

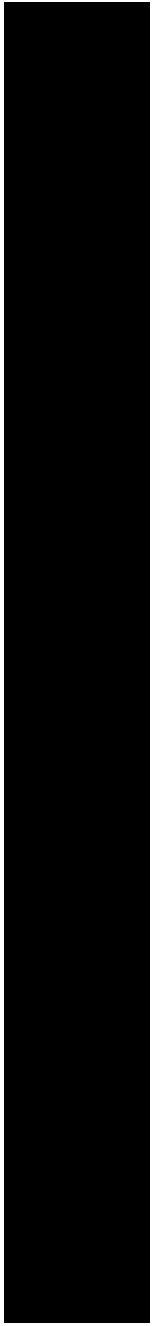


*Strife!*



Anatomy: What Else?

- **Of course there is more!** As any other form of art or sports, breakdance is no different - it evolved!
- Besides 4 main elements of the dance you can find now others, such as:
  - **Acrobatics/Gymnastics**
  - **Kapoera** and other martial arts
  - Concepts and adaptations from **other dances**



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# Flow, Bite, Wack && Flavor

- **Flow** - how good ones moves flow, as you have to combine multiple elements - you need great transitions that **Flow**.
- **Bite** - term and hand gestures that suggest someone is stealing some original moves.
- **Flavor**- one got **flavor**("flava") when their moves are filled with originality and **uniq**.
- **Wack** - term used to describe badly dancing person. **Fresh** would be another **positive option**.

