

Flow, Bite, Wack && Flavor

- **Flow** - how good ones moves flow, as you have to combine multiple elements - you need great transitions that **Flow**.
- **Bite** - term and hand gestures that suggest someone is stealing some original moves.
- **Flavor**- one got **flavor**("flava") when their moves are filled with originality and **uniq**.
- **Wack** - term used to describe badly dancing person. **Fresh** would be another **positive option**.



Art or Sports, why not Both...

- Many argue either it is an **art form**, dance to be exact, or a form of **sport**.
- It is a **difficult question** as there are movements that seek to get Breaking competitions as part of the **Olympics**.
- On the other hand **dance performances** in multiple scenes, from music industry to theater, show the **artsy side of breaking**.

