

# COMMON

**Milli Aesthetics**  
**by Minda Sanchez**

*Email:*  
*contact@milliaesthetics.com*

*Cell:*  
*913.526.2328*

## *Body Sculpting*

### PRE-TREATMENT ADVICE



Drink at least 2 l of water the day before treatment.



Avoid caffeine, alcohol and carbonated drinks 24 h before treatment.



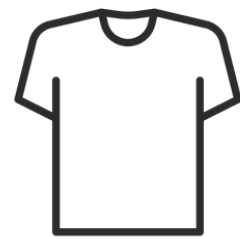
Avoid heavy meals the day before & do not eat 2 hours before your treatment.



Shave any body hair on and around the area to be treated.



Remove any lotion and cream from your skin before treatment.



Wear loose fitting clothes on the day of treatment.

MILLI AESTHETICS

[contact@milliaesthetics.com](mailto:contact@milliaesthetics.com)

# WHAT IS

## Wood Therapy

Wood Therapy is a natural and pain free treatment that uses anatomically formed wooden implements to improve the body's size and proportions. The wood in the therapy helps redefine body contours. It facilitates weight loss by providing highly targeted pressure in the targeted areas.

### BENEFITS

Tones and Tightens.

Breaks down fats.

Cellulite Reduction.

Detoxifies.

Relaxes Muscles.



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A decorative sunburst graphic with thin white lines radiating from a semi-circle, positioned behind the word "WHAT IS".

# WHAT IS *Cavitation*

Cavitation is non-invasive treatment that breaks down fat by using low frequency waves. These are then processed and eliminated by your bodies lymphatic system by sweat and urination.

## BENEFITS:

Improves and reduces appearance of cellulite.

Eliminates Fats.

Circumference Reduction.

Faster Metabolism.

Activates Lymphatic System.



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# WHAT IS *Radio Frequency*

Radio Frequency is a non-invasive procedure involving heating the dermis layer of your skin to stimulate collagen and elastin production while increasing cell turnover. The goal is to produce new skin cells and strengthen existing ones by stimulating them into becoming healthier, tighter and more youthful cells.

## BENEFITS

- Body firming and re-shaping.
- Stimulates new collagen and blood circulation.
- Minimizes wrinkles and fine lines.
- Reduces inflammation
- Improves appearance of cellulite.
- Activates Lymphatic System



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# WHAT IS

## *Lipo Laser*

Lipo Laser is a non invasive procedure that uses the heat from fiber-optic lasers at various wavelengths to melt body fat.

The laser pads are placed onto the desired treated area which then creates tiny holes in the cells membrane that releases stored fatty acids through the lymphatic system.

### BENEFITS

Improves skin elasticity.

Improvement of appearance of scars and stretch marks.

Supports collagen productivity.

Reduction of fat deposits.



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BEFORE  
AND *after*

Clients results after first one hour session  
\*Results may vary\*





# PRICE LIST

## BODY SCULPTING

|                   |        |
|-------------------|--------|
| SINGLE TREATMENT  | \$175  |
| THREE TREATMENTS  | \$465  |
| SIX TREATMENTS    | \$930  |
| NINE TREATMENTS   | \$1390 |
| TWELVE TREATMENTS | \$1860 |

## VACUUM THERAPY

|                        |                |
|------------------------|----------------|
| SINGLE TREATMENT       | \$125          |
| VACUUM THERAPY BUNDLES | \$125- INQUIRE |

## SEPARATE TREATMENTS

|                                     |       |
|-------------------------------------|-------|
| WOOD THERAPY-<br>THIRTY MIN SESSION | \$75  |
| LIPO LASER- FORTY MIN<br>SESSION    | \$100 |

EACH BODY SCULPTING  
TREATMENT BUNDLE INCLUDES  
WOOD THERAPY AND IS  
CUSTOMIZED TO EACH CLIENTS  
TARGETED AREA

EVERY VACUUM THERAPY  
TREATMENT WILL BE  
CUSTOMIZED TO THE DESIRED  
LOOK AND TREAT CELLULITE.  
ALL TREATMENTS ARE DONE IN  
HOUR SESSIONS



## ***BODY SCULPTING*** **AFTERCARE ADVICE**



Drink plenty of water and stay hydrated.



Do not drink any alcohol or caffeine for 48 hours.



Avoid sauna, spa, hot tubs, hot shower & for 24 hours.



Use an ice pack to reduce swelling, bruising and stiffness.



Engage in 30 min light exercise, like walking, within 6 hours to stimulate lymphatic drainage.



Massage the treated area daily to prevent toxins from becoming stagnant.



Maintain a healthy diet and regular exercise to preserve the result.



Don't forget to book your next appointment.

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