

Patient Health Report

Name: Milyn CC | Age: 45

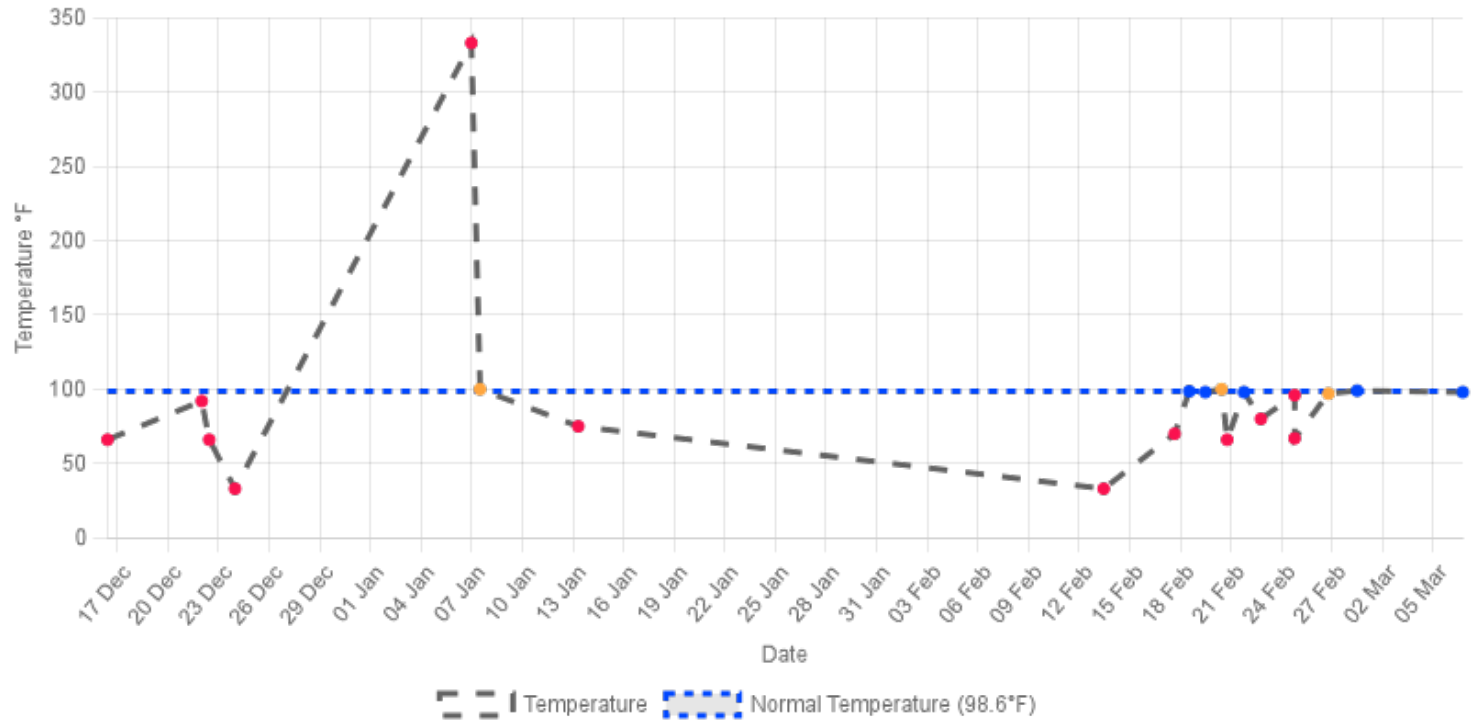
Report Date: 08 Mar 2025

Body Temperature (Last 90 days)

