

Question #	Text	Response range (data code)	ideal response	reverse	re-code/re-score	Notes-re-score before reverse
Q1	My child is outside ___ hours a day	0(1),1(2),2(3),3(4),4(5),5+(6)	2 or more	no	yes	re-score 6=5
Q2	My child eats vegetables.	rarely(1), somedays(2), most days(3), almost everyday (4), everyday(5)	everyday	no	no	
Q3	My child goes to bed around ___ pm.	NA		no	no	don't use
Q4	My child gets up around ___ am.	NA		no	no	don't use
Q5	My child plays outside ___ days a week.	0(1),1(2),2(3),3(4),4(5),5(6),6(7),7(8)	7	no	yes	re-score 6-8=5
Q6	My child does not eat breakfast ___ days a week.	0(1),1(2),2(3),3(4),4(5),5(6),6(7),7(8)	0	yes	yes	re-score 6-8=5
Q7	My child eats fruit.	rarely(1), somedays(2), most days(3), almost everyday (4), everyday(5)	everyday	no	no	
Q8	My child drinks milk ___ times a day.	NA	4	no	yes	re-score 0=1, 1=2, 2=3, 3=4, 4+=5
Q9	My child drinks milk.	no(1), whole(2), 2% reduced fat(3), 1% lowfat(4), skim/nonfat(5), soy(6)	skim, soy	no	yes	re-score 6=5
Q10	My child likes playing inside instead of watching TV.	rarely(1), sometimes(2), often(3), very often(4), always (5)	always	no	no	
Q11	I plan meals.	rarely(1), sometimes(2), often(3), very often(4), always (5)	always	no	no	
Q12	I eat fruit ___ times a day.	NA	3+	no	yes	re-score 0=1, 1=2, 2=3, 3=4, 4+=5
Q13	I buy vegetables.	rarely(1), sometimes(2), often(3), very often(4), always (5)	always	no	no	
Q14	I buy fruits.	rarely(1), sometimes(2), often(3), very often(4), always (5)	always	no	no	
Q15	I know what my child watches on TV.	rarely(1), sometimes(2), often(3), very often(4), always (5)	always	no	no	
Q16	I drink milk ___ times a day.	NA	3+	no	yes	re-score 0=1, 1=2, 2=3, 3=4, 4+=5
Q17	I play outside with my child ___ days a week.	0(1),1(2),2(3),3(4),4(5),5(6),6(7),7(8)	7	no	no	re-score 6-8=5
Q18	I buy chips, candy or cookies.	rarely(1), sometimes(2), often(3), very often(4), always (5)	rarely	yes	no	
Q19	I keep fruit ready for my child to eat.	rarely(1), somedays(2), most days(3), almost everyday (4), everyday(5)	everyday	no	no	
Q20	My child eats beans ___ times a week.	0(1),1(2),2(3),3(4),4(5),5(6),6(7),7(8)	4+	no	yes	re-score 6-8=5

sort order

truncating answers (re-score only)

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Q21	My child eats snack foods like cookies, chips and candy.	rarely(1), somedays(2), most days(3), almost everyday (4), everyday(5)	rarely	yes	no	
Q22	My child has a TV in his bedroom.	no(1), yes(2)	no	yes	yes	re-score 2=5
Q23	My child eats a meal while watching TV.	rarely(1), somedays(2), most days(3), almost everyday (4), everyday(5)	rarely	yes	no	
Q24	My child watches TV ___ hours a day.	0(1), 1(2), 2(3), 3(4), 4(5), 5(6), 6+(7)	0	yes	yes	re-score 6&7=5
Q25	My child is picky about the foods he eats.	rarely(1), somedays(2), most days(3), almost everyday (4), everyday(5)	rarely	yes	no	
Q26	My child eats snack foods like apples, bananas or carrots.	rarely(1), somedays(2), most days(3), almost everyday (4), everyday(5)	everyday	no	no	
Q27	My child eats ___ vegetables at his main meal.	0(1), 1(2), 2(3), 3 or more(4)	2 or 3	no	yes	re-score 4=5
Q28	My child enjoys cereal for breakfast.	rarely(1), sometimes(2), often(3), very often(4), always (5)	everyday	no	no	
Q29	My child eats more than one kind of vegetable a day.	rarely(1), somedays(2), most days(3), almost everyday (4), everyday(5)	everyday	no	no	
Q30	My child plays video or computer games ___ hours a day.	0(1), 1(2), 2(3), 3(4), 4(5), 5+(6)	0	yes	no	re-score 6=5
Q31	My child eats candy, cake or cookies ___ times a day.	0(1), 1(2), 2(3), 3(4), 4(5), 5+(6)	0	yes	no	re-score 6=5
Q32	My child drinks soda or sugared drinks with meals.	no(1), somedays(2), most days(3), almost everyday(4), everyday(5)	no	yes	no	
Q33	My child drinks soda ___ times a day.	0(1), 1(2), 2(3), 3(4), 4(5), 5+(6)	0	yes	yes	re-score 6=5
Q34	My child drinkds sport drinks or sugared drinks ___ times a day.	0(1), 1(2), 2(3), 3(4), 4(5), 5+(6)	0	yes	yes	re-score 6=5
Q35	My child eats fast food ___ times a week.	0(1), 1(2), 2(3), 3(4), 4(5), 5(6), 6(7), 7(8), 8+(9)	0	yes	yes	re-score 6-9=5
Q36	My child eats chips for snacks ___ times a day.	0(1), 1(2), 2(3), 3(4), 4(5), 5+(6)	0	yes	yes	re-score 6=5
Q37	My child sees me eat vegetables.	rarely(1), somedays(2), most days(3), almost everyday (4), everyday(5)	everyday	no	no	
Q38	My family eats fried foods ___ times a week.	0(1), 1(2), 2(3), 3(4), 4(5), 5(6), 6(7), 7(8), 8+(9)	0	yes	yes	re-score 6-9=5
Q39	I keep vegetables ready for my child to eat.	rarely(1), somedays(2), most days(3), almost everyday (4), everyday(5)	everyday	no	no	
Q40	We eat out ___ times a week.	0(1), 1(2), 2(3), 3(4), 4(5), 5(6), 6(7), 7(8), 8+(9)	0	yes	yes	re-score 6-9=5

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Q41	I sit and eat a meal with my child.	rarely(1), somedays(2), most days(3), almost everyday (4), everyday(5)	everday	no	no	
Q42	I cook my child's dinner from scratch.	no(1), somedays(2), most days(3), almost everyday(4), everyday(5)	everday	no	no	
Q43	I trim fat before eating meat.	rarely(1), sometimes(2), often(3), very often(4), always (5)	always	no	no	
Q44	I eat the skin on chicken.	no(1), sometimes(2), often(3), very often(4), always(5)	no	yes	no	
Q45	I watch TV ____ hour a day.	0(1), 1(2), 2(3), 3(4), 4(5), 5(6), 6+(7)	0	yes	yes	re-score 6 & 7 = 5