Overview

Productivity: Did you spend enough time on Focus Work?

5h 13m	3h 49m	4h 55m	2h 11m	4h 31m	3h 18m	14m 5s
TUE 4/12	WED 4/13	THU 4/14	FRI 4/15	SAT 4/16	SUN 4/17	Today 4/18

3h 27m

Workday average
4/12 - 4/18
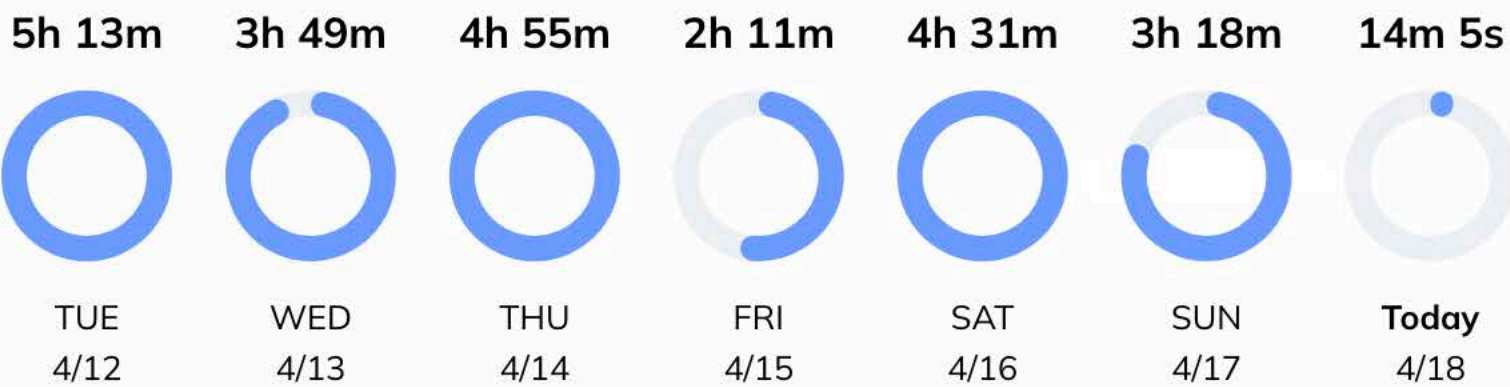
Not bad. These last 7 work days your Focus Work was a little up and down, but you're doing all right.

see more ›

Flow: Did you dedicate time to Focus Work?

0

FOCUS SESSIONS

on 0 out of 7 days

Attention: Did you shift your focus too much?

DISTRACTIONS

Pretty Low

COMMUNICATION

Pretty Low

Balance: Did you work too much during your downtime?

Activities: Where did your time go?

Total week	Average day

22H 26M OF TOTAL TIME

FOCUS WORK
24h 14m

MEETINGS
1m

Attention: Did you shift your focus too much?

DISTRACTIONS
Pretty Low

COMMUNICATION
Pretty Low

Balance: Did you work too much during your downtime?

