

# **Machine Learning and Regression Modelling of Complex Urban Soundscapes**

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Doctor of Philosophy

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# Abstract



# List of Studies

This doctoral thesis is based on the following studies:

**Commentary:** Kang, J., Aletta, F., Oberman, T., **Mitchell, A.**, Erfanian, M., Tong, H. (2021). Supportive Soundscapes are Crucial for Sustainable Cities and Communities. *Nature Sustainability*.

**Protocol:** **Mitchell, A.**, Oberman, T., Aletta, F., Erfanian, M., Kachlicka, M., Lionello, M., & Kang, J. (2020) The Soundscape Indices (SSID) Protocol: A Method for Urban Soundscape Surveys – Questionnaires with Acoustical and Contextual Information. *Applied Sciences*, 10 (7), 2397. <https://doi.org/10.3390/app10072397>

**Study I:** Erfanian, M., **Mitchell, A.**, Aletta, F., & Kang, J. (2020). Psychological Well-being, Age and Gender can Mediate Soundscapes Pleasantness and Eventfulness: A large sample study. *Environmental Psychology*.

**Study II:** Orga, F., **Mitchell, A.**, Freixes, M., Aletta, F., Alsina-Pagès, R. M., & Foraster, M. (2021). Multilevel Annoyance Modelling of Short Environmental Sound Recordings. *Sustainability*, 13(11), Article 11. <https://doi.org/10.3390/su13115779>

**Study III:** **Mitchell, A.**, Oberman, T., Kachlicka, M., Aletta, F., Lionello, M., Erfanian, M., & Kang, J. (2021). Applied Predictive Soundscape Modelling: A Case Study Investigating Changes from the COVID-19 Lockdown. *JASA*.

**Study IV:** **Mitchell, A.**, Soelitsyo, C., Erfanian, M., Xue, J-H., Oberman, T., Kang, J., & Aletta, F. (2021). A Temporal Convolutional Neural Network for Multi-label Environmental Sound Recognition and Annoyance Detection. *IEEE*.

**Commentary:** **Mitchell, A.**, Aletta, F., Chalabi, Z., & Kang, J. (2021). From Deterministic to Probabilistic Soundscapes: A critical tour around the soundscape circumplex. *JASA-EL*.

The following studies are related works which influenced this thesis and were completed as part of the same work but have not been included as key components:

Lionello, M., Aletta, F., **Mitchell, A.**, & Kang, J. (2020). Introducing a Method for Intervals Correction on Multiple Likert Scales: A Case Study on an Urban Soundscape Data Collection Instrument. *frontiers in Psychology*.

Aletta, F., Oberman, T., **Mitchell, A.**, Tong, H., & Kang, J. (2020). Assessing the changing urban sound environment during the COVID-19 lockdown period using short-term acoustic measurements. *Noise Mapping*.

Tong, H., Aletta, F., **Mitchell, A.**, Oberman, T., & Kang, J. (2021). Increases in noise complaints during the COVID-19 lockdown in Spring 2020: A case study in Greater London, UK. *Science of the Total Environment*.

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# **1 Introduction**

## **1.1 Impacts of Urban Noise on Health and Wellbeing**

## **1.2 Current Methods of Assessing and Addressing Urban Noise**

The approach to a practical predictive soundscape model arrived at within this thesis is heavily based on past environmental acoustics approaches, I will therefore begin with a brief summary of these past approaches.

## **1.3 Soundscape - Theory and Application**

### **1.3.1 Soundscape Descriptors and Indices**

(Aletta et al., 2016)

### **1.3.2 The ISO 12913 Standard Series**

## **1.4 Environmental Acoustics and Psychoacoustics Analyses**



## **2 An Open International Urban Soundscape Database**



# **3 Studies & Summaries**

The following studies form the core of this thesis, with each contributing a key component of the soundscape modelling process. They are presented in a logical, rather than chronological order and are each preceded by a brief summary.

### 3.1 Commentary: Supportive Soundscapes are Crucial for Sustainable Cities and Communities

Presented as a *Comment* paper in Nature Sustainability, this paper provides an opinionated view towards the placement of soundscape in future sustainability research and development. Heavily shaped and primarily drafted by me, it puts forth the argument that cities and communities cannot be sustainably designed without a consideration of 1) how noise impacts the community, and 2) how the community impacts the existing soundscape. misc *add a bit about the agenda presented*

Although published towards the end of my PhD, it is placed at the beginning as it offers our strongest argument for the necessity of soundscape in future sustainable design. It situates noise as a key environmental concern and provides a justification for a soundscape approach, which requires and incorporates predictive tools to be applied in engineering, research, and design contexts.

## **3.2 Protocol: The Soundscape Indices (SSID)**

### **Protocol: A Method for Urban Soundscape Surveys – Questionnaires with Acoustical and Contextual Information**

Conducting urban soundscape studies on a scale large enough to form a machine learning dataset presents a unique challenge. The standardised methods of conducting soundscape surveys (International Organization for Standardization, 2018) are labour-intensive, time-consuming, and provide limited information about the acoustical and environmental context.

Protocol

# The Soundscape Indices (SSID) Protocol: A Method for Urban Soundscape Surveys—Questionnaires with Acoustical and Contextual Information

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**Abstract:** A protocol for characterizing urban soundscapes for use in the design of Soundscape Indices (SSID) and general urban research as implemented under the European Research Council (ERC)-funded SSID project is described in detail. The protocol consists of two stages: (1) a Recording Stage to collect audio-visual recordings for further analysis and for use in laboratory experiments, and (2) a Questionnaire Stage to collect in situ soundscape assessments via a questionnaire method paired with acoustic data collection. Key adjustments and improvements to previous methodologies for soundscape characterization have been made to enable the collation of data gathered from research groups around the world. The data collected under this protocol will form a large-scale, international soundscape database.

**Keywords:** soundscape; SSID; binaural recordings; ambisonic recording; questionnaire; visual factors; ISO12913

## 1. Introduction

Soundscape studies strive to understand the perception of a sound environment, in context, including acoustic, (non-acoustic) environmental, and contextual, and personal factors. These factors combine together to form a person's soundscape in complex interacting ways [1]. In order to predict how people would perceive an acoustic environment, it is essential to identify the underlying acoustic and non-acoustic properties of soundscape.

The soundscape community is undergoing a period of increased methodological standardization in order to better coordinate and communicate the findings of the field. This process has resulted in many operational tools designed to assess and understand how sound environments are perceived and apply this to shape modern noise control engineering approaches. Important topics which have been identified throughout this process are soundscape 'descriptors', 'indicators', and 'indices'. Aletta et al. [2] defined soundscape descriptors as "measures of how people perceive the acoustic environment"; soundscape indicators as "measures used to predict the value of a soundscape descriptor"; and soundscape indices can then be defined as "single value scales derived from either descriptors or indicators that allow for comparison across soundscapes" [3]. (Please find the link to the Soundscape Indices (SSID) ERC-funded website in the Supplementary Materials.)

This conception has recently been formalized and expanded upon with the adoption of the recent ISO 12913 standard series [4–6]. ISO 12913 Part 1 sets out the definition and conception of Soundscape, defining it as the "acoustic environment as perceived or experienced and/or understood by a person



or people, in context”. Here, the soundscape is separated from the idea of an acoustic environment, which encompasses all of the sound which is experienced by the receiver, including any acoustically modifying effects of the environment. In contrast, the soundscape considers the acoustic environment, but also considers the impact of non-acoustic elements, such as the listener’s context and the visual setting, and how these interact with the acoustic environment to influence the listener’s perception.

The ISO/TS 12913-2:2018 is the current reference document addressing data collection and reporting requirements in soundscape studies. In terms of methods, the ISO document covers two main approaches, namely: soundwalks combined with questionnaires (Methods A and B) and narrative interviews (Method C) [5], which relate to on-site and off-site data collection, accordingly. Part 3 of the ISO 12913 series builds on Part 2 and provides guidelines for analyzing data gathered using only those methods [6]. However, the range of possible methodological approaches to soundscape data collection is much broader and it includes, for instance, laboratory experiments [2,7,8], pseudo-randomized experience sampling [9], and even non-participatory studies [10]. The protocol described in this paper was designed having in mind the need for a relatively large soundscape dataset that could be used for design and modeling purposes, thus trying to expand the scope of soundwalks that typically deal with much smaller samples of participants [11]. For the sake of comparability and standardization with these methods, we chose to refer to the soundscape attributes reported in the ISO Part 2 (Method A).

Several studies prior to the formalization of the ISO standards on soundscape demonstrated the general, but inadequate, relationship between traditional acoustic metrics, such as  $L_{Aeq}$ , with the subjective evaluation of the soundscape [1,12–15]. These have typically aimed to address the existing gap between traditional environmental acoustics metrics and the experience of the sound environment. Yang and Kang (2005) showed that, when the sound level is ‘lower than a certain value, say 70 dBA’, there is no longer a significant change in the evaluation of acoustic comfort as the sound level changes. However, the perceived sound level does continue to change along with the measured sound level, showing that (1) measured sound level is not enough to predict soundscape descriptors such as ‘acoustic comfort’, and (2) there is a complex relationship between perceived sound level and soundscape descriptors which is mediated by other factors.

Subsequent studies have shown that, even with large data sets and several possible acoustic indicators examined, models that are based on objective/measurable metrics under-perform in predicting soundscape assessment when compared to models based on perceptual responses. Ricciardi et al. [16], with a methodology based on smart phone recordings, achieved  $R^2 = 0.21$  with acoustic input factors  $L_{50}$  and  $L_{10} - L_{90}$ , whereas the same dataset and model building method achieved  $R^2 = 0.52$  with perceptual input factors overall loudness (OL), visual amenity (VA), traffic (T), voice (V), and birds (B). This indicates that merely examining the acoustic level is not sufficient for predicting the assessed soundscape quality, and that additional objective factors and a more holistic and involved method of characterizing the environment is required. This protocol is trying to extend the scope of objective measurements that are being collected in conjunction with perceptual responses by including other environmental and visual data. These previous studies have generally been limited by one or many of the following factors: limited number or types of locations, limited responses sample size, and no non-acoustic factors, generally limiting the generalizability of their results beyond the investigated locations.

The ability to predict the likely soundscape assessment of a space is crucial to implementing the soundscape concept in practical design. Current methods of assessing soundscapes are generally limited to a post-hoc assessment of the existing environment, where users of the space in question are surveyed regarding their experience of the acoustic environment [11,17]. While this approach has proved useful in identifying the impacts of an existing environment, designers require the ability to predict how a change or proposed design will impact the soundscape of the space. To this end, a model that is built upon measurable or estimate-able quantities of the environment would represent a leap forward in the ability to design soundscapes.

Developing soundscape indices is a process that requires consideration of how people perceive, experience, and understand the surrounding sound environment. For the purpose of modeling and comparisons, it is important that such indices are numerical entities and that these quantities are collected consistently across all investigated spaces and soundscapes. Although the soundscape approach taken in this protocol represents a step-change away from existing methods of noise exposure measurements, strong cues particularly in the realm of acoustic measurement methods should be taken from existing standards both to make use of the significant knowledge and experience that has gone into the creation of these standards and to facilitate compatibility between soundscape and traditional measurements. In general, the measurement methods and best practice given in environmental noise standards such as ISO 1996-1:2016 and ISO 1996-2:2017 [18,19] should be followed wherever possible, including the use of standardized acoustic equipment such as standard sound level meters.

An European Research Council (ERC) Advanced Grant project is ongoing to develop the proposed “Soundscape Indices” (SSID), which adequately reflect levels of human comfort and preference while integrating measurable and observable quantities. The framework proposed for the SSID project is laid out in detail by Kang et al. [3], the first step of which is generating a large-scale and coherent database of the required soundscape characterization data. Given the already recognized differences in soundscape assessment across various countries and cultures [20,21] and the success of existing international soundscape efforts such as the Soundscapes of the World project [22], the collection of soundscapes from many different countries and in many different contexts is an important component of the SSID project.

Therefore, the following protocol has been conceived and implemented within the SSID framework to collect data about urban soundscapes for use in general soundscape research and toward the design of Soundscape Indices. Thus far, the collected database includes nearly 4000 participants’ responses from 59 locations in 10 cities and provinces across the UK, China, Spain, and Italy. This protocol has been refined and adjusted as needed during this extensive data collection process to arrive at this final version. This work was conducted by nine associated research groups and coordinated by the SSID group based at University College London and has already produced several pieces of published work towards the creation of Soundscape Indices [23–30]. Additional collaborations and data collection efforts are currently underway in France, the Netherlands, and Croatia.

### *Purpose*

This protocol was designed to achieve two primary goals: (1) gather in situ soundscape assessments from the public, which can be further analyzed and utilized in designing a soundscape index; (2) conduct recordings needed to reproduce the audio-visual environment of a location in a laboratory setting for conducting controlled experiments on soundscape. These two goals represent two levels of data required for developing a general soundscape model. The first enables large scale data collection, resulting in a database with thousands of perceptual responses and their corresponding quantitative data which can be statistically analyzed on a large scale, or used for training in machine learning modeling. In situ assessments also represent the most holistic assessment, ensuring all factors that influence the soundscape are present, including those which cannot be reproduced elsewhere.

However, there are questions that cannot be practically addressed in situ, such as soundscape assessment of less- or un-populated areas, the influence of mismatched acoustic and visual cues, physiological and neural responses to various soundscapes, and so on [31]. Laboratory experiments with controlled environments are required to address these aspects. Toward the development of a coherent SSID, however, it is important that these two forms of data are collected simultaneously and with compatible methods, such that the results of the two approaches can be confidently combined and compared. In addition, since this protocol is intended to be used for the creation of a large-scale international database with additions carried out by several different and remote teams, it has been designed for efficiency, scalability, and information redundancy.

## 2. Protocol Design and Equipment

The first goal is achieved by conducting in situ questionnaires using a slightly altered version of Method A (questionnaire) from Annex C of the ISO/TS 12913-2:2018 technical specification [5] collected either via handheld tablets or paper copies of the questionnaire. Typically, a minimum of 100 responses are collected at each location during multiple 2–5-h sessions over several days. During the survey sessions, acoustic data are collected via a stationary class 1 or class 2 Sound Level Meter (SLM) (as defined in IEC 61672-1:2013 [32]) running throughout the survey period and through binaural recordings taken next to each respondent. These acoustic and response data are linked through an indexing system so that features of the acoustic environment can be correlated with individual responses or with the overall assessment of the soundscape, as required by researchers.

The second goal is achieved by making First-Order (or higher) Ambisonic recordings simultaneously with 360° video which can be reproduced in a virtual reality environment. It has been shown that head-tracked binaural and multi-speaker ambisonic reproduction of recorded acoustic environments recorded in this way have high ecological validity [33], particularly when paired with simultaneous head-tracked virtual reality video [22,34,35].

The on-site procedure to collect these data are separated into two stages, which will be outlined in detail in Section 4. The stage during which the spatial audio-visual recordings are made for lab experiments is called the **Recording Stage**, while the stage during which questionnaires and environmental data are captured is called the **Questionnaire Stage**.

The procedure has been designed to include multiple levels of data and metadata redundancy, making it robust to on-site issues and human error. The most crucial aspect of the redundancy is ensuring perceptual responses can be matched with the appropriate corresponding environmental and acoustic data even when some information is lost or forgotten.

### 2.1. Labeling and Data Organization

In order to be able to identify all of the many data components of the Recording and Questionnaire Stages and to associate these with their various corresponding data, the following labeling system is suggested. This system is focused on (1) relating all of the separate recordings and factors to specific questionnaire responses and (2) efficiency and consistency on site. A recent paper by Aumond et al. [14] demonstrated the importance of addressing multiple levels of factors which influence perception, from individual-, to session-, to location-level. The successful pleasantness models building incorporating these information levels showed a marked improvement over the equivalent individual-level or location-level only models. The data organisation system proposed here was designed in order to maintain this important information, and the levels of information for the data collected on site are shown in Table 1.

At the top level is the **Location** information. This includes information about the location which does not change day-to-day, and generally characterizes the architectural character of the space, or typical climate conditions for the area. As described in Section 2.2, each ‘environmental unit’ should be considered a new location. Therefore, if researchers want to investigate the differences in soundscape assessment in the middle of a small urban park and along the road next to the same park, these would be considered different locations since they would (typically) have different environmental factors, and should be given different names. The name chosen should be concise, but it should be obvious what location is referred to.

The next level is information which is specific to each session, labeled with a **SessionID**. This SessionID should contain the name of the location and a numerical index which will increase with each repeated session at that location. The SessionID is associated with the data collected during the Recording Stage, and with the data which are continuous throughout the Questionnaire Stage, SLM, and ENV data. For easy automatic processing, correct spelling and consistency with the format is crucial so that data can be filtered according to the SessionID or the location, as is often necessary.

In addition, for ease of automatic processing, it is recommended not to include spaces in the SessionID to avoid string splitting issues in analysis code.

Underneath each SessionID will be a set of **GroupIDs**. One GroupID is assigned for *each group of participants*. This should correspond to a single binaural recording and a single 360° photo. This will be used to (1) relate multiple surveys taken simultaneously and (2) link the recording and photo with the surveys. The GroupID is particularly crucial as it allows commonly missing data to be shared across multiple collection methods. For instance, occasionally paper questionnaires will be missing start and end time information. In this case, this information can be pulled directly from other questionnaires with the same GroupID. Where no questionnaires have the times, it is possible to extract an approximate start time from the binaural recording or 360° photo and then estimate an average end time.

The GroupID should have the following format: [a set of letters representing the location name][the SessionID index number][an incrementing index for each group]. For example, for the second session at Regent's Park Japanese Garden, the location name is RegentsParkJapan, the GroupID letters might be 'RPJ'; the SessionID would be 'RegentsParkJapan2' so the GroupIDs for that session would start at '201'. Therefore, for example, the tenth group of participants for that session would be labeled 'RPJ210'. This format ensures that, if the location or SessionID are not recorded for a questionnaire, it is still obvious which session it belongs to.

**Table 1.** Labeling system for on site data collection. Regent's Park Japanese Garden is used as an example location. SLM: Sound Level Meter (acoustical factors); ENV: Environmental factors; BIN: Binaural; QUE: Questionnaires; PIC: Site pictures.