Current Temperature: 98°F

Average Temperature: 93.28°F

Lowest Temperature: 33°F on 13 Feb 2025



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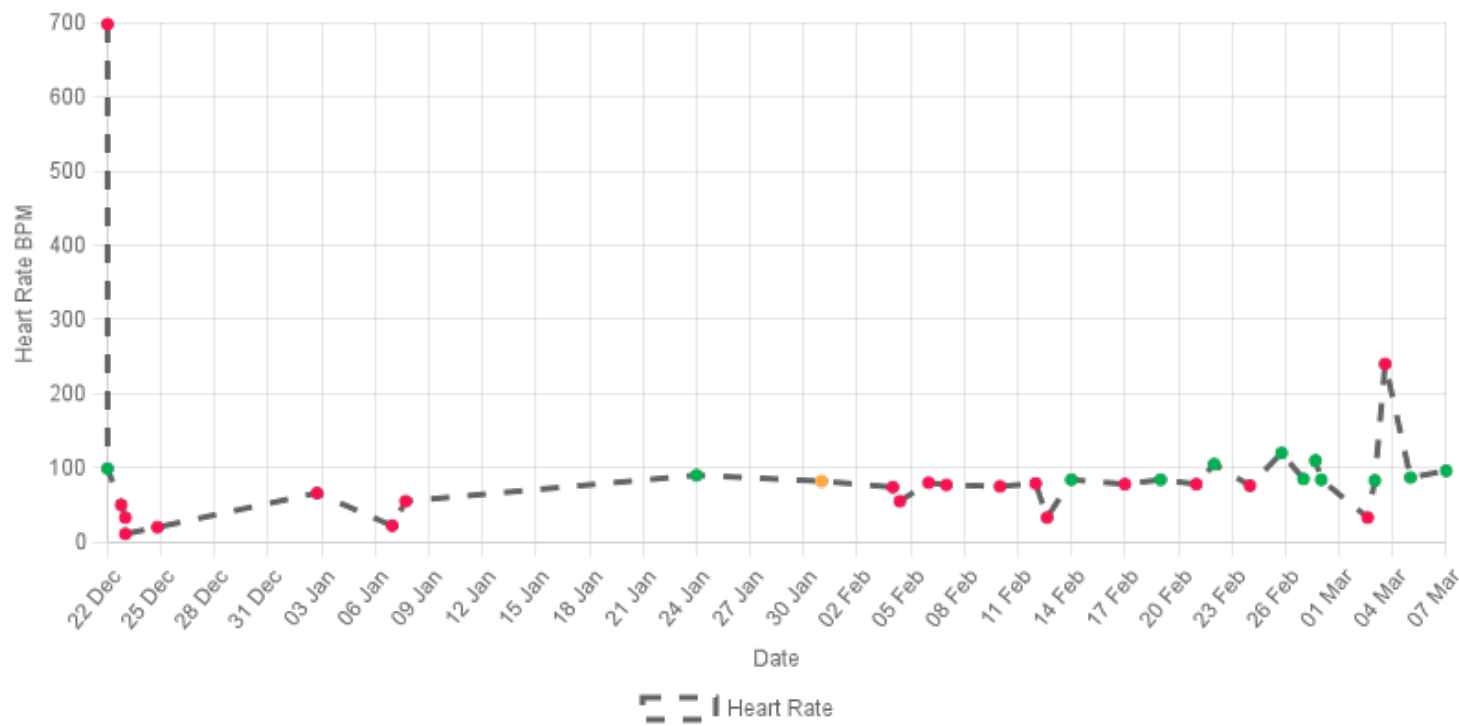
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Heart Rate (Last 90 days)

Current Heart Rate: 96 BPM

Average Heart Rate: 95.21 BPM

Lowest Heart Rate: 11 BPM on 23 Dec 2024



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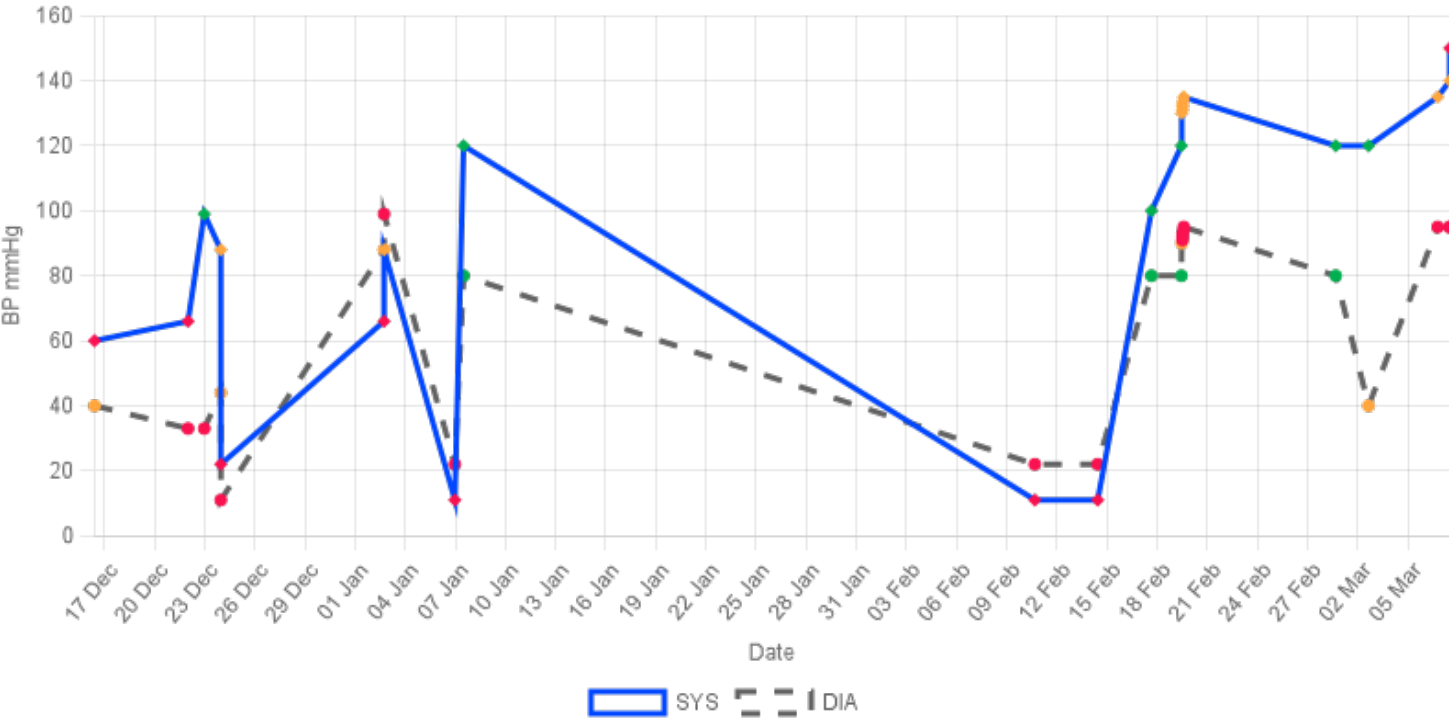
Blood Pressure (Last 90 days)

