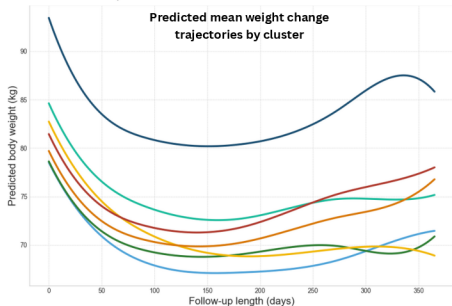


Weight gain cause prevalences by cluster

Weight gain cause	Whole population	Male-dominant, inactive	Women's health	Unspecified causes	External events	Medical issues	Unhealthy eating	Mental health
Women's health and pregnancy	652 (26.5%)	3 (1.1%)**	498 (99.6%)**	0 (0.0%)**	12 (4.0%)**	33 (11.8%)**	45 (11.6%)**	61 (13.8%)**
Mental health	594 (24.1%)	28 (10.3%)**	67 (13.4%)**	0 (0.0%)**	29 (9.8%)**	34 (12.2%)**	0 (0.0%)**	130 (26.4%)**
Family issues	129 (5.2%)	7 (2.6%)	16 (3.2%)	0 (0.0%)**	20 (6.6%)	13 (4.7%)	20 (5.1%)	53 (12.0%)**
Medication, disease or injury	402 (16.3%)	37 (13.7%)	54 (10.8%)**	0 (0.0%)**	9 (3.0%)**	237 (84.9%)**	24 (6.2%)**	41 (9.3%)**
Physical inactivity	556 (22.7%)	201 (65.2%)**	55 (11.0%)**	2 (0.7%)**	55 (18.2%)	59 (21.1%)	64 (21.6%)	72 (16.3%)**
Eating habits	822 (33.4%)	89 (32.8%)	36 (7.2%)**	0 (0.0%)**	17 (5.6%)**	16 (6.5%)**	374 (96.1%)**	288 (65.0%)**
Schedule	147 (6.0%)	27 (10.0%)**	19 (2.0%)**	1 (0.4%)**	14 (4.6%)	10 (3.6%)	39 (10.0%)**	46 (10.4%)**
Smoking cessation	143 (5.8%)	15 (5.5%)	40 (8.0%)	0 (0.0%)**	31 (10.3%)**	25 (9.0%)	18 (4.6%)	14 (3.2%)*
Treatment discontinuation or relapse	318 (12.9%)	34 (12.5%)	47 (9.4%)*	4 (1.4%)**	53 (17.5%)**	48 (17.2%)	47 (12.1%)	85 (19.2%)**
COVID-19 pandemic	314 (12.7%)	25 (9.2%)	34 (6.8%)**	1 (0.4%)**	152 (50.3%)**	24 (8.6%)	34 (8.7%)*	44 (9.9%)
External circumstances	381 (15.0%)	43 (15.9%)	25 (5.0%)**	0 (0.0%)**	162 (53.8%)**	15 (5.4%)**	67 (17.2%)	69 (15.6%)
None of the above	276 (11.2%)	0 (0.0%)**	0 (0.0%)**	376 (96.9%)**	0 (0.0%)**	0 (0.0%)**	0 (0.0%)**	0 (0.0%)**

Predicted mean weight change trajectories by cluster



Cluster-wise differences from the population average

