Metasploitable

Setting Up a Practice Target Machine

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ABOUT THIS GUIDE

This guide provides instructions for you to set up the Metasploitable virtual machine as a target machine. The following sections describe the audience, organization, and conventions used within this guide.

Target Audience

This guide is for IT and security professionals who use the Metasploit Framework or Metasploit commercial editions as a penetration testing solution.

Organization

This guide includes the following chapters:

- · About this Guide
- Setting Up Metasploitable
- · Getting Started with Metasploitable

Document Conventions

The following table describes the conventions and formats that this guide uses:

Convention	Description
Command	Indicates buttons, UI controls, and fields. For example, "Click Projects > New Project."
Code	Indicates command line, code, or file directories. For example, "Enter the following: chmod +x Desktop/metasploit-3.7.1-linux-x64-installer."
Title	Indicates the title of a document or chapter name. For example, "For more information, see the Metasploit Pro Installation Guide."
Note	Indicates there is additional information about the topic.

Support

You can visit the Customer Center or e-mail the Rapid7 support team to submit questions and receive support for Metasploit Pro and Metasploit Express. To log in to the Customer Center, use the e-mail and password provided by Rapid7.

The following table describes the methods you can use to contact the Rapid7 support team.

Support Method	Contact Information
Customer Center	http://www.rapid7.com/customers/customer-login.jsp
E-mail	support@rapid7.com

There is not an official support team dedicated to the Metasploit Framework or Metasploit Community. If you are a Metasploit Community or Framework user, you can visit the <u>Metasploit Community</u> for support.

Product Name Usage

The following table describes how this guide uses product names:

Product Name	Description
Metasploit	Refers to the Metasploit commercial editions, such as Metasploit Pro, Express, and Community, and the Metasploit Framework.
Metasploit Pro	Refers to Metasploit Pro, Express, and Community, unless noted otherwise.
Metasploit Framework	Refers to the Metasploit Framework only.

Required Credentials

The following table describes the credentials that you need to log in to Metasploitable:

Account	Credentials
Ubuntu VM	msfadmin:msfadmin

SETTING UP METASPLOITABLE

This chapter covers the following topics:

- Before You Begin 3
- About Metasploitable 4
- Setting Up Metasploitable 5

Before You Begin

Before you can begin, you must perform the following tasks:

- Download and install VMware Workstation or VMware Player.
- Download and install Metasploit on either your local system or on a virtual machine.
- Download the Metasploitable zip file.
- Verify that your local system meets the minimum system requirements.

Download and Install VMware Workstation

For information on how to download and install VMware Workstation or VMware Player, visit the VMware website.

Download and Install Metasploit

To download the Metasploit installer, visit the <u>Metasploit website</u>. Choose the installer that is appropriate for your operating environment.

For information on how to install Metasploit, visit the <u>Metasploit Pro Installation Guide</u>. You can use the instructions for Metasploit Pro to install all Metasploit products. The steps do not vary between products.

Download Metasploitable

- 1. Visit Rapid7 to download the BitTorrent file.
- 2. Open the Metasploitable BitTorrent file in a BitTorrent client.
- 3. Download and unzip the contents of the Metasploitable zip file.

System Requirements

- Intel Core 2 Quad @2.66 GHz
- 8 GB Crucial DDR3 RAM
- 500 GB WD HD
- VMware Workstation

Resources

For additional information on Metasploit products and VMware, visit the following resources:

- VMware Online Help
- Metasploit Community

About Metasploitable

Metasploitable is an Ubuntu 8.04 server that runs on a VMware image. The Metasploitable virtual machine contains a number of vulnerable services and an install of Apache Tomcat 5.5, DistCC, Tiki Wiki, and MySQL.

The purpose of Metasploitable is to provide you with a vulnerable target machine that you can use to work with Metasploit Pro, Metasploit Express, Metasploit Community, and the Metasploit Framework. Your goal is to discover the services and vulnerabilities that exist on Metasploitable and to exploit them to learn more information about the virtual machine. For example, you can run a bruteforce attack against the Metasploitable virtual machine to collect passwords from the system.

Resetting Metasploitable

Metasploitable runs in non-persistent disk mode, so you do not need to worry about destroying the box. The non-persistent disk mode does not save changes to the virtual machine. Instead, the non-persistent disk mode restores the virtual machine to the initial state each time you reset or power off the machine.

To reset the Metasploitable virtual machine, you can choose one of the following options:

- VM > Power > Reset
- VM > Power > Restart Guest
- VM > Power > Power off

Active Services

Metasploitable contains the following active services:

- FTP
- SSH

- Telnet
- SMTP
- DNS
- HTTP
- NetBIOS
- SMB
- MySQL
- distcc
- PostgreSQL

Credentials

The following table describes the credentials for the services on Metasploitable:

Service	Credentials
SSH	user:user
MySQL	root:root
PostgreSQL	postgres:postgres
HTTP	tomcat:tomcat

Setting Up Metasploitable

The following sections describe how to launch and log in to Metasploitable.

