Topic: Insights into One's Personal Development Grade: 12
Semester: 2<sup>nd</sup> Week: 14

### **Learning Competencies:**

- Explain the factors in personal development that may guide him/her in making important career decisions as adolescents (EsP-PD11/12IOPD-lii-14.1)
- Share insights that make him/her realize the importance of personal development in making a career decision as adolescent (EsP-PD11/12IOPD-IIi-h-14.2)

| CTIVITY NO. 1  |
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| struction: Illustrate what you have learned in Personal Development from Week<br>to Week 13. |
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To have a better future we must consider certain factors that would really help to our career decisions. The first one is:

- ❖ Strength and Challenges- A true students experience hardship towards studying. It is important to know your strength and weaknesses, to overcome the weakness and became strength.
- ❖ Preference, Passion, &Interest- In choosing your course or your career you should consider your skills, interest and passion. It is happy to engage in a tract that you choose with no doubts and hesitation.

- ❖ Financial & Employment, Considerations- To reach your goals you must consider factors that can be hindrance in your career plan, for example the worth of money because of proximity of a institution, are you financial stable to pay your tuition with a higher amount? If not think about that.
- ❖ Aptitude Skills- We should consider the amplitude, the ability to do something or your passion and your skills in choosing your career. It is important to invest in your time in a track that you'd truly want and truly love.
- ❖ Personal Relationship / Peer Pressure- We shouldn't hinge or depend our paths in our friends, lovers just to have accompany. Peer pressure may include also the expectations of your peers that doesn't match with your interest. It could cause conflict if there's no conversation that would really help to resolve the knot.
- ❖ Personality traits / Characteristic- We should consider our traits, characteristics because in a real world there be more people that you will be encounter. Be mature and control your emotions when you've encounter toxic situation or even people. It might get a conflict with regards to your attitude and the insights of others to you.

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Instruction: Answer the question below. (5 points)

|        | What factors in pe | ersonal develop | ment may | guide you | in making | important o | areer |
|--------|--------------------|-----------------|----------|-----------|-----------|-------------|-------|
| decisi | on?                |                 |          |           |           |             |       |

### SOURCE(S):

<a href="https://www.youtube.com/watch?v=xkdblgzXuOo">https://www.youtube.com/watch?v=xkdblgzXuOo</a>

| Name:            | Date:  |  |  |
|------------------|--------|--|--|
| Grade & Section: | Score: |  |  |



## **ASIAN LEARNING CENTER**

SENIOR HIGH SCHOOL DEPARTMENT Lapu-Lapu City, Cebu, Philippines



# PERSONAL DEVELOPMENT ASSESSMENT NO. 14

### **Test I. ILLUSTRATION**

Instruction: Do the given task below.

- ➤ You are given task to pick the college course you want, dress to be like them according to what specific career you choose.
  - a. Take a picture of yourself wearing the attire of your chosen profession, print it and paste at least 3 pictures with different angles in a long size bond paper. Write the job description and the reason behind your chosen profession.
  - b. Follow the format below. Make it clean & creative.

### Test II. Essay (5pts.)

1. Share your insight on the importance of personal development in making career decision.

Follow the format: Long bond paper with  $\frac{1}{2}$  inch margin.

| Name:             | Subject:        |  |  |  |
|-------------------|-----------------|--|--|--|
|                   | :Week:          |  |  |  |
|                   |                 |  |  |  |
|                   | MY DREAM JOB    |  |  |  |
|                   | IVIT DREAIVIJOB |  |  |  |
|                   |                 |  |  |  |
|                   | 3 PICTURES      |  |  |  |
|                   |                 |  |  |  |
|                   | (Job Name)      |  |  |  |
| (Job Description) |                 |  |  |  |
|                   |                 |  |  |  |
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|                   |                 |  |  |  |
| Test II. Ess      | sav.            |  |  |  |
|                   |                 |  |  |  |
|                   | (INSIGHT)       |  |  |  |
|                   |                 |  |  |  |
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