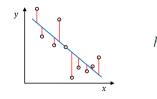
#### Review of lecture 2

• Linear regression model Predict real valued output  $y \in \mathbb{R}$ 



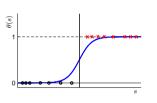
• Linear regression algorithm

Minimize in-sample squared error

$$E_{\text{in}}(\mathbf{w}) = \frac{1}{N} (\mathbf{X} \mathbf{w} - \mathbf{y})^{\mathsf{T}} (\mathbf{X} \mathbf{w} - \mathbf{y})$$
$$\mathbf{w} = (\mathbf{X}^{\mathsf{T}} \mathbf{X})^{-1} \mathbf{X}^{\mathsf{T}} \mathbf{y}$$

Logistic regression model
 Predict the probability of the class

y = +1 given  $\mathbf{x}$ ,  $P(y = +1|\mathbf{x})$ 



$$h(\mathbf{x}) = \theta(\mathbf{w}^\mathsf{T} \mathbf{x})$$
$$\theta(\mathbf{w}^\mathsf{T} \mathbf{x}) = \frac{e^{\mathbf{w}^\mathsf{T} \mathbf{x}}}{1 + e^{\mathbf{w}^\mathsf{T} \mathbf{x}}}$$

Logistic regression algorithm
 Minimize in-sample cross-entropy error

$$E_{\rm in}(\mathbf{w}) = \frac{1}{N} \sum_{n=1}^{N} \ln \left( 1 + e^{-y_n \mathbf{w}^{\mathsf{T}} \mathbf{x}_n} \right)$$

Gradient descent

1

# Machine Learning: Lecture 3

Regularization Validation

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#### **Outline**

Overfitting

Regularization

Validation

• Model selection

• Cross-validation

#### **Outline**

- Overfitting
- Regularization

Validation

Model selection

Cross-validation

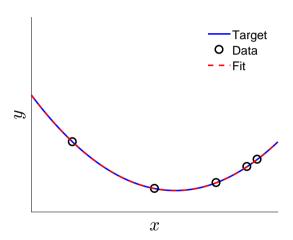


• Simple target function

• N=5 points

• Fit with 4th order polynomial

$$E_{\rm in} = 0, \ E_{\rm out} = 0$$

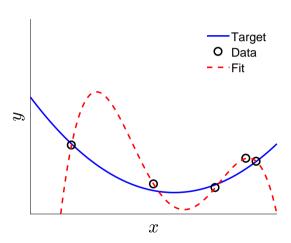


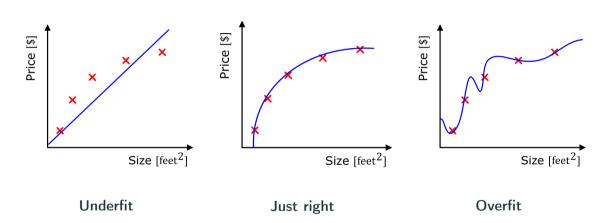
• Simple target function

• N=5 noisy points

• Fit with 4th order polynomial

$$E_{\rm in} = 0$$
,  $E_{\rm out}$  is huge



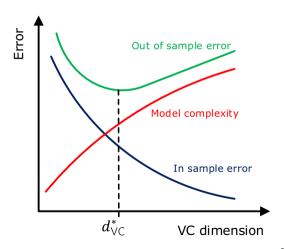


We talk of overfitting when decreasing  $E_{\rm in}$  leads to increasing  $E_{\rm out}$ 

 Major source of failure for machine learning systems

• Overfitting leads to bad generalization

 A model can exibit bad generalization even if it does not overfit



# What causes overfitting

Overfitting occurs because the learning model spends its resources trying to fit the noise, on the finite dataset of size  ${\cal N}$ 

- The learning model is not able to discern the signal from the noise
- The effect of the noise is to show to the learning model "hallucinating patterns" that do not exist