TUE WED THU FRI SAT SUN MON
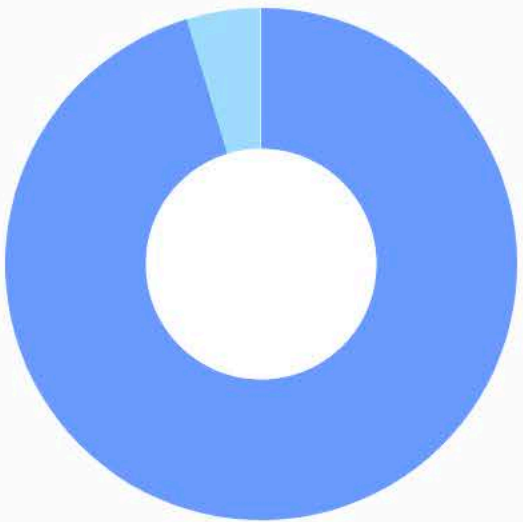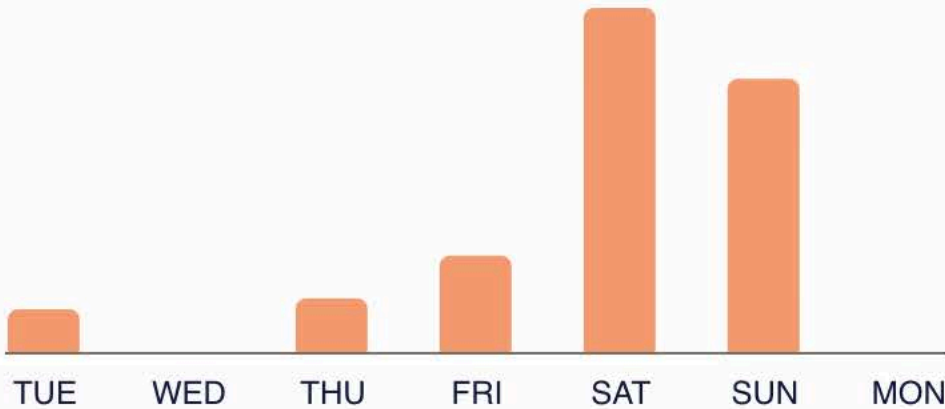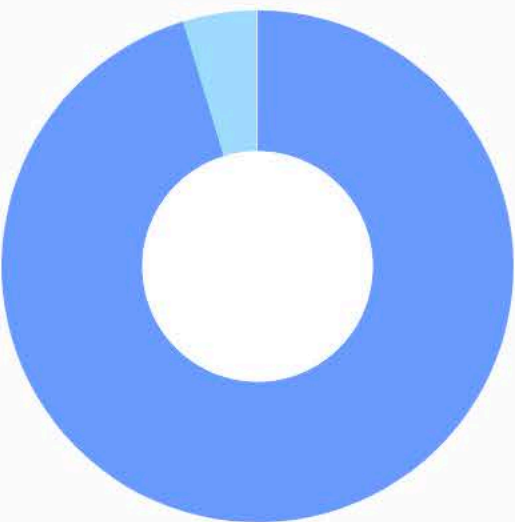
OVERWORK DAYS
5 of 7

Activities: Where did your time go?

Total week	Average day

22H 26M OF TOTAL TIME

FOCUS WORK
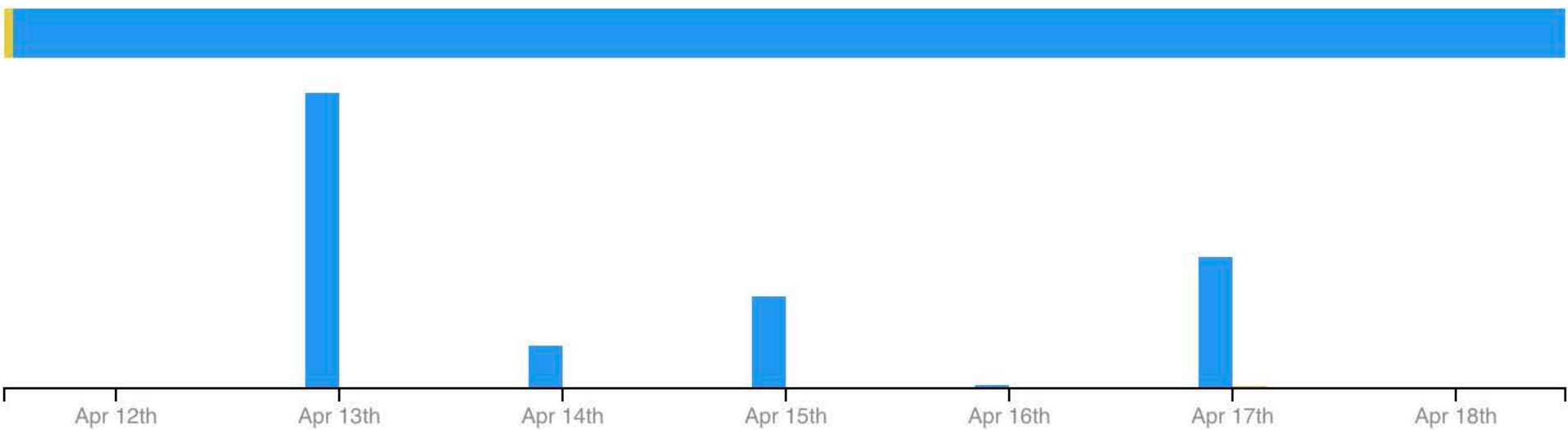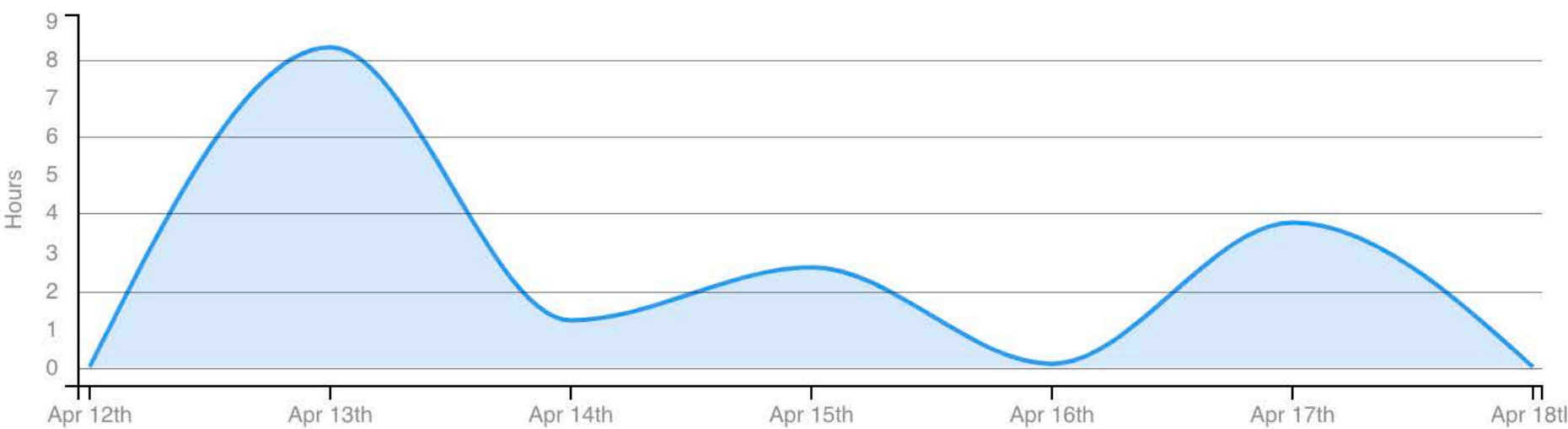# 24h 14m

