

MUSIC INTEGRATION IN TEACHING PHYSICAL EDUCATION

A Bachelor's

Thesis Presented to

The Committee of Oral Examiners

J.H. CERILLES STATE COLLEGE DUMINGAG CAMPUS

Dumingag, Zamboanga Sur

In Partial Fulfillment of

the Requirements for the

Degree Bachelor of Secondary Education

by

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ABSTRACT

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Summary

This study dealt on the effects of music integration in teaching physical education, School Year 2018-2019.

The participants of this study were the Grade 8 Students in one of the schools of Mahayag Zamboanga del Sur. The researcher utilized the quasi-experimental pre-test post-test control and experimental group in gathering the data necessary to accomplish the purpose of the Investigation. Frequency counts, percentage, and 2 test were the statistical tools used in this study. The participants we're the 60 Grade municipality. 8 students in one of the said

The study revealed that in the pretest of the first and second trial runs, both experimental and control groups both showed poor performance but in the posttest, the experimental group performed better than the control group. In addition, the use of Integrating music in teaching and lecture method both in the first and second trial runs proved to have Increased the learning performance of the pupils. However, teaching Physical Education using the integration of music was more effective than lecture method.

Finally, the study recommends that the teachers advocate the use of integration of music in teaching Physical Education subjects as it had been proven to have good effect on pupils' learning performance in Physical Education..