

THE BATTLE

- Since breaking was part of the **movement** intended to **stop gang wars** and settle the beef in non-violent way. **Battles** became core part of the **Breaking** culture.
- People used to (and still do) battle for **money**, **recognition**, and even **sneakers**.... Damn right: I like your kicks - lets dance-off, loser leaves **barefoot**.
- Gangs became **Dance Crews** and battled Crew vs Crew for the same reasons + for territory... You gotta know who's hood it is.

Anatomy

- As any other dance, **breaking** is no exception - it has its fundamentals.
- Basic anatomy of breaking consist of 4 main elements:
 - **TopRock**
 - **FootWork**
 - **Power Moves**
 - **Freezes**
- The person is considered full-blown **bboy/bgirl** when they have all 4 elements in their arsenal.
- As in everything each of the categories consist of multiple other things and mastering all of them is super difficult(if not nearly impossible as list continues to grow).

