

**EFFECTS OF MOBILE PHONES ON THE STUDY HABITS OF GRADES IV-VI
PUPILS IN DUMINGAG SPED CENTER**

A Bachelor's Thesis presented to The committee of Oral Examiners

J.H. CERILLES STATE COLLEGE DUMINGAG CAMPUS

Dumingag, Zamboanga del Sur

In partial fulfillment of the requirements for the Degree
Bachelor in Elementary Education

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ABSTRACT

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Summary

This study focused on the effects of mobile phones on the study habits of Grades IV-VI pupils in Dumingag SPED Center, Dumingag, Zamboanga del Sur during the School Year 2015-2016. It sought to determine the profile of the pupil respondents, their average hours spent in using mobile phones and their study habits as influenced by using mobile phones.

The respondents Involved in this study were the Grades IV-VI pupils in school who had mobile phones. This study utilized the descriptive-correlational method in gathering the information needed to accomplish the objectives of this investigation. The self-made questionnaire-checklist instrument used in gathering the

needed data. Percentage, Weighted Average Mean and the chi-square were the statistical tools used in the study.

The data revealed that majority of the pupil respondents are 10-11 years old, predominantly females who use Smartphones. They spent less than 3 hours in using their mobile phones daily. Using mobile phones had not considerably influenced the study habits Of the pupil respondents and had "Very Good" academic performance,

Furthermore, It was found out that there was no significant relationship between the pupil-respondents' study habits and their academic performance. There was no significant relationship between the pupil-respondents' average hours spent in using mobile phones daily and their study habits. Finally, the following recommendations are hereby offered based on the findings and conclusions of the study: that the teachers give proper guidance to pupils in using mobile phones and employ several teaching strategies appropriate to pupils' levels to improve their academic performance to achieve academic excellence; that the parents set some limitations on their children' mobile phones and always remind their children negative effects of texting; that the pupils be use of on aware the of the effects of mobile phones on their study habits, be prohibited to use mobile phones during class hours and be given enough performance; time on their studies to have better

and that a similar study be conducted with increased number of variables.