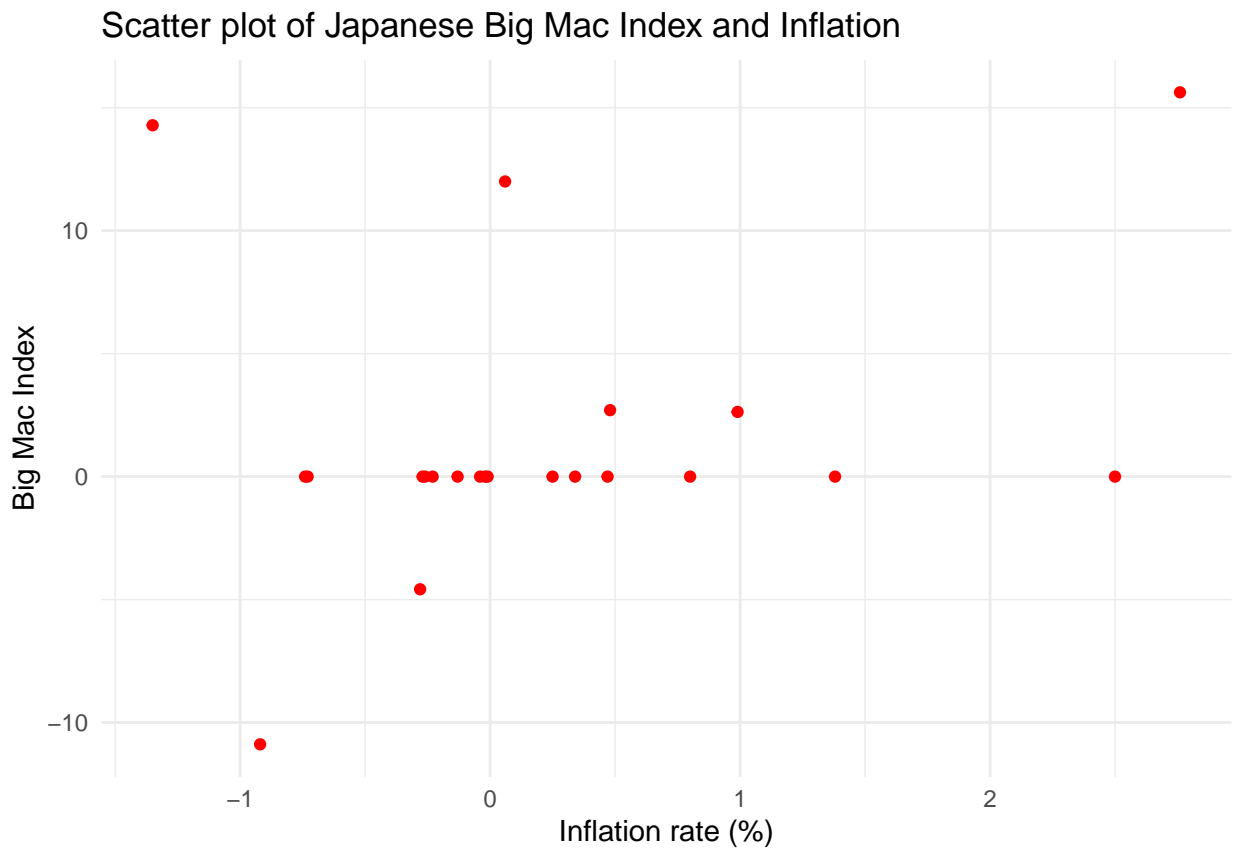
Density Curve of Big Mac Prices



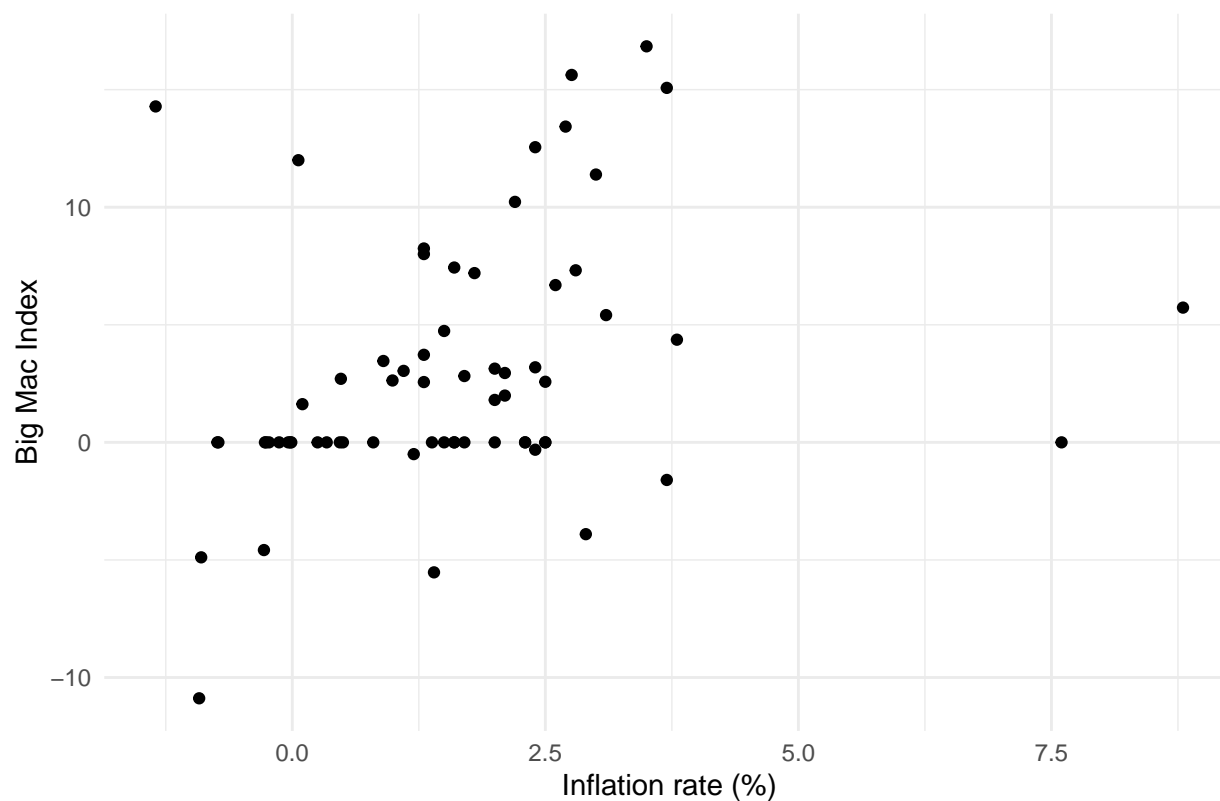
2.4 Scatterplots







Scatter plot of Combined Big Mac Index and Inflation



3 Results

3.1 Pearson's R

```
## [1] 0.1427985
```

```
## [1] 0.3418725
```

```
## [1] 0.2683515
```

```
## [1] 0.2953589
```

```
##
```

```
## Call:
```

```
## lm(formula = inflation_rate ~ big_mac_index, data = canada_data)
```

```
##
```

```
## Residuals:
```

```
##      Min       1Q   Median       3Q      Max
```

```
## -2.7481 -0.8468 -0.1944  0.4774  5.5518
```

```
##
```

```
## Coefficients:
```

```
##              Estimate Std. Error t value Pr(>|t|)
```

```
## (Intercept)    2.04822    0.43711   4.686 0.000142 ***
```

```

## big_mac_index 0.04091 0.06341 0.645 0.526114
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.636 on 20 degrees of freedom
## (1 observation deleted due to missingness)
## Multiple R-squared: 0.02039, Adjusted R-squared: -0.02859
## F-statistic: 0.4163 on 1 and 20 DF, p-value: 0.5261

##
## Call:
## lm(formula = inflation_rate ~ big_mac_index, data = britain_data)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -1.4608 -0.8724 -0.1806  0.2276  6.1555
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)   1.92858    0.41619   4.634 0.00016 ***
## big_mac_index  0.12492    0.07679   1.627 0.11941
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.587 on 20 degrees of freedom
## (1 observation deleted due to missingness)
## Multiple R-squared: 0.1169, Adjusted R-squared: 0.07272
## F-statistic: 2.647 on 1 and 20 DF, p-value: 0.1194

##
## Call:
## lm(formula = inflation_rate ~ big_mac_index, data = japan_data)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -2.1751 -0.4300 -0.1925  0.2786  2.3375
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)   0.16255    0.21676   0.750 0.462
