

**LEVEL OF INVOLVEMENT OF SUBANEN STUDENTS TOWARD EXTRACURRICULAR
ACTIVITIES: ITS EFFECTS TO THEIR ACADEMIC PERFORMANCE**

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ABSTRACT

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Summary

This study was conducted to determine the level of involvement of Subanen students toward their extracurricular activities and its effects to their academic performance.

The participants involved in this study were the 75 Subanen Junior high school students from three different schools namely: Dumingag National High School Dapiwak Extension, Dulop National High School Bag-ong Valencia Extension, and Dulop National High School Labangon Extension.

The researchers utilized the descriptive type of research with the survey questionnaire as the main tool in gathering the necessary data needed from the participants. The gathered data was statistically treated with the use of descriptive and inferential statistics such as frequency counts, percentage, Weighted Average Mean (WAM), Chi square, Pearson Product Moment Correlation Coefficient and Analysis of Variance.

The result of the study revealed that majority of the student-participants were female teenagers, and majority were 16 years old and above. The student-participants commonly participated in volleyball sports: ritual activities and church choir for music; cultural dances: drawing/painting for arts; Science quizz school or local paper; feeding and fiesta in community activities; and class leadership. In addition, the findings of the study confirmed that the benefits gained from the extracurricular activities helps them build good relationship, fosters teamwork, helps them developed socially, and makes them healthy and productive. Furthermore, the academic performance of the student-participants was "Very Satisfactory".

There is no correlation between the participants' level of involvement and their academic performance.

The study recommends that the school principals may tap potential Subanen students to join extracurricular activities to boost their confidence and enhance their educational aspirations; that the teachers may work hand in hand to encourage more Subanen students to participate activities; that the sports coordinator may conduct screening fairly on various school activities to give chance to all students regardless of their ethnicity to join higher level of involvement and competition; and that another study may be conducted with increased variables.