

## Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents (CMS 155v8)

### Measure Basic Information

**Name and date of specifications used:** Eligible Professional / Eligible Clinician electronic Clinical Quality Measure (eCQM) Specifications for Performance / Reporting Year 2020.

**URL of Specifications:** <https://ecqi.healthit.gov/ecqm/ep/2020/cms155v8>

**Measure Type:**

HEDIS ☐ PQI ☐ Survey ☐ Other ☒ Specify: eCQM

**Measure Utility:**

CCO Incentive ☐ State Quality ☐ CMS Adult Core Set ☐ CMS Child Core Set ☒  
Other ☐ Specify:

**Data Source:** Electronic Health Records

**Measurement Period:** January 1, 2020 – December 31, 2020

**Benchmark:**

	2018	2019	2020
<b>Benchmark for OHA measurement year</b>	30.4% (simple average of reported rates)	32.7% (simple average of reported rates)	n/a*
<b>Source</b>	MIPS 2017 benchmark – 50 <sup>th</sup> percentile	MIPS 2018 benchmark – Decile 8, 70 <sup>th</sup> percentile	

\* This measure is no longer incentivized but still reported for a minimum of one year.

**Changes in Specifications from 2019 to 2020:** This summary is provided to help highlight changes. For a complete list, see the Technical Release Notes:

<https://ecqi.healthit.gov/sites/default/files/ecqm/measures/CMS155v8-TRN.xlsx>

- Updated NQF number to 'Not Applicable.'
- Updated rationale statement, clinical recommendation statement, and references.
- Updated guidance statement to clarify that only the BMI percentile is valid for this measure because BMI norms for youth vary with age and sex.

Value Set name and OID	Status
Value set Height (2.16.840.1.113883.3.464.1003.121.12.1014)	Deleted 1 LOINC code (3138-5).

**Denied claims:** n/a

## Measure Details

The detailed measure specifications are available in the eCQI Resource Center: <https://ecqi.healthit.gov/ecqm/ep/2020/cms155v8>. The following abbreviated information from the specifications is provided for convenience.

**Data elements required denominator:** Patients 3-17 years of age with at least one outpatient visit with a primary care physician (PCP) or an obstetrician/gynecologist (OB/GYN) during the measurement period

**Required exclusions for denominator:**

- Patients who have a diagnosis of pregnancy during the measurement period.
- Patients whose hospice care overlaps the measurement period.

**Deviations from cited specifications for denominator:** None.

**Data elements required numerator:**

- Numerator 1: Patients who had a height, weight and body mass index (BMI) percentile recorded during the measurement period
- Numerator 2: Patients who had counseling for nutrition during the measurement period
- Numerator 3: Patients who had counseling for physical activity during the measurement period

**Required exclusions for numerator:** None.

**Deviations from cited specifications for numerator:** None.

**What are the continuous enrollment criteria:** For now, OHA does not use continuous enrollment criteria for EHR-based measures; the “eligible as of the last date of the reporting period” rule may be used to identify beneficiaries.

**What are allowable gaps in enrollment:** n/a

**Define Anchor Date (if applicable):** n/a

**For more information:**

- Measure specifications, guidance on how to read eQMs, and other resources can be accessed through the CMS/ ONC eCQI Resource Center: <https://ecqi.healthit.gov/ep-ec-ecqms>
- Value Sets can be accessed through the Value Set Authority Center (VSAC) at the National Library of Medicine. <https://vsac.nlm.nih.gov/>
- Additional information on OHA reporting requirements will be available in the Year Eight (2020) Guidance Documentation, which will be posted at <https://www.oregon.gov/oha/HPA/ANALYTICS/Pages/CCO-Metrics.aspx>