

**SPEECH ANXIETY LEVEL: ITS EFFECT ON THE ORAL PERFORMANCE OF  
BEED-1 STUDENTS**

A Bachelor's Thesis

Presented to The Committee of Oral Examiners J.H. CERILLES STATE  
COLLEGE DUMINGAG CAMPUS Dumingag, Zamboanga del Sur

In Partial Fulfillment of the Requirements for the Degree  
Bachelor of Secondary Education

by

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October 2018

## **ABSTRACT**

**GORRE, ELMARIE R., JANNETH M. LAGAR., and GRACE C. UDTOHAN** 2018. J.H. Cerilles State College-Dumingag Campus Dumingag Zamboanga del Sur. **"SPEECH ANXIETY LEVEL: ITS EFFECTS ON THE ORAL PERFORMANCE OF BEED-1 STUDENTS"** An Unpublished Bachelor's Thesis.

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### Summary

This study focused on the speech anxiety level and its effects on the oral performance of the BEEd-1 students in J.H. Cerilles State College-Dumingag Campus, School Year 2018-2019. Specifically, this looked into the student participants' level of speech anxiety; techniques in overcoming speech anxiety; oral performance; and significant relationship between the student-participants' level of speech anxiety and their oral performance. It included 27 BEEd-1 students.

The results of the study revealed that the student participants had high level of speech anxiety. Moreover, the student-participants' techniques in overcoming speech anxiety were preparation, practice and motivation. Furthermore, the student-participants' oral performance was satisfactory. Finally, there was no significant correlation between the student-participants' level of speech anxiety and their oral performance.

The study recommends that the teachers may focus on the improvement of the students' communication skills especially on the use of the English language as medium of communication. They may also provide speaking activities in the classroom; that the parents would encourage their children to join in various activities that would enhance their self-confidence; that the students may apply the techniques in their oral performance in overcoming speech anxiety to improve performance; and that a similar study be conducted using other variables and increase the number of student-participants.