Actually, two noise terms:

- 1. Stochastic noise  $\rightarrow$  random noise on the observations
- 2. Deterministic noise  $\rightarrow$  fixed quantity that depends on  ${\cal H}$

#### Deterministic noise

The part of f that  $\mathcal H$  cannot capture:  $f(\mathbf x) - h^*(\mathbf x)$ 

- $h^*(\mathbf{x})$  is the best hypothesis in  $\mathcal{H}$  for approximating f
- Because  $h^*$  is simpler than f, any part of f that  $h^*$  cannot explain is like a noise for  $h^*$ , since that points deviate from  $h^*$  for an unknown reason

Overfitting can happen even if the target is noiseless (no stochastic noise)

- ullet On a finite dataset N, the deterministic noise can led the learning model to interpret the data in a wrong way
- This happens because the model is not able to "understand" the target, and so it "misinterprets" the data, constructing its own hypothesis, which is wrong because it did not understand the true function given its limited hypothesis space

### Overfitting behaviour

#### Summarising we have that:

• Overfitting  $\uparrow$  if stochastic noise  $\uparrow \rightarrow$  the model is deceived by erroneous data

- ullet Overfitting  $\uparrow$  if deterministic noise  $\uparrow$  o deterministic noise  $\uparrow$  if target complexity  $\uparrow$
- Overfitting  $\downarrow$  if  $N \uparrow \rightarrow$  with more data, it is more difficult that the model will follow the noise of all of them

# Overfitting behaviour with deterministic noise

#### Case study 1

Suppose  ${\mathcal H}$  fixed, and increase the complexity of f

- Deterministic noise  $\uparrow$ , since there are more parts of f that  $h^*$  cannot explain, and then they act as noise for  $h^*$
- ullet Deterministic noise  $\uparrow \Longrightarrow$  overfitting  $\uparrow$

#### Case study 2

Suppose f fixed, and decrease the complexity of  $\ensuremath{\mathcal{H}}$ 

- Deterministic noise ↑ ⇒ overfitting ↑
- Simpler model  $\Longrightarrow$  overfitting  $\downarrow$
- Most of the times the gain in reducing the model complexity exceeds the increase in deterministic noise

#### Bias - variance tradeoff revisited

Let the stochastic noise  $\varepsilon(\mathbf{x})$  be a random variable with mean zero and variance  $\sigma^2$ 

- Stochastic noise is related to power of the random noise  $\rightarrow$  irreducible error
- ullet Deterministic noise is related to ullet bias o part of f that  ${\mathcal H}$  cannot capture
- Overfitting is caused by **variance**. Variance is, in turn, affected by the noise terms, capturing a model's susceptibility to being led astray by the noise

#### **Outline**

Overfitting

### • Regularization

Validation

Model selection

Cross-validation

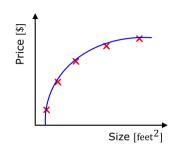
# A cure for overfitting

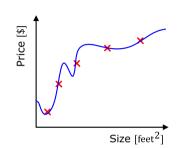
Regularization is the first line of defense against overfitting

- We have seen that complex model are more prone to overfitting
- This is because they are more powerful, and thus they can fit the noise
- Simple models exibits less variance because of their limited expressivity. This gain in variance often is greater than their greater bias
- ullet However, if we stick only to simple models, we may not end up with a satisfying approximation of the target function f

How can we retain the benefits of both worlds?

