









Rohit Shukla

Weight:140 lbs

Height:5"8"


Age:26

- Dashboard
- Workout
- Health
- Sleeping
- Your goals
- Analytics


Good Morning, Rohit !

Keep moving and stay healthy.


8.6 Hours  
Sleep

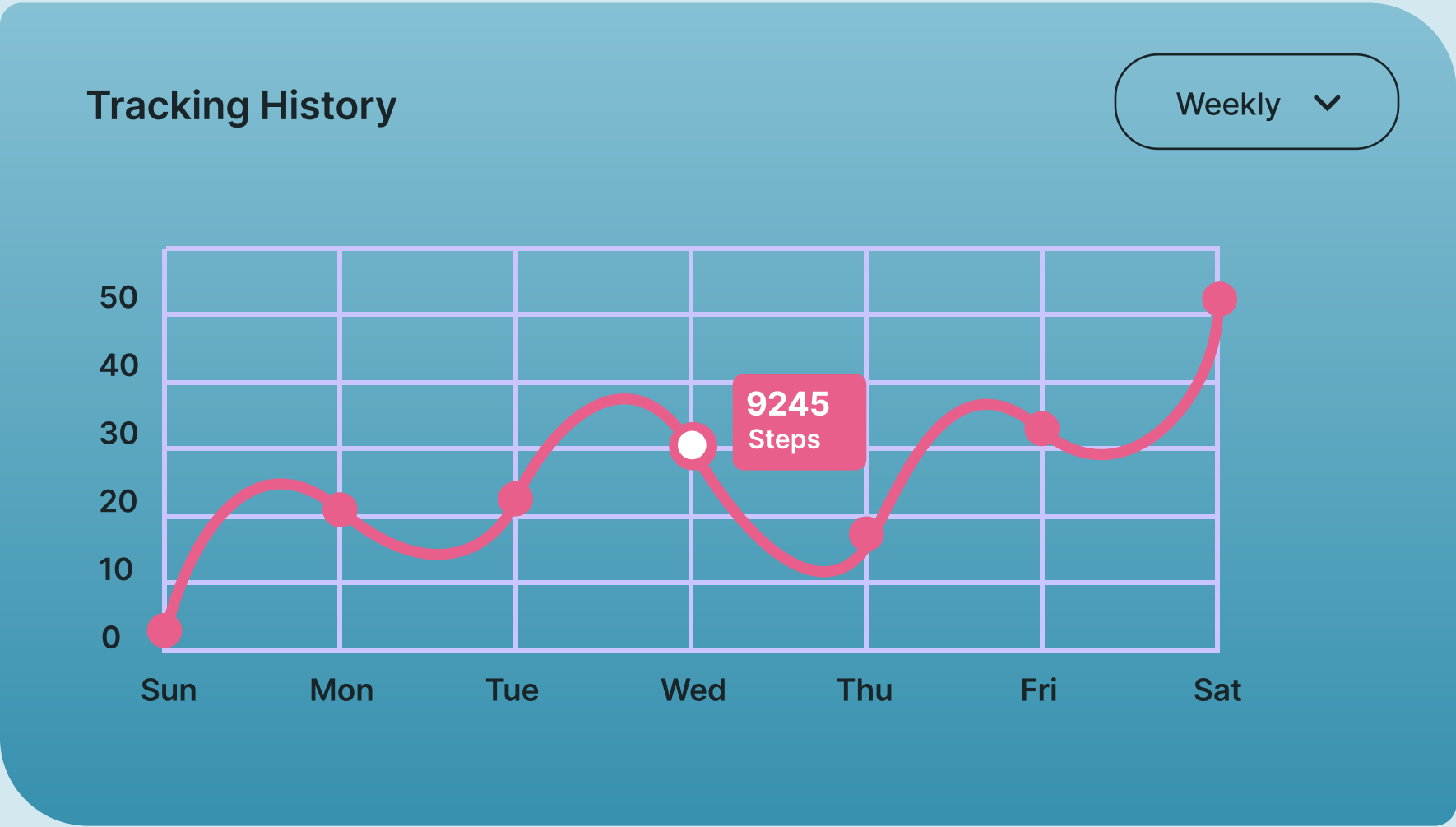
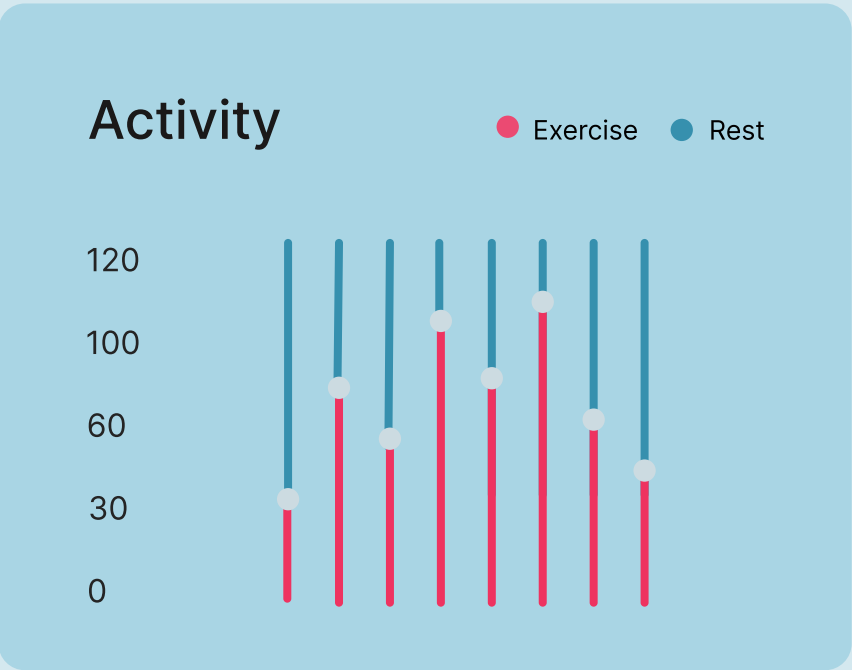


5 Liters  
Water




9245  
Steps






Your goals




Loose weight to 40 kg

44/40 kg75%



Running challenge

15/100 days13%



140 workouts in a year

30/140 kg33%