Level of Information	Example Label					Factors Measured at This Level
Location	RegentsParkJapan					GPS, Architectural typology, visual openness, etc.
SessionID	RegentsParkJapan1		RegentsParkJapan2			SLM, session notes, ENV
GroupID	RPJ101	RPJ102	...	RPJ201	...	BIN, PIC
Questionnaire	1, 2, 3	4, 5	...	25, 26	...	QUE, Start & End time

## 2.2. Location and Measurement Point Selection

To select the appropriate measurement point, it should be ensured that the following contextual factors representative of the site are present in the spatial recording: openness, greenness, presence of landmarks, dominant use (walking, staying), and social presence (related to the dominant use). These are identified as objective metrics often used in urban and landscape research [36–40], possibly contributing to soundscape assessment [23,41]. This relies on researcher's opinion-driven assessment—it is advised to observe the location for a moment and then choose the point representative of the context and the first-person user experience. For instance, in a park, it would probably be near a bench in the central area near the fountain; in a busy square, it would be a place where most people gather and have the best view on the landmark. While doing so, the placement too near the prominent vertical objects such as a statue, a wall, or a mast should be avoided as it might cause issues in later handling the visual data (3 m is considered a safe distance from these features). Similar concerns are also true for the audio data and careful attention should be paid to avoid placing the recording equipment near extraneous noisy equipment or in acoustic shadows. Further guidance on this is given in Point 4 of Section 4.1. It is important to avoid placing the recording equipment at a position where no users are expected (i.e., don't put the equipment in the middle of a flower bed or a grass area that nobody uses).

For the purposes of this protocol, a single location was considered to be an 'environmental unit' wherein the environmental factors are consistent and is typically perceived to constitute a single distinct area. The exact dimensions and delineation of the environmental unit will vary depending on the characteristics of the space, so it is ultimately up to the judgment of the researchers on site to select an appropriate measurement point to best capture the character of the environmental unit.

### 2.3. Equipment

The equipment listed in Table 2 is designed to facilitate both the audio-visual recording of the location and the collection of objective environmental factors, as given in Table 3. What equipment is brought on site should be adjusted depending on availability, needs of the researchers, and whether only one of the protocol stages will be carried out, or both. The equipment selected should be neutral and not noticeable. In general, this means dark or neutral colors as opposed to high-visibility colors and selecting compact equipment.

The use of class 1 or 2 sound level meters has been stipulated to maintain verifiable consistency and quality of data across all soundscape studies which make use of this protocol, as well as with data collected under various other environmental acoustics purposes. As the accuracy of acoustic information gathered at the site is the most vital in the discussion of soundscape indices, specific requirements have only been set out for the acoustic equipment. Class 1 is highly preferred, but consideration is made for cost and availability of equipment. It should be noted what standard of SLM was used in the data collection and appropriate consideration of the precision and tolerances of the equipment should be taken during the data analysis.

**Table 2.** Recommended equipment for implementing the SSID protocol. SLM: Sound Level Meter; AMB: Ambisonics; BIN: Binaural; QUE: Questionnaires.

Equipment	Requirements
Tripod stand	With add-on hooks/holders for AMB microphone, SLM, environmental meter(s) and 360° camera with suitable suspension for microphones
360° camera	4 K, 5.1 K or better resolution video, with suitable battery life and optional remote control
Spatial audio/Ambisonics (AMB) microphone system	Min. quality should be First-order Ambisonics (FOA) capability, however systems which achieve higher-order ambisonics would be preferred where available.
Multi-channel field recorder	Min. inputs to accommodate output from AMB microphone
Windshield(s) for AMB and SLM microphones	This can be a single large windshield which can accommodate both microphones or separate windscreens for each microphone
Sound Level Meter (SLM)	class 1 (preferred) or class 2 with omnidirectional pattern measurement microphone
Binaural recording system	Portable, worn by the researcher or with a mounted binaural head
Sound calibrator for SLM, AMB microphones and binaural system	According to IEC 60942: 2017 Electroacoustics—Sound calibrators [42]
Environmental meter(s)	See Table 3 for the recommended metrics
Tablets and/or printed questionnaires	Internet connectivity or offline app to submit the questionnaires on site

**Table 3.** Table of recommended context and acoustic measurement factors.

Factor Category	Category Code	Factors Collected	Protocol Stage	Measurement Duration
Spatial Audio	AMB	Ambisonics A format 44.1 kHz, 24 bit resolution Min. first-order ambisonics (FOA)	Recording Stage	15 min
360° Video	VID	4K, 5.1K or better resolution video	Recording Stage	15 minutes
360° Photos	PIC	4K, 5.1K or better resolution still photos	Questionnaire Stage	Captured with each GroupID
Binaural Audio	BIN	Binaural audio recording Note down the corresponding GroupID in recording metadata	Questionnaire Stage	30 s of clean audio captured with each GroupID
Sound Level Meter Acoustic Data * and Audio	SLM	Acoustic data: (a) 1-second logging period (b) $L_{Aeq}$ , $L_{AFmax}$ , 1/3 <sup>rd</sup> Octave Band $L_{Aeq}$ , Octave Band $L_{Aeq}$ , Full statistics, and Full Spectral Statistics  Recording: (a) .wav audio recordings (b) 44.1 kHz, 24 bit resolution	Both	Span of survey (approx. 3–4 h)
Environmental Data **	ENV	10-second logging period: (a) Temperature (°C) (b) Lighting Intensity, Lux (LI) (c) Air quality (CO <sub>2</sub> ) (d) Relative Humidity (RH) (e) Dew Point (°C)	Both	Span of survey (approx. 3–4 h)
Questionnaires	QUE	SSID Questionnaire given in Appendix C  Additional data: (a) GroupID for each group of participants (b) SessionID (c) Start and End time for each participant (if electronic) or each group (if paper) (d) GPS Location (if electronic)	Questionnaire Stage	On average, questionnaires last 5–10 min per GroupID

\* The recommended acoustic data settings are given here in order of importance. In cases where researchers do not have access to a meter capable spectral logging,  $L_{Aeq}$  logging should be prioritized over spectral analysis. During both stages, spectral data can typically be extracted from the audio recordings, but accurately tracking the sound level is crucial. \*\* The recommended environmental factors are given here in order of importance. More flexibility is allowed in selecting which factors to record and investigate (compared to the acoustic data) as it is still unclear how and to what extent environmental factors influence soundscape assessment. However, previous studies have indicated visual (i.e., lighting levels) and temperature are significant factors [43].

### 3. Techniques for Field Data Collection

There are several methods available for characterizing the physical environment and collecting soundscape assessments. Here, we will address the techniques employed in this protocol and general best practice for each of them.

#### 3.1. Questionnaire Surveys

As stated above, the questionnaire is primarily based on Method A of ISO/TS 12913-2:2018. This method begins with a set of questions relating to the sound environment which are assessed on a 5-point Likert scale, coded from 1 to 5. A sample codebook to demonstrate the recommended variable naming and response coding is included in Appendix D.



The first section includes four questions relating to sound source identification, where the sound sources are divided into four categories: Traffic noise, Other noise, Sounds from human beings, and Natural sounds (labeled SSI01 through SSI04, respectively). These taxonomic categories of environmental sounds are based on the work done by Guastavino [44] and Brown, Kang, and Gjestland [45].

Next are the 8 scales which make up the circumplex model of the Swedish Soundscape Protocol [46], describing the Perceived Affective Quality (PAQ). These are assessed on a 5-point Likert scale from 'Strongly Disagree (1)' to 'Strongly Agree (5)'. These are included as follows: Pleasant, Chaotic, Vibrant, Uneventful, Calm, Annoying, Eventful, and Monotonous (labeled PAQ01 through PAQ08, respectively).

Following this are five questions addressing the participant's overall assessment of the surrounding sound environment, addressing overall acoustic quality, the appropriateness of the sound environment to the location, perceived loudness, and how often the participant visits the place and how often they would like to visit again (labeled SSS01 through SSS05, respectively).

The fourth section comprises the WHO-5 well-being index, asking how the participants have been feeling over the last two weeks, such as 'I have felt calm and relaxed'. The WHO-5 index is constructed to constitute an integrated scale in which the items add up related information about the level of the individual's general psychological well-being [47,48]. This information can provide additional insight into how exposure to pleasant or annoying soundscapes may impact psychological well-being as was investigated by Aletta et al. [27] or, alternatively, how a person's current psychological status may influence their perception of the sound environment as recently investigated by Erfanian, Mitchell, Aletta, and Kang [49]. Each of the five WHO questions (labeled WHO01 to WHO05) are assessed on a 6-point scale coded from 0 to 5.

The final section of the participant-facing questionnaire comprises five questions on the participant's demographic information (age [AGE00], gender [GEN00], occupational status [OCC00], education level [EDU00], ethnicity [ETH00], and local vs. tourist [MISC03]) and a free response for the participant to provide any additional comments they would like to make on the sound environment [MISC01]. It is important to note that the section on ethnicity, and to a lesser extent education level, will need to be adjusted to ensure the available responses are appropriate for the location where the survey is being conducted.

At the end of the questionnaire are a set of spaces available for the researcher conducting the survey to fill out, adding additional information about the observed behavior of the participants, indexing and labeling metadata, and space for any additional notes. More information and guidance on this information is included below.

This questionnaire is intended to collect a consistent core set of perceptual responses and information about the participant, with space to add additional questions as required by specific research goals. Some examples of this which have been implemented by the various research groups are specific questions calling attention to water sounds and features, the perception of visual features, and an open response for identifying the dominant sound source. Given the proper labeling and coding, these additional questions can be fully integrated into the overall dataset, allowing the researchers the freedom to pursue their own research interests while maintaining consistency and compatibility with the overall database.

General notes for conducting the questionnaires:

- The core questionnaire is reported in Appendix C. The labels and corresponding scales are also reported. Ideally, the form should be submitted and filled on a tablet via a survey app (e.g., REDCap, Qualtrics, KoBoToolbox, or similar) so that data can then be easily downloaded in an .xlsx or .csv file. Using paper forms is also acceptable; however, researchers on site will need to take more careful note of information such as the time of response and the information will need to be manually input after the session is completed. If using an electronic version, the system should be set up to record the start and end times and GPS coordinates for each survey.

- If using an electronic version, be sure to have enough tablets with internet connectivity (if required by the survey system) and sufficient battery life; if using the paper version, be sure to print enough copies. Even if using the electronic version, it is recommended to also print a number of paper versions as a backup or if a large group agrees to participate at once.
- Regardless of the translation of the items, it is important that the label (e.g., SSI01) is kept, as well as the size and direction of the scales (1–5, etc.) to maintain data consistency.

### 3.2. Contextual and Environmental Factor Data Collection

During each survey, the equipment listed in Section 2.3 is set up to capture the contextual and environmental data for the location. Table 3 lists the factors to be collected and at what stage they should be collected.

#### 3.2.1. Spatial Audio-Visual Recordings

In order to capture the acoustic and visual information in the space for replication in a laboratory setting, 360° video and AMB audio are recorded to be used in Virtual Reality (VR) playback. The goal of this is two-fold: first, to enable researchers to document and replicate the in situ environment of the space as it was during a questionnaire survey session for lab experiments and, second, to capture environments in which performing a questionnaire survey is not feasible.

Typically, questionnaire surveys are carried out over a period of several days at the same location. The goal of these multiple sessions is to capture as many questionnaire responses as needed (100 for a particular soundscape is typically recommended [11]), which, in the experience of the authors is prohibitively difficult to achieve in a single session in most locations. It is recommended that the repeated sessions are conducted under similar circumstances and environmental conditions. As such, it is not entirely necessary to repeat the spatial recordings each time a questionnaire survey is conducted. Instead, it is useful to use the spatial recording as a chance to gain a different perspective on the space under investigation. For instance, if the questionnaires are conducted in the middle of a large urban park, the first session could collect a spatial recording within the environmental unit of the questionnaire site, but the subsequent returns to the site could collect spatial recordings in a different environmental unit, say, along a road bounding the park, or in a space in the park which does not typically have many people. This enables the simultaneous expansion of the questionnaire database and the gathering of additional environments to investigate in a laboratory setting.

General notes for spatial recordings:

- The audio-video recordings can be done before or after the questionnaire survey.
- The purpose of the audio-video recordings is to capture representative recordings which can be reproduced in a laboratory setting. During the first time at a location, the focus should be on capturing the environment as experienced by the respondents to the questionnaires at that location. Therefore, the recordings should be performed in nearly the same spot, with similar lighting and environmental conditions. For further survey sessions, provided the conditions are similar, other recordings could be taken which provide additional perspectives around the space for reproducing in the lab.
- These recordings can be performed entirely separately from the questionnaire survey, if desired. Reasons for doing this may be (but are not limited to): location is not populated, making questionnaires impossible; specific locations or conditions are required for a lab experiment; time limitations require many sites in an area to be captured and in situ questionnaires could not be completed in time.
- The 360° video will take a significant amount of storage space. Researchers should ensure that there is ample free space on the camera SD cards prior to going out on site. If conducting multiple surveys away from their home institution (i.e., in another city), teams are recommended to bring a large external hard drive so that videos can be offloaded after each session.

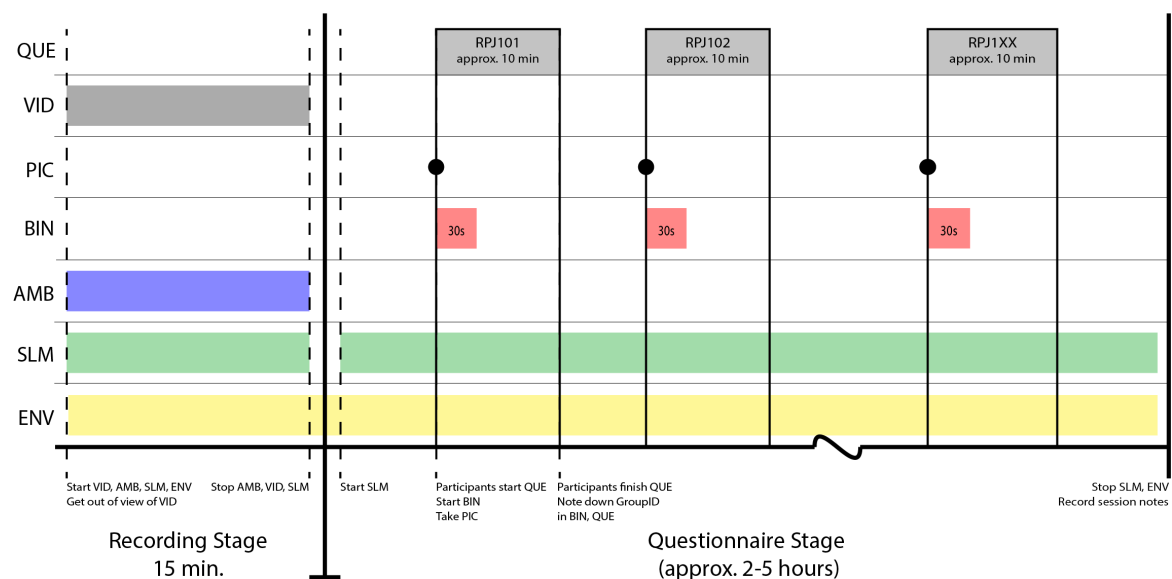


### 3.2.2. Reference Recordings

A soundscape index, or any investigation of the impact of the physical environment on the soundscape, requires consistent and accurate measurement of the environment, most importantly calibrated measurement and recording of the acoustic environment. For this protocol, this has been achieved through the use of separate calibrated binaural recordings and measurements made with a calibrated sound level meter (SLM).

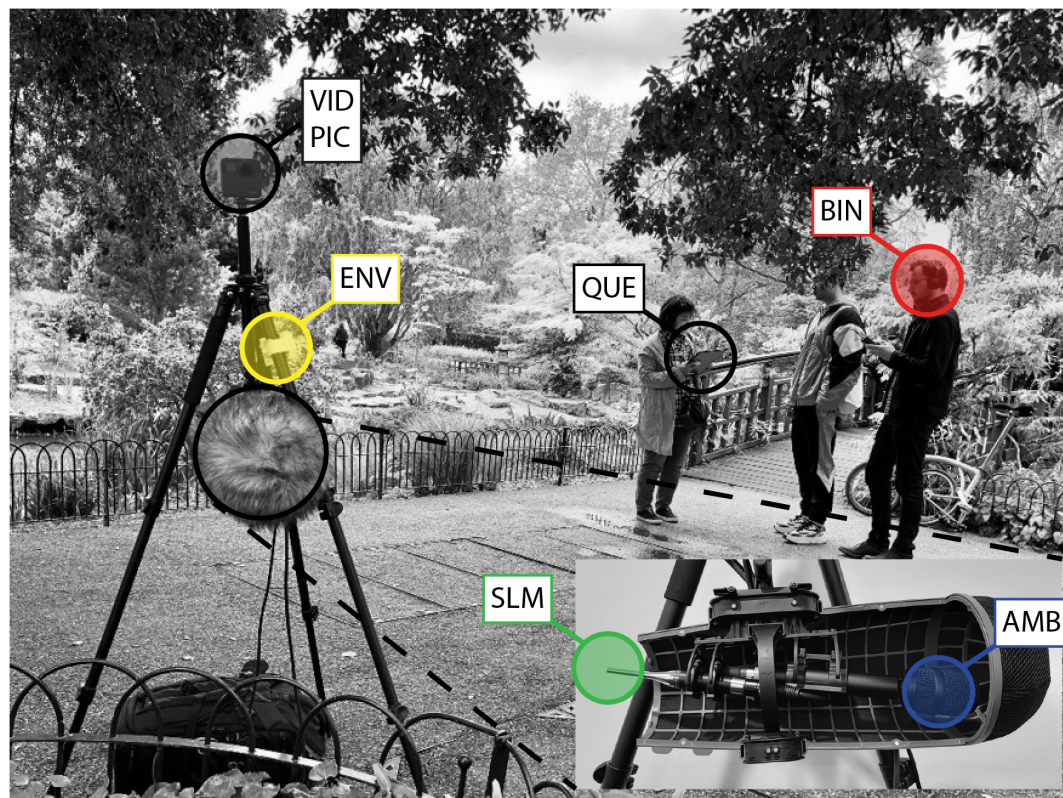
## 4. Procedure

Figure 1 shows the whole process of the on site soundscape protocol. The relevant equipment in each row should be operating when the row is colored in, such that when multiple rows are shaded this means that multiple pieces of equipment should be running during that time period. The following section prepares step-by-step instructions for conducting the in situ surveys, including the Recording Stage and Questionnaire Stage. Figure 2 shows an example of the recommended equipment setup.



**Figure 1.** Timeline of the on site soundscape protocol. RegentsParkJapan (RPJ) is used as an example. Abbreviations as defined in Table 3—QUE: Questionnaires; VID: 360° video; PIC: Site pictures; BIN: Binaural Recording; AMB: Ambisonic recording; SLM: Sound Level Meter (acoustical factors); ENV: Environmental factors.

The equipment should be assembled, checked, and calibrated prior to arriving at the measurement location. Calibrate the equipment according to the manufacturer's instructions. All sound level meters should have built-in methods to calibrate using a standard 94 dB 1 kHz tone calibrator. If a similar method is available for the ambisonic microphone, this should be used. If a built-in method is not available, but a calibrator can be fitted to the microphone capsules, then the ambisonic microphone should be calibrated by recording the 1 kHz signal through the system for each microphone capsule after the gain settings have been finalized on site (see below). If it is not possible to calibrate the ambisonic microphone, then the levels recorded will need to be compared to the levels taken simultaneously with the SLM. This is why it is crucial to have an appropriate quality, calibrated SLM included within the same setup as the AMB recordings.