Current BP: 150/95 mmHg

Average BP: 96.75/67.25 mmHg

Lowest Systolic: 11 mmHg on 14 Feb 2025

Lowest Diastolic: 11 mmHg on 23 Dec 2024



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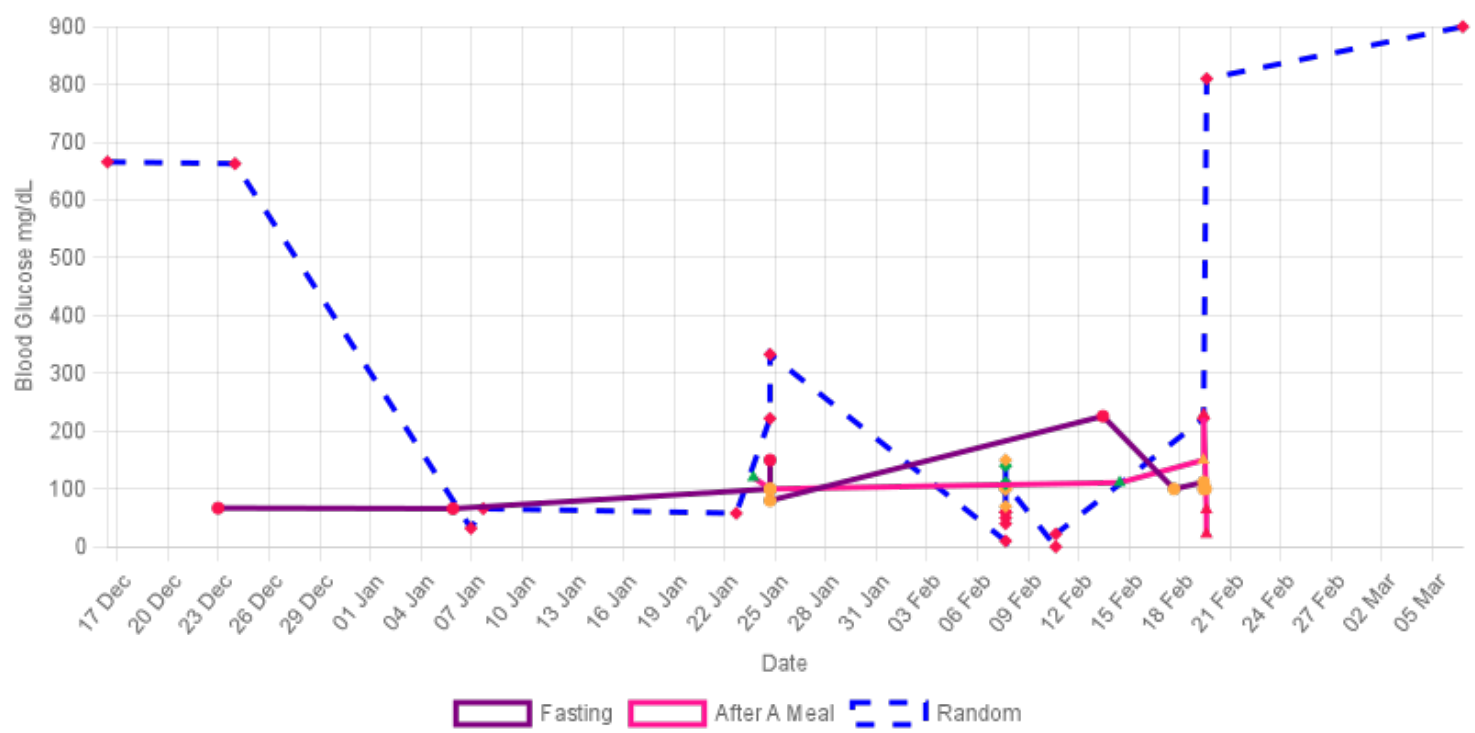
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Blood Glucose (Last 90 days)

Current Glucose: 900 mg/dL (Category: RANDOM)

