

Nederlandse Roeitermen voor Internationals

Klapjes - pulling the oar towards you

Strijkjes - pushing the oar away from you

Stuurboord – starboard; right side of the boat, point of view of the steer

Bakboord - port side; left side of the boat, pov of the steer

Boegen – Bow seats; the two (or four, in an eight) people in the back of the boat

Slagen – Stern seats; the people in front of the boat, close to the coxswain

Houden – To Hold; to stop the boat

Laten lopen - To stop rowing without “houden”, the blade flat on the water

Slagklaar - The starting position to begin rowing

Derde stop - on your way back to the beginning of the stroke, with your legs and arms stretched

Eerste stop - on the end of your stroke

Klippen - to square (turn) the blades

“Slagklaar na nu” = sit ready after now

“Opgelet, we naderen een brug” = Attention, we are approaching a bridge

“Palen in na nu” = Pull in your oars after now