

Saturday Sept 3, 2022

Race Start and Finish:

Corner of 4th Street and St. Joseph St in downtown

Wathena, Kansas

For more information call:

(816) 273-3098

Start Times:

5k/10k run/walk: 8:00 am

Kids fun run: 8:05 am

All proceeds to benefit student-athletes at Riverside High School.

Entry Fees:

5k -- \$20 10k -- \$22

Kids Fun Race (1 Mile) - Free!!

Checks payable to: Riverside FCA

Course: Fairly flat 5k, Rolling to Moderate Hills on 10k (alternate course may be ran depending on river level)

Awards: Top Male and Female overall in 5k and 1ok, plus medals to top three in each age group. Participant medals for fun run.

All results will be available at:

www.runningforthefuture.com

Online Registration Available at

www.runningforthefuture.com

T-Shirts will be included with entry fee.
Race day registrants will not be
guaranteed a t-shirt at registration but
may order them on race day.



Entry Form (Please fill out completely)

Name:				
Age: Sex: M or F				
Phone: _				
Address:				
City:	St:Zip:			
			20-29 30-39 70 and above	
Race:	5k	10k	Kids Run	
Email Ad Iress:				

Shirt Size: YL, S, M, L, XL, XXL, XXXL

Waiver: I mow that running/walking in a road race is a potentially haz irdous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a r. ce official relative to my ability to safely complete the run/walk. I assume all risks associated with running/walking in the 2021 Fall I estival River Run, including but not limited to falls, contacts with their participants, the effects of the weather including high heat and/ r humidity, low temperature, traffic and conditions of the road, all risks being known and appreciated by me. Having read this release an knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf or on behalf of my estate, waive and release JIM CERA, CITY OF WATHENA, WATHENA FALL FESTIVAL, FCA and all sponsors of the race, any other persons assisting with the race, the officers, board nembers, agents, servants, employees, and their successors and assigns of each and every of the above from all claims or liabi ties of any kind arising out of my participation in the run/walk even hough the liability may arise out of negligence or carelessness or the part of the persons referred to in this waiver. I also realize that in the event of cancellation for any reason outside of above listed pe sons' control, there will be no refund of entry fees.

Parent Signature (if under 18):

River Run 5k/10k



Wathena, KS

September 3, 2022

Presented by:







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