**Figure 2.** Photo of a full survey carried out in a park in London during the Questionnaire Stage. To the left is the equipment (color-coded to match Figure 1), with the ambisonic microphone and SLM microphone in the windscreen, with the 360° camera on top of the tripod and to the right are one researcher interacting with the participant while the second researcher conducts the binaural recording. The body of the SLM and the multi-channel recorder are stored in a bag under the tripod which can contain all of the pieces of equipment for easy transport.

#### 4.1. Assembling the Equipment

1. Set up the equipment by prioritizing the position of the 360° camera and position the lens at the average eye level 160–180 cm, as shown in Figure 2.

It is advisable to test the setup for video stitching issues and reconfigure if needed (e.g., the equipment will be partially visible in the raw video recording, so you need to test if the chosen setup allows for efficient erasing/hiding/patching of the exposed parts in the post-processing). Companies selling 360° cameras usually offer free software for basic editing and previewing. It is advisable to position the camera as the highest item in the set to avoid the need for editing both the sky and the ground.

2. Carefully position the AMB microphone so its axes are aligned with the axes of the 360° camera; the microphone's front (usually marked by the logo) and the camera's front should be looking in the same direction. Many AMB microphones allow them to be oriented vertically or horizontally (end-fire), this should be noted and adjusted in the relevant software settings.

This is essential for informed post-processing. It is advisable to position the capsules of the AMB microphone and the capsule of the SLM as near to each other as possible, without introducing scattering effects. It can usually be done within the same windshield unit, but it is not essential to do so and depends on the available clamps and stands.

3. The gain settings for the four ambisonic audio channels should be set to the same level. In some devices (such as the MixPre 10), this can be set by locking the channel gain settings to a

single channel. Many devices also offer ambisonic plugins which simplify these settings and automatically link the gain settings—these should be used where available.

4. Set the SLM to log sound levels and simultaneously record .wav audio. The recommended logging settings are given in Table 3. The SLM should be mounted and positioned according to standard guidance for environmental noise measurements, like that given in Section 9 of ISO 1996-2:2017 [19] or Section 5 of ANSI/ASA S12.9-2013/Part 1 [50]. Generally, the microphone should be a minimum of 1.2 m above the ground and a minimum of 1 m from any vertical reflecting surfaces.
5. Attach the environmental meter(s) to the tripod. Care should be taken when positioning the environmental monitor. Most units will include guidance on their use from the manufacturer—these should be followed where available. Some general items to keep in mind include not accidentally covering air quality sensor holes, not positioning light sensors in the shade of the other equipment, and not positioning temperature sensors in direct sunlight unless this is how they are intended to be positioned.

#### 4.2. Recording Stage

The following section prepares step-by-step instructions for conducting the Recording Stage of the on site protocol, as shown in Figure 1.

1. Double check all settings and file save locations on the recording equipment.
2. Adjust gain settings to ensure there is no clipping. Good practice is to listen for what is expected to be the loudest sound event during the recording period (e.g., sirens) and set the gain such that the level is comfortably under clipping during this event.
3. Start recording on all devices, including the ambisonic microphone, 360° camera, SLM, and environmental meter.
4. Stand at the front of the camera/ambisonic microphone and clap. The clap can help synchronize the audio with the video, if necessary, and ensuring you are standing in line with the front of the 360° video can help with lining up the directionality of the two, if necessary.
5. Retreat out of view of the camera, blending into the surrounding crowd, or otherwise make sure not to be obvious to someone watching the video.
6. Record at least 5 min of consistent and representative audio and video. It is recommended to record for 15 min to give the best chance of being able to extract a solid 5 min of useful video and audio.
7. Stop recording on all devices and ensure all files are saved properly.

#### 4.3. Questionnaire Stage

The following section prepares step-by-step instructions for conducting the in situ questionnaires and their accompanying reference recordings as part of the Questionnaire Stage. Typically these are performed during the same working session as the Recording Stage, using the same set of equipment. The selection of an appropriate location and setup of the equipment should follow the guidance given in Section 2.2, while making sure the location selected is representative of where the respondents will be stopped. Wherever possible, the equipment should be assembled and located so as not to draw the attention of the respondents and particularly to avoid influencing their perception of the space.

1. Double check all settings and file save locations on the recording equipment. If starting this stage immediately after the Recording Stage, make sure to rename or advance the index on the filenames for the SLM and environmental meters.
2. Start recording on the SLM and environmental meter (or leave running from preceding Recording Stage). These will continue running until the end of the Questionnaire Stage.
3. Gather the tablets and/or paper questionnaires and prepare to approach potential participants.

4. Approach participants and ask if they would be willing to take part in a research study. If the participants are in a group, they can participate at the same time, but should each fill out a separate questionnaire. When approaching participants, you should identify yourself as a researcher or student researching urban sound. We advise avoiding phrases such as “noise”, “noise pollution”, “noise disturbance” or other terms which carry a negative connotation. In general, explanations and answers to questions should strive to be as neutral as possible regarding the nature of the soundscape.
5. Once the participant has consented to participate, hand them the questionnaire or tablet and provide them with basic instructions for answering the questionnaire. Emphasize that they should be responding and assessing the current sound environment, in the current place. Note that this is a common misunderstanding—many participants assume the questionnaire is focused on the sound environment at their home, or in the city in general. Where a mix of tablets and paper questionnaires are being used, each group should have at least one participant using a tablet such that start and end times and precise GPS coordinates can be pulled from the accompanying electronic questionnaire. While one researcher is interacting with the participants, the second should arrange the equipment for taking the binaural recordings and 360° photo.
6. Once the participant has started answering the questionnaire, start recording the binaural audio. If the participants are in a group and all are taking the survey at the same time, only one binaural recording is needed for the whole group. The researcher conducting the recording should strive to keep their head as stationary as possible and to avoid making any extraneous noise.

Make sure that at least 30 s of consistent audio is recorded while the participant is filling in the questionnaire. This should not include talking either from the researcher or the participant. If talking or other intrusive (non-representative) sound occurs, extend the recording period to end up with a solid 30 s of good audio. The goal is to capture the sound environment which the participant was exposed to while filling out their questionnaire, but to exclude sounds which the participant is not likely considering as part of their assessment. Most commonly, this would be the researcher talking, or the participant themselves talking. Any other sounds which the participant was “naturally” exposed to should be included.

When taking the binaural recording, attempt to orient the head (artificial or researcher wearing a headset) in the same direction as the participants. This is not crucial as it is often impossible to achieve, but it is preferable. Be careful not to move the head during the recording.

7. Note the GroupID in the metadata for the binaural recording, or make a manual note of the binaural recording file name and the GroupID separately.
8. Take one 360° photo with the camera to capture the general setting. This can also be done at regular intervals during the survey session.
9. When the participant has finished filling in the questionnaire, thank them for their participation and fill in the additional researcher questions at the end of the questionnaire. These help to both track the data collected and to document the conditions on site. The most important of these are:
  - (For paper versions) Start and End time. If a Start time was not noted, at minimum, the End Time must be recorded and an average survey duration can be subtracted to estimate the Start Time
  - GroupID
  - SessionID
10. Repeat steps 4–9 for the remainder of the session, incrementing the GroupID by one with each new group of participants. If there are more than two researchers on site, the additional researchers can stop new groups of participants simultaneously. The researcher operating the binaural equipment can then shift between the groups once they have finished the 30 s recording. This researcher should also have the responsibility of keeping track of the GroupID numbers for each group.

Experience has shown this is possible up to about three groups at a time, with four researchers on site.

11. Once the session is finished, stop the equipment and ensure all files are saved properly.
12. After each session, make note of the character of the site and the environmental conditions during the survey. This might include, but is not limited to:
  - Site typology and intended use (e.g., urban park, transit station, urban square, etc.)
  - Weather
  - Crowdedness (i.e., how many people are present in the space)
  - Dominant sound sources and any key soundmarks
  - Visual character (e.g., amount of greenness, enclosed vs. open, etc.)

## 5. Lessons from International Data Collection

As this protocol has already been implemented by several research groups across four countries, it has undergone a rigorous testing and development process. Throughout this process, adjustments have been made which resulted in the final protocol presented here. However, no process is perfect or applicable in all situations. As such, after consultation with the research groups involved, we have compiled the most common feedback and guidance to keep in mind when implementing this protocol.

### 5.1. Sampling

The research groups were instructed to try keeping the structure of respondents well-balanced. This often led to longer times and larger sample sizes required as most comments from five research groups addressed age and type of location as the most influential factors for participant sampling. However, while some reported higher response rates from younger (students) members of public, the others reported higher response rates in case of older high educated people. A common observation was that public parks are the locations with the highest response rates, most probably due to a high number of people taking part in activities that allow enough time to take part in a survey. The type of space was also reflected in the sense of privacy. In locations that were more public, people in groups were more likely to take part in the survey, while in the more private locations it was the opposite. Amongst other comments, whether a participant was a tourist or a local also had an influence on the response rate. Tourists seemed more likely to participate in the survey.

Several groups reported excessive heat and cold to be negatively affecting the response rates. One research group, which conducted the survey also in a residential area, distinguished privacy/ownership of the survey site as a major factor.

### 5.2. Data Collection

A group of three researchers seems to be the minimum number needed to conduct the survey, as observed by the partner research groups. The group of nine researchers on-site proved to be the most effective number. The time needed to complete the survey varied greatly depending on the location.

Although the questions are written in a manner that emphasizes the focus on the actual acoustic environment perceived at the moment, additional care should be made to ensure the proper understanding of that concept while approaching the participants. Researcher's comments are invaluable here to keep track of the outliers if a researcher feels similar issues or other factors (i.e., wearing headphones) lead to collecting invalid/misleading data.

### 5.3. Equipment

Some partners had previous experience in soundscape research, but for all this was the first study that featured surveying large number of public participants around a single measurement point. All the



research groups found it very important to delegate one researcher/technician to care exclusively about the equipment and the quality of the recordings.

The intention of the recording stage is to record a first-person experience most representative of the location. Therefore, the researchers are instructed to ‘make themselves invisible’ in the recording. However, at some locations, various research groups decided to put out a sign asking members of public not to touch or come near the measurement point as they experienced passers-by touching the windshield out of curiosity.

The equipment setup has been designed to be as compact and unobtrusive as possible so as to limit any intrusion on the participant’s experience of the space. From our experience, most participants do not end up with the equipment within their field of view during the questionnaire and often do not notice the presence of the stationary equipment. In some locations, this is not possible and participants may comment on its presence; however, over the thousands of surveys collected, only a small number of respondents have commented on the equipment as noticeably impacting their experience.

#### 5.4. Translation

Regarding the on-site soundscape survey, the translation of the questionnaires (and in particular the perceptual adjectives used for the soundscape appraisal) is a key point to consider when using the protocol in regions where English is not the local language. Indeed, while the ISO/TS 12913-2:2018 document from which the soundscape-related questions of this protocol are derived aims at providing standardized scales, it does not provide official translations in languages other than English. Some perceptual constructs are difficult to render in different languages and people might assign different meanings to them (e.g., [51–54]). For this reason, in the soundscape research community, there is a growing interest in testing and validating reliable translation of the ISO soundscape adjectives [24], which will hopefully lead to a wide-spread use of this soundscape tool. It is expected that these validated translations could simply be substituted for their English counterparts in this protocol, when they become available.

**Supplementary Materials:** Please find the link to the Soundscape Indices (SSID) ERC-funded website at: <https://www.ucl.ac.uk/bartlett/environmental-design/soundscape-indices-ssid>.

**Author Contributions:** Conceptualization, A.M., T.O., F.A., and J.K.; methodology, A.M., T.O., F.A., M.E., M.L., and J.K.; validation, A.M., T.O., M.E., M.K., and M.L.; investigation, A.M., T.O., F.A., M.E., M.K., and M.L.; resources, T.O., F.A., and J.K.; data curation, A.M. and T.O.; writing—original draft preparation, A.M.; writing—review and editing, A.M., T.O., F.A., and J.K.; visualization, A.M.; supervision, J.K.; project administration, F.A. and J.K.; funding acquisition, J.K. All authors have read and agreed to the published version of the manuscript.

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**Conflicts of Interest:** The authors declare no conflict of interest.

#### Abbreviations

The following abbreviations are used in this manuscript:

SSID    Soundscape Indices  
FOA    First Order Ambisonics

PAQ	Perceived Affective Quality
ERC	European Research Council
VR	Virtual Reality
QUE	Questionnaires
VID	360° Video
PIC	Site Pictures
BIN	Binaural Recording
AMB	Ambisonic Video
SLM	Sound Level Meter
ENV	Environmental Data

## Appendix A. Sample Information Sheet

### PARTICIPANT INFORMATION SHEET: PERCEIVED SOUNDSCAPE

You are being invited to take part in a research project. Before you decide it is important for you to understand why the research is being done and what participation will involve. Please take your time to read the following information carefully and discuss it with others if you wish. Ask us if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part. Thank you for reading this.

I am XXXXX YYYYY and I am a student at ZZZZZ University. I am working on a project about “soundscapes” and the aim of this questionnaire is collecting data on how people perceive urban acoustic environments, and what are the relationship between acoustic environment and well-being. Results from this survey will help us to gather further insights into these relationships and the knowledge we’ll gain from this research should inform urban sound planners. Other participants will be randomly approached on site and will be invited to take part, like you. You can participate to this survey only if you are over eighteen years old.

It is up to you to decide whether or not to take part. If you do decide to take part you will be given this information sheet to keep. Please observe that participating in a scientific experiment is voluntary and you are free to withdraw at any time without giving any reason. Should you choose to withdraw before completing the questionnaire, your partial responses will be deleted. However, once your response is submitted, all data are completely anonymised, and it will not be possible for us to identify or remove your response. The questionnaire is designed to take approximately 10 minutes to complete, and it will allow you to evaluate the surrounding acoustic environment in the public area where you are now, related with your well-being. Whilst there are no immediate benefits for those people participating in the project, it is hoped that this work will raise environmental awareness for the soundscapes of our cities.

This study has been approved via the ethics review procedure of the Bartlett School of Environment, Energy and Resources. If you wish to raise a complaint you should contact the principal researcher of this project, Prof Jian Kang at the e-mail [kang@ucl.ac.uk](mailto:kang@ucl.ac.uk) or telephone number 020 3108 7338. If you feel your complaint has not been handled to your satisfaction, then you can contact the Chair of the UCL Research Ethics Committee ([ethics@ucl.ac.uk](mailto:ethics@ucl.ac.uk)).

All the information that we collect about you during the course of the research will be kept strictly confidential. You will not be able to be identified in any ensuing reports or publications. All the data collected will be stored in on UCL secure servers with password protection and at the end of the project all data collected will be securely archived.

This project is funded through a European Research Council (ERC) Advanced Grant (no. 740696) on “Soundscape Indices” (SSID) (Principal Investigator: Prof Jian Kang).

If you experience any problems or need further information, contact me on email: [uclssid@gmail.com](mailto:uclssid@gmail.com)

Thank you in advance for your time and participation!

### **3.3 Study I: Psychological Well-being, Age, and Gender can Mediate Soundscape Pleasantness and Eventfulness: A large sample study**



# Psychological Well-being, Age and Gender can Mediate Soundscapes Pleasantness and Eventfulness: A large sample study

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# Abstract

There is a great deal of literature on contributing environmental factors of soundscape, the perception of the acoustic environment by humans in context. Yet the impact of some contextual and person-related factors is largely unknown. From the questionnaire, adapted from ISO12913-2 and the WHO-5 well-being index, three questions arose: are there differences in Pleasantness and Eventfulness of soundscape among different acoustic environments; are high levels of psychological well-being associated with increased Pleasantness and Eventfulness ratings; and is soundscape Pleasantness and Eventfulness consistent among different age and gender groups? The sample comprised 1180 individual questionnaires, 621 females (52.6%), 532 males (45.1%), mean age 34.95 years  $\pm$  15.62, collected from eleven urban locations. Hierarchical clustering analysis was done on the mean of each sound source question for each survey location resulting in three clusters of locations based on sound source composition: Natural-dominant, Traffic-dominant and Mixed-sources. A Kruskal-Wallis was conducted to compare the mean Pleasantness and Eventfulness scores of the three clusters, demonstrating that the soundscape assessment was significantly different depending on sound source composition. Multiple linear regression models were used to analyse the relationship between psychological well-being, age, and gender with soundscape Pleasantness and Eventfulness. Our results indicated first that the positive psychological state was associated with Pleasantness in the all-locations and mixed-sources clusters, and with Eventfulness in the traffic-dominant cluster. Secondly, while age was linked to Pleasantness in all clusters it was merely associated with the Eventfulness in the all-locations cluster. Lastly, gender was associated with Pleasantness only in the all-locations cluster. These findings offer empirical grounds for developing theories of the contextual factors on soundscape.

## MEDIATING FACTORS OF SOUNDSCAPE

3

*Keywords:* Soundscape, psychological well-being, pleasantness, eventfulness, acoustic environment

## Psychological Well-being, Age and Gender can Mediate Soundscape Pleasantness and Eventfulness: A large sample study

Sound is a ubiquitous element in our daily lives. Despite a good deal of literature, it still strongly remains a centre of attention of many scientific communities, from auditory neuroscience to engineering, and physics to environmental psychology. Looking deeper at the evolution of sound-related research in the field of engineering we see a considerable paradigm shift from noise mitigation to pleasant and restorative sound generation to make a comforting acoustic environment. This premise has been proposed with the hope to apply the existing environmental resources in order to provide a healthier environment and better quality of life (Kang, Aletta, Gjestland, Brown, Botteldooren, Schulte-Fortkamp et al., 2016; Kang, Aletta, Oberman, Erfanian, Kachlicka, Lionello et al., 2019). Hence, the soundscape concept, which places the emphasis on *the human perception of acoustic environment in context* has emerged to support this premise. The soundscape entails perceptual attributes (i.e. pleasantness or calmness) that are different from the physical properties of the acoustic environment (International Organization of Standardization Technical Specification, 2019).

While the mechanisms of hearing of environmental sounds are relatively straightforward and well-established, our understanding of the action of the Peripheral and Central Nervous System (PNS and CNS) associated with environmental sound interpretation and the factors influencing the perception of sound is still evolving and a matter of dispute among scientific communities. The soundscape is intimately tied to certain primary factors known as acoustic properties (physical features) of the sound such as frequency/ pitch (Kumar, Forster, Bailey, Griffiths, 2008; Patchett, 1979) and intensity/loudness (Kaya, Huang, Elhilali, 2020) as well as secondary influences like emotions and personality (McDermott, 2012).