Average Glucose: 163.39 mg/dL

Lowest Glucose: 0 mg/dL on 10 Feb 2025



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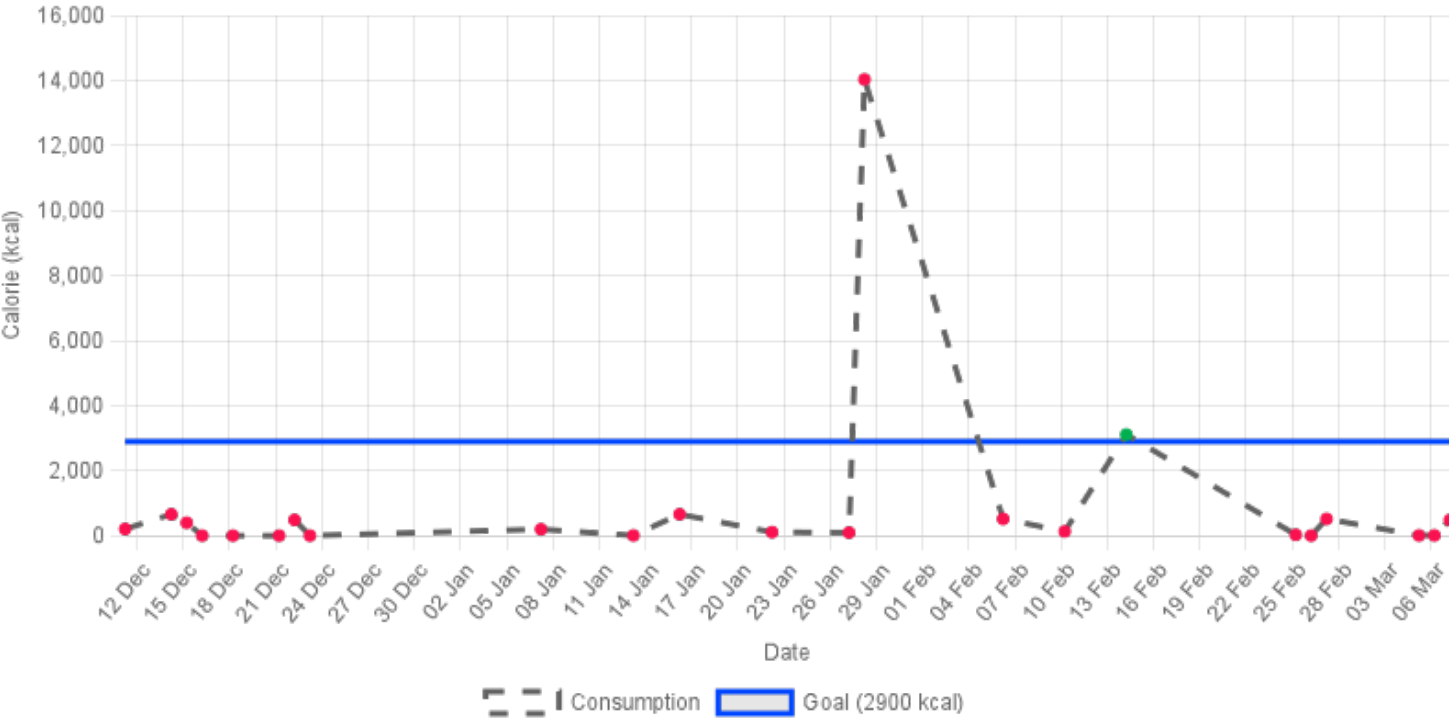
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Nutrition (Last 90 days)

Goal Average: 2900.00 kcal

Actual Average: 944.37 kcal

Lowest Consumption: 4 kcal on 21 Dec 2024



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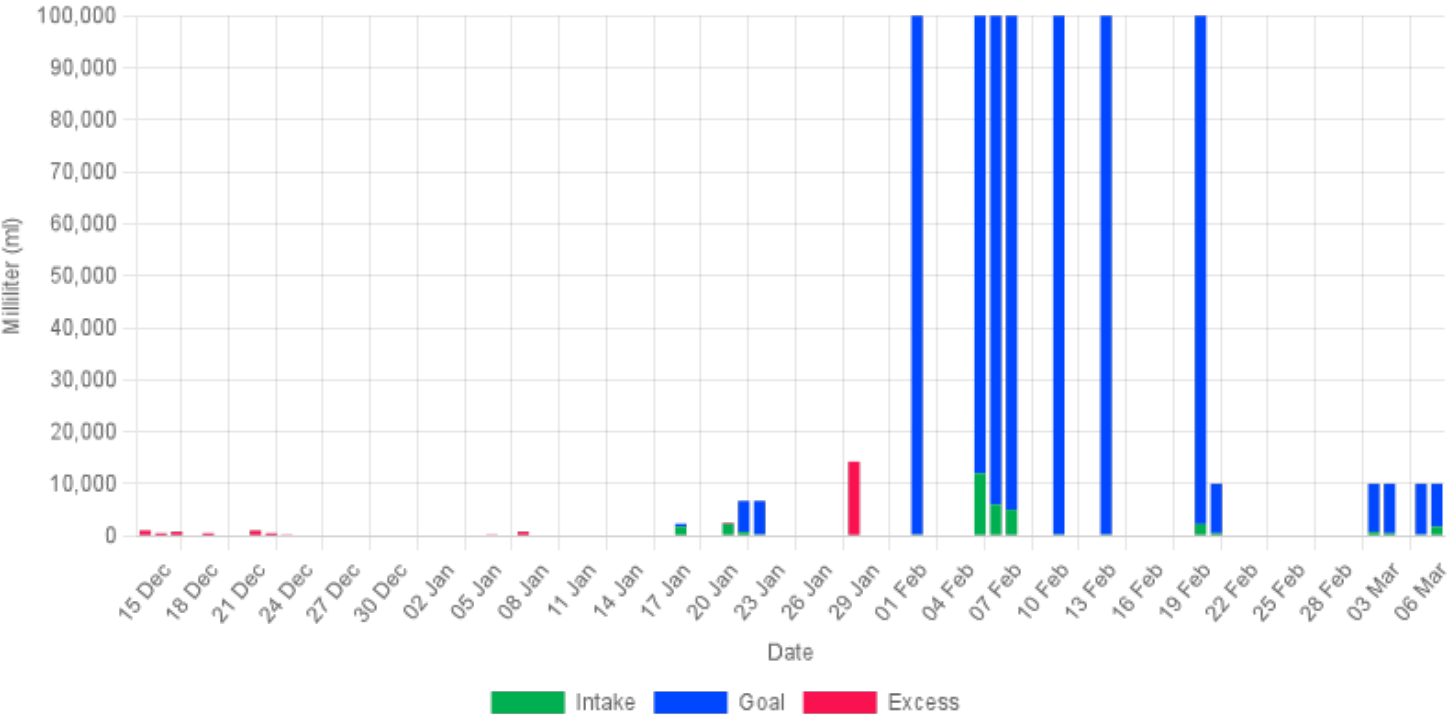
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Water Intake (Last 90 days)

