



පැය එකයි  
**One hour**

**Answer all questions**

- 1

08. Where started foot ball,  
 i) Sri Lanka ii) England  
 iii) China iv) Brizil
09. In the 19th century , the game of foot ball spread around the world, what is the main country that affected football,  
 i) Brazil ii) England  
 iii) Argantina iv) USA
10. Which is not the skill in football,  
 i) Foot work ii) Kicking  
 iii) Heading the ball iv) Dribbling

## PART II

### Answer all questions

01. i) Briefly explain what are the "minor games" (02 Marks)  
 ii) Write 3 examples for minor games (03 Marks)  
 iii) Write 5 features of minor games (05 Marks)  
 iv) Briefly explain what are the organized games (03 Marks)  
 v) Write 3 examples for organized games (05 Marks)  
 vi) Write 5 features of organized games (05 Marks) ( 20 Marks)
02. i) What is correct posture ? (01 Mark)  
 ii) Write 2 benefits that gain from correct posture ? (02Marks)  
 iii) Write 3 bad consequences of wrong posture ? (03 Marks)  
 iv) There are factors that help to maintain balance, write 04 of them(04 Marks)  
 ( 10 Marks)
03. i) Write 5 skills in volley ball ( 05 Marks)  
 ii) Write the 4 stages of spiking (02 Marks)  
 iii) Write 2 reasons for volley ball bacame very popular in Sri Lanka ?(02 Marks)  
 iv) How many referees in a volley ball match? ( 01 Mark)  
 ( 10 Marks)