### **Acoustic features variations and soundscape**

The acoustic features of the environment are important influential factors of soundscape by definition. Many *in-situ* and laboratory-based studies have pointed to the notion that while noisy areas such as construction sites are perceived as less pleasant and more annoying, locations with natural elements such as forests may elicit more pleasantness and restoration (Li & Kang, 2019; Alvarsson, Wiens, Nilsson, 2010). Pathak and colleagues (2008) evaluated the effect of city noise in a city of India in which the results revealed more than 80% of people were disturbed and annoyed by traffic noise, causing a range of physical issues (Pathak, Tripathi, kumar Mishra, 2008).

### **Psychological well-being and soundscape**

Apart from the acoustic features, there are less studied factors that may be linked to the perception of the acoustic environment such as psychological well-being (Aletta, Oberman, Mitchell, Erfanian, Lionello, Kachlicka et al., 2019). There has been an ongoing attempt to improve the definition of psychological well-being, to move away from the conceptualization of ‘psychological health as a state of absence of psychological illness’. The current proposed definition is as follows:

“Psychological health is a dynamic state of internal equilibrium which enables individuals to use their abilities in harmony with universal values of society. Basic cognitive and social skills; ability to recognize, express and modulate one's own emotions, as well as empathize with others; flexibility and ability to cope with adverse life events and function in social roles; and harmonious relationship between body and mind represent important components of psychological health which contribute, to varying degrees, to the state of internal equilibrium” (World Health Organization, 2005).

Individuals with an aberrant psychological state and poor mental health may experience environmental inputs differently to those people who do not experience such issues given that emotions, as one of the core components of psychological well-being, and sensory perceptions are closely intertwined (Kelley & Schmeichel, 2014). As reported in the relevant literature, the impact of psychological well-being and mental state are consistent among all sensory modalities such as vision (Zadra & Clore, 2011), tactile (Kelley & Schmeichel, 2014), olfactory (Krusemark, Novak, Gitelman, 2013), and auditory (Riskind, Kleiman, Seifritz, Neuhoﬀ, 2014). In parallel, studies in the field of psychopathology elucidated that individuals with poor psychological well-being, such as the clinically depressed, maintain bias and anomalous cognition, leading to inaccurate and distorted perception (Beck's cognitive theory) (Clark & Beck, 2010).

### **Individual differences and soundscape**

The perception of the acoustic environment or soundscape involves the sensation, identification, organization, and interpretation of ongoing omnipresent auditory information (Goldstein, Brockmole, 2016). Soundscape does not always maintain consistency and show a huge variation among populations since differences in cultural, socio-economical, ethnic backgrounds and individual differences may moderate the way we perceive sounds (Zhang & Kang, 2007). A longitudinal study by Weinstein (1978) showed that individual differences in college students can lead to different reactions to noise including lower academic ability, less secure social interactions, greater need for privacy. There is evidence to suggest that among all secondary factors, age and gender are considered more important potential confounders (Xiao & Hilton, 2019; Gulian & Thomas 1986).

While previous research has substantially advanced our knowledge of the soundscape determinants, particularly psychological well-being, their results are predominantly limited to controlled laboratory-based experiments, with a focus on individuals with mental disorders. It is also worth noting that our understanding, in particular of the positive effects, has still largely remained unexplored.

To this end, in this large-scale study, we aim to explore the association of psychological well-being, age and gender with soundscape among the members of the public. It is important to highlight that in this study; we introduce two components of soundscape namely ‘Pleasantness’ (~equivalent of valence/emotional magnitude) and ‘Eventfulness’ (~equivalent of arousal) by adopting a newly proposed approach to soundscape research from ISO/TS 12913-3:2019 (International Organization of Standardization Technical Specification, 2019), reported in a two-dimensional scatter plot with coordinates for the two dimensions ‘Pleasantness’ plotted on X-axis and ‘Eventfulness’ plotted on Y-axis, taking into account the features of the locations. These components are slightly different from the classic pleasantness and eventfulness terms used in the previous literature, and in order to differentiate them they will appear with the first letter capitalized throughout the text.

Therefore, we raise three questions:

- i. Are there differences in the Pleasantness and Eventfulness levels among different locations with varying sound source compositions and environmental characteristics?
- ii. Are high levels of psychological well-being associated with increased soundscape pleasantness and eventfulness?

- iii. Are age and gender as explanatory factors associated with the soundscape Pleasantness and Eventfulness?

## Methods

The study was approved by the local ethics committee of University College London (UCL), the Bartlett School, Institute for Environmental Design and Engineering (IEDE) (Dated 11-10-2019).

### Locations

The present work is a large-scale study with data collected from the general members of public in several locations in London with varying acoustic features including unnatural, natural, and mixed of the former and later acoustic features (See Appendix B).

### Participants

All passers-by of the data collection spots were approached in 11 locations/sites in London by the researchers and were asked if they were willing to participate in our study. Only individuals on the phone, with headphones on due to attention distraction, or individuals that were deemed to be younger than 18 years old (proxy consent required) were excluded in data collection. The total number of surveys that were originally collected from the sites was 1467.

The setup and procedures of this study allowed us to test a large group of participants with high diversity with rather various demographics including gender, age, education level, occupation, and ethnicity (n= 1180) (Table 1).

Demographic characteristics	n (%)
N = 1180	Age mean = 34.95 years $\pm$ 15.62
Gender	
Female	621 (52.6)
Male	532 (45.1)
Age	
18-30	614 (52.03)
31-40	199 (16.86)



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Demographic characteristics	n (%)
41-50	117 (9.91)
51-60	101 (8.56)
61-70	72 (6.1)
71+	36 (3.05)
Education Level	
Some high school	24 (2)
High school graduate	183 (15.5)
Some college	146 (12.4)
Trade/ technical/ vocational training	56 (4.7)
Graduate from university	421 (35.7)
Some postgraduate work	57 (4.8)
Postgraduate degree	279 (23.6)
Occupation Status	
Employed	675 (57.2)
Unemployed	34 (2.9)
Retired	88 (7.5)
Students	369 (31.3)
Other	46 (3.9)
Rather not say	18 (1.5)
Ethnicity	
White	831 (71.1)
Mixed/Multiple ethnic groups	62 (5.3)
Asian/Asian British	165 (14.1)
Black/African/Caribbean/Black British	33 (2.8)
Middle Eastern	23 (2)
Rather not say	31 (2.7)
Other ethnic group	23 (2)

Table 1

The sample demographic characteristics

### Measures

The questionnaire, presented in full in Appendix A, comprising 38 items, is an adapted version of ISO/TS 12913-2:2018 (Axelsson & ISO/TC 43/SC 1/WG 54, 2012; International Organization of Standardization, 2018) and WHO-5 well-being index (World Health Organization, 1998), as well as demographic information. In order to answer the questions raised in this study the authors only report some sections of the questionnaire which then undergo the statistical analyses.

### **Sound sources.**

Sound sources refers to questions, asking to what extent the participants hear different types of sounds, namely traffic noise such as cars or buses, other noise such as sirens or construction, sounds from human beings such as conversation or laughter, and natural sounds such as singing birds or flowing water. The participants then assessed each source on a 5-point scale from ‘not at all’ to ‘dominates completely’. With this method, it is possible for participants to provide their overall impression of a complex and dynamic acoustic environment, in which many different sound sources compete for their auditory attention.

Locations were selected which represented a variety of usage types, visual character, and sonic characteristics. The minimum and maximum value of several acoustic metrics recorded at each location during the survey sessions are presented Table B.1 in Appendix B.

### **Perceived affective quality/Perceptual attributes.**

The perceived affective quality (PAQ) of the sound environment as adopted in the method ‘A’, described in C.3.1 of ISO/TS 12913-2:2018, consists of category scales containing five response categories, based on the Swedish Soundscape Quality Protocol (SSQP; 41) (International Organization of Standardization, 2018). It includes a question ‘to what extent they agree/disagree that the present surrounding sound environment is ...’. The participants judged the quality of the acoustic environment by 8 adjectives: pleasant, chaotic, vibrant, uneventful, calm, annoying, eventful, or monotonous. The answers were presented in a 5-point Likert scale ranging from ‘strongly agree’ to ‘strongly disagree’. The perceptual attributes measure as a unidimensional measuring tool for the perception of the acoustic environment has not been validated to this date.

In order to maintain data quality and exclude cases where respondents either clearly did not understand the PAQ adjectives or intentionally misrepresented their answers, surveys for which the same response was given for every PAQ (e.g. ‘Strongly agree’ to all 8 attributes) were excluded. This is justified as no reasonable respondent who understood the questions would answer that they ‘strongly agree’ that a soundscape is pleasant and annoying, calm and chaotic, etc. Cases where respondents answered ‘Neutral’ for all PAQs are not excluded in this way, as a neutral response to all attributes is not necessarily contradictory. In addition, surveys were discarded as incomplete if more than 50% of the PAQ and sound source questions were not completed.

### **WHO-5 well-being index.**

WHO-5 well-being index asks how individuals have been feeling over the last two weeks such as ‘I have felt cheerful and in good spirits’. WHO-5 has been designed for multiple research and clinical purposes, covering a wide range of mental health domains namely perinatal mental health, the geriatrics mental health, endocrinology, clinical psychometrics, neurology, and psychiatric disorders screening.

The WHO-5 well-being index is known to be one of the most valid generic scales for quantification of general well-being. In terms of the construct validity of the scale, WHO-5 showed to have properties that are a coherent measure of well-being (Topp, Østergaard, Søndergaard, Bech, 2015). With regards to relevant literature, WHO-5 confirmed that all items constitute an integrated scale in which items add up related information about the level of general psychological well-being among both youngsters and elderlies (Blom, Bech, Hogberg, Larsson, Serlachius, 2012; Lucas-Carrasco, Allerup, Bech, 2012). For the purpose of analysis, a composite WHO-5 score is calculated by summing the responses to each of the 5 questions

(coded from 0 to 5), then multiplying by 5 to get a single score which 0 (the lowest level of well-being) to 100 (the highest level of well-being) (Topp et al., 2015).

### **Demographic characteristics.**

Demographic characteristics were presented such as age, gender, education level, occupational status, and ethnicity. Some blank spaces were provided if they wanted to add further information. At the end of the survey, participants had the opportunity to write down any additional questions or remarks and were thanked for their participation.

### **Procedure**

The participants were approached and asked if they were interested to participate in the study. All participants received information about the aim of the study, its procedures, confidentiality of research data, and how to contact the investigators, the supervisor of the project, or a member of the ethical committee. An informed consent document was given to participants, who declared to have read and understood the general information, take part voluntarily, and have understood the fact that they can stop their participation and withdraw their consent, anytime, and without any consequences. They could start filling in the questionnaire if the participant gave his/her consent. If they had no questions, they received either a paper version or an e-version of a questionnaire. The online questionnaires were collected and managed using REDCap electronic data capture tools hosted at UCL (Harris, Taylor, Minor, Elliott, Fernandez, O'Neal et al., 2019) and typically took between 5 and 10 minutes to complete. The goal of the researchers on site was to collect a minimum of one-hundred questionnaires from each selected site, which was typically achieved over a period of 2-3 days each consisting of approximately a 4-hour session. In some cases, either due to extenuating circumstances, time constraints, or excluded surveys, the full one

hundred surveys were not achieved. The data was collected from 28<sup>th</sup> February 2019 to 18<sup>th</sup> October 2019 between 11am to 3pm.

During the survey period, acoustic and environmental metrics were simultaneously collected through binaural recordings, a calibrated sound level meter (SLM), and an environmental meter collected temperature, lighting level, and humidity data. The SLM was set up in the space in which the questionnaires were conducted and left running for the full duration of the survey in order to characterize the acoustic environment. The environmental metrics were not reported in this study since they were not in the scope of this paper. The full protocol and data treatment as part of the SSID Database creation is described in detail by Mitchell and colleagues (Mitchell, Oberman, Aletta, Erfanian, Kachlicka, Lionello et al., 2020).

# Statistical analysis

If required, the data were checked for normality using analytical Kolmogorov–Smirnov/Shapiro–Wilk’s tests. Since majority of our data were not normally distributed to address the objectives of the study, we used non-parametric methods. The soundscape data were analysed according to the ISO 2019 proposed dimensional which collapses the perceived affective quality responses the participants gave to each of the 8 dimensions (Figure 1) down to a 2-dimensional coordinate scatter plot with coordinates for ‘Pleasantness’ on the x-axis and ‘Eventfulness’ on the y-axis (Section A.3 ISO/TS 12913-3:2019(E)) (International Organization of Standardization Technical Specification, 2019). These dimensions are calculated as shown in Formulas (1) and (2) and the resulting Pleasantness and Eventfulness coordinates have a range of  $\pm 9.66$ :

$$P = \sum_{i=1}^8 \frac{1}{8} \cos \left( \frac{2\pi}{8} \left( \frac{1}{8} \sum_{j=1}^8 \frac{1}{8} \right) \right)$$

(1)

$$\sum_{i=1}^8 \sin(\theta_i) = \sum_{i=1}^8 \sin(\theta_i)$$

(2)

where,  $PAQ_1$  = pleasant,  $\theta_1 = 0^\circ$ ;  $PAQ_2$  = vibrant,  $\theta_2 = 45^\circ$ ;  $PAQ_3$  = eventful,  $\theta_3 = 90^\circ$ ;  $PAQ_4$  = chaotic,  $\theta_4 = 135^\circ$ ;  $PAQ_5$  = annoying,  $\theta_5 = 180^\circ$ ;  $PAQ_6$  = monotonous,  $\theta_6 = 225^\circ$ ;  $PAQ_7$  = uneventful,  $\theta_7 = 270^\circ$ ;  $PAQ_8$  = calm,  $\theta_8 = 315^\circ$ .

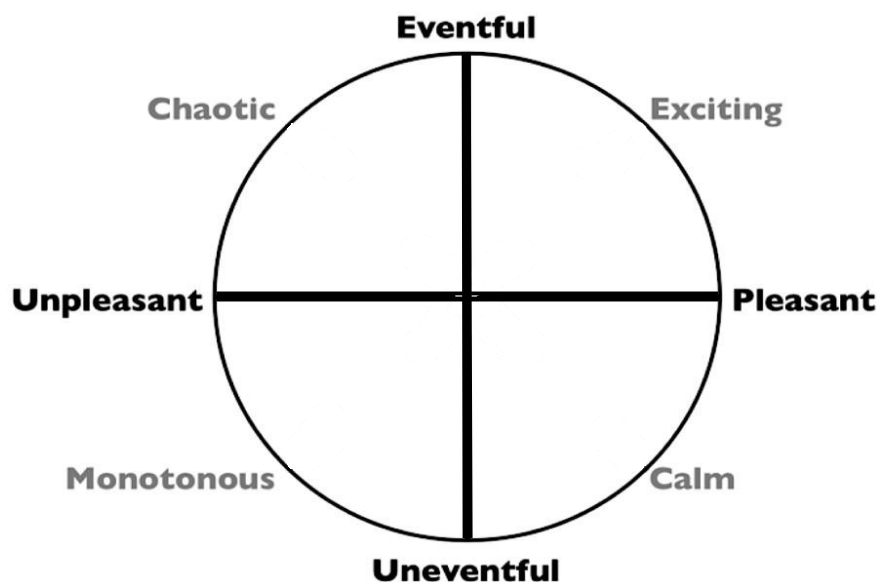


Figure 1 represents the perceptual attributes in relation to each other with the features of the locations (Axelsson, Nilsson, Berglund, 2010).

Clustering analysis was conducted on the sound sources questions (4 scales). The mean response for each of the four scales (presence of: Traffic noise, Natural sounds, Other Noise, and Human sounds) was calculated for each survey location, then clustered using hierarchical agglomerative clustering. The locations were thus separated into 3 groups according to their sound source composition. Our rationale for the clustering analysis was to investigate the

psychological aspects of soundscape assessment, controlling for the semantic meaning assigned to certain sound sources and for general psychoacoustic factors. The analysis was conducted using the statistical software R (version 3.5) (R Core Team, 2013).

To investigate the difference in the Pleasantness and Eventfulness scores of three clusters of urban locations, we performed a Kruskal-Wallis analysis followed by post hoc Dunn's (1964) test that was conducted for the pairwise comparisons with a Bonferroni adjustment ( $p < 0.05$ ).

Finally, multiple linear regression models were used to analyse the relationship between psychological well-being (measured by WHO-5) (continuous), age (continuous) and gender (dichotomous, 1 assigned for male and 2 assigned for females) as in explanatory variables, and soundscape assessment (Pleasantness and Eventfulness) as an output (continuous). The  $p$  value was a priori set to  $p < 0.05$ .

All the analyses excluding clustering were performed by using both statistical software R (version 3.5) (R Core Team, 2013) and IBM SPSS Statistics (version 26.0) (IBM Corp, 2019).

## Results

### Hierarchical clustering analysis

To cluster the locations, the mean response for each sound source question (range 1-5) within each location was calculated. These values are taken to represent the sound source composition for each location, describing the proportion of each type of sound source within the acoustic environment. The categorization of the locations according to their assessed sound source composition was done by hierarchical agglomerative clustering. Clustering based on perceptual responses as well as based on objective acoustic metrics has previously been successfully employed within the Soundscape literature for separating and identifying soundscape categories (Yong Jeon, Jik Lee, Young Hong, Cabrera, 2011; Aletta et al., 2019).

The hierarchical clustering analysis was performed using Ward's method wherein each location begins as its own cluster, the Euclidean distance between the clusters is calculated, and the clusters with the lowest distance are merged, forming a new cluster. This process is then repeated with the new clusters until the entire group has been grouped into a single cluster (Ward, 1963). The results of this analysis are shown in the dendrogram of figure 2, where the Location IDs are separated into the 3 main clusters.

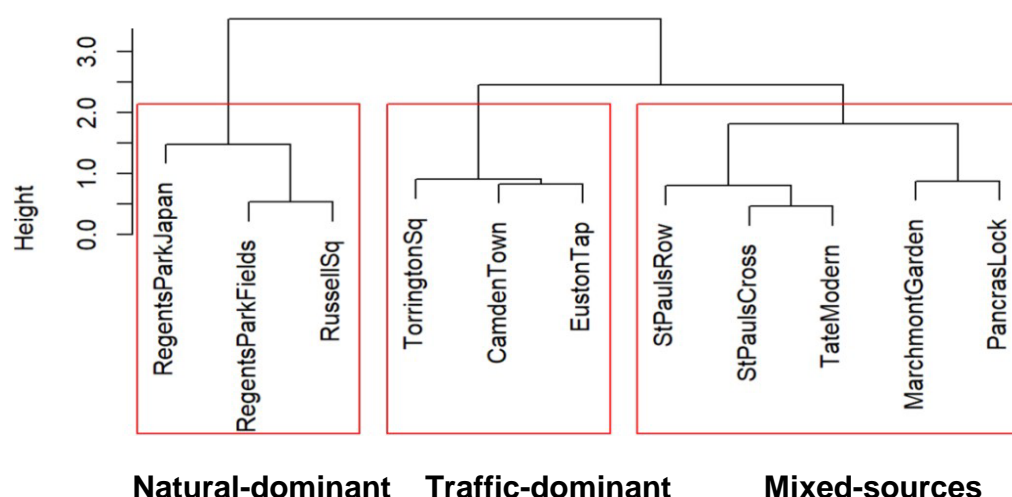


Figure 2. Cluster Dendrogram resulted in three main clusters of natural-dominant, traffic-dominant, and mixed-sources clusters from left to right.