Running Metasploitable in an Isolated Network

To ensure that you do not unintentionally damage your local system, you should configure Metasploitable to use the host only mode. The host only mode restricts the virtual machine to an isolated virtual network.

To configure Metasploitable to use the host only mode in VMware Workstation:

- 1. Open the Metasploitable virtual machine in VMware Workstation.
- 2. Choose VM > Settings from the main menu bar.
- 3. From the Hardware tab, choose Network Adapter from the Device list.
- 4. Select the **Host-only mode** from the **Network Connection** options.
- 5. Click **OK** to apply your changes.

Launching Metasploitable in VMware Workstation

To launch Metasploitable for the first time, open the location that contains the unzipped Metasploitable folder and double-click the Metasploitable VMware virtual machine configuration file.

Before the virtual machine boots up, VMware prompts you to choose whether you copied or moved the virtual machine. Select the copied option. The Metasploitable VM will boot up and install all the necessary services and applications.

Logging In to Metasploitable

When Metasploitable boots up, the system prompts you for the Metasploitable login. To log in to Metasploitable, use the following credentials: msfadmin:msfadmin.

After you successfully log in to Metasploitable, the terminal drops to a command line prompt.

The following image shows the screen after you log in to Metasploitable:

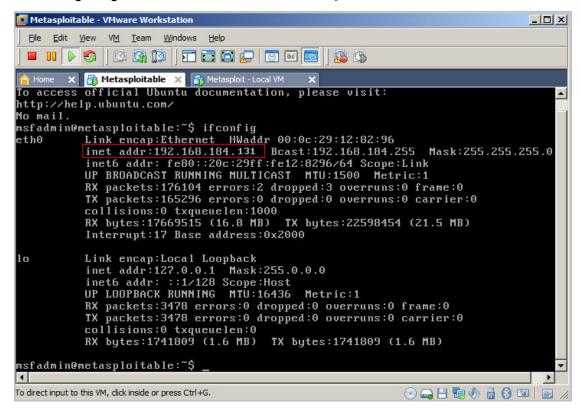
```
Ubuntu 8.04 metasploitable tty1
metasploitable login: msfadmin
Password:
Last login: Mon Mar 12 03:22:01 EDT 2012 on tty1
Linux metasploitable 2.6.24-16-server #1 SMP Thu Apr 10 13:58:00 UTC 2008 i686
The programs included with the Ubuntu system are free software;
the exact distribution terms for each program are described in the
individual files in /usr/share/doc/*/copyright.
Ubuntu comes with ABSOLUTELY NO WARRANTY, to the extent permitted by
applicable law.
To access official Ubuntu documentation, please visit:
http://help.ubuntu.com/
No mail.
msfadmin@metasploitable:~$
To direct input to this VM, click inside or press Ctrl+G.
```

Identifying the IP Address for Metasploitable

After you log in to Metasploitable, you must identify the IP address that has been assigned to it. This is the target host address that you use to scan for vulnerable services and exploit vulnerabilities in Metasploit.

To identify the IP address for Metasploitable, type ifconfig at the command prompt.

The following image shows the results that ifconfig returns:



Based on the results, the IP address for the Metasploitable virtual machine is 192.168.184.131.

GETTING STARTED WITH METASPLOITABLE

This chapter covers the following topics:

- Host Discovery 8
- Bruteforce Attacks 10
- Evidence 12
- Post-Exploitation 13
- Reports 14

Host Discovery

Host discovery is the process of identifying the ports, services, and operating systems that are in use by hosts on a particular network. You run a scan to find the hosts that are accessible on a network and to help you identify vulnerabilities based on the open ports and services that the scan finds.

Scanning Metasploitable with Metasploit Pro

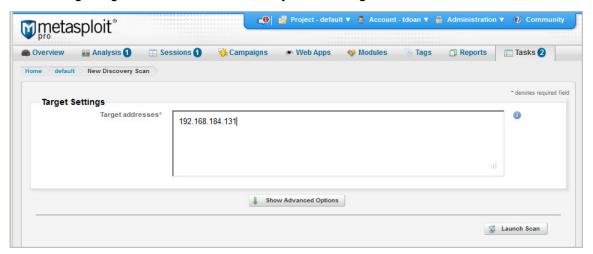
As a Metasploit Pro user, you can launch a discovery scan to enumerate services and ports on the Metasploitable machine. A discovery scan performs host discovery, port scanning, and OS fingerprinting.

