

GLUTEN FREE MENU

IN THE BEGINNING

Creamy Garlic Mushrooms & Bacon	£5.25
Served with warm bread	
Classic Prawn Cocktail	£5.25
Served on a bed of lemon dressed leaves	
Deep Fried Whitebait	£5.25
Served with dressed leaves and a tartare dipper	
Leek & Potato Soup V	£4.95
Served with warmed bread	

SHARING IS CARING.. BUT YOU DON'T HAVE TO

Smothered Nachos	Small £5.25	Large £9.95
The Mexican		
Beef chilli, guacamole, cheddar, sour cream and sliced jalapeños		
The Thai One		
Chicken breast with bacon, sweet chilli sauce and cheddar		
The Herbivore V		
Tomato salsa, cheddar, guacamole, sour cream and sliced jalapeños		

FROM THE GRIDDLE

ALL SERVED WITH CHIPS, MIXED VEGETABLES, MUSHROOM AND TOMATO

Extra Mature 8oz Rump Steak	£12.95	Mixed Grill	£15.95
8oz Gammon Steak	£11.95	Rump steak, gammon, chicken breast, sausage and fried egg	
Served with a fried egg		Chicken & Bacon Stack	£11.95
		Chicken breast with bacon and cheddar	

DON'T FORGET YOUR SAUCES – £1.95 Creamy Stilton, Peppercorn or Onion Gravy

SOMETHING FISHY

Battered Cod	£9.95
Served with chips, mushy peas and tartare sauce	
Salmon & Dill Fishcakes	£9.95
Served with a dressed salad, chips and a sweet chilli dip	
Deep Fried Whitebait	£9.95
With a dressed salad, chips and a tartare dip	
Prawn Salad	£9.95
A large dressed salad with prawns in a Marie Rose sauce	

BURGERS

ALL SERVED IN A GLUTEN FREE BUN
WITH TOMATO, LETTUCE WITH A SIDE OF
COLESLAW AND CHIPS

Classic Cheeseburger	£8.95
Beef patty with burger sauce topped with cheddar	
Elvis	£8.95
Beef patty topped with peanut butter, bacon and cheddar	
Black & Blue	£8.95
Beef patty topped with sliced mushroom and blue cheese	
Spicy Bean V	£8.95
A mildly spiced meat free bean burger	
Clucker	£8.95
Chicken breast with mayo	
Shep's Mighty	£11.95
Beef patty, chicken breast, bacon, fried egg and cheese with mayo	

Add a beef patty or chicken breast to any burger for just £2.00

LOADED CHIPS

Chunky Chips v	£3.00
Cheesy V	£4.00
With melted cheddar	
Chilli	£4.95
Beef chilli and cheddar	

THE MAIN EVENT £9.95

- Bangers & Mash**
3 pork sausages on creamy mash potato with onion gravy and mixed vegetables
- Lamb Liver & Bacon**
Served in a rich onion gravy with mash potato and mixed vegetables
- Homemade Chilli Con Carne**
Served with rice, nachos and sour cream
- Homemade Shepherd's Pie**
Served with mixed vegetables
- Hand-cut Ham & Eggs**
With chips and dressed leaves
- Shep's Brunch**
2 sausages, 2 bacon rashers, 2 fried eggs, mushroom, tomato, baked beans and chips
- