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A Bi-Weekly Insight into Fort Peck Tribal News

FPT Newsletter



Current topics >>>

Tribal Court Hours of Operation

Tribal Court is open Monday through Friday, $10 \ am - 2 \ pm$.

Please wear a mask and sanitize your hands when entering the building.

Tribal Court 406-768-2400 Criminal Clerk 406-768-2417 Civil Clerk 406-768-2416 Family Clerk 406-768-2414 Juvenile Clerk 406-768-2413 Prosecutors Office 406-768-2383 Public Defenders Office 406-768-2470 Probation 406-768-2408/2406

Or Visit FPTC.org for more info.



COVID Update

Increasing Active Cases

Roosevelt County has seen an increase in active cases over the last week. These numbers seemed to coincide with recent public events taking place on and around the county.

of COVID-19 within

Roosevelt County.

452 tests remain

pending.

With the increase in cases, Roosevelt County has fallen under Governor Steve Bullocks Mask Mandate stating that if a county is experiencing four or more active cases of

COVID-19 masks will be required while in public indoor and outdoor spaces. While the and 12 recovered cases Fort Peck Tribes typically follows the recommendation of the Governor, the TEB will meet next week to discuss and institute a reservation wide mandatory mask order.

Despite the public pushback against the Governors mandate, most privately owned businesses and buildings have already begun enforcing and installing signs stating their mask requirement upon entrance in an effort to slow the spread of the virus among employees and customers.

In addition to the mask mandate, The Fort Peck Tribes Phase II (modified version) will be up for renewal on August 14th, 2020. Until then the Tribes continues to monitor the

situation closely and all phase There are now 7 active, reopening plans are subject to change.

> Masks will be made readily available to the public for free, and are now available at food give away sites.

> Additional distribution sites are being discussed and will be

announced publicly when available.

details regarding more distribution please contact Councilwoman Kaci Wallette at 406-768-2300

FPCC Fall Semester Procedures

In an effort to offset the various risks and challenges imposed by the COVID-19 pandemic, The Fort Peck Community College is offering online, hybrid, and in-class classes for the fall 2020 semester.

FPCC will be offering laptops and internet access for eligible students who are enrolled in hybrid and online classes, as well as some

financial assistance. This is all in an effort to limit contact and spread of COVID.

For vocational students and those who are unable to take online or hybrid classes, Fort Peck will be enforcing strict social distancing on campus and in class.



FPCC buildings will be regularly cleaned and sanitized, while entrances will offer sanitizer, masks, and gloves to those who enter.

Entrances themselves will be limited to single access points where public access will be limited and those who enter will submit to a temperature check and completing a log in to conduct contact tracing in the event of an outbreak

FPCC has released their academic calendar for their 2020 fall semester:

August 26: New Student Orientation

August 26-28: Registration

August 31: First Day of Class

September 4: Last Day to Register/Add

Classes

October 19-23: Mid-Term Break

October 29: Last Day to Withdraw From

Classes

December 14-18: Finals Week

Please bear in mind procedures and schedule are subject to change as events continue to development.

To register or learn more please visit the FPCC website: www.fpcc.edu

Maintaining Mental Health During A Pandemic

Fear, anxiety, and stress during a pandemic can magnify symptoms of depression in all ages. With social distancing and quarantine, feelings of isolation could increase. Here are some helpful tips to maintain mental wellbeing and promote healthy coping mechanisms.

Recognize that everyone reacts differently to stressful situations. Some people respond strongly to stress and fear, while others are able to take it in stride.

Self-care is an important and easy way to help deal with depression and stress. Taking care of your body by eating healthy, exercising, and getting restful sleep can help you cope with difficult situations while maintaining social distancing.

Staying connected to those who are important to you through phone calls, texts, and social media can help you share your concerns and unwind.

Take time to relax and do something that you enjoy. Something as small as reading a



book or playing a game can help relieve stress and take your mind off events.

Take a break from the news and media. Seeing the pandemic repeatedly can be upsetting.

Practice mindfulness and meditation.

These methods can help calm you and help you recognize triggers so you can

prepare or avoid them in the future.

Reach out or seek help from friends, family, clergy, councilors, doctors, or through helplines. Recognize that seeking help is healthy and good, and isn't a sign of weakness or a burden to others.

If you are experiencing thoughts of suicide, depression, or are in crisis, please contact:

24-hour suicide prevention hotline:

1-800-273-8255

24-hour Veterans Crisis Line:

1-800-273-8255

Fort Peck Tribes Suicide Prevention:

406-768-3491

Disaster Distress Helpline:

1-800-985-5990

Spotted Bull Free Webinars

The Spotted Bull Recover Resource Center is hosting four free webinars that will address wellness, suicide prevention, racism, healthy coping skills, and more.

Webinars offered by the SBRRC will focus on important issues to our community that have become more prominent in today's climate.

August 12, 2020:

Personal wellness, managing stress and seeking happiness.

August 19, 2020:

Addressing suicide prevention and related risk factors including substance abuse, violence, trauma, and depression.

August 26, 2020:

Breaking unhealthy family and community cycles of behavior and coping with systemic racism.

September 2, 2020:

Developing Healthy Coping skills.

All Webinars will begin at 1:00 PM MST on Wednesdays

Join Zoom Meeting

https://us02web.zoom.us/u/kbRuruJxG9

Meeting ID: 882 9153 6437

Dial by your location: +1 346 248 7799

Find your local number:

https://us02web.zoom.us/u/kbRuruJxG9

- Up to 12 CEU's Available
- Door Prizes
- Community Locations with Live Streaming

Register in advance at:

https://us02web.zoom.us/meeting/register/tZwvfuitrT0uGdNNGhNIomZjaVi3vNUVBwdn

For more information contact Donovan Archambault at the Spotted Bull Recovery Resource Center: 406-768-3852



Did You Know? >>>

Fort Peck was the only reservation in America with 7 Omaha Celebrations!



Each celebration represents different tribes and clans who live on the reservation!

Fort Kipp Celebration – 1st Weekend in July, Badlands Celebration – 4th Weekend in June, Turn Around Powwow – 3rd Weekend in August, Poplar Indian Days Powwow 1st Weekend in September, Wadopana Powwow – 1st Weekend in August, Redbottom Powwow – 3rd Weekend in June, and the Wahcinia Powwow.



Enterprise Septic Pumping

Enterprise is continuing to offer septic pumping until mid-October.

Pumping during winter can result in a frozen sewer and harm septic systems.

Freezing conditions can also harm pump trucks.

For more information or to schedule a septic pumping please contact Tina Magnan at: 406-768-3316

Rural Garbage Pick-Up

The O&M Department has contracts with T&R Trucking from Glasgow, MT to perform rural garbage pickups.

If you would like to learn more about pricing and pick-up days please contact Rocky at 406-228-8746

Errors In Previous Issue

Our previous issue of the FPT Newsletter contained some incorrect or outdated information:

- Medical Travel does not recognize common law marriage.
- Medical Travel will receive a flat rate of \$160 during Phase 2.

Jury Trials To Reconvene

All across the country, courthouses are struggling to conduct jury trials during the pandemic. A federal judicial task force released guidance on the issue that ultimately says, each tribunal will set its own rules. Fort Peck Tribal Court has worked on preparations to reconvene jury trials in September.

Safety is the number one concern for everyone. Masks will be provided, they are mandated for entry into the court building and are to be worn throughout the trial process. We understand there may be exceptions for underlying health conditions. Hand sanitizer and/or hand washing will also be necessary. The courtroom has been modified



with plexiglass and plastic barriers to limit contact. It is also equipped to allow options of using video or audio as part of the trial process.

A jury consists of six jurors and an optional alternate. All jurors will be distanced at least six feet from one another in the courtroom. Jury summons will be going out soon so please be kind to the process server. Prospective jurors will participate in the voir dire process in August and will be assigned a jury trial in September or October. We will continue this process until further notice.

-Chief Judge FourStar

Fort Peck Tribes Language and Culture Deptartment

Donations like this promote understanding and appreciation for local and tribal history, creating tangible links to our shared heritage and past.

A local family has donated some historical items to the Fort Peck Tribes Language & Culture Department that once belonged to the boarding school superintendent of the Fort Peck Agency.

The collection belonged to the late Daniel Brink, who served as superintendent of the boarding school. He is buried on the reservation with his parents Lewis and Ada Brink.

The items were donated

By Shirley McCrea, of south Wolf Point.

Among the items are two sets of eyeglasses, a pair of beaded moccasins with a floral pattern, one beaded moccasin, historic pictures of residents at the time and the local area, a beaded ribbon with the initials "D.B."

Two military brass buttons also came with the collection, including a left collar button signifying a machine gunner from WWI or WWII.



The other button, from a WWI tunic jacket, signifies a machine gunner from WWI.

This is the second collection donated to the department, which is open to receiving and caring for collections. The department has ordered display cases for the items to showcase some of Fort Peck history.

In October 2019, the Spalding family of Sante Fe, N.M. donated their father James Spalding's collection of a war club, beaded moccasins, and a Dakota Bible.

The Rev. James Spalding moved to New York City to start his PhD studies at Columbia University.

Director Ramey Growing Thunder said the department is open to receiving and caring for more collections or items as the department continues to build its digital data base.



Tribal Building Operating Hours

The Fort Peck Tribal building is closed to the public until further notice. Departments are continuing to follow Phase 2 recommendations and limiting employees to essentials only at reduced hours.

If you need to to come to the Tribal building, please call ahead of your visit. Essential staff will be available between 10 am and 2 pm.

About The Editor

Misty Daniels graduated from the University of Montana with a BA in Media Arts in May, 2020. Prior to her college career, she grew up and worked in Wolf Point, MT and attended Fort Peck Community College.

Now she spends her spare time reading, playing video games, remodeling her home, and prepping her yard for next year's gardening and chickens.

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Coming soon >>>

In The Next Issue

We cordially invite everyone to submit your ideas and articles for our next issue. Please email all submissions to: MDaniels@FortPeckTribes.net



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