### **Soundscape Pleasantness and Eventfulness differences among clusters**

To determine the differences in the rated Pleasantness and Eventfulness among clusters of natural-dominant, traffic-dominant, and mixed-source, we have further conducted a Kruskal-Wallis test with clusters (mixed-sources, traffic-dominant, and natural-dominant) as factors. Both Pleasantness and Eventfulness scores yielded significant differences among the clusters: for Pleasantness,  $\chi^2(2) = 374.95$ ,  $p = .001$ ; and for Eventfulness  $\chi^2(2) = 97.121$ ,  $p = .001$ . Post hoc



Dunn's test (1964) demonstrated significant differences between all clusters for Pleasantness (all  $p = 0.0005$ ), and Eventfulness (all  $p = 0.0005$ ).

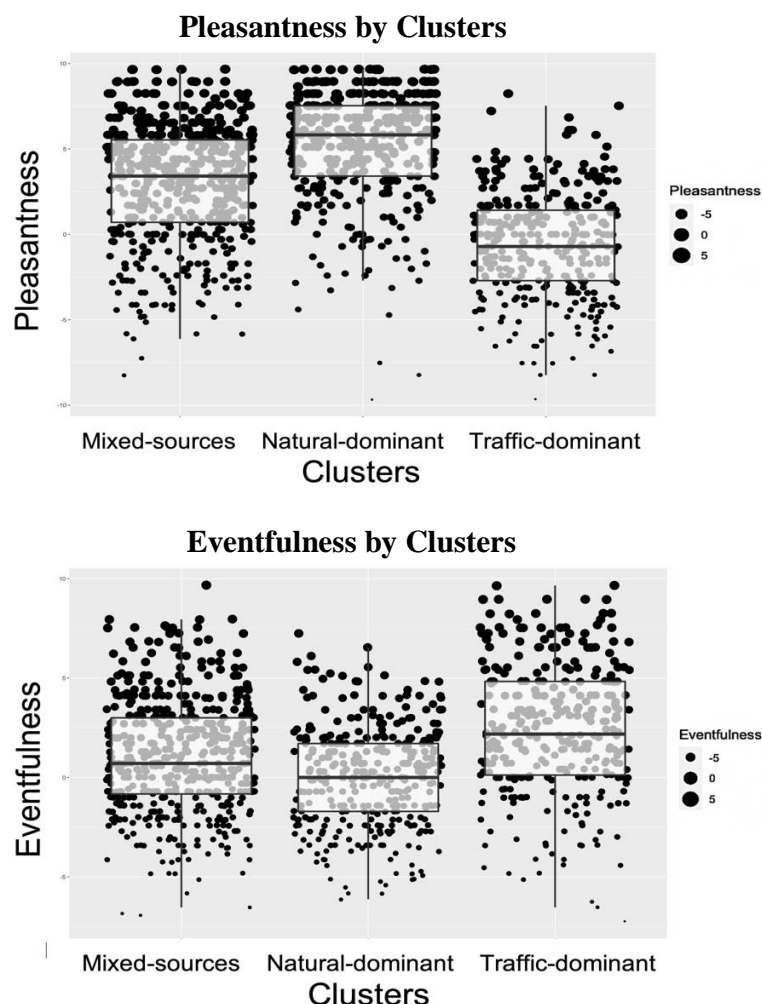


Figure 3. Figure 3. Boxplots of Kruskal-Wallis analyses with error bars for Pleasantness and Eventfulness differences among three clusters. The bold lines represent the mean. The black circles indicate individual data. The size of circles shows the level of pleasantness and eventfulness

### Factors associated with Pleasantness and Eventfulness

A series of multiple linear regression analyses was conducted to ascertain the independent effect of psychological status, age, and gender on soundscape Pleasantness and Eventfulness in all-locations (Table 2), mixed-sources (Table 3), traffic-dominant (Table 4), and nature-dominant (Table 5), respectively.

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In all-locations, positive psychological state, older age and female gender were independently associated with soundscape Pleasantness, while younger age was only associated with Eventfulness.

Target variables	Factors	$\beta$	SE	t value	p	CI (95%)
Pleasantness	Psychological status	0.023	0.006	3.91	0.001***	0.011, 0.035
	Age (years)	0.031	0.007	4.008	0.001***	0.02, 0.05
	Gender	0.552	0.24	2.297	0.021*	0.08, 1.023
Eventfulness	Psychological status	0.001	0.004	0.36	0.718	-0.007, 0.011
	Age (years)	-0.016	0.006	-2.623	0.008**	-0.028, -0.004
	Gender	0.256	0.185	1.386	0.166	-0.106, 0.62

Table 2. Multiple regression analyses on soundscape Pleasantness and Eventfulness scores in the all-locations.

In the mixed-sources cluster, positive psychological state and older age were independently attributed to soundscape Pleasantness.

Target variables	Factors	$\beta$	SE	t value	p	CI (95%)
Pleasantness	Psychological Status	0.024	0.008	2.98	0.003*	0.008, 0.04
	Age (years)	0.031	0.01	3.079	0.002**	0.011, 0.051
	Gender	0.498	0.319	1.56	0.119	-0.129, 1.127
Eventfulness	Psychological Status	-0.002	0.006	-0.39	0.694	-0.016, 0.01
	Age (years)	-0.017	0.008	-1.953	0.051	-0.034, 0
	Gender	0.135	0.272	0.496	0.619	-0.4, 0.671

Table 3. Multiple regression analyses on soundscape Pleasantness and Eventfulness scores in the mixed-sources.

In the traffic-dominant cluster, younger age was associated with soundscape Pleasantness, and positive psychological state was associated with soundscape Eventfulness.

Target variables	Factors	$\beta$	SE	t value	p	CI (95%)
Pleasantness	Psychological Status	0	0.009	0.019	0.984	-0.017, 0.018
	Age (years)	-0.038	0.013	-2.847	0.005**	-0.064, -0.012
	Gender	0.138	0.361	0.382	0.702	-0.573, 0.85
Eventfulness	Psychological Status	0.023	0.009	2.47	0.014*	0.004, 0.042
	Age (years)	-0.006	0.014	-0.453	0.651	-0.033, 0.021
	Gender	0.487	0.377	1.29	0.198	-0.256, 1.231

Table 4. Multiple regression analyses on soundscape Pleasantness and Eventfulness scores in the traffic-dominant.

In the nature-dominant cluster, only older age was associated with the soundscape Pleasantness.

Target variables	Factors	$\beta$	$SE$	$t$ value	$p$	CI (95%)
Pleasantness	Psychological Status	0.001	0.009	0.11	0.912	-0.018, 0.02
	Age (years)	0.024	0.012	2.051	0.041*	0.001, 0.048
	Gender	0.305	0.37	0.823	0.411	-0.423, 1.034
Eventfulness	Psychological Status	0.009	0.007	1.3	0.193	-0.004, 0.024
	Age (years)	-0.001	0.009	-0.124	0.901	-0.019, 0.017
	Gender	0.546	0.281	1.945	0.052	-0.006, 1.099

\*\*\* $p < 0.001$  \*\* $p < 0.01$  \* $p < 0.05$  male = 1 female = 2

Table 5. Multiple regression analyses on soundscape Pleasantness and Eventfulness scores in the Nature-dominant.

## Discussion

Our initial assumption was that Pleasantness and Eventfulness significantly differ in each of the natural-dominant, traffic-dominant and mixed-sources clusters with varying sound source compositions. We concluded that in terms of the soundscape Pleasantness and Eventfulness, all clusters were significantly different from each other, with the natural-dominant cluster having the highest Pleasantness rating, and the traffic-dominant cluster as the lowest, indicating that a higher presence of natural sounds is considered more pleasant. The opposite pattern was detected in response to Eventfulness with the traffic-dominant cluster having the highest Eventfulness rating and the natural-dominant cluster having the lowest.

We additionally speculated that an increased level of psychological well-being is associated with increased Pleasantness and the Eventfulness assessments of soundscape. The results showed that the psychological well-being was positively associated with Pleasantness in

two cases: All-locations and mixed-sources cluster. However, it was associated with Eventfulness exclusively in the traffic-dominant cluster.

Then we hypothesized that differences in soundscape assessments are associated with gender and age. The results of the current study support this hypothesis to a certain degree. In all clusters, age appeared to be a strong factor influencing the Pleasantness assessment while it is shown to influence the Eventfulness assessment only in all-locations. Further investigation revealed that gender was exclusively associated with Pleasantness in all-locations.

### **Soundscape Pleasantness and Eventfulness differences among clusters**

The Pleasantness and Eventfulness were significantly different among all clusters. The Pleasantness appeared to be highest in the natural-dominant cluster, followed by the mixed-sources cluster and then the traffic-dominant cluster. In agreement with our results, Payne and colleagues (Payne, 2013) referred to the pleasantness dimension of soundscape as the positive perception of natural places as well as the restorative capacity of the soundscape. Also, in agreement, Zhang (2014) reported a significant impact of natural soundscape on individuals' restorative experiences and boosting pleasantness. In the study by Axelsson et al. (2010) participants reported that the sound excerpts of natural components are more pleasant than human and technical sounds.

Unlike Pleasantness, the Eventfulness increased the most in the traffic-dominant cluster, less so in the mixed-sources clusters, and lowest in the natural-dominant cluster. These findings are supported by previous research done by Bradley & Lang (2000) and Hume & Ahtamad (2013). In both studies, unnatural and urban sound-clips (i.e. Fire engine siren and traffic noise), inherent in the traffic-dominant cluster in our study, were rated highest in arousal and lowest in the pleasantness dimension. As formerly mentioned by Erfanian and colleagues (2019), throughout

the soundscape literature, arousal has been applied as the equivalent of Eventfulness and indicated on the vertical axis of the circumplex models proposed by Axelsson and colleagues (Erfanian, Mitchell, Kang, Aletta, 2019; Axelsson et al., 2010).

These results insinuate the notion that there are multiple primary factors (see McDermott, 2012) that contribute to the perception of the acoustic environment which should be considered important by urban designers and policymakers. It is expected that understanding these factors will provide multidimensional knowledge in guiding the implementation of the technological infrastructure of smart cities.

### **Psychological well-being and its association with Pleasantness and Eventfulness**

Our findings demonstrate a link between the perceived Pleasantness and participants' psychological well-being in all-locations and mixed-sources cluster, whereas the association between psychological well-being and Eventfulness is limited to the traffic-dominant cluster. In a nutshell, positive psychological well-being is attributed to elevated Pleasantness and to lesser degree to increased Eventfulness of the soundscape. Our results can be interpreted in light of previous research and it is consistent with the idea that psychological well-being underlies the perception of the external world (Kelley & Schmeichel, 2014) such as auditory input. While the enhanced global level of psychological state has a positive effect on auditory processing (Kumar, Sangamanatha, Vikas, 2013), there is evidence that suggests an impairment of early auditory processing (analysing, blending, and acoustic input segmentation) in individuals with poor psychological well-being (Kähkönen, Yamashita, Rytsälä, Suominen, Ahveninen, Isometsä, 2007). One of the potential trait biomarkers of poor psychological well-being such as depression (predominantly characterized by low mood and anhedonia (Erfanian, 2018) is the attenuation of

neuronal activation in the auditory cortical area leading to alternations in auditory processing (Zwanzger, Zavorotnyy, Diemer, Ruland, Domschke, Christ et al., 2012).

It is noteworthy to highlight that the associations between psychological well-being and the soundscape in our results were confined to the all-locations and mixed-sources cluster for Pleasantness. This may be due to the similarities between these two clusters. All-locations and mixed-sources clusters essentially share resemblance (see figure 1) and as such show less variety in terms of acoustic features with a more consistent noise level, whereas in terms of the acoustic characteristics, the traffic and natural-dominant locations are more varying. The lesser degree of variation in acoustic features of all-locations and the mixed-sources cluster results in little variation in individuals' soundscape assessment which shows that the significant associations are more due to the individuals, not the sound environment itself. Given the high level of the Eventfulness in the traffic-dominant cluster, we speculate that higher levels of psychological well-being results in the amplification of the soundscape Eventfulness which may be due to the ongoing interaction of environmental acoustic elements with the momentary psychological status.

Other studies have investigated the impact of soundscape on psychological well-being and confirmed that pleasant soundscape and in particular natural soundscape contribute to faster stress recovery (Park, Lee, Jung, Swenson, 2020). However, given that all subjects in our study were exposed to the same soundscape prior to completing our survey, this effect should have been applied relatively equally across the sample population. Any positive impact the soundscape has is thus felt by all respondents. Because we are investigating differences across individuals, not across acoustic environments, the impact of the sounds itself on the individual should not have a significant impact. In this way, we argue that the effect demonstrated here is a

person's well-being on their soundscape assessment, not the impact of sounds on their well-being.

### **Age association with soundscape Pleasantness and Eventfulness**

According to our findings, age was an important factor in the pattern of soundscape assessments. These findings are in line with previous research, suggesting significant differences among age groups in the soundscape of different acoustic environments (Ren, Kang, Liu, 2016; Yang & Kang 2005). Our findings imply that an increase in age leads to an increase in the positive appraisal of the soundscape Pleasantness and a decrease in the Eventfulness. This is supported by a study by Çakir Aydin & Yilmaz (2016) in which they found that soundscape pleasantness reported by young individuals was significantly lower than the other age groups. In our study, however, Eventfulness appeared to be negatively associated with age which is, again, in agreement with the study from Yang and Kang (2005) as they showed people tend to build a tolerance to natural sound and lose interest in an unnatural sound. The results withstood a control for the effect of age on the soundscape's pleasantness and eventfulness, suggesting that different neural and behavioural mechanisms are responsible for the differences of soundscape appraisal in age.

First, since the human brain is highly plastic throughout the life span, by aging, the auditory processing changes due to the temporal coding of the auditory cortex (Bones & Plack, 2015; Babkoff & Fostick, 2017). Temporal coding is the ability of the brain to encode sensory information to the action potentials that relies on precise timing. Another possibility is that age is associated with loss of function within the peripheral auditory system (hearing loss due to age or presbycusis) that may lead to the variation of the soundscape (Howarth and Shone, 2006) such that age-related hearing loss is most marked at higher frequencies and higher tone frequencies

have shown to be perceived less pleasant and more annoying relative to low tone frequencies (Landström, Kjellberg, SÖDerberg, Nordström, 1994). Last, age could potentially highlight the contextual role of the acoustic environment. Past experiences, memories, and even traumas give a particular context to our perception and shape the soundscape, making individual perception highly diverse, depending on the content of experience/memory. While the increase in age can lead to appreciating different sound elements, lower age seems to be related to more arousing and vibrant sounds (Yang & Kang, 2005).

### **Gender association with soundscape Pleasantness and Eventfulness**

Female participants showed to perceive the sounds more pleasant relative to male participants. Others reported that there are gender-related discrepancies in soundscape, arguing that women are more likely to react strongly to situations with emotional context comparing to men (Yang & Kang, 2005; Mehrabian & Russell, 1974). This could be also due to differences in auditory processing between the two genders which is consistent with existing predictions of female top-down and male bottom-up strategies in spatial processing (ability to find where objects are in space) (Simon-Dack, Friesen, Teder-Sälejärvi, 2009).

Regarding the relationship between psychological well-being, age, and gender with the soundscape, a conclusion can be drawn that the targeted indicators could better explain the variability in the Pleasantness rather than the Eventfulness.

### **Conclusion**

In the current study we clustered the locations in which the data were collected in three different groups, based on the composition of their sound sources. Initially we validated that the soundscape Pleasantness and Eventfulness were significantly different in all clusters, derived from the sound source profile of the locations, with the natural-dominant cluster as the highest-rated in



Pleasantness, and the traffic-dominant cluster the highest-rated in Eventfulness. The multiple linear regression models showed that psychological well-being is significantly associated with Pleasantness of the soundscape in one cluster and total responses with heterogeneous sound source compositions including all-locations and mixed-sources cluster. We later demonstrated that in all clusters the Pleasantness was strongly attributed to age, while it is shown to be associated with Eventfulness in only one cluster. Gender was exclusively associated with Pleasantness in one cluster. The findings of this study offer empirical grounds for developing and advancing theories on the influence of psychological well-being on the perception of the acoustic environment namely the soundscape.

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### **3.4 Study II: Multilevel Annoyance Modelling of Short Environmental Sound Recordings**

## Article

# Multilevel Annoyance Modelling of Short Environmental Sound Recordings

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**Abstract:** The recent development and deployment of Wireless Acoustic Sensor Networks (WASN) present new ways to address urban acoustic challenges in a smart city context. A focus on improving quality of life forms the core of smart-city design paradigms and cannot be limited to simply measuring objective environmental factors, but should also consider the perceptual, psychological and health impacts on citizens. This study therefore makes use of short (1–2.7 s) recordings sourced from a WASN in Milan which were grouped into various environmental sound source types and given an annoyance rating via an online survey with  $N = 100$  participants. A multilevel psychoacoustic model was found to achieve an overall  $R^2 = 0.64$  which incorporates Sharpness as a fixed effect regardless of the sound source type and Roughness, Impulsiveness and Tonality as random effects whose coefficients vary depending on the sound source. These results present a promising step toward implementing an on-sensor annoyance model which incorporates psychoacoustic features and sound source type, and is ultimately not dependent on sound level.

**Keywords:** noise; annoyance evaluation; citizen; perceptive test; smart-city; annoyance modelling; wireless acoustic sensor network

## 1. Introduction

Noise has been proven to have a wide impact on the social and economic aspects of citizens' lives [1] and is regarded as one of the primary environmental health issues referenced in the new environmental noise guidelines [2]. Over the past few years, several research teams have analyzed the causes and the impact of this noise, revealing that it causes more than 48,000 new cases of ischemic heart disease and around 12,000 deaths in Europe each year [2]. Furthermore, it leads to chronic high annoyance for more than 22 million people, and sleep disturbance for more than 6.5 million people [3]. One of the main noise sources according to research is road traffic noise [4], causing psychological reactions in citizens [5] and even cardiovascular diseases [4]. Other studies analyze the effects of aircraft noise on sleep [6] and learning impairments on children [7]. Also railway noise has proven to cause annoyance due to its huge variety of sounds, e.g., rail breaks, whistles, squeels and vibrations [8,9]. Most of the literature focuses on sound level measurements and the corresponding annoyance [10], but other acoustical and psychoacoustical characteristics could be taken into account, e.g., loudness or sharpness [11],

in order to understand the degree of noise annoyance and identify the characteristics of sounds that may be more detrimental to psychological well-being and consequently for health. Such knowledge is relevant for policy makers and urban planners in order to create healthy environments.

