

What is your	Academic year	Academic stress	Sleep Disruption	Study Time	Sleep Impact	Sleep Hours	Sleep Quality	GPA	Sleep Disorder	Study Time Category
Year 2	2	3 Academic stress	6-10	Yes	0-4		2	3.11		Medium
Year 2	2	1 Technology	0-5	Yes	5-6		3	3.02	No	Low
Year 4	4	4 Technology	0-5	Yes	7-8		3	3.2	No	Low
Year 1	1	4 Social activities	6-10	Maybe	0-4		2	2.7	No	Medium
Year 2	2	4 Academic stress	16-20	Maybe	0-4		2	3.5	No	
Year 3	3	3 Academic stress	0-5	Yes	5-6		4	2.73	No	Low
Year 1	1	3 Academic stress	11-15	Yes	0-4		1	2.79	No	High
Year 3	3	4 Social activities	6-10	Yes	5-6		2	2.8	No	Medium
Year 1	1	3 Social activities	0-5	Yes	7-8		2	3.2	No	Low
Year 1	1	3 Academic stress	6-10	Yes		9-12	3	1.93	No	Medium
Year 1	1	2 Academic stress	0-5	Maybe	5-6		2	4.0	No	Low
Year 3	3	3 Noise or environment	11-15	Yes	7-8		3	3.8	No	High
Year 3	3	1 Sleep comfort	0-5	Yes		9-12	5	1.9	No	Low
Year 3	3	3 Academic stress	11-15	Yes	5-6		3	2.71	No	High
Year 4	4	2 Technology	0-5	Yes		9-12	4	1.8	No	Low
Year 3	3	5 Academic stress	6-10	Yes	7-8		3	2.5	No	Medium
Year 1	1	5 Social activities	0-5	No	5-6		3	3.9	No	Low
Year 3	3	1 Academic stress	0-5	Yes	7-8		3	2.4	No	Low
Year 1	1	3 Academic stress	11-15	Yes	5-6		2	2.4	No	High
Year 2	2	2 Technology	0-5	Yes	0-4		1	2.0	Maybe	Low
Year 2	2	3 Academic stress	0-5	Yes	0-4		2	1.3	No	Low
Year 2	2	3 Technology	11-15	Maybe	5-6		4	3.0	No	High
Year 3	3	3 Social activities	0-5	Yes	5-6		3	2.5	No	Low
Year 3	3	2 Technology	6-10	Maybe	7-8		4	2.4	No	Medium
Year 3	3	4 Academic stress	6-10	Yes	5-6		4	3.55	No	Medium
Year 1	1	3 Technology	6-10	Yes	5-6		1	1.0	No	Medium
Year 2	2	3 Academic stress	6-10	Yes	7-8		2	2.7	No	Medium
Year 2	2	2 Academic stress	0-5	Yes	0-4		2	3.0	Yes	Low
Year 2	2	1 Academic stress	0-5	Yes	5-6		2	3.38	No	Low
Year 1	1	3 Social activities	16-20	Yes	5-6		3	3.35	No	
Year 1	1	2 Academic stress	11-15	Yes		9-12	5	2.4	No	High
Year 4	4	5 Academic stress	16-20	Yes	5-6		3	3.85	No	
Year 3	3	3 Academic stress	11-15	Yes	5-6		3	3.9	No	High
Year 1	1	3 Social activities	11-15	Yes	7-8		3	2.5	Maybe	High
Year 3	3	4 Technology	11-15	Yes	7-8		4	3.7	Maybe	High
Year 1	1	2 Academic stress	11-15	Yes	0-4		2	3.4	Yes	High
Year 2	2	3 Academic stress	6-10	Maybe	0-4		2	2.3	No	Medium
Year 1	1	3 Academic stress	6-10	Yes	0-4		2	3.78	No	Medium
Year 1	1	3 Technology	11-15	Yes	5-6		3	3.85	No	High
Year 2	2	2 Technology	0-5	Maybe	5-6		3	3.34	No	Low
Year 2	2	2 Academic stress	6-10	Yes	5-6		4	2.7	Maybe	Medium
Year 2	2	4 Academic stress	0-5	Yes	0-4		4	3.0	Maybe	Low
Year 4	4	4 Academic stress	6-10	No	5-6		3	3.7	No	Medium
Year 1	1	4 Academic stress	0-5	Yes	7-8		3	3.21	Maybe	Low
Year 2	2	2 Academic stress	6-10 hours	Yes	0-4		1	3.11	Yes	
Year 2	2	2 Academic stress	0-5	Yes	0-4		1	3.51	Yes	Low
Year 1	1	3 Academic stress	11-15	Yes	0-4		1	2.79	No	High
Year 1	1	2 Academic stress	0-5	No	5-6		2	2.21	No	Low
Year 3	3	2 Technology	6-10	Yes		9-12	4	2.0	No	Medium
Year 2	2	1 Technology	11-15	Yes	5-6		3	3.02	No	High
Year 1	1	3 Academic stress	6-10	Yes		9-12	5	2.47	No	Medium