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[illegible]

| Year | Age | Sex | Height | Weight | Body Fat % | Lean Body Mass (kg) | Basal Metabolic Rate (kcal/day) | Max Heart Rate (b/min) | VO2 Max (L/min) | VO2 Max (ml/kg/min) |
|------|-----|-----|--------|--------|------------|---------------------|---------------------------------|------------------------|-----------------|---------------------|
| 1990 | 22  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 1991 | 23  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 1992 | 24  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 1993 | 25  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 1994 | 26  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 1995 | 27  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 1996 | 28  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 1997 | 29  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 1998 | 30  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 1999 | 31  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2000 | 32  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2001 | 33  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2002 | 34  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2003 | 35  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2004 | 36  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2005 | 37  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2006 | 38  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2007 | 39  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2008 | 40  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2009 | 41  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2010 | 42  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2011 | 43  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2012 | 44  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2013 | 45  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2014 | 46  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2015 | 47  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2016 | 48  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2017 | 49  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2018 | 50  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2019 | 51  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2020 | 52  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2021 | 53  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2022 | 54  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2023 | 55  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2024 | 56  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2025 | 57  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2026 | 58  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2027 | 59  | M   | 175    | 70     | 15         | 59.75               | 1750                            | 190                    | 3.5             | 45                  |
| 2028 | 60  | M   | 175    | 70     | 15         |                     |                                 |                        |                 |                     |

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**Keywords:** child sexual abuse; disclosure; trauma; coping strategies

May 1996 - May 1997

www.fishbase.org/eng/species/epinephelus/epinephelus.html

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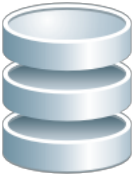
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on the server



program running  
on the browser

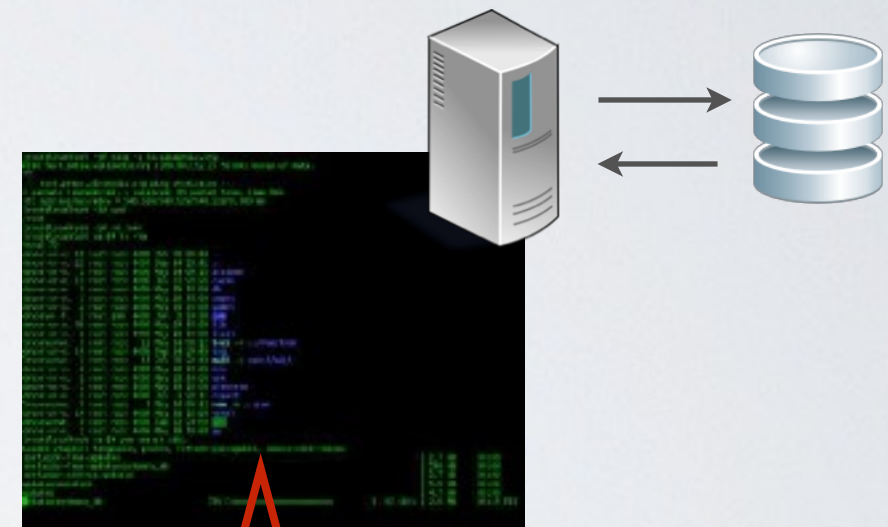
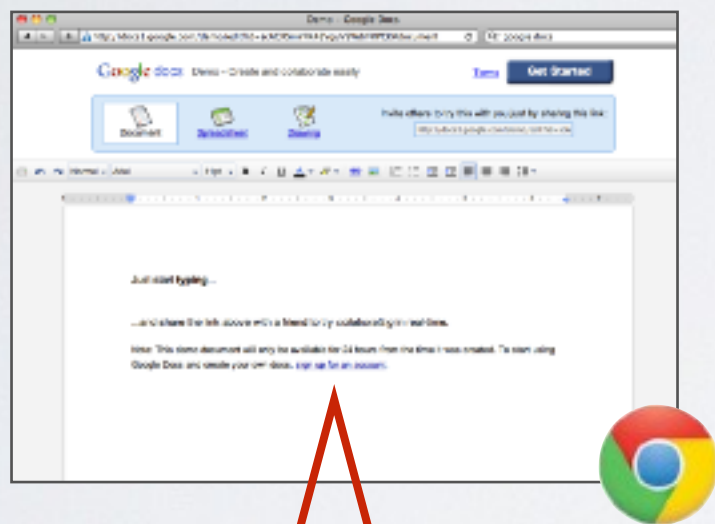


# What is a web application?

program running  
on the browser

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program running  
on the server



# Anatomy of a web application