



Good Morning, Rohit !

Keep moving and stay healthy.



8.6 Hours



Sleep

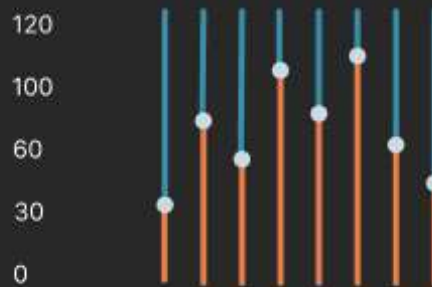
5 Litres

Water



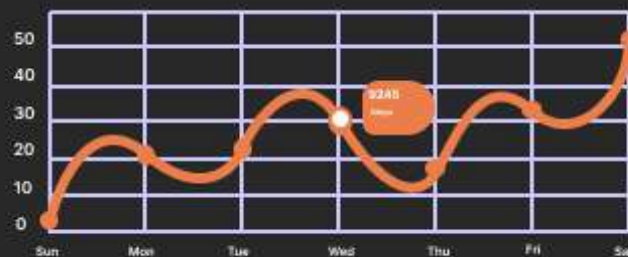
Activity

Exercise Rest



Tracking History

Weekly



Your goals

kg

5%



Running challenge

15/100 days

13%

My Fitness



Rohit Shukla

Weight:	140 lbs
Height:	5"8"
Age:	26



Dashboard



Workout



Health



Sleeping



Your goals



Analytics

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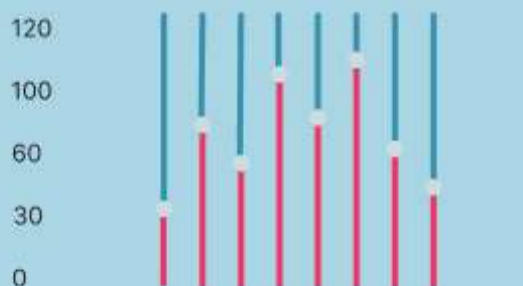
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