Several tests used in studies to evaluate the effects of environmental noise for citizens [12] can be used to design this model. This study uses real-life data and its sound characterisation, thus focusing on noise sensitivity was not the closest approach to the problem. The tests used as a basis in this work have been defined with the purpose of finding new ways of analyzing the impact of sound -usually traffic- on citizens in urban environments [13,14], in order to model the annoyance perception [15,16].

The perceptual tests were designed to measure the annoyance in people relating to different urban sounds and their characteristics [17,18], by means of short excerpts of raw acoustic audio obtained from the DYNAMAP project [19]. The most representative audio excerpts were selected, using a wide range of sound types (sirens, airplanes, people talking, dogs barking, etc.) [20,21], keeping the constants of location and sensor calibration. However, sound annoyance depends on the acoustic characterization of each sample, and it is possible to classify the acoustic excerpts depending on their characterization, which can be the basis to ask participants about their perceptions. The characterisation is based on the psychoacoustic measurements of loudness, sharpness and others defined by Zwicker [11].

The authors asked more than 100 people to conduct the perceptual tests [18]. Some preliminary results of the three tests conducted were published in [17] in which the relationship between sharpness and annoyance was analyzed by means of an A/B test [22], and later on in [18], where some of the research questions were formulated. In this paper, we aim to determine the parameters that have an effect in the individual annoyance scores. For this reason, a multilevel psychoacoustic model is trained using the results of the MUSHRA [23] test, essentially focused on annoyance evaluation by the participants over several different types of sound, while loudness and sharpness were kept constant. The results show that the differences in annoyance perception between the different demographic groups is not statistically significant and that sharpness is the main predictor for annoyance.

The paper is structured as follows: Section 2 details the state-of-the-art of annoyance modelling by means of subjective data collection. Section 3 describes the procedure followed in this work, including the dataset and the design of the perceptual test. In Section 4, the results obtained from the perceptive tests are presented and discussed, and the annoyance model is proposed. Section 5 contains for the discussion and finally, Section 6 presents the conclusions of the paper.

## 2. State of the Art of Annoyance Evaluation and Modelling

In this section we gather a short synthesis of the most relevant contributions of the state-of-the-art on which the design of the tests and the modelling of the perceptual annoyance have been based.

### 2.1. Evaluation of Annoyance

The evaluation of annoyance can be found in literature by means of the use of objective parameters related to sound and noise [10]. Nevertheless, when the goal is to measure the perception, the real annoyance experienced by people, one of the most frequently used methods is to conduct a survey to measure the degree of annoyance produced by different sounds [24–26]. Following the recommendation of the International Committee for the Biological Effects of Noise (ICBEN), this evaluation should be done in a qualitative way, using a verbal scale; this can be translated into *not at all*, *slightly*, *moderately*, *very* and *extremely*, just to give a few examples. Also an 11-point numeric scale -also from an ICBEN recommendation- can be used, where in this case, zero corresponds to *not at all* and 10 corresponds to *extremely disturbing*.

Furthermore, taking advantage of the experience in soundscapes evaluation [27] citizens can be asked about other aspects besides annoyance. To this end, a perceptual

assessment based on a Likert scale [28] could be used. This scale defines five levels of agreement with a given statement: *Strongly disagree*, *Disagree*, *Neither agree nor disagree*, *Agree* and *Strongly agree*. This scale was used in [17,18] to evaluate several types of noise sources according to a small group of attributes such as *loud*, *shrill*, *noisy*, *disturbing*, *sharp*, *exciting*, *calming* and *pleasant* (see the complete list of adjectives in [27]).

Borrowing from the subjective assessment of audio quality, the MUSHRA method has been also used for the evaluation of annoyance in [17,18]. MUSHRA, which stands for *MULTi Stimulus test with Hidden Reference and Anchor*, was described and designed by ITU-R under the recommendation ITU-R BS.1534-3 [23]. This recommendation gives guidelines on listening tests and subjective assessment, as well as audio quality (among other applications), assuming that the best way to evaluate audio quality is by means of subjective listening.

Listening tests can be conducted in a controlled scenario (e.g., in an anechoic chamber) thus allowing the organizer to have control over all the setup. Nevertheless, this approach is expensive and time consuming. Alternatively, online listening tests have been widely used in the perceptual evaluation of audio quality or speech synthesis systems, even resorting to crowdsourcing strategies [29]. These tests can be run in parallel and anywhere, thereby reducing costs and allowing to reach a wider audience [30].

## 2.2. Annoyance Prediction

After the design and the execution of the perceptual tests, the resulting evaluations coming from participants are used to generate an model that can predict the annoyance value depending on the type and the parameters of the noise excerpt under study. One of the most representative examples of annoyance modelling is found in [15], where a model based on the hypothesis that annoyance is primarily determined by the detection of intruding sounds is presented. The model takes into account several measurable elements: (i) signal-to-noise ratio (SNR), (ii) indoor background level, (iii) the activity conducted by the listener—assuming that in the conducted tests, their main activity is not listening to events—among others. The model is obtained from the results of a test evaluating annoyance and acoustic data from a field experiment in a natural setting.

Another reference model for annoyance prediction is found in [16], where the authors model and predict road traffic-noise annoyance based on: (i) noise perception, (ii) noise exposure levels and (iii) demographics. The authors apply machine-learning algorithms in order to conduct the prediction and measure the error rates, which give them a good trade-off in the prediction of the traffic-noise annoyance, with a strong dependence on subjective noise perception and predicted noise exposure levels, assuming that the classical statistical approaches fail in their predictions in terms of accuracy.

A model of annoyance based on a combination of psychoacoustic metrics was proposed by Zwicker and Fastl [11]. Generated from laboratory-collected data, this model attempts to provide a method to directly calculate the relative annoyance values of single-source sounds from the psychoacoustic Loudness, Roughness, Sharpness, and Fluctuation Strength. This model has also been further expanded upon to include a term for the Tonality of the sound [31]. However, this model was developed based on laboratory studies of generated, simple sounds (i.e., not real recorded sounds) and does not take into account the semantic information associated with the real environmental sounds present in an urban environment.

In [32], the authors led us to a better understanding of the transportation noise-annoyance response, in three different and relevant approximations: (i) to unravel the factors that affect the annoyance response of people in reference to the mixed transportation noise, (ii) to contrast the noise-annoyance dependence in situations where road traffic and railway noise dominate and (iii) to detail the differences between those two using structural equation modelling. As expected, the results show that annoyance is largely determined by noise disturbance and the noisiness perceived by citizens. Finally, in [33] an approach to develop a road traffic noise annoyance prediction model is presented,

and it takes into account: (i) social aspects, (ii) characteristics of traffic and (iii) urban development. It is based on the creation of a local model, with a pilot in Istanbul (Turkey), which uses all the information gathered for the creation of the noise maps as an input, and provides annoyance levels prediction as an output, complementing the noise maps that provide no subjective indicator.

### 3. Methods

In this section we detail the several methods applied our experiment from the perceptual test design based on an urban sound dataset [21] to the multilevel linear regression modelling applied to obtain the annoyance prediction described as contribution in this paper.

#### 3.1. Dataset

In order to obtain a proper representation of the acoustic environment in the design of the perceptual tests, a large quantity of recorded data is needed. The data gathered in this project belongs to different recording times and urban locations, using the Wireless Acoustic Sensor Network (WASN) deployed in Milan (Italy) in the framework of the LIFE DYNAMAP project [19,21].

Gathering the data through a WASN facilitates the collection of a wide and accurate representation of the acoustic events, because it keeps the same recording conditions in every node and allows the retrieval of data at any time of the day. The dataset used in this study has been obtained by homogeneously sampling several hours, in both weekday and weekend, with 24 sensors distributed along the urban District 9 of Milan [34]. After that, experts from the DYNAMAP developing team labelled the acoustic events of the recordings manually to obtain a 151-h dataset [21]. Due to the nature of the project, that consisted in removing events not related to traffic noise from the noise map computation, events were grouped in RTN (Road Traffic Noise) that belongs to the 83.7% of the total time of the dataset, and ANE (Anomalous Noise Event) with the 8.7% of the total time. Another class was used to include overlapping and unidentified events: COMPLX (complex) with 7.6% of the total time [20]. During the labelling process, the DYNAMAP developers found up to 26 types of anomalous events, which they decided to group in the following classes: airplane, alarm, bell, bike, bird, blind, brake, bus door, construction, dog, door, glass, horn, interference, music, people, rain, rubbish service, siren, squeak, step, thunder, tramway, train, trolley, wind, works (construction) [35].

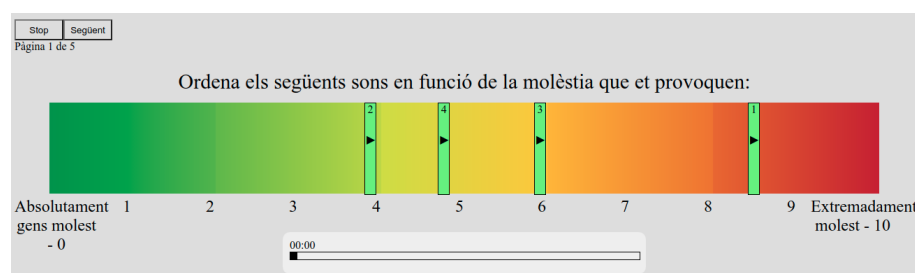
The most common sound classes were picked to evaluate the relationship between the event measurements and the citizens' perception of annoyance. These selected events used in the study belong to the following 9 classes: airplane, bird, brake, construction, dog, door, horn, people and siren [36]. As the selected events are the most common, those are the ones that contain the widest variety of recording conditions, including different sensor locations and recording hours [17]. The reason for that choice was double: (i) the availability of a wide range of examples of each type of sound to choose for the design of the tests, including the possibility of finding different samples that keep similar psychoacoustic values, and (ii) the fact that the most common sounds are the most reasonable to evaluate with people, as they are the most probable to generate annoyance due to their repetitiveness.

The comparison between the events is only be carried with sounds collected using the same sensor, in order to respect the same recording conditions. For this reason, if the chosen events for the perceptive tests belong to a sensor or another, depends on the availability of the classes to be compared in each sensor. In all the cases, measures were taken to ensure that the sensor containing the events has enough variety of samples with variate psychoacoustic parameters, to ensure a proper representation of each category. To satisfy these requirements, only data from four sensors have been used to make the comparisons, as they provide enough information to carry the perceptual test, i.e., hb115, hb124, hb127 and hb133 [20]. More details about the event selection process and availability study of the sensors are detailed in [17], and the time of each event in the sensors is depicted in [18].

### 3.2. Design of the Perceptual Tests

In order to assess the degree of annoyance produced by the aforementioned classes of sounds, an on-line test has been conducted using the Web Audio Evaluation Tool [30]. Specifically, the MUSHRA test method [23]—which was originally designed for the evaluation of audio codecs—has been adapted for that purpose. Participants were given a clear explanation of what they were asked, including detailed instructions on the operation of the test. No training phase was therefore considered. A demographics survey was included at the beginning of the test for all the 100 participants, asking for to identify age, gender, and a subjective rating of the participant's residential area (zr1- very quiet, zr2- quiet, zr3-bit noisy, zr4- noisy, zr5- very noisy).

The second part of the test consists of five sets. Each set presents a group of short acoustic events with similar values of loudness and sharpness but from different classes, and recorded in the same sensor, in order to maintain the recording conditions and location of the sounds under comparison. For each set, the participants were asked to evaluate the annoyance produced by the presented audios, ordering them in a 0–10 scale, where zero corresponds to *not at all* and 10 corresponds to *extremely disturbing* following the ICBEN recommendation. The interface was customized including a color scale to help the participants place the stimuli according to the degree of annoyance that they perceive. Each audio is represented with a green bar with a “play” icon on it and the audios are sorted randomly along the MUSHRA scale (see Figure 1). An audio is reproduced when the corresponding bar is clicked. The system ensures the participant listens to all the audios and moves all the bars before they jump to the next set of audios. The sets were presented in a random order to prevent learning biases. MUSHRA tests usually include hidden reference stimuli, which in audio or speech quality evaluation corresponds to the highest quality samples and that are used to remove outlier responses. Nonetheless, since stimuli pertaining to different classes are compared, no audio reference was included, thus avoiding biases towards a certain audio class. Moreover, the participants were asked to take the test using headphones and to keep the same volume during all the tests, to maintain the same conditions throughout the entire testing process. One hundred participants undertook this test, 59 men and 41 women, with an average age of 33. Participants were volunteers, mainly from the university and also gathered via social networks. The distribution according to residential area is the following: 9 in zr1, 37 in zr2, 35 in zr3, 18 in zr4 and 1 in zr5. The MUSHRA test allows us to (i) obtain an individual score of annoyance for each audio and (ii) carry comparisons among the different types of events contained in a set. The detail of the stimuli included in each of the five sets of the test can be found in Table 1.



**Figure 1.** Screenshot of the MUSHRA test conducted to assess the annoyance provoked by different sounds. Title: sort the following sounds according to the caused annoyance. The scale ranges from *not annoying at all* to *extremely annoying*.



**Table 1.** Psychoacoustic parameters calculated for the 27 stimuli used in the listening experiment.

Sensor	Label	Psychoacoustic Parameters				
		Loudness ( $N_5$ sone)	Sharpness (acum)	Roughness (asper)	Tonality (tuHMS)	Impulsiveness (iu)
hb133	peop	15.1	1.46	0.032	0.204	0.270
hb133	door	16.8	1.43	0.029	0.113	0.354
hb133	dog	13.1	1.22	0.033	0.373	0.266
hb133	brak	16.0	1.76	0.030	0.326	0.241
hb133	bird	12.6	1.73	0.024	0.283	0.214
hb133	airp	13.0	1.27	0.060	0.438	0.231
hb127	sire	17.7	1.56	0.045	1.540	0.178
hb127	peop	16.1	1.62	0.035	0.410	0.417
hb127	horn	18.1	1.56	0.028	0.666	0.260
hb127	door	19.8	1.72	0.037	0.037	0.479
hb127	brak	19.0	1.95	0.034	0.251	0.281
hb127	sire	20.1	1.73	0.046	1.670	0.288
hb127	peop	22.0	1.96	0.036	0.322	0.452
hb127	horn	19.9	2.16	0.034	1.290	0.336
hb127	brak	21.0	1.81	0.030	1.170	0.275
hb127	airp	24.4	1.65	0.056	0.172	0.446
hb115	wrks	20.3	1.97	0.054	0.227	0.267
hb115	trck	24.4	1.60	0.033	0.040	0.276
hb115	sire	19.5	1.46	0.054	0.861	0.333
hb115	peop	25.1	1.79	0.032	0.411	0.331
hb115	horn	22.3	2.00	0.032	0.806	0.155
hb115	door	26.3	1.62	0.038	0.045	0.397
hb115	brak	20.6	1.93	0.034	0.216	0.313
hb115	wrks	24.6	1.92	0.064	0.447	0.317
hb115	sire	26.6	1.77	0.044	0.626	0.290
hb115	horn	29.5	2.35	0.039	0.486	0.262
hb115	door	31.3	1.88	0.048	0.223	0.402

### 3.3. Psychoacoustic Data Analysis

The dataset resulted in 27 audio-recordings of identified sound events with durations ranging between 1.01 and 2.69 s. The calibrated audio files were imported in the ArtemiS Suite software (v. 11.5, HEAD acoustics GmbH) and the following psychoacoustic parameters were computed: *loudness*, *sharpness*, *roughness*, *tonality*, and *impulsiveness* [11]; values for these parameters are reported in Table 1. The rationale for selecting a relatively large set of psychoacoustic metrics is that they are often used as indicators to predict perceptual constructs (such as annoyance) in perceptual studies, as shown in recent sound-science literature [37,38]. Fluctuation Strength, which could otherwise be included in this list of psychoacoustic parameters as in Zwicker's annoyance model, was not included as the length of the recordings are too short to obtain a valid value. Loudness was calculated according to the DIN 45631/A1 standard for time-varying sounds, in a free-field [39]. As recommended by the standard, in order to avoid the under-estimation of evaluated loudness which is seen when using the arithmetic average of the loudness curve, the  $N_5$  value (the 5% percentile value of the time-dependent loudness curve) is used as the single value of loudness. Sharpness was calculated according to DIN 45692, in a free-field [39]. With this sharpness method, the absolute loudness of the sound is not accounted for, so there should not be a duplication of information across the loudness and sharpness metrics. Roughness was calculated according to the hearing model by Sottek [40], with the option to skip the first 0.5 s in order to not distort the single value. Impulsiveness was also calculated

according to the hearing model by Sottek, with a 0.5 s skip interval. Finally, tonality was calculated according the ECMA-74 (17th edition), which is based on the hearing model of Sottek, with a frequency range of 20 Hz to 20 kHz [41].

### 3.4. Multi-Level Linear Regression Modelling

The analysis for this study utilizes multi-level linear regression modelling (MLM), with a random intercept and a random slope, using backward step feature selection. MLMs are commonly used in psychological research for repeated measures studies [42,43] and for applied prediction models [44,45]. Multi-level modelling allows for the incorporation of nested and non-nested group effects within the structure of the model, where the coefficients and intercepts for the independent variables are allowed to vary across groups. For this study, the data is are grouped into two non-nested sets to form a two-level model: by repeated measures per respondent ('user') and by sound type ('label'). In order to take into account the repeated measures across participants, and to correct for the participant's mean annoyance level, the 'user' variable is included in the second-level as a random intercept. We then include the psychoacoustic features as label effects, with coefficients which are allowed to vary across the sound type labels. The psychoacoustic features are also included as fixed effects in the first level, which do not vary across either the user or label groups.

The initial model structure, as written in Wilkinson-Rogers notation [46], is thus:

$$\begin{aligned} \text{annoyance} \sim & \text{Loudness} + \text{Roughness} + \text{Sharpness} + \text{Tonality} + \text{Impulsiveness} \\ & + (1 \mid \text{user}) + (1 + \text{Loudness} + \text{Roughness} + \text{Sharpness} + \text{Tonality} + \text{Impulsiveness} \mid \text{label}) \end{aligned} \quad (1)$$

### Feature Selection

The MLM is initially fitted with all of the potential features included within both levels. In order to reduce the complexity of the model, a backwards step feature selection process is applied to both levels of the model. This process involves fitting the full model which includes all of the potential independent features (i.e., Equation (1)). The feature with the highest  $p$ -value (least significant) is then removed from the candidates and the model is refit. This process is repeated until all features meet the predefined significance threshold of  $p < 0.05$ . For a two-level model, first backward elimination of the second level is performed, followed by backward elimination of the first-level (or fixed) part.