MEETINGS
1m
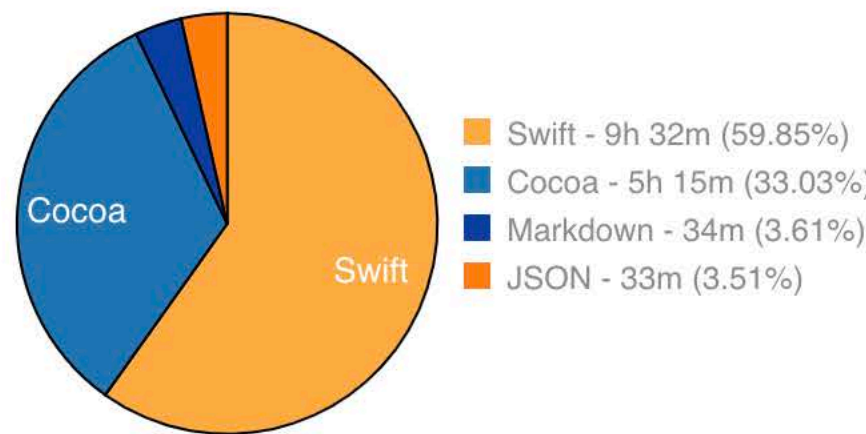
OTHER WORK
1h 9m

OTHER
1m 15s

15 hrs 56 mins over the Last 7 Days in ProjectAndPortfolio3 under all branches. ☁

Languages

- Swift - 9h 32m (59.85%)
- Cocoa - 5h 15m (33.03%)
- Markdown - 34m (3.61%)
- JSON - 33m (3.51%)