# A cure for overfitting





$$\mathcal{H}_2: w_0 + w_1 x_1 + w_2 x^2$$

$$\mathcal{H}_4: w_0 + w_1 x_1 + w_2 x^2 + w_3 x^3 + w_4 x^4$$

• We can recover the model  $\mathcal{H}_2$  from the model  $\mathcal{H}_4$  by imposing  $w_3 = w_4 = 0$ 

$$\underset{\mathbf{w}}{\operatorname{arg min}} \quad \frac{1}{N} \sum_{n=1}^{N} \left( h(\mathbf{x}_n; \mathbf{w}) - f(\mathbf{x}_n) \right)^2 + 1000 \cdot (w_3)^2 + 1000 \cdot (w_4)^2$$

### A cure for overfitting

$$\underset{\mathbf{w}}{\operatorname{arg min}} \quad \frac{1}{N} \sum_{n=1}^{N} \left( h(\mathbf{x}_{n}; \mathbf{w}) - f(\mathbf{x}_{n}) \right)^{2} + \underbrace{1000 \cdot (w_{3})^{2} + 1000 \cdot (w_{4})^{2}}_{\Omega}$$

- ullet The cost function has been augmented with a penalization term  $\Omega(w_3,w_4)$
- ullet The minimization algorithm now has to minimize both  $E_{
  m in}$  and  $\Omega(w_3,w_4)$
- Due to the minimization process the value of  $w_3$  and  $w_4$  will be shrinked toward a small value  $\rightarrow$  not exactly zero: soft order constraint
- If this value is very small, then the contribution of  $x_3$  and  $x_4$  is negligible  $\to w_3$  and  $w_4$  (very small) multiply  $x_3$  and  $x_4$
- In this way, we ended up with a model that it is like the model  $\mathcal{H}_2$  in terms of complexity  $\rightarrow$  we can think as like the features  $x_3$  and  $x_4$  were not present
- ullet It is like we reduced the number of parameters of the  $\mathcal{H}_4$  model

### Regularization

The concept introduced in the previous slides can be extented on the entire model's parameters

Instead of minimizing the in-sample error  $E_{\rm in}$ , minimize the augmented error:

$$E_{\text{aug}}(\mathbf{w}) = \frac{1}{N} \sum_{n=1}^{N} \left( h(\mathbf{x}_n; \mathbf{w}) - f(\mathbf{x}_n) \right)^2 + \lambda \sum_{j=1}^{d} (w_j)^2$$

- Usually we do not want to penalize the intercept  $w_0$ , so j starts from 1
- The term  $\Omega(h) = \sum_{i=1}^{d} (w_i)^2$  is called regularizer
- ullet The regularizer is a penalty term which depends on the hypothesis h
- The term  $\lambda$  weights the importance of minimizing  $E_{\rm in}$ , with respect to minimizing  $\Omega(h)$

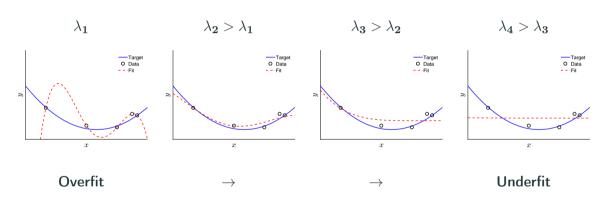
# Regularization

The minimization of  $E_{\rm aug}$  can be viewed as a constrained minimization problem

Minimize 
$$E_{\text{aug}}(\mathbf{w}) = \frac{1}{N} \sum_{n=1}^{N} \left( h(\mathbf{x}_n; \mathbf{w}) - f(\mathbf{x}_n) \right)^2$$
  
Subject to:  $\mathbf{w}^\mathsf{T} \mathbf{w} \leq C$ 

- With this view, we are explicitly constraining the weights to not have certain large values
- There is a relation between C and  $\lambda$  in such a way that if  $C \uparrow$  the  $\lambda \downarrow$
- Infact, bigger C means that the weights can be greater. This is equal to set for a lower  $\lambda$ , because the regularization term will be less important, and therefore the weights will not be shrunked as much

# Effect of $\lambda$



### Augmented error

General form of the augmented error

$$E_{\text{aug}}(\mathbf{w}) = E_{\text{in}}(\mathbf{w}) + \lambda \Omega(h)$$

Recalling the VC-generalization bound

$$E_{\text{out}}(\mathbf{w}) \leq E_{\text{in}}(\mathbf{w}) + \Omega(\mathcal{H})$$

