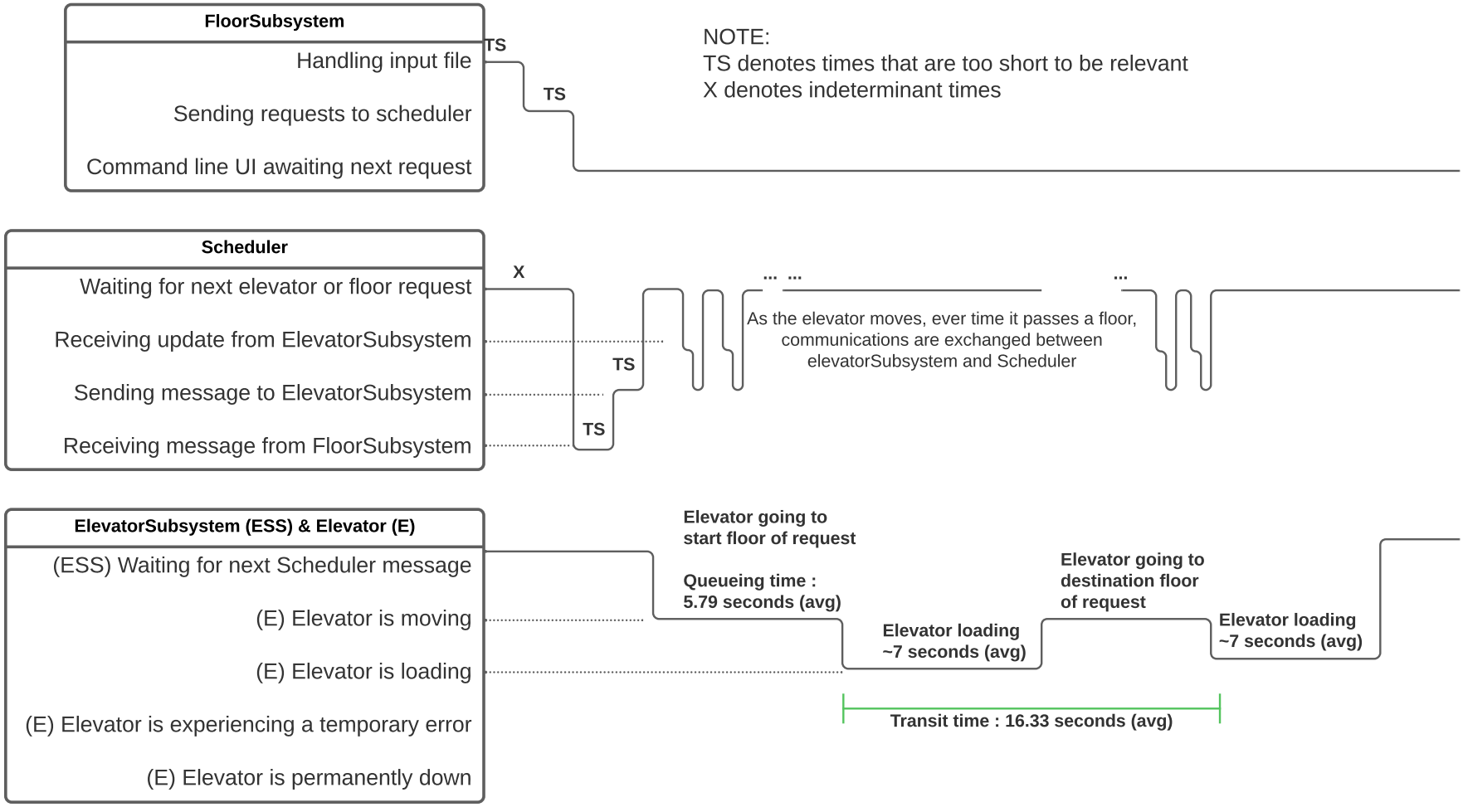REGULAR REQUESTS