Editors

- Xcode - 15h 56m (100.00%)
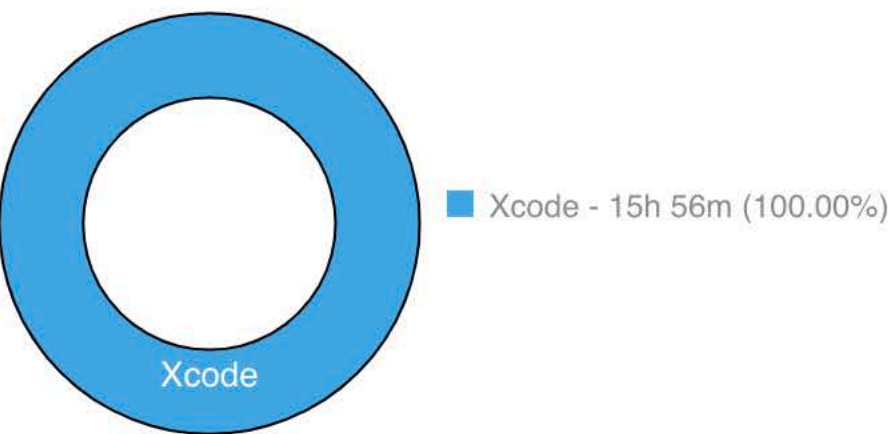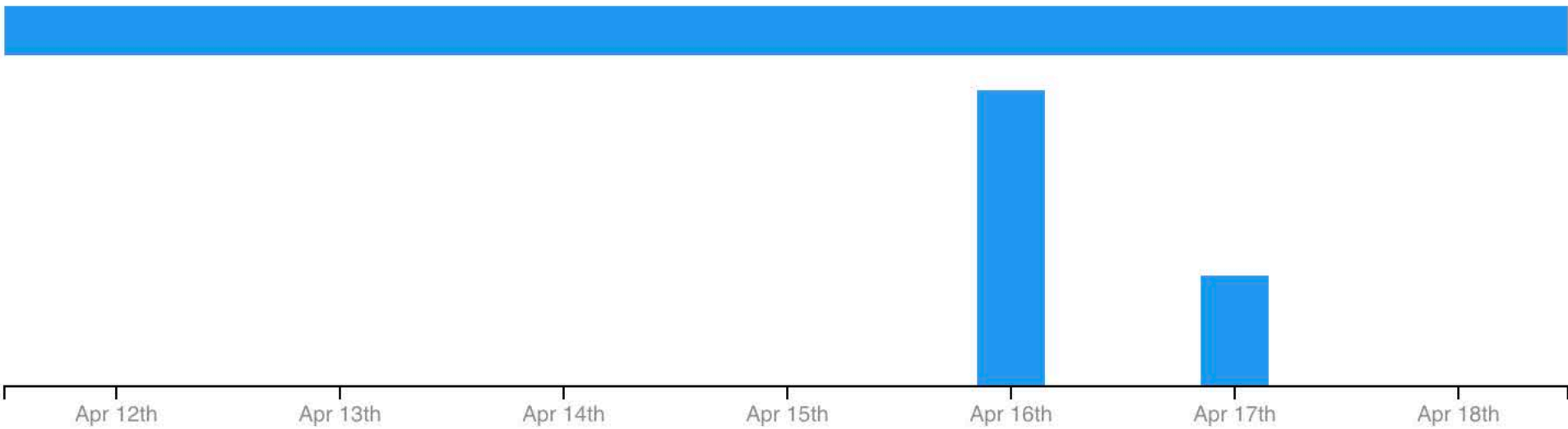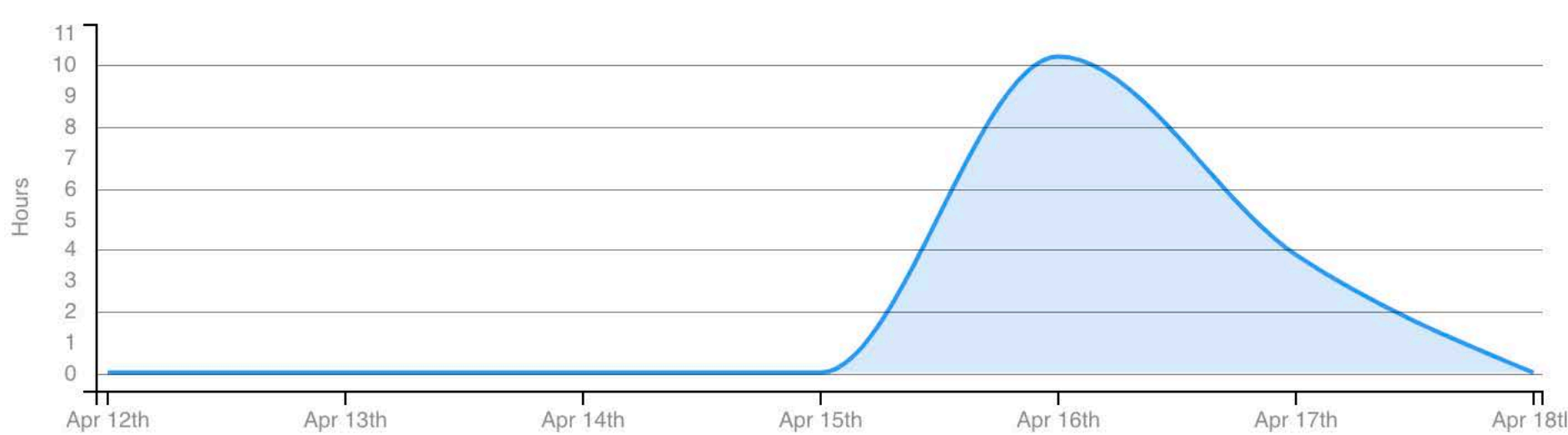
Files