If more than one feature is selected in the first-level, then the variance inflation factor (VIF) is calculated in order to check for multicollinearity, with a pre-determined threshold of  $VIF < 5$ . Any features which remain after the backwards stepwise selection and exceeded this threshold were investigated and removed if they were highly collinear with the other features. Once the feature selection process is completed, the final model with only significant features of interest included is fit and the table of the model coefficients is printed along with plots of the random effects and standardized estimates terms. Finally, quantile plots of the residuals and random effects are examined to confirm they are normally distributed [47].

The input and output features are z-scaled prior to the analysis and model building by subtracting the mean and dividing by the standard deviation in order to directly compare the coefficient values of independent variables measured on different scales [47]. The model fitting and feature selection was performed using the 'step' function from 'lmerTest' (v. 3.1.3) [48] in the R statistical software (v. 4.0.5) [49]. The summaries and plots were created using the 'sjPlot' package (v. 2.8.7) [50] and the multi-level  $R^2$  values were calculated using 'MuMIn' (v. 1.43.17) [51].

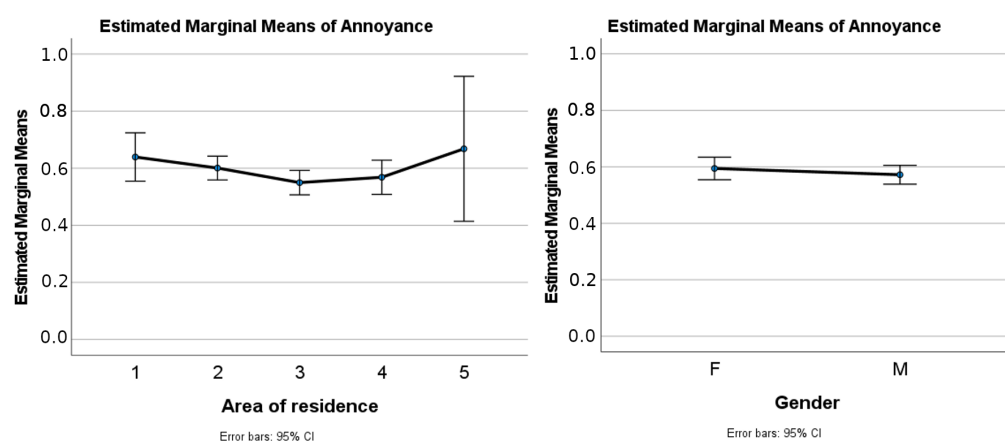
## 4. Results

### 4.1. Differences in Annoyance between Groups

The average annoyance score of all users across all stimuli was  $M = 0.58$  ( $SD = 0.05$ ). Since some basic demographic information about the 100 participants of the perceptual test was known, it seemed logical to explore possible differences in annoyance scores



between different groups/levels of stratification of the sample, mostly for descriptive purposes. Therefore, Areas of residence and Gender were considered as factors in this analysis. Gender was treated as a binary variable (F/M), while Areas of residence was treated as a five-level categorical variable based on people's self-reported character of the area where they typically reside (range: 1–5; very quiet–very noisy). One-way repeated measures ANOVA was deemed to be the most appropriate approach to take into account the multiple responses that each of the 100 participants provided for the different recordings ( $N = 27$ ). A first analysis was then conducted to determine whether there was a statistically significant difference in annoyance between Areas of residence: no statistically significant differences were observed in this case  $F(4,95) = 1.374, p = 0.249$ . Likewise, a second one-way repeated measure ANOVA was carried out to check whether statistically significant differences in annoyance existed between females and males: no statistically significant effect was observed in this case either  $F(1,98) = 0.714, p = 0.400$ . Such small differences between groups can indeed be observed in Figure 2.



**Figure 2.** Estimated Marginal Means for Annoyance as a function of Areas of residence (left) and Gender (right).

#### 4.2. Annoyance Model

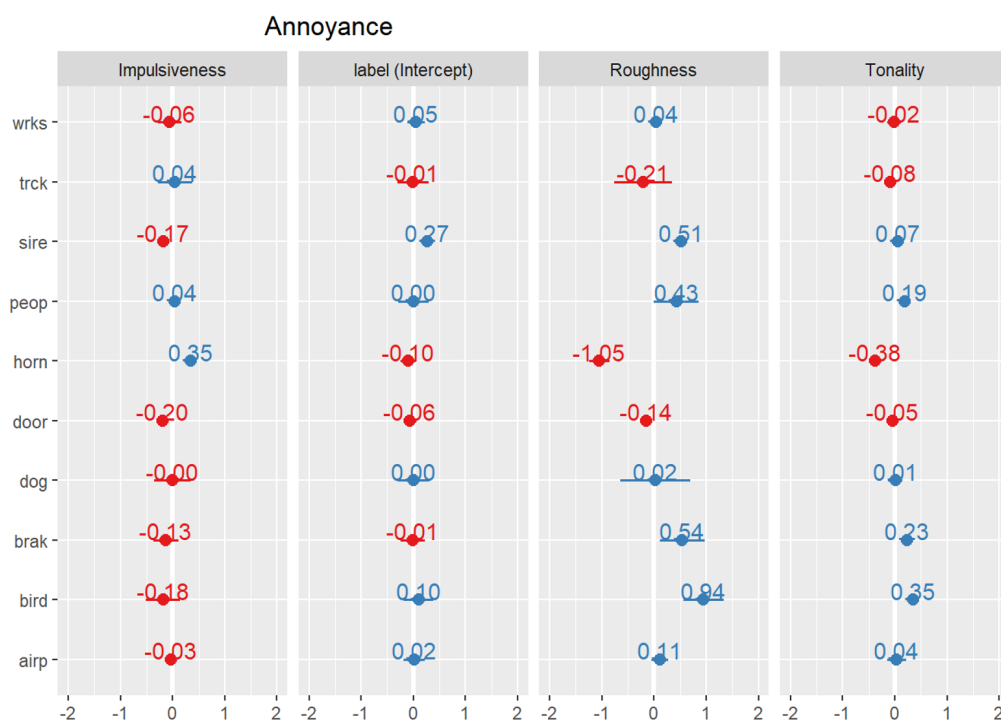
The modelling process returned some interesting results about the parameters that have an effect in predicting the individual annoyance scores. In the context of the multi-level linear regression modelling, the included variables were assumed to have an effect at two levels: the first level (i.e., fixed effect(s)), and the second level, where annoyance score intercepts are allowed to vary as a function of users (i.e., the 100 participants), and where each feature of interest is allowed its own coefficient as a function of labels (i.e., the 7 types of sounds). Sharpness came up as the main predictor with a strong statistical significance in the fixed-effect level, as reported in Table 2. This implies that, regardless of any other factors, the sharper the sounds, the more annoying these are perceived to be.

The second-level effects presented in Figure 3 show that level- and loudness-based acoustic parameters do not play a significant role in predicting annoyance when considering other psychoacoustic factors and specific sound sources. The variables selected by the feature selection algorithm within the type of sound (label) level include: Impulsiveness, Roughness, Tonality. Among those, the effects of Impulsiveness, Tonality and type of sound are relatively small, while Roughness appears to be more important. For instance, when other effects are controlled, the sound type “horn” seems to be less annoying, the rougher it is; while for the types of sound “bird” and “siren”, higher Roughness values will lead to higher annoyance scores. Looking at the model from the point of view of the types of sound, one could observe that “horns” tend to be more annoying than other sounds if they are more impulsive, while “people” or “birds” or “brakes” result in more annoying scores compared to other sounds if they tonal component is more prominent. Overall, for this model, the marginal and conditional  $R^2$  values are 0.08 and 0.64, accordingly. Marginal

$R^2$  provides the variance explained by the fixed effects only, and conditional  $R^2$  provides the variance explained by the whole model, i.e., both fixed effects and second-level effects. Thus, the majority of variance is explained by second-level factors, while a smaller portion (8%) is covered by Sharpness alone.

**Table 2.** Random intercept-random slope multi-level model of psychoacoustic annoyance, accounting for repeated measures (user) and sound source type (label) within the second level. Coefficients and confidence intervals given are for z-scaled data.

Annoyance			
Predictors	Estimates	CI	p
(Intercept)	0.02	−0.13–0.16	0.811
Sharpness	0.33	0.25–0.40	<0.001
Random Effects			
$\sigma^2$	0.47		
$\tau_{00user}$	0.28		
$\tau_{00label}$	0.02		
ICC	0.39		
$N_{user}$	100		
$N_{label}$	10		
Observations	2700		
Marginal $R^2$ /Conditional $R^2$	0.08/0.64		



**Figure 3.** Second-level effects figures representing the regression coefficients by types of sound (label) and for different psychoacoustic parameters.

## 5. Discussion

Being able to predict noise annoyance from recorded sounds is particularly helpful from a public health perspective. In the context of a smart-city framework, one could imagine a wireless acoustic sensor network (WASN) large enough to cover a whole urban area; having a noise annoyance prediction algorithm at the node position that can return live annoyance scores to a central server from sounds recorded locally by the sensor would make for a useful

application for environmental protection officers and other stakeholders at community or local authority level [52]. A relevant issue to consider from the WASN perspective, is that previous studies conducted in both urban [21] and suburban [20] environments, there is a clear influence of the type of environment around the sensor location on the types of noise detected. Not all the urban or suburban locations for sensors have frequent sirens or horns, it depends on the more common activities (leisure, hospitals, etc.), the type of road (wide, narrow) and even the type of building or house existing in the surroundings, the types of noise detected in the street and their frequency of occurrence varies widely. In the design of a generalist model for quality of life, the number of occurrences, together with the duration and the annoyance caused by all and each noise source should be taken into account, so the former variables in cities and suburban environments is considered.

The fact that no significant differences in annoyance scores were observed between sample groups (i.e., gender or area of residence) is particularly interesting: it is common to assume in soundscape studies that personal and contextual factors play a strong role in how people respond to urban acoustic environments [53]. However, this is probably more relevant when complex sound environments (e.g., multi-source) are being considered and when dealing with relatively longer duration of exposures (e.g., several minutes) as seen in in-situ surveys. For clearly identifiable sources of environmental noise, with signals of short duration (i.e., 1–3 s) like those used for this experiment, it is likely it was easier for the sample to converge on similar annoyance scores, regardless of other demographic factors.

Regarding the noise annoyance scores, sharpness came up as an important predictor in the first level of the modelling stage (explaining up to 8% of the variance alone). It is important to highlight that the sharpness calculation method used in this study did not include any loudness correction; nor any loudness-related parameter was selected by the feature selection algorithm. To some extent, this is possibly due to fact that, being an online experiment, it was not possible for the research team to actually calibrate the loudness playback level accurately for the remote participants. On the other hand, considering this aspect from the WASN implementation perspective, this could be seen as an encouraging finding, since calibrating a diffuse acoustic monitoring network may not be practical in real-world scenarios, so it is good to have models that can achieve up to 64% of variance explained regardless of actual levels. Furthermore, in complex acoustic environments, loudness would likely vary over time depending on the relative positions between sound sources and (human) listeners in ways in which the other psychoacoustic parameters such as sharpness and tonality are less likely to. This is something that is impossible for fixed sensors to take into account, so once again it is preferable not to rely on loudness as a predictor.

## 6. Conclusions

In this study, an online listening experiment was conducted with 100 participants to assess the noise annoyance induced by short recordings of individual environmental noise sources gathered via a wireless acoustic sensors network in Milan. The main conclusions of this study are:

- the acoustic samples gathered from selected sensors in Milan WASN of the DYNAMAP project led us to a structured MUSHRA test to evaluate the annoyance in an off-line perceptual test;
- when considering short recordings of single-source environmental sounds, no significant differences in noise annoyance were observed as a function of demographic factors, such as gender and self-reported area of residence (i.e., from very quiet to very noisy);
- the multi-level linear regression model derived from this case study achieved an overall  $R^2 = 0.64$ , using sharpness as a fixed effect (the first level), and impulsiveness, roughness, tonality as random effects allowed to vary according to the type of sound (the second level) as predictors for perceived noise annoyance.

Taken together, the results of this study encourage us to continue our research work at the all the stages described in this paper. The improvement of the real-time algorithms to automatically detect the predefined sound sources under study is the first stage to gathering the most relevant samples in all and each of the sensors of a WASN. The application of the annoyance modelling can give the WASN a dimension without precedent; the availability of the objective acoustic measurements conducted by the sensors, and the estimated of annoyance in a real-time evaluation by means of the model. We can start to think about a dynamic annoyance map, which could be more far-reaching than a dynamic noise map.

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## Abbreviations

The following abbreviations are used in this manuscript:

ANE	Anomalous Noise Event
ANOVA	Analysis of variance
ICBEN	International Committee for the Biological Effects of Noise
$L_{eq}$	Equivalent Level
MLM	Multi-level Linear regression Modelling
MUSHRA	MULTi Stimulus test with Hidden Reference and Anchor
RTN	Road Traffic Noise
VIF	Variance Inflation Factor
WASN	Wireless Acoustic Sensor Network

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### **3.5 Study III: Applied Predictive Soundscape Modelling: A Case Study Investigating Changes from the COVID-19 Lockdown**

### **3.6 Study IV: A Temporal Convolutional Neural Network for Multi-label Sound Recognition and Annoyance Detection of Complex Soundscapes**



# A Temporal Convolutional Neural Network for Multi-label Sound Recognition and Annoyance Detection of Complex Soundscapes

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(Dated: 20 June 2021)

Increasing urban noise pollution and simultaneous improvements in smart city sensor technology and deployment have created a necessity for increasingly sophisticated approaches to automated noise recognition. Sensor networks which are focused primarily on sound level monitoring have proved to be insufficient to adequately identify harmful sound events or to reflect the human impact of noise in cities. Therefore, ...

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## I. INTRODUCTION

Increasing urban noise pollution and simultaneous improvements in smart city sensor technology and deployment have created a necessity for increasingly sophisticated approaches to automated noise recognition. Sensor networks which are focused primarily on sound level monitoring have proved to be insufficient to adequately identify harmful sound events or to reflect the human impact of noise in cities. Therefore, the development of automated environmental sound recognition (ESR) systems has become a necessary component of next-generation approaches to noise pollution mitigation.

### A. Importance of sound source and annoyance detection

### B. AI for sound source recognition

#### 1. Previous approaches

### C. DCASE Challenge

### D. SONYC

#### 1. Datasets

([Cartwright et al.](#))

## 2. Component Parts

### E. Empirical Models of Annoyance

#### 1. Zwicker Psychoacoustic Annoyance

The field of psychoacoustics has had a particular focus on annoyance modelling, however this field presents some typical limitations. Firstly, from its inception it has made use of simple, simulated sounds for conducting laboratory tests. These are useful in that they enable much more control over the acoustic characteristics of the sound, allowing for isolated testing of the independent variables, in a conventional experimental approach. This is a limiting approach also taken in the field of auditory neuroscience [\[ct\]](#) *Need to add citations for this*. Second, the field is primarily developed towards and focussed on annoyance modelling of single sound sources, typically commercial products such as vacuum cleaners and high-end cars [\[ct\]](#).

#### 2. Soundscape Models

### F. AI Models of Annoyance

## II. METHODS

### A. Temporal convolutional neural network

## III. EXPERIMENTS

### A. Datasets

#### 1. DeLTA / SSID Binaural Dataset

*Recording splitting* In order to increase the available dataset and to make all of the recordings a consistent length, the original recordings were split into 15 seconds chunks. For all recordings, as many complete 15s chunks

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	dBFS	max_dBFS
count	2891	289
mean	-36.33	-18.92
std	7.45	7.68
min	-63.86	-46.34
25%	-40.04	-23.23
50%	-35.49	-18.40
75%	-31.42	-13.69
max	-15.35	-0.66

as possible were extracted and the remaining portion was excluded; for instance, for a 34s original recording, two sequential 15s chunks are extracted from the beginning, and the remaining 4s are not used. The original dataset of 1,453 recordings then results in 2,921 15s mp3s.

**Gain Boost** Due to the limitations of the means of delivery of the stimuli and to ensure the sounds did not exceed a safe level, we excluded the top 30 most loudest recordings as outliers. This was done by calculating the peak volume of the recording and excluding the top 1% ( $> -8.64$  dBFS) loudest recordings. The peak value was used to ensure no recordings would clip. We then added a gain boost of 8 dB to all recordings, enabling us to include 250 very soft acoustic environments featuring little or no specific sound sources. This results in a total dataset of 2,891 recordings, with the relative volumes given in Table III A 1. The audio processing was done in Python, using pydub (Robert *et al.*, 2018).

## 2. DCASE 2018 / SONYC

### B. Model architecture

### C. Training and Evaluation

## IV. DISCUSSION

”Cumulative annoyance due to compounding acute annoyance events.”

## V. CONCLUSION

And in conclusion. . .

## ACKNOWLEDGMENTS

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### **3.7 Commentary: From Deterministic to Probabilistic Soundscapes: A critical tour around the soundscape circumplex**

# From Deterministic to Probabilistic Soundscapes: A critical tour around the soundscape circumplex

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(Dated: 20 June 2021)

The circumplex model of soundscape, as originally defined by Axelsson et al., is commonly understood to be ...

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## I. INTRODUCTION

Methods for collecting data on how people experience acoustic environments have been at the forefront of the debate in soundscape studies for the past 20 years. While the soundscape research field as we understand it today dates back to the late 1960s with the pioneering work of authors like M. Southworth and R.M. Schafer, the theme of data collection methods for soundscape assessment emerged more prominently only recently (Kang et al., 2016). There is a general consensus in the research community that standardized tools to gather individual responses on the perception of urban acoustic environments are indeed desirable, to provide comparable datasets and soundscape characterizations across different locations and times and samples of people. This was actually one of the main drivers for the establishment of a Working Group at the International Organization for Standardization (ISO) back in 2008, which was named "Perceptual assessment of soundscape quality" (ISO/TC 43/SC 1/WG 54) that has so far published three documents within the ISO 12913 series on soundscape. Part 1 provides a general framework and definitions (ISO, 2014), while Part 2 and Part 3 offer guidance on how data should be collected and analyzed, accordingly (ISO, 2018–2019). Different methods are proposed for data collection in Part 2 (ISO, 2018), but in the context of this study we focus on Method A, because it is the only one underpinned by a theoretical relationship among the items of the questionnaire that compose it, the circumplex model of soundscape (Axelsson et al., 2010). This is in turn based on the Swedish Soundscape Quality Protocol (SSQP), originally developed at Stockholm University (Axelsson et al., 2012).

