

Menstruation Products Questionnaire

My name is Mindy Wu and I'm a student in the Digital Media Arts, and Technology at Penn State. I am conducting an online survey to study Penn State student perspectives on menstruation products, their options, affordability, health risks, and eco-friendly options. In order to participate, you must be 18 or older and make sure you are a student in Penn State University.

The data obtained from this survey will inform the findings of my research study on what is available, affordable, and healthy for Penn State students. Moreover, through this survey, the risk or dangers associated with each sanitary option might be discovered and create awareness. It will take about 3-5 minutes of your time to complete the survey.

Your participation in this study is voluntary. If you decide to participate, your responses will be anonymous - that is, recorded without any identifying information that is linked to you. If you have any questions regarding this survey, please contact me at mpw5839@psu.edu.

By clicking the next button and completing the survey you indicate that you have consented to participate in this research. If you do not want to participate, please close the browser.

Survey Questions

1. Are you an International student at Penn State?

Mark only one oval.

☐ Yes

☐ No

2. Which Penn State campus are you from? (fill in your answer)

3. Do you currently experience a menstrual cycle with monthly bleeding?

Mark only one oval.

- ☐ Yes
- ☐ No
- ☐ My cycle is irregular

4. Which type of period products do you typically use? (Select all that apply)

Check all that apply.

- ☐ Disposable pads
- ☐ Menstrual cups
- ☐ Tampons
- ☐ Period underwear
- ☐ Reusable cloth pads
- ☐ Other: _____

5. What factors influence your choice of period products? (Select all that apply)

Check all that apply.

- ☐ Comfort
- ☐ Cost
- ☐ Availability
- ☐ Environmental impact
- ☐ Health considerations
- ☐ Brand reputation
- ☐ Recommendations from friends or family
- ☐ Other: _____

6. What is your primary concern when it comes to period products? (Select one)

Mark only one oval.

- ☐ Leakage protection
- ☐ Comfort
- ☐ Cost
- ☐ Environmental impact
- ☐ Health considerations
- ☐ Ease of use
- ☐ Other: _____

7. Did you receive any menstrual education before coming to college?

Mark only one oval.

- ☐ Yes
- ☐ No
- ☐ Maybe

8. How would you rate the affordability of the period products you currently use?

Mark only one oval.

- ☐ Very affordable
- ☐ Somewhat affordable
- ☐ Expensive

9. How do you feel about the environmental impact of your current period products?

Mark only one oval.

- ☐ I am concerned.
- ☐ I am somewhat concerned.
- ☐ I haven't considered the environmental impact before.
- ☐ Not concerned

10. Which of the following apply to you?

Check all that apply.

- ☐ I actively seek eco-friendly options.
- ☐ I haven't made changes yet but I'm thinking about it.
- ☐ I haven't considered making changes before.
- ☐ Not concerned

11. Are you interested in learning more about reusable period products?

Mark only one oval.

- ☐ Yes
- ☐ No
- ☐ Maybe

12. How do you perceive the convenience of using reusable period products?

Mark only one oval.

- ☐ Very convenient
- ☐ Somewhat convenient
- ☐ Inconvenient

13. How important is it for you to have a variety of period product options available on campus?

Mark only one oval.

- ☐ Very important
- ☐ Somewhat important
- ☐ Not important

14. How likely are you to recommend your preferred period products to other students?

Mark only one oval.

- ☐ Very likely
- ☐ Somewhat likely
- ☐ Not likely

15. Have you ever encountered period stigma before? Period stigma is a sense of shame or embarrassment about your menstrual period.

Mark only one oval.

- ☐ Yes
- ☐ No
- ☐ Maybe

16. Have you encountered any allergic reaction to any period product? (If yes, please specify your answer in "other" selection)

Mark only one oval.

- ☐ No
- ☐ Other: _____

Thank you for your time spent taking this survey.
Your response has been recorded.

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