**「環球廚神．精英選拔賽2018」食譜表格**

**比賽只設個人賽．截止報名：2018年4月25日**

**參加組別：請以√選擇組別 囗 青年廚師組 囗 資深廚師組**

**參賽機構：**

**參賽廚師：**

**主題食材：**

**菜式名稱：**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **「環球廚神．精英選拔賽2018」- 比賽指定食材** | | | | |
| **(2款指定食材選取其中1款)** | | | | |
| **組別** | **指定食材(1)** | **數量** | **指定食材(2)** | **數量** |
| **青年廚師組** | 「鮑之源」急凍熟鮑魚(約25克) | 15隻 | 「鮑之源」6頭清湯罐頭鮑魚 | 2罐 |
| **資深名廚組** | 「鮑之源」急凍熟鮑魚(約25克) | 15隻 | 「鮑之源」6頭清湯罐頭鮑魚 | 2罐 |

|  |  |
| --- | --- |
| **主要材料及份量** | |
| **材料名稱** | **份量** | **材料名稱** | **份量** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**調味料及汁醬**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **調味料及汁醬** | **份量** | **調味料及汁醬** | **份量** | |
|  |  |  |  | |
|  |  |  |  | |
|  |  |  |  | |
| **烹調方法：(最少50字)** | | | | |
| (1) | | | |  |
| (2) | | | |  |
| (3) | | | |  |
| (4) | | | |  |
| (5) | | | |  |
| **菜餚特色介紹：(最少50字)** | | | | |
|  | | | |  |
|  | | | |  |
|  | | | |  |
| **大廚簡介：(最少50字)** | | | | |
|  | | | |  |
|  | | | |  |
|  | | | |  |