### Interview 1

**Researcher**: Do you usually go running?  
**Participant**: Yes, but not regularly. Maybe once a week, sometimes once every two weeks.

**Researcher**: What influences your ability to keep running consistently?  
**Participant**: Mainly the fact that I don’t have anyone to run with. If a friend asks me, I’m more willing to go. Running alone feels boring, and it’s easy to give up.

**Researcher**: If there was an app that helps you find nearby running partners with a similar pace, would that be useful?  
**Participant**: Definitely, but I would want to know their level first—like average pace, usual routes. Otherwise I might meet someone too fast or too slow.

**Researcher**: Besides pace, what other factors matter to you?  
**Participant**: Time. For example, I’m usually free at 7 pm, but my friends may not be. It would be better if I could arrange runs flexibly.

### Interview 2

**Researcher**: Do you have a fixed running routine?  
**Participant**: I mostly do weight training in the gym, and I run as a supplement, usually on the track.

**Researcher**: Would running with others make a difference?  
**Participant**: For sure. If there are people running with me, I’m more motivated. It’s like the atmosphere in a study room—if everyone is studying, you also focus better.

**Researcher**: What do you care about the most when choosing a running partner?  
**Participant**: Reliability and safety. If someone cancels last minute, it’s annoying, so I’d prefer a confirmation system. And I would only want to meet in public places.

**Researcher**: Do you want to know details about the person you’re matched with?  
**Participant**: Yes, at least their average pace and how often they run. Otherwise it’s hard to coordinate.

### Interview 3

**Researcher**: Do you exercise often?  
**Participant**: Not really. I want to, but I often lack motivation.

**Researcher**: Would having a running buddy change that?  
**Participant**: Maybe. If someone is waiting for me, I’d feel pressured to show up and not cancel. But I also want flexibility—I don’t want it to feel like a heavy burden.

**Researcher**: What features would you expect in a running partner app?  
**Participant**: A map to see who’s nearby, otherwise I can’t imagine who’s available. Also an option to schedule runs easily, like “tomorrow at 8 pm at the track.” That would help me stick to it.

**Researcher**: Is a chat function important for you?  
**Participant**: Not really. For me, just matching time and place is enough.