Goal Average: 10000.00 ml

Actual Average: 2025.86 ml



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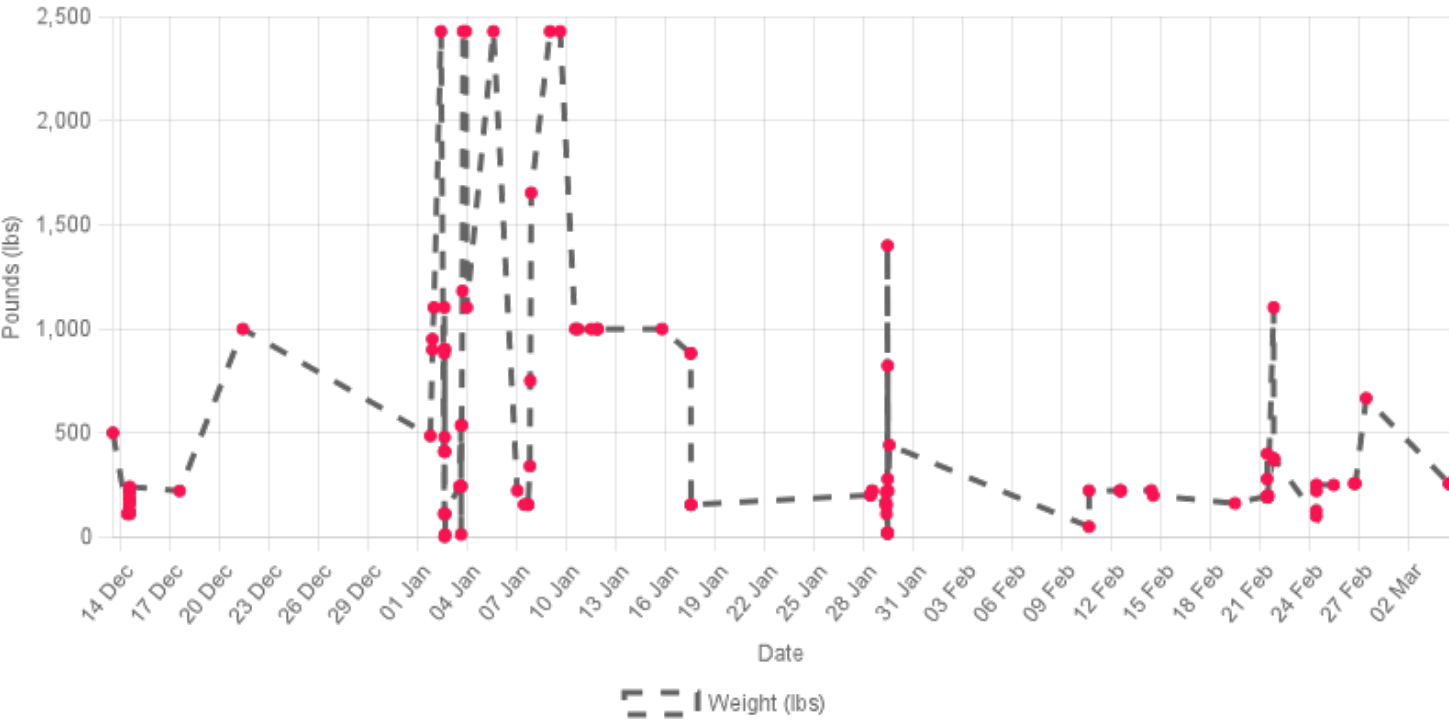
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Weight (Last 90 days)

