Although pinnipeds are widespread, most species prefer the colder waters of the Northern and Southern Hemispheres. They spend most of their lives in water, but come ashore to mate, give birth, molt or to avoid ocean predators, such as sharks and orcas. Seals mainly live in marine environments but can also be found in fresh water. They feed largely on fish and marine invertebrates; a few, such as the leopard seal, feed on large vertebrates, such as penguins and other seals. Walruses are specialized for feeding on bottom-dwelling mollusks. Male pinnipeds typically mate with more than one female <parenthesis>( polygyny)</parenthesis>, although the degree of polygyny varies with the species.