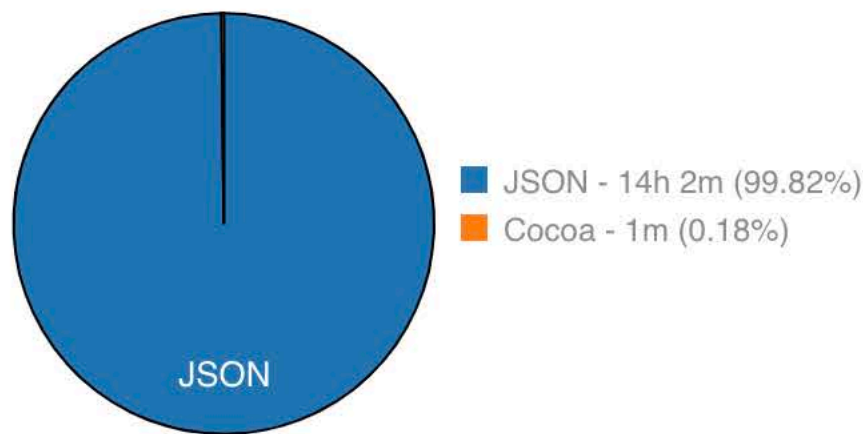|	
6 hrs 21 mins	...HomeViewController.swift
5 hrs 15 mins	...Base.lproj/Main.storyboard
2 hrs 33 mins	...DankTank/HVC_Extension.swift
34 mins	README.md
33 mins	...DankTank/Strains.json
19 mins	...CollectionViewCell.swift
12 mins	...DankTank/Strains.swift
3 mins	...DankTank/ViewController.swift
1 min	...HomeViewExtenion.swift
18 secs	...AgeVerifyViewController.swift

Branches

15 hrs 56 mins	main

Projects · antoinemitchell

total 14 hrs 4 mins

14 hrs 4 mins over the Last 7 Days in antoinemitchell under all branches. ☁

Languages

JSON - 14h 2m (99.82%)
Cocoa - 1m (0.18%)

JSON

Editors

Xcode - 14h 4m (100.00%)

Xcode
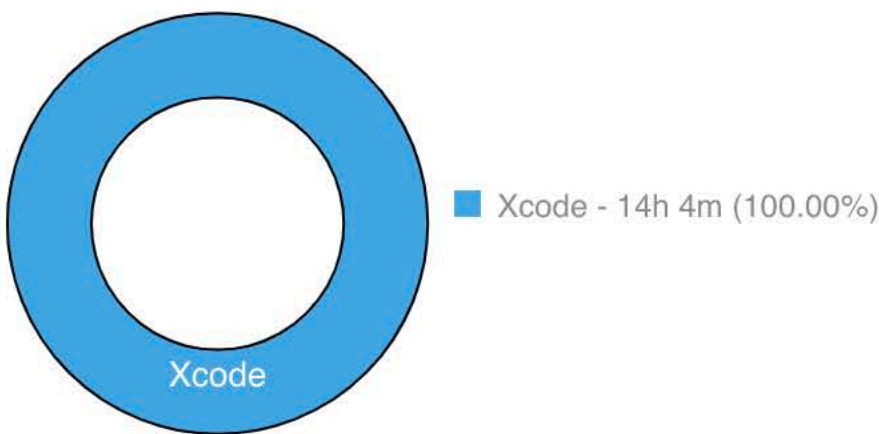
Files

8 hrs 1 min	...Information/Strains.json
5 hrs 55 mins	Desktop/Strains.json
5 mins	...EmployeeData.json
51 secs	...Base.lproj/Main.storyboard
41 secs	...Base.lproj/Main.storyboard

Branches

14 hrs 4 mins	master