A discovery scan starts with an Nmap scan to detect available systems and scan ports. Next, the discovery scan sweeps the target network with UDP probes to identify additional systems. After the discovery scan identifies available ports, the discovery scan sweeps the ports with service specific modules to identify active services.

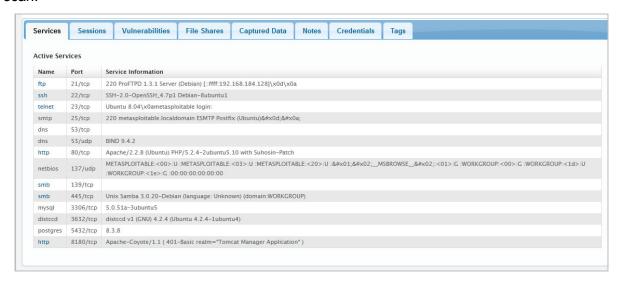
To perform a discovery scan with Metasploit Pro:

- 1. Create a new project or open an existing project.
- 2. Click the Analysis tab.
- 3. Click Scan.
- 4. Enter the IP address for Metasploitable in the **Target Addresses** field.
- 5. Click Show Advanced Options to view a list of additional options that you can configure. You may want to change the portscan speed, depending on your network connection. The default setting is Insane, but you should use this setting only if you are on a fast LAN. You can use Normal for most network connections.

The following image shows a basic discovery scan configuration:



After the scan completes, the Host page displays a list of all active services discovered by the scan:



Scanning Metasploitable with the Metasploit Framework

If you are a Metasploit Framework user, you can run an Nmap scan directly from msfconsole to enumerate services and ports.

Use a command, like the following, to perform an Nmap scan through msfconsole:

```
msf > nmap -sV 192.168.184.131
```

The following image shows the results of the Nmap scan:

```
msf > nmap -sV 192.168.184.131
[*] exec: nmap -sV 192.168.184.131
Starting Nmap 5.61TEST4 ( http://nmap.org ) at 2012-03-12 01:51 PDT
Nmap scan report for 192.168.184.131
Host is up (0.0011s latency).
Not shown: 988 closed ports
           STATE SERVICE
                                  VERSION
21/tcp open ftp ProFTPD 1.3.1

22/tcp open ssh OpenSSH 4.7pl Debian 8ubuntul (protocol 2.0)

23/tcp open telnet Linux telnetd

25/tcp open smtp Postfix smtpd

53/tcp open domain ISC BIND 9.4.2

80/tcp open http Apache httpd 2.2.8 ((Ubuntu) PHP/5.2.4-2ubuntu5.10 wi
th Suhosin-Patch)
139/tcp open netbios-ssn Samba smbd 3.X (workgroup: WORKGROUP)
445/tcp open netbios-ssn Samba smbd 3.X (workgroup: WORKGROUP)
3306/tcp open mysql MySQL 5.0.51a-3ubuntu5
5432/tcp open postgresql PostgreSQL DB 8.3.0 - 8.3.7
8009/tcp open ajp13 Apache Jserv (Protocol v1.3)
8180/tcp open http Apache Tomcat/Coyote JSP engine 1.1
Service Info: Host: metasploitable.localdomain; OSs: Unix, Linux; CPE: cpe:/o:l
inux:kernel
Service detection performed. Please report any incorrect results at http://nmap.
ora/submit/
```

Bruteforce Attacks

A bruteforce attack tries a large number of common user name and password combinations in order to open a session on the target machine. After the bruteforce attack successfully guesses a credential, the system stores the user name and password in the project or workspace.

Running a Bruteforce Attack with Metasploit Pro

In Metasploit Pro, the bruteforce attack launches service specific modules to attempt to crack the credentials for the service. You choose the services that you want to target, and the bruteforce attack chooses modules that target those services.

If the bruteforce attack successfully cracks a credential and opens a session, you can use the session to gain further access and information for the system.

To perform a bruteforce attack against Metasploitable:

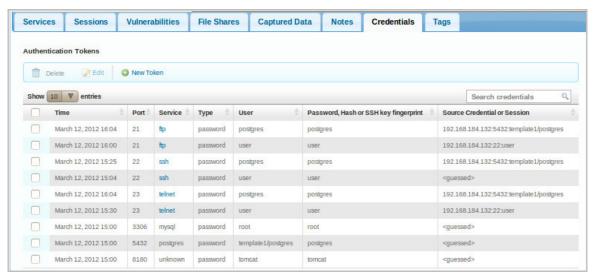
- 1. In your project, click the **Analysis** tab.
- 2. Select the Metasploitable machine.
- 3. Click Bruteforce.
- 4. When the Bruteforce configuration page appears, choose the services that you

want to target and the depth of the bruteforce attack. For example, if you want the bruteforce attack to only try default user name and passwords combinations, you can choose the **defaults only** depth. Additionally, you can set any of the advanced settings to further customize the bruteforce attack.