Current Weight: 255.74 lbs

Lowest Weight: 0.00 lbs on 02 Jan 2025



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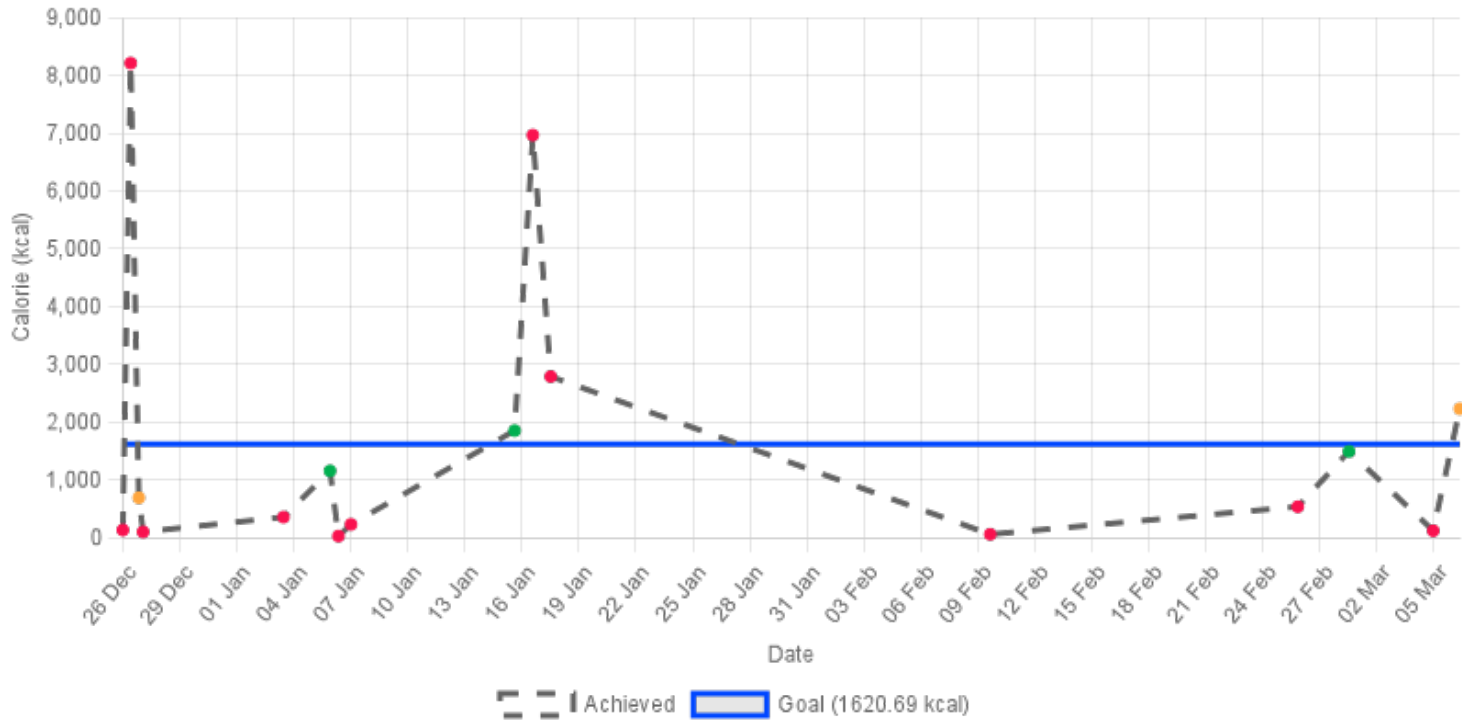
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Activity (Last 90 days)

Goal: 1620.69 kcal

Current Achieved: 1512.25 kcal



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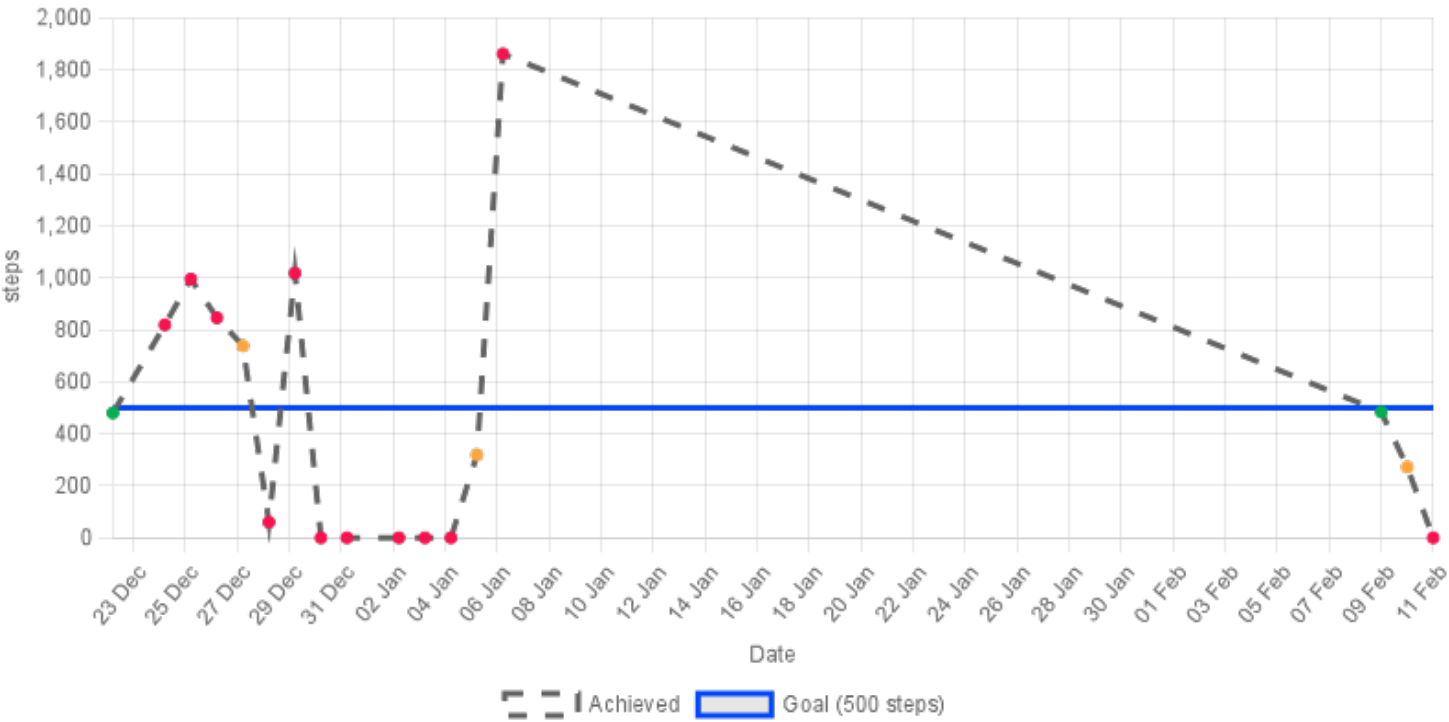
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Step Count (Last 90 days)