The circumplex model of soundscape, as originally defined by (Axelsson et al., 2010), is commonly understood to be a two-dimensional space (its main orthogonal components being annoying-pleasant and uneventful-

eventful) where all regions of the space are equally likely to accommodate a given soundscape assessment (Aletta et al., 2016). For instance, in theory, an extremely vibrant soundscape (e.g., with a score of 1) should be as likely to occur as an extremely annoying one, as well as one neutral on all dimensions (e.g., with a score of 0). However, a recent work by Lionello et al. (Lionello et al., 2021) incidentally highlighted a possible issue with the process for representing soundscape assessments with the current ISO protocols. More specifically, when considering big numbers, soundscape assessments seem to have a bivariate normal distribution around the origin of the circumplex model. This would imply that not the whole space of the model is equally accessible to any given soundscape. Studies in the field show that data collection campaigns rarely return extreme values for soundscape dimensions (Mancini et al., 2021) and so far the general interpretation has been that some soundscapes (e.g., extremely monotonous) may simply be difficult to find and detect with people in urban contexts (Sun et al., 2019). However, in this work we question whether there are some issues related to the data collection instruments and data analysis methods per se.

## A. Objectives

Several consequences of the current ISO standard implementation of the soundscape circumplex model are identified and discussed, in particular that of the coordinate transformation process given in Equations A.1 and A.2 of ISO 12913 Part 3 (ISO, 2019). These consequences arise, not out of any particular real-world implementation or data collection, but instead are strictly the result of the model framework and mathematical transformations laid out in the standard. We believe that the results presented here have not been fully discussed previously and may contradict much of the general understanding of the circumplex model within the field.

Once the existing consequences of the standard are identified and discussed, we then present two proposed treatments of the circumplex framework which may bring the model more closely in line with the current understanding within the field.

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## II. THE CURRENT ISO STANDARD

The core of the questionnaire-based soundscape assessment in ISO 12913 Part 2 (ISO, 2018) are the 8 perceptual attributes (PA) originally derived in Axelsson *et al.* (2010): pleasant, vibrant (or exciting), eventful, chaotic, annoying, monotonous, uneventful, and calm. In the questionnaire procedure, these PAs are assessed independently of each other, however they are conceptually considered to form a two-dimensional circumplex with *Pleasantness* and *Eventfulness* on the x- and y-axis, respectively. In Axelsson *et al.* (2010), a third primary dimension, *Familiarity* is also found, however this only accounted for 8% of the variance and is typically disregarded as part of the standard circumplex.

### A. Coordinate transformation

To facilitate the analysis of the PA responses, the Likert scale responses are coded from 1 (Strongly disagree) to 5 (Strongly agree) as ordinal variables. In order to reduce the 8 PA values into a pair of coordinates which can be plotted on the Pleasant-Eventful axes, Part 3 of ISO 12913 (ISO, 2019) provides a trigonometric transformation, based on the 45° relationship between the diagonal axes and the pleasant and eventful axes. This transformation projects the coded values from the individual PAs down onto the primary Pleasantness and Eventfulness dimensions, then adds them together to form a single coordinate pair. In theory, this coordinate pair then encapsulates information from all 8 PA dimensions onto a more easily understandable and analyzable 2 dimensions.

The ISO coordinates are thus calculated by:

$$\begin{aligned} ISO_{Pleasant} = & [(pleasant - annoying) \\ & + \cos 45^\circ * (calm - chaotic) \\ & + \cos 45^\circ * (vibrant - monotonous)] \\ & * 1 / (4 + \sqrt{32}) \end{aligned} \quad (1)$$

$$\begin{aligned} ISO_{Eventful} = & [(eventful - uneventful) \\ & + \cos 45^\circ * (chaotic - calm) \\ & + \cos 45^\circ * (vibrant - monotonous)] \\ & * 1 / (4 + \sqrt{32}) \end{aligned} \quad (2)$$

where the PAs are arranged around the circumplex as shown in Figure 1. The  $\cos 45^\circ$  term operates to project the diagonal terms down onto the x and y axes, and the  $1/(4 + \sqrt{32})$  scales the resulting coordinates to the range (-1, 1). The result of this transformation is demonstrated in Figure 1.

## III. ASSUMPTIONS AND IMPLICATIONS OF THE ISO

### A. Application & Simulations

In order to investigate the shape of the circumplex coordinate space generated by this transformation, a

dataset of 3 million randomly simulated PA responses was generated. For each of the 8 PAs, an integer value from 1 to 5 is randomly generated from a uniform distribution, meaning each of the five responses is equally likely. These simulated data are specifically not intended to include any information about correlations between the various PAs when actually answered by respondents (see (Lionello *et al.*, 2021) for more on this discussion), instead the PA responses are completely uncorrelated as they each have their own random distribution. Therefore, the simulated dataset represents a theoretical uniform coverage of the 8 dimensional PA space.

We then apply the ISO transformations given in Equations 1 and 2, resulting in 3 million coordinate pairs with a range of (-1, 1) in the x and y axes. A heatmap of the resulting two-dimensional circumplex space is shown in Figure 2, along with histograms of the individual dimension distributions. These distributions then represent the theoretical available circumplex space generated by the ISO transformation on uniform survey responses.

Two important observations can be made about the shape of the resulting two-dimensional distribution. The first is that the shape of the available space is a circle. It should be noted that, despite what the term 'circumplex' may indicate, the perceptual dimensions are not necessarily intended to circumscribe a circle. The second is that, in each dimension, the responses are normally distributed, centered around zero. These points will be discussed in detail below.

### B. Circular space discussion

Visualisations of the circumplex model in soundscape tend to present it as circumscribing a circle (see Fig XX in (Axelsson *et al.*, 2010) and Fig XX in (?)), and this shape is further emphasised by the initial figure in ?'s original formulation of the concept. However, it should be emphatically noted that all of these presentations are in fact artefacts of the analysis methods which generated them, not some sort of revealed pattern in the component attributes which make up the circumplex. In ?, this first figure is generated by asking respondents to place each of the 27 attributes around a circle, according to their perceived spatial relationships - the circle shape was pre-imposed on the study. In both Axelsson *et al.* (2010) and ?, the figures are generated via Principle Components Analysis (PCA) which, again, presents these results superimposed on a circle. It is perhaps a weakness of these two, otherwise strong and impactful, papers, that they did not recognise this consequence and challenge the circular arrangement.

If we turn back to Russell's original work on the circumplex model of affect, we can see some indications that a circle does not, in fact, describe the spatial relationship of the perceptual attributes. Fig. XX of (?), which did not pre-impose the circular arrangement in its analysis, instead most closely resembles a square with rounded corners. Continuing from this conception, when Russell presents a graphical method of assessing the two

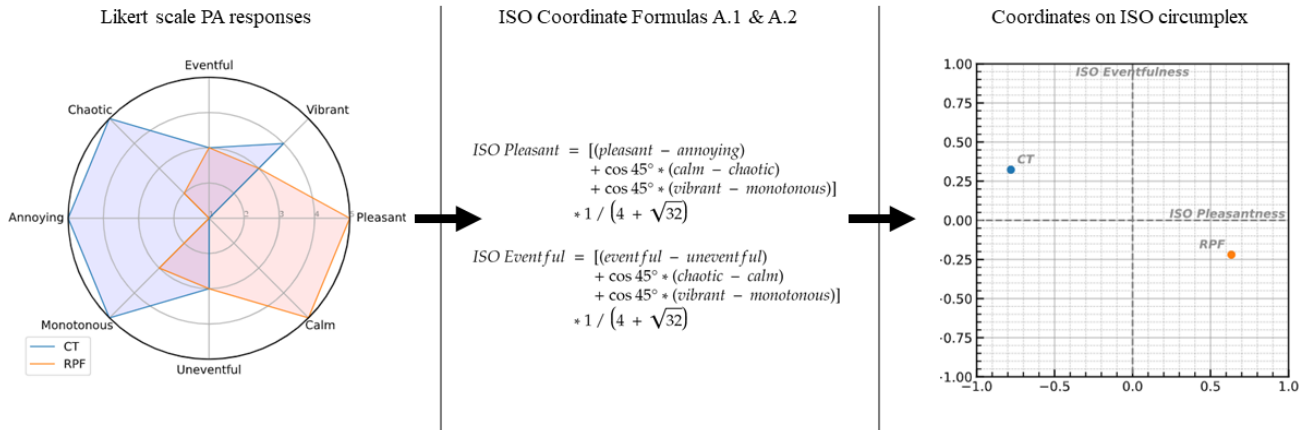


FIG. 1. Placeholder radar plot and projection. Need to remove the middle set of equations, since they are being included in the text

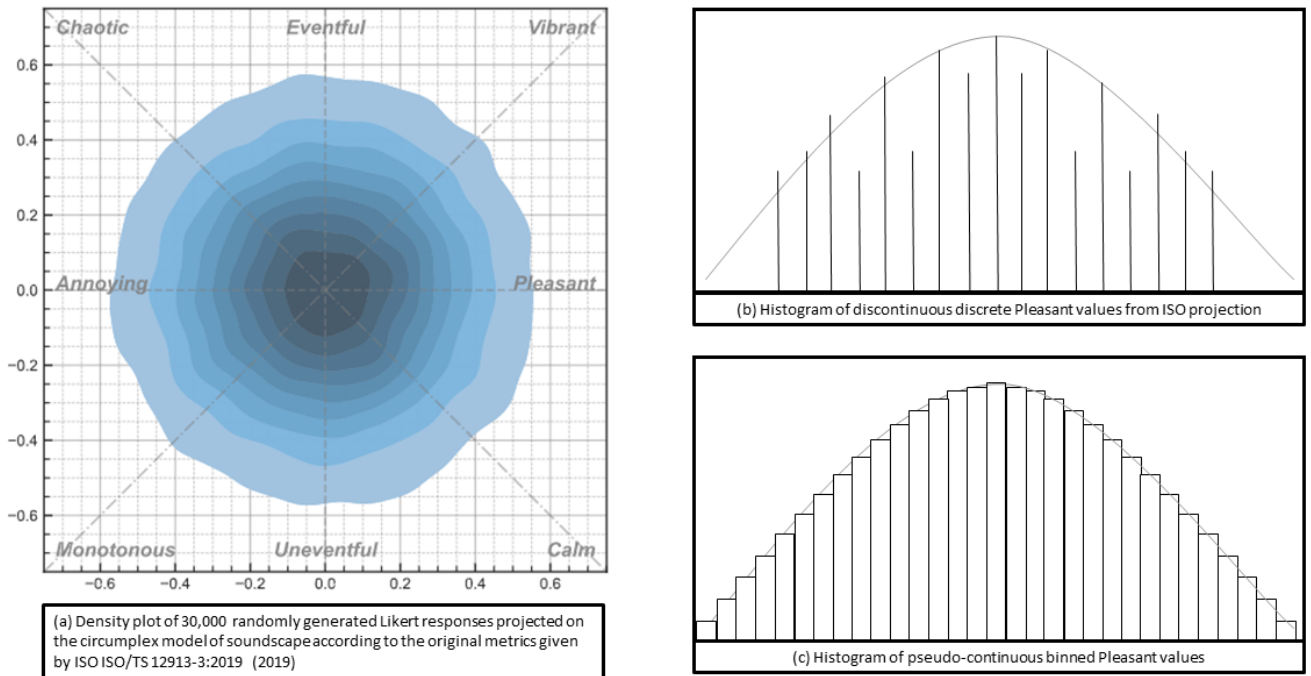


FIG. 2. Mockup placeholder simulation heatmap plot from Lionello 2020 and discrete vs binned transformation values. For new one, need to include distribution histograms along each axis.

dimensions of affect (pleasure and arousal) (?), they use a square grid. This is all to say that, although the term 'circumplex' and the foundational analyses which lead to a soundscape circumplex may lead us to assume it must take the form of a circle, both the framework laid down by Russell and the common treatment of the spatial relationships of the attributes actually describe a square, instead.

This treatment of the 8 PAs makes several assumptions and inferences about the relationships between the dimensions. As stated in the standard (ISO, 2019, p. 5):

According to the two-dimensional model, vibrant soundscapes are both pleasant and eventful, chaotic soundscapes are both eventful and unpleasant, monotonous soundscapes are both unpleasant and uneventful, and fi-



nally calm soundscapes are both uneventful and pleasant.

From this, we would infer that a maximally vibrant soundscape is both maximally pleasant and maximally eventful. However, when the projection transformation is applied it imposes certain limitations on the relationships between the dimensions which do not conform with this assumption. As shown in Figure 1, when a soundscape is maximally vibrant (i.e. a diagonal vector distance of 1), the maximum pleasantness value it can have is determined by the  $\cos 45^\circ$  term, giving a max pleasantness value of  $\sim 0.7071$ . The implication of this is that no soundscape can be both maximally pleasant and maximally eventful at the same time, meaning that these dimensions are not in fact considered as orthogonal, and that a highly vibrant soundscape cannot be considered highly pleasant or highly eventful. Similarly, if a soundscape were to begin at a maximum Eventfulness, with neutral Pleasantness, in order for the soundscape to become more pleasant, it must by definition become less eventful. This is not conceptually correct or borne out in the treatments of previous literature. These same relationships and violations hold true for the other diagonal dimensions, chaotic, calm, and monotonous.

This implication violates both the assumptions made within the formulation of the circumplex model and the way that soundscape practitioners have understood and presented the interpretations of soundscapes within the circumplex space. In cases where the PA dimensions are referred to directly (Steele *et al.*, 2016, 2019) and those which have made use of the Part 3 transformation to 2-dimensional coordinates (Lionello *et al.*, 2021; Mancini *et al.*, 2021; Manzano *et al.*, 2021), Check Manzano2021importance the conflation of maximal values on the diagonal axes with maximal values on the primary axes is made, as in the assumptions made by the standard. This is the first of the common understandings of the circumplex which are violated by the trigonometric transformation.

### C. Normal distribution discussion

We can also see from the histograms included along the axes of Figure 2 that the projection creates a normal distribution in both dimensions. It is important here to remember that the input to the projection formulas were uniform distributions for each of the 8 PAs, and it is the projection into the two primary dimensions which results in this normal distribution. When looking at the distribution heatmap in Figure 2, it is useful to picture the gradients as representing the available space in the circumplex model.

*Need to add more here? Different transition?*

**Probability Density Function** From the simulated distributions, we can derive a normal probability density distribution (PDF) for each of the dimensions.

$$f_X(x) = \frac{x^{-(x-\mu)^2/(2\sigma^2)}}{\sigma\sqrt{2\pi}}$$

with a mean  $\mu = 0$  and standard deviation  $\sigma = 0.3$ .

**Realistic max values** When we start to think about real-world urban soundscape data collection, where the discussion of the soundscape of a space is not limited to a single person's perception, we need to start thinking in statistical terms. Theoretically, the limits of the projected Pleasantness are (-1, +1), however according to the PDF calculated above, the  $3\sigma$  value is  $\pm 0.XX$ . This means that only 0.3% of values fall outside the range (-0.XX, +0.XX). It may be argued that as long as +1 can theoretically be reached, this should be what is considered the maximum value for that dimension. However, in any situation which involves using multiple individual soundscape assessments in order to characterize the overall soundscape of a location, this max will effectively never be reached. According to the large-scale, multi-location data set reported in our previous study, it appears that the effective maximum values for Pleasantness and Eventfulness for the combined assessment of multiple people for a space is in reality approximately (-0.6, +0.6) (Lionello *et al.*, 2021).

As such, extreme values on each of the perceptual dimensions are less likely to occur than are coordinate values which place the soundscape in the neutral areas of the circumplex space. This means an extremely calm (or chaotic, or vibrant, or pleasant) coordinate is significantly less likely to occur than a neutral coordinate.

**Non-linearity of movement around the space** We can further use this as a demonstration of how we might conceive of a soundscape moving within the available space.

\* ease of getting to a certain area

\* clustering near neutral

### D. Non-continuous projected values

An implicit assumption of the transformation is that the resulting coordinates are now continuous values, which allows linear regression and correlation methods to be used. Indeed, the transformation of the 8-dimensional ordinal Likert scale data to the two-dimensional coordinates creates a higher resolution of intervals, which would appear to be pseudo-continuous. Upon further investigation, the transformation actually results in XX discrete possible values. Figure 2(b) shows a histogram of this raw output from the transformation, demonstrating that these discrete values, while following the general normal distribution discussed above, are not evenly filled - some adjacent values may be much more or less likely than their neighbors. This poses potential issues for further analysis which assumes either continuous or equally-spaced discrete values.

## IV. PROPOSED SOLUTIONS

### A. Probabilistic Distribution Thinking

The instruments described in the ISO 12913 Part 2 ISO (2018) were originally designed primarily for the context of individual or small group assessments. In these scenarios, the focus is on assessing the particular soundscape of the person in question. Recent advances in the soundscape approach since the development of the standards have shifted some focus from individual soundscapes to characterizing the overall soundscape of public spaces (Mitchell *et al.*, 2020). In this context, a consideration of the natural variation in people's perception and the variation over time of a soundscape must be a core feature of how the soundscape is discussed. Boiling a public space which may have between tens and tens of thousands of people moving through it in a single day down to the mean (or median, or any other single metric) soundscape assessment completely dismisses the reality of the space. Likewise, this overall soundscape of a public space cannot possibly be determined through a 10-person soundwalk, as there is no guarantee that the sample of people engaged in the soundwalk are representative of the users of the space (in fact it is very likely they would not be).

This shift is part of a move towards a more holistic approach to urban noise and to integrating the soundscape approach into urban design and regulations.

### B. Proposal for CDF projections

The CDF of the simulation of the ISO projections is thus:

$$\Phi(x) = \int_{-\infty}^x \frac{e^{-x^2/2}}{\sqrt{2\pi}}$$

## V. DISCUSSION / CONCLUSIONS

In a recent editorial paper on Soundscape Assessment, Axelsson and colleagues observe that it is important to critically discuss current theories and models in soundscape studies and to examine their effectiveness, while also looking at how to integrate different methods and perspectives for the discipline to make further advancements (Axelsson *et al.*, 2019). This work was mainly aimed at addressing the issue of meaningful comparability and representation of soundscape assessments. Part 2 of the ISO 12913 standard itself does not provide ultimate answers: the technical specifications recommend multiple methods, as consensus around a single protocol could not be reached. This diversity of methodological approaches should be interpreted as a fact that soundscape theory is still under development and, for this reason, the standardization work should probably take a step back and focus on developing a reference method for comparability among soundscape studies, rather than a single protocol for soundscape data collection. Some attempts have indeed already been made in literature for

the different methods proposed in the ISO/TS 12913-2:2018 (Aletta *et al.*, 2019; Jo *et al.*, 2020).

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## **4 Conclusions**

### **4.1 Summary**

### **4.2 Findings**

### **4.3 Limitations and Recommendations for Future Research**



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