

Milena Mofrad

647-633-1150

milenamofrad14@gmail.com

Responsible and dedicated Grade 10 student at William Lyon Mackenzie C.I., guaranteed to excel in a role requiring strong communication skills, organization, and enthusiasm.

Experience

March 2023 - Present, YMCA Swim Instructor and Lifeguard

- Ensured that all safety and life guarding procedures are adhered to
- Delivered course content and examine participants, developed and implemented weekly lesson plans
- Set up and take down equipment for recreational and program purposes

May 5, 2022 - June 26, 2023, Volunteered at St. Cyril Catholic School - Coordinated Yearbook Committee (160 hours)

- Guided grade 7 and 8 students in the creation of a yearbook
- Taught students how to use different types of software
- Communicated with teacher supervisors and students using email and google classroom.

June 2022 - August 2022, Volunteered at Edithvale Summer Camp (77 hours)

- Assisted counselors with activities, helping campers complete the activities, and helping campers develop friendships and new skills
- Assisted with setting up and cleaning before and after activities

July 2, 2022 - July 16, 2022, Volunteered at Camp Tropinka as a Counselor (120 hours)

- Attended and actively participated in two days of training and daily meetings
- Cared for a group of 3 to 5 children aged 6-10. Ensured their safety and led them in activities throughout the day. Encouraged friendships amongst them and helped resolve any conflicts

April 25, 2022 - June 6, 2022, Volunteered at St. Cyril Catholic School - Swim Coach for St. Cyril Swim Team (9 hours)

- Led group of students aged 10-12 during swim meets. Helping them practice and improve skills they have learned, as well as teaching them new skills, and providing them with feedback.

August 2021 - Volunteered for Federal Election (52 hours)

- Canvassed and made phone calls, recorded information

Extracurriculars

2021 - Present, Mackenzie Debate Club

July 2022 - June 2023, Communication Representative

July 2023 - Present, Co-President

- Participated in weekly debate practices and various local debate tournaments
- Developed strong communication and public speaking skills
- Helped develop lessons and plan for year of debate club meetings
- Assisted in running communications for club

2021 - Present, Mackenzie Science Club

2021 - June 2023, General Member

July 2023 - Present, Event Designer

- Participated in weekly events exploring different branches of science
- Volunteered for the Mackenzie Science and Engineering Olympics
- Create engaging and educational science based events for coming school year

2019 - Present, Cobra 188 Squadron Cadet

- Partook in weekly Parade nights
- Played the saxophone during Parade Square and band meetings

Certification and Languages

- Standard First Aid and CPR-C from Lifesaving Society
- National Lifeguard from Lifesaving Society
- Swim and Lifesaving Instructor from Lifesaving Society
- Principles of Healthy Child Development
- AP Computer Science A - 5
- 2023 Cayley Contest Honor Roll
- Fluent in Russian
- Intermediate level of French