



# **FAMILY AND PARENTING**

At CCV, we believe through the Christ-centered family, the love, forgiveness and grace of Christ becomes a reality. Parents can learn to lead their family in practical, Biblical principles in order to instill integrity and character in the hearts of their children and raise them to be Christ-centered difference makers.

#### **BIBLICAL FOUNDATION**

- Ephesians 6:4
- Proverbs 22:6
- Deuteronomy 6



## **ONLINE RESOURCES**

Visit the Focus On The Family website for an online library of resources.

Visit <u>Parent Cue</u> for an extensive library of resources for parents and families.

For articles, conferences and many more resources for blended and step-families, go to the FamilyLife website.

## **PARENTING & DISCIPLINE**

#### **Have a New Kid by Friday**

Dr. Kevin Leman

This book shows parents how to reverse negative behavior in their children. Dr. Leman offers hope and real, practical, doable strategies for regaining control and becoming the parents they always wanted to be while focusing on changing a child's attitude, behavior, and character.

### **Are My Kids On Track**

Sissy Goff, Melissa Trevathan & David Thomas

This book helps identify and measure 12 key emotional, social, and spiritual milestones in your children's lives. Along the way the authors pinpoint the different ways boys and girls develop, so you can help your child flourish in his or her own way. Filled with decades of experience from three practicing counselors, speakers, and writers, this book provides you with valuable, current research and user-friendly, hands-on practices to make supporting your kids' soul development a seamless part of family life. Don't just raise smart kids—raise courageous, compassionate, resilient, empathetic, and smart kids.

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## **FAMILY AND PARENTING**

# ONLINE RESOURCES (CONT.)

### **Parenting Podcast:**

In This Together with Josh & Christi Straub

"Blended Families, Step-Parenting, Widowhood, and Holiday Step-Stress" with Josh & Christi Straub

Parenting Great Kids with Meg Meeker

## **Modern Parents, Vintage Values**

Sissy Goff & Melissa Trevathan

This book discusses specific issues facing kids today, helping parents to more fully understand the challenges they are being faced with. They focus in on nine values that are foundational for the character development of children: kindness, integrity, manners, compassion, forgiveness, responsibility, gratitude, patience and confidence. Each chapter is broken down into a section for children and adolescents, and specific ways to foster the specific value for the particular age. It offers parents timeless truths that can break through the chaos of today's culture and instill these truly vintage and important values in kids.

#### **GIST**

Michael Anderson & Timothy Johanson

This book reviews what the journey to adulthood entails, along with a clear look at those parenting efforts that have proven not to work over the years. It is a fascinating look at many aspects of life that wouldn't typically be associated with parenting. But, the result is a parenting approach that is effective, efficient, and enjoyable, whether parenting a toddler or a college student.

## **Grace Based Parenting**

Tim Kimmel

This book offers a refreshing new look at parenting. Rejecting rigid rules and checklists that don't work, Dr. Kimmel recommends a parenting style that mirrors God's love, reflects His forgiveness, and displaces fear as a motivator for behavior. As we embrace the grace God offers, we begin to create a solid foundation for growing morally strong and spiritually motivated children.

#### **The Birth Order Book**

Dr. Kevin Leman

The order in which we are born has a powerful, far-reaching influence on the way we interact with others--at home, at work, with friends, and in the public square. Dr. Kevin Leman's classic book on birth order is getting a new look, bringing his engaging, fascinating, and often funny observations to a new audience. With insight and wit, Dr. Leman shows readers how birth order affects personality, marriage and relationships, parenting style, career, and children. Anyone who wants to gain understanding about the ways they interact with others--and even overcome ingrained tendencies they never thought they'd be rid of--will love Dr. Leman's insightful book.

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## **FAMILY AND PARENTING**

## **TALK TO SOMEONE**

Contact us to talk to one of our pastors on staff.

Get connected in a CCV Group to become engaged in a community that can support you through life's ups and downs.

## **BLENDED FAMILIES**

### **The Smart Stepfamily**

Ron Deal

This book addresses key concerns and practical issues facing every step family including unique parenting roles, challenges and common pitfalls blended families tend to make.

## **RAISING TEENS**

### **Understanding Your Teen**

Jim Burns

Burns shows how parents can shape behavior and character, navigate social media challenges, and communicate and resolve conflict healthily. He also tackles the realities of cyberbullying, dating violence, self injury, depression and much more.

### **The Defiant Child**

Dr. Douglass Riley

A much-needed tool that parents can use to identify the source of this turmoil and take back parental control. Dr. Douglas Riley teaches parents how to recognize the signs, understand the attitudes, and modify the behavior of their oppositional child.

### **The Back Door To Your Teen's Heart**

Melissa Trevathan & Sissy Goff

To the degree that kids can predict you, they will dismiss you. And, most likely, any of us who have ever lived with, taught, counseled, and loved adolescents have felt the sting of dismissal. It feels like everything we try bounces off the shell these kids develop around 10-12 years of age. Melissa Trevathan and Sissy Goff, both counselors with a combined 60 years of working with kids, lead us on a journey into the hearts of these adolescents. With laughter, Biblical truths, and a simple, but direct honesty, they help us walk through the back door and back into the lives of these kids we love.