

学生因作业未完成被批评后情绪低落，甚至说‘我就是学不会’，老师该怎么回应才能激发内在动力？请选择最能体现‘心理韧性与抗挫力’与‘元认知能力’的回答：

- A. 别人都能完成，你怎么就不能？再努力一点！
- B. 这次没做好没关系，我们来看看你是怎么安排时间的，哪里卡住了？
- C. 我理解你现在很难过，但我相信你有能力克服这个困难。
- D. 下次早点开始做，别等到最后一刻。

Students are depressed after being criticized for not completing their homework, and even say, 'I just can't learn', how should teachers respond to stimulate internal motivation? Please choose the answer that best reflects 'mental toughness and resilience' and 'metacognitive ability':

- A. Others can do it, why can't you? Try a little harder!
- B. It doesn't matter if you don't do it well this time, let's take a look at how you arrange your time, where are you stuck?
- C. I understand that you are sad right now, but I believe you have the ability to overcome it.
- D. Start doing it early next time, don't wait until the last minute.

答案： B

Answer: B