Goal: 500.00 steps - Garmin Connect

Actual Average: 464.24 steps

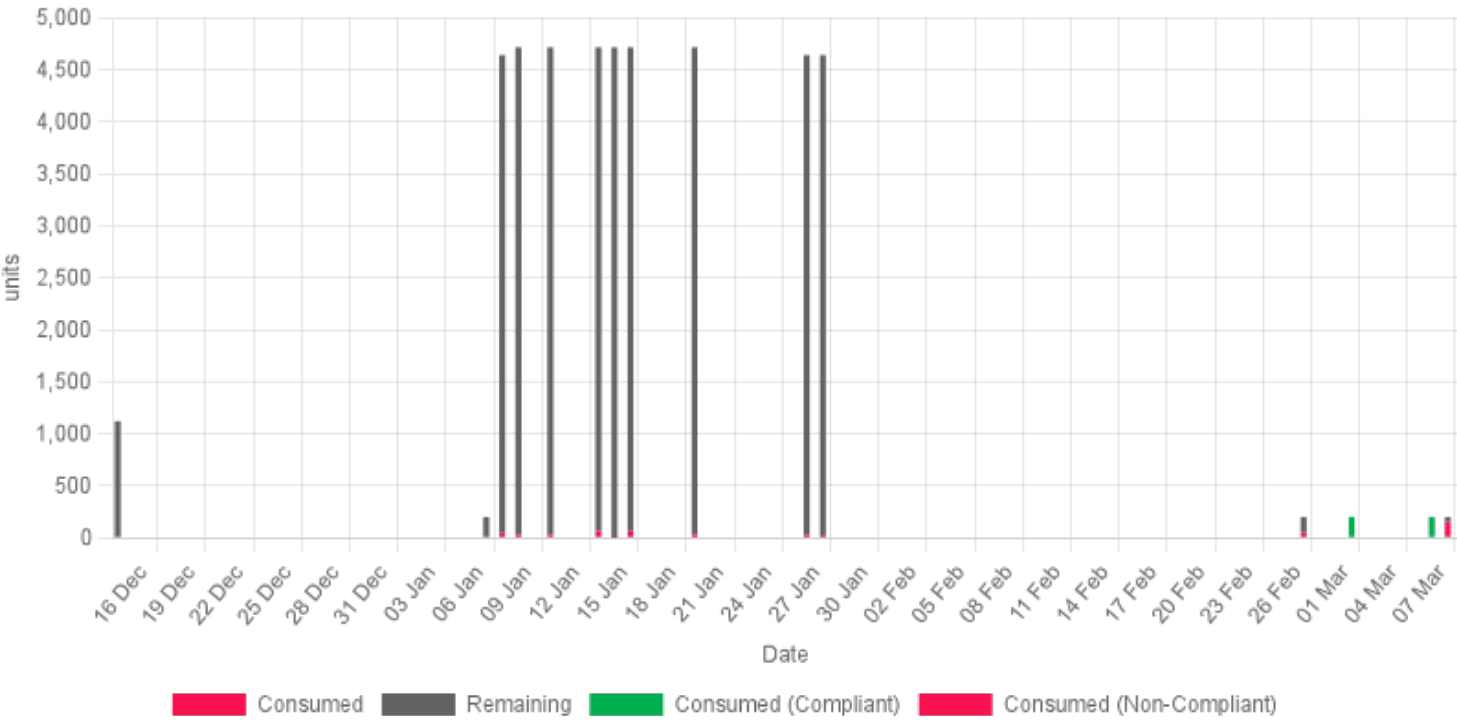


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Medication (Last 90 days)



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Survey Responses

Survey #1: Test Questionnaire Feb 6 (14 Feb 2025)

Frequency: DAILY

Submission Status: COMPLETED

1) How severe was your Headache?

Rating: 0

2) How severe was your Vomiting?

Rating: 0

3) How severe was your Nausea?

Rating: 0

4) How are you feeling today?

Answer: Sample

5) How is your headache?

Answer: Not Present

6) What did you have today?

Answer: Fruits

7) How was your health yesterday?

Rating: 0

8) Enter Your Current Weight

Answer: 90.0 lbs

Survey #2: JJan 22 Test QuestionnairesSSSsss (27 Jan 2025)

Frequency: DAILY

Submission Status: COMPLETED

1) How severe was your Headache?

Rating: 4

2) How severe was your Nausea?

Rating: 2

3) How are you feeling today?

Answer: Kk

4) How is your headache?

Answer: Very Bad

5) What did you have today?

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Answer: Water, Yogurt, Salad

6) How was your health yesterday?

Rating: 1

7) Enter Your Current Weight

Answer: 601.0 lbs

Survey #3: Demo_Test-1 (21 Jan 2025)

Frequency: WEEKLY

Submission Status: COMPLETED

1) How severe was your Headache?