## big_mac_index  0.04638    0.03723   1.246 0.227
##
## Residual standard error: 0.9849 on 20 degrees of freedom
## (1 observation deleted due to missingness)
## Multiple R-squared: 0.07201, Adjusted R-squared: 0.02561
## F-statistic: 1.552 on 1 and 20 DF, p-value: 0.2272

##
## Call:
## lm(formula = inflation_rate ~ big_mac_index, data = combined_data)
##
## Residuals:
##      Min       1Q   Median       3Q      Max

```

```
## -4.0195 -1.0406 -0.0749 0.6418 6.9428
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)   1.31310    0.23331   5.628 4.33e-07 ***
## big_mac_index 0.09495    0.03839   2.473 0.0161 *
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.663 on 64 degrees of freedom
## (3 observations deleted due to missingness)
## Multiple R-squared:  0.08724,    Adjusted R-squared:  0.07297
## F-statistic: 6.117 on 1 and 64 DF,  p-value: 0.01606
```

4 Discussion

4.0.1 Pearson's r

Simple Linear Regression

Canada, Bank of. 2023. “Key Inflation Indicators and the Target Range.” 2023. <https://www.bankofcanada.ca/rates/indicators/key-variables/key-inflation-indicators-and-the-target-range/>.

Economist, The. 2023. “Our Big Mac Index Shows How Burger Prices Are Changing.” 2023. <https://www.economist.com/big-mac-index>.

futuraprime. 2022. “TheEconomist/Big-Mac-Data.” 2022. <https://github.com/TheEconomist/big-mac-data>.

Kenneth W. Clements, Yihui Lan, and Shi Pei Seah. 2012. “The Big Mac Index Two Decades on: An Evaluation of Burgernomics.” *International Journal of Finance and Economics* 17 (1): 31–60.

macrotrends. 2023. “Japan Inflation Rate 1960-2023.” 2023. <https://www.macrotrends.net/countries/JPN/japan/inflation-rate-cpi>.

National Statistics, Office for. 2023. “CPIH Annual Rate 00: All Items 2015=100.” 2023. <https://www.ons.gov.uk/economy/inflationandpriceindices/timeseries/l55o/mm23>.

Reuters. 2022. “Currencies.” 2022. <https://www.reuters.com/markets/currencies/>.