Launch the bruteforce attack.

After the bruteforce finishes, you can view the cracked passwords, exposed file shares, collected hashes, system notes, and active sessions from the host page.

The following image shows the list of credentials that the bruteforce attack looted from Metasploitable.



Running a Bruteforce Attack with the Metasploit Framework

Before you can run a bruteforce attack, you need to review the list of services discovered by the Nmap scan. Use the service information to determine the modules that you want to run as part of the bruteforce attack. You can search for modules that target specific services.

For example, since the scan identified SMB and MySQL, you can run the smb_login module (auxiliary/scanner/smb/smb_login) and the mysql_login module (auxiliary/scanner/mysql/mysql_login).

The following example shows how you can run the mysql_login module in msfconsole:

```
msf > use auxiliary/scanner/mysql/mysql_login
msf auxiliary(smb_login) > show options
msf auxiliary(smb_login) > set RHOSTS 192.168.184.131
msf auxiliary(smb_login) > set THREADS 1000
msf auxiliary(smb_login) > run
```

Evidence

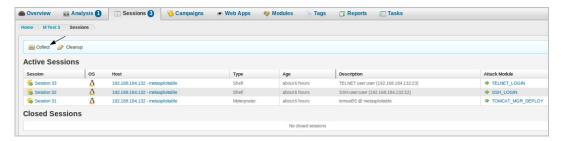
During evidence collection, Metasploit Pro gathers system passwords, system information, screenshots, SSH keys, and system files.

The purpose of evidence collection is to obtain sensitive information and to use that information to gain further access to the network or as evidence of compromise. For example, you can use screenshots to show that you were able to gain access to a targeted system.

Note: Metasploit Community does not provide access to evidence collection. You must use Metasploit Pro or Metasploit Express to use this feature.

Collecting Evidence with Metasploit Pro

- 1. In your project, click the **Sessions** tab.
- 2. Click Collect.



3. When the **Collect System Data** window appears, select the sessions that you want to use to collect evidence.



4. Select the information that you want to collect.



5. Run the data collection.

Post-Exploitation

If you ran a bruteforce attack against Metasploitable, then you should have a few open sessions that you can use to gather additional information and further exploit the machine. For example, you may have an SSH, telnet, and Tomcat session open. The session type, Meterpreter or shell, determines what kind of actions you can perform within the session.

During post-exploitation, your goal is to determine the value of information stored on the target machine and to find a way to maintain access to the exploited system.

Running a Post-Exploitation Module with Metasploit Pro

- 1. In your project, click the **Sessions** tab.
- 2. Click on a session name to open the session's details page.
- 3. Click the **Post-Exploitation Modules** tab. A list of post-exploitation modules that you can run against the session displays. Metasploit Pro compiles the list of post-exploitation modules based on the service and system information that is available for the session.



- 4. Scroll through the list of post-exploitation modules and click on the module title for the exploit that you want to run.
- 5. When the post-exploitation details page displays, select any additional sessions that you want to run the post-exploitation module against.
- 6. Configure any options that you need in order to obtain the results that you want.
- 7. Run the module.

Reports

Metasploit Pro offers several report types that you can use to categorize your findings and test results. The report type that you select depends on the information that you want to present. For example, to show the data that you collected from Metasploitable, you can generate a collected evidence report. Or to present a high-level overview of the test results, you can generate an audit report.

Ultimately, reports help you to clearly assess and identify the vulnerabilities and risks that exist on the target system. Use this information to provide support and to outline the tactics that an organization can implement to improve its security posture.

Note: Metasploit Community does not provide access to reports. You must use Metasploit Pro or Metasploit Express to use this feature.

Generating a Report with Metasploit Pro

- 1. In your project, click the **Reports** tab. The **Saved Reports and Data Exports** page appears.
- 2. Click Standard Report. The New Reports page appears.
- 3. Select a report type. For example, if you want a detailed report of the evidence collected by Metasploit Pro, choose the collected evidence report.
- Select the report format that you want to use to generate the report. You can choose multiple report formats. For example, you can generate a PDF and a Word report.
- 5. Enter a name for the report.
- 6. Select the sections that you want to include in the report. The sections that are available vary between report types. For example, a services report can contain a network services table, and a collected evidence report can contain a complete evidence table.
- 7. Choose whether you want to include graphics and charts in the report.
- 8. Generate the report.

After Metasploit Pro generates the report, you can view the completed report from the Reports page. Review the reports to analyze and assess your findings.