Rating: 4

2) Question 1

Answer: H

3) Question 2

Answer: H

4) how severe was your headache?

Rating: 6

5) Do you have fever?

Answer: G

6) Enter Your Current Weight

Answer: 262.0 lbs

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Nutrition Assessments

Nutrition Assessment #1 (25 Sep 2024)

Sub-Assessment #1: SCREENING

Risk Level: High risk

Score: 4

1) What is your current weight

Answer: 80.0 kg

2) What is your height

Answer: 178.00 cm

3) What was your weight 6 months ago?

Answer: 100 kg

4) Are you hospitalized and critically ill and/or have been 5 days or more without ingesting regular foods and beverages?

Answer: YES

Sub-Assessment #2: PG-SGA

Risk Level: Malnutrition

Score: 11

1) My current weight is

Answer: 80.0 kg

2) My height is

Answer: 178.00 cm

3) 1 month ago I weighted about

Answer: 81 kg

4) What was your weight 6 months ago?

Answer: 100 kg

5) During the past 2 weeks my weight has

Answer: DECREASED

6) As compared to my normal intake, I would rate my food intake during the past month as

Answer: LESS THAN USUAL

7) I am now taking

Answer: ONLY LIQUIDS

8) I have had the following problems that have kept me from eating enough during the past 2 weeks

Answer: NO APPETITE

9) Over the past month I would generally rate my activity as

Answer: NOT FEELING UP TO MOST THINGS

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10) Do the patient has any of the conditions below? Check all that apply

Answer: CANCER

11) Fever

Answer: NO FEVER

12) Muscle Mass

1) temples (temporalis muscle)

Answer: 0

2) clavicles (pectoralis & deltoids)

Answer: 0

3) shoulders (deltoids)

Answer: 0

4) interosseous muscles

Answer: 0

5) scapula (latissimus dorsi, trapezius, deltoids)

Answer: 0

6) thigh (quadriceps)

Answer: 0

7) calf (gastrocnemius)

Answer: 0

8) Global muscle status rating

Answer: 0

13) Fluid status

1) ankle edema

Answer: 0

2) sacral edema

Answer: 0

3) ascites

Answer: 0

4) Global fluid status rating

Answer: 0

14) Fat Stores

1) orbital fat pads

Answer: 0

2) triceps skin fold

Answer: 0

3) fat overlying lower ribs

Answer: 0

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4) Global fat deficit rating

Answer: 0

Sub-Assessment #3: GLIM

Risk Level: severe

1) What is your current weight

Answer: 80.0 kg

2) What is your height

Answer: 178.00 cm

3) What was your weight 6 months ago?

Answer: 100 kg

4) Reduced Muscle mass

Answer: Mild-to-moderate deficit

5) Inflammation

Answer: severe deficit

Nutrition Assessment #2 (18 Oct 2024)

Sub-Assessment #1: SCREENING

Risk Level: High risk

Score: 2

1) What is your current weight

Answer: 35.0 kg

2) What is your height

Answer: 91.0 cm

3) What was your weight 6 months ago?

Answer: 35.0 kg

4) Are you hospitalized and critically ill and/or have been 5 days or more without ingesting regular foods and beverages?

Answer: YES

Sub-Assessment #2: PG-SGA

Risk Level: Malnutrition

Score: 6

1) My current weight is

Answer: 35.0 kg

2) My height is

Answer: 91.0 cm

3) 1 month ago I weighted about

Answer: 35.0 kg

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4) What was your weight 6 months ago?

Answer: 35 kg

5) During the past 2 weeks my weight has

Answer: NOT CHANGED

6) As compared to my normal intake, I would rate my food intake during the past month as

Answer: NOT CHANGED

7) I am now taking

Answer: NONE

8) I have had the following problems that have kept me from eating enough during the past 2 weeks

Answer: VOMITING

9) Over the past month I would generally rate my activity as

Answer: ABLE TO DO LITTLE THINGS OR SPEND MOST OF ALL DAY IN BED OR CHAIR

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Patient Notes

Title: Important Not to self

Must remember to buy more of that oat milk. The one with the blue carton. Or was it teal? Definitely a cool color. And also, did I water the basil? Pretty sure it looked droopy this morning. Speaking of mornings, why do socks always disappear in the dryer? It's like a tiny sock-eating monster lives in there. Maybe I should leave a little fabric softener offering. Or, no, that's silly. But still, where do they go? Also, that bird outside is really insistent today. What's it trying to tell me? Is it a warning? Or just a really enthusiastic song? I should probably check the weather. And also, did I reply to that email? Oh, and the library book is due... tomorrow? Or was it Tuesday? Must. check. Must. Check. And also, where did I put my keys?

Created on: 08 Mar 2025

Title: Another Note

Must remember to buy more of that oat milk. The one with the blue carton. Or was it teal? Definitely a cool color. And also, did I water the basil? Pretty sure it looked droopy this morning. Speaking of mornings, why do socks always disappear in the dryer? It's like a tiny sock-eating monster lives in there. Maybe I should leave a little fabric softener offering. Or, no, that's silly. But still, where do they go? Also, that bird outside is really insistent today. What's it trying to tell me? Is it a warning? Or just a really enthusiastic song? I should probably check the weather. And also, did I reply to that email? Oh, and the library book is due... tomorrow? Or was it Tuesday? Must. check. Must. Check. And also, where did I put my keys?

Attachment available

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