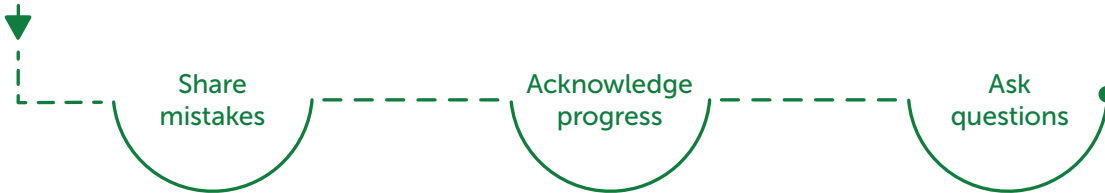


# Inspire Others Practice Tool



You can start building your new habit by trying the behaviors and activities below.

## To be an active role model and encourage others:



## Try this:

### Do less

- ✘ Hide your mistakes from others
- ✘ Focus team on today's performance
- ✘ Believe you have nothing more to learn

### Do more

- ✔ Share learning from your mistakes
- ✔ Focus team on performance over time
- ✔ Demonstrate a desire to learn

## Habit builder:



### Reflect:

Think about your team. Can you identify those who may have a fixed mindset versus a growth mindset in a certain area?

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### Expand:

Generate three ideas you will do to inspire those on your team with fixed mindsets. Reference the **Do more** behaviors above.

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### Practice:

Choose one of the ideas for inspiring your team. Try it out and record what you observe or learn from your team.

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