- $\Omega(h)$  is a measure of complexity of a specific hypothesis  $h \in \mathcal{H}$
- ullet  $\Omega(\mathcal{H})$  measures the complexity of the hypothesis space  $\mathcal{H}$
- ullet The two quantities are obviously related, in the sense that a more complex hypothesis space  ${\cal H}$  is described by more complex function h

The augmented error  $E_{
m aug}$  is **better** than  $E_{
m in}$  as a proxy for  $E_{
m out}$ 

### Augmented error

The holy Grail of machine learning would be to have a formula for  $E_{\text{out}}$  to minimize

 In this way, it would be possible to directly minimize the out of sample error instead of the in sample one

• Regularization helps by estimating the quantity  $\Omega(h)$ , which, added to  $E_{\rm in}$ , gives  $E_{\rm aug}$ , an estimation of  $E_{\rm out}$ 

### Choice of the regularizer

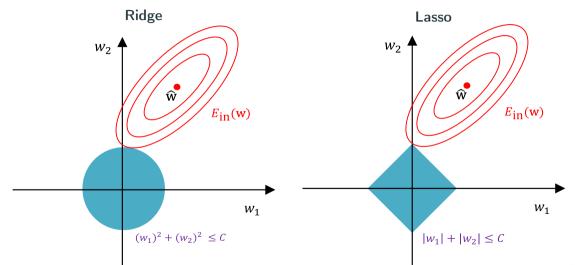
There are many choices of possible regularires. The most used ones are:

- $L_2$  regularizer: also called Ridge regression,  $\Omega(h) = \sum_{j=1}^d w_j^2$
- $L_1$  regularizer: also called Lasso regression,  $\Omega(h) = \sum_{j=1}^{d} |w_j|$
- Elastic-net regularizer:  $\Omega(h) = \sum_{j=1}^d \alpha w_j^2 + (1-\alpha)|w_j|$

The different regularizers behaves differently:

- The ridge penalty tends to shrink all coefficients to a lower value
- The lasso penalty tends to set more coefficients exactly to zero
- ullet The elastic-net penalty is a compromise betweem ridge and lasso, with the lpha value controlling the two contributions

# Geometrical interpretation

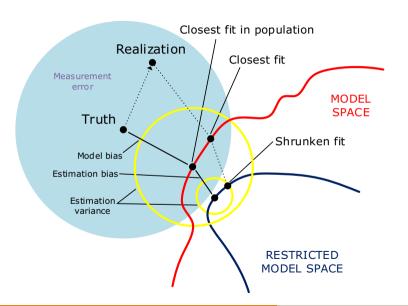


# Regularization and bias-variance

The effects of the regularization procedure can be observed in the bias and variance terms

- Regularization trades more bias in order to considerely decrease the variance of the model
- Regularization strives for smoother hypothesis, thereby reducing the opportunities to overfit
- ullet The amount of regularization  $\lambda$  has to be chosen specifically for each type of regularizer
- ullet Usually  $\lambda$  is chosen by cross-validation
- When there is more stochastic noise or more deterministic noise, a higher value of  $\lambda$  is required to contrast their effect

### Regularization and bias-variance: linear model case



#### **Outline**

Overfitting

- Regularization
- Validation

Model selection

Cross-validation

### Validation vs. regularization

In one form or another  $E_{\rm out}(h)=E_{\rm in}(h)$  + overfit penalty

#### Regularization

$$E_{\rm out}(h) = E_{\rm in}(h) + \underbrace{\rm overfit\ penalty}_{
m regularization\ estimates\ this\ quantity}$$

#### **Validation**

$$\underbrace{E_{\rm out}(h)}_{\rm validation\ estimates\ this\ quantity} + {\rm overfit\ penalty}$$

