

What THE Break?

- **Breakdance** is part of HipHop culture and one of 4 “**original**” **elements** of the culture. Besides MCing (Master of Ceremony), DJing & Graffiti.
- **Breaking** is a **street dance** that has its own foundation, main concepts, music and all the other attributes common to any **dance**.
- Your usual music for the dance is: **HipHop**, **Funk**, Soul and BreakBeats(yup that’s a thing).
- You can often hear people referring to breaking as **original HipHop dance**. That is highly arguable in the community. For one, some of dance forms that are considered separate forms started back in the day under umbrella term: “**Breaking**”.



History Lesson

- It all started in the **70s**, back in **Bronx, NYC**.
- **DJ Kool Herc** is one of few names that get most of the credit for starting the movement of HipHop and making the scene for **Breaking**.
- The term itself was coined by **DJ Kool Herc**, but “B” in the had different meanings through time, from “**Bronx Boy/Girl**”, to “**Beat Boy/Girl**”, to “**Break Boy/Girl**”.
- Term “**Breakdance**” was established by the media once the dance became popular. It is rare to hear it in the community. You’ll usually hear: “**BBoying**”, “**BGirling**” & “**Breaking**”.
- The first ESTABLISHED bboys crew was **Zulu Kings**. The name inspired by **Zulu Nation**, movement by **Africa Bambaata**, active community member, who sought to unite bronx and stop gang wars. Original 5 co-founders of Zulu Nation were BBoys and that’s how **Zulu Kings** came to be.
- Breaking became especially popular in late 80s and early 90s after movies like: **Wild Style, Flashdance, Breakin', Breakin' 2: Electric Boogaloo, Delivery Boys**.