#### Validation set

The idea of a validation set is to estimate the model's performance out of sample

- 1. Remove a subset from the training data  $\rightarrow$  this subset is not used in training
- 2. Train the model on the remaining training data  $\rightarrow$  the model will be trained on less data
- 3. Evaluate the model's performance on the held-out set  $\to$  this is an unbiased estimation of the out of sample error
- 4. Retrain the model on all the data

### K is taken out of N

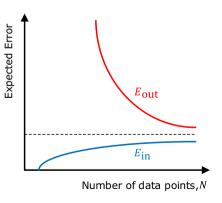
Given the dataset  $\mathcal{D} = (\mathbf{x}_1, y_1), (\mathbf{x}_2, y_2), \dots, (\mathbf{x}_N, y_N)$ 

$$\underbrace{K \text{ points}}_{\mathcal{D}_{\text{val}}} o \text{validation} \qquad \underbrace{N-K}_{\mathcal{D}_{\text{trail}}}$$

 $\underbrace{N-K \text{ points}}_{\mathcal{D}_{ ext{train}}} o ext{training}$ 

ullet Small K: bad estimate of  $E_{\mathrm{out}}$ 

 Large K: possibility of learning a bad model (learning curve)



# $oldsymbol{K}$ is put back into N

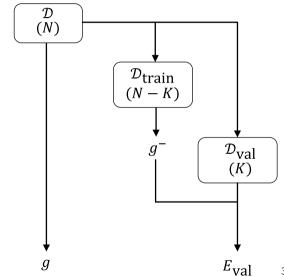
$$\mathcal{D} \rightarrow \mathcal{D}_{\mathrm{train}} \cup \mathcal{D}_{\mathrm{val}}$$
 $\downarrow \qquad \qquad \downarrow \qquad \downarrow$ 
 $N - K \qquad K$ 

$$\mathcal{D} \Longrightarrow g \qquad \mathcal{D}_{train} \Longrightarrow g^-$$

$$E_{
m val} = E_{
m val}(g^-)$$

# Rule of thumb:

$$K = \frac{N}{5}$$



#### **Outline**

Overfitting

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#### Model selection

The most important use of a validation set is model selection

- Choose between a linear model and a nonlinear one
- Choice of the order of the polynomial in a model
- Choice of the regularization parameter
- Any other choice that affects the model learning

If the validation set is used to perform choices (e.g. to select the regularization parameter  $\lambda$ ), then it **no longer** provides an unbiased estimate of  $E_{\rm out}$ 

There is the need of a third dataset: the **test set**, onto which to measure the model's performance  $E_{\rm test}$ 

### Using $\mathcal{D}_{\mathrm{val}}$ more than once

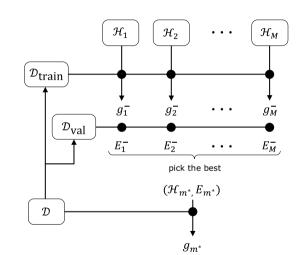
M models  $\mathcal{H}_1, \mathcal{H}_2, \dots, \mathcal{H}_M$ 

Use  $\mathcal{D}_{\text{train}}$  to learn  $g_m^-$  for each model

Evaluate  $g_m^-$  using  $\mathcal{D}_{\mathrm{val}}$ 

$$E_m = E_{\text{val}}(\mathbf{q}_m^-) \qquad m = 1, \dots, M$$

Pick the model  $m=m^{*}$  with the smallest  $E_{m}$ 



#### How much bias

For the M models  $\mathcal{H}_1, \mathcal{H}_2, \dots, \mathcal{H}_M$ ,  $\mathcal{D}_{val}$  is used for "training" on the **finalist model** set:

$$\mathcal{H}_{\text{val}} = \left\{ g_1^-, g_2^-, \dots, g_M^- \right\}$$

- ullet The validation performance of the final model is  $E_{\mathrm{val}}\left(g_{m^{*}}^{-}
  ight)$
- This quantity is biased and not representative of  $E_{\rm out}$  ( $g_{m^*}^-$ ), just as the in sample error  $E_{\rm in}$  was not representative of  $E_{\rm out}$  in the VC-analysis
- ullet What happened is that  $\mathcal{D}_{\mathrm{val}}$  has become the "training set" for  $\mathcal{H}_{\mathrm{val}}$
- The risk is to overfit the validation set

In order to have a good match between  $E_{\rm val}\left(g_{m*}^{-}\right)$  and  $E_{\rm out}\left(g_{m*}^{-}\right)$ , one has to have a number of validation data K sufficient for the number of parameters to set

 $\bullet$  For 2 parameters, K=100 is a good number

#### Data contamination

Error estimates:  $E_{\rm in},~E_{\rm val},~E_{\rm test}$ 

Contamination: Optimistic bias in estimating  $E_{\rm out}$ 

• Training set: totally contaminated

Validation set: slightly contaminated

• Test set: totally 'clean'

#### **Outline**

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#### The dilemma about K

The following chain of reasoning:

$$E_{
m out}(g) pprox E_{
m out}(g^-) pprox E_{
m val}(g^-)$$
 (small  $K$ ) (large  $K$ )

highlights the dilemma in selecting K

Can we have K both small and large?

#### Leave one out cross-validation

Use N-1 points for training and K=1 point for validation

$$\mathcal{D}_n = (\mathbf{x}_1, y_1), \dots, (\mathbf{x}_{n-1}, y_{n-1}), (\mathbf{x}_n, y_n), (\mathbf{x}_{n+1}, y_{n+1}), \dots, (\mathbf{x}_N, y_N),$$

where  $\mathcal{D}_n$  is the training set without the point n

The final hypothesis learned from  $\mathcal{D}_n$  is  $g_n^-$ 

The validation error on the unique point  $\mathbf{x}_n$  is  $e_n = E_{\text{val}}(g_n^-) = e(g_n^-(\mathbf{x}_n), y_n)$ 

It is then possible to define the cross-validation error

$$E_{\rm cv} = \frac{1}{N} \sum_{n=1}^{N} e_n$$

#### Cross-validation for model selection

Cross-validation can be used effectively to perform model selection by selecting the right regularization parameter  $\lambda$ 

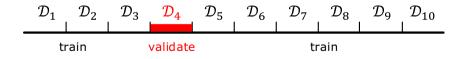
- 1. Define M models by choosing different values for  $\lambda$ :  $(\mathcal{H}, \lambda_1), (\mathcal{H}, \lambda_2), \dots, (\mathcal{H}, \lambda_M)$
- 2. for each model  $m = 1, \ldots, M$  do
  - 2.1 Use cross-validation to obtain estimates of the out of sample error for each model
- 3. Select the model  $m^*$  with the smallest cross-validation error  $E_{cv}(m^*)$
- 4. Use the model  $(\mathcal{H}, \lambda_{m^*})$  and all the data  $\mathcal{D}$  to obtain the final hypothesis  $g_{m^*}$

#### Leave more than one out

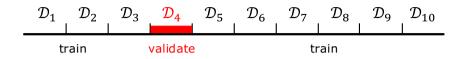
Leave-one-out cross-validation as the disadvantage that:

- ullet It is computationally expensive, requiring a total of N training sessions for each of the M models
- The estimated cross-validation error has high variance, since it is based only on one point

It is possible to reserve more points for validation by dividing the training set in "folds"



#### Leave more than one out



- $\bullet$  This produces  $\frac{N}{K}$  training session on N-K points each
- A good comprosime for the number of folds is 10

# 10-fold cross validation: $K = \frac{N}{10}$

- Pay attention to not reduce the training set to much
  - 1. Look at the learning curves
  - 2. Look at the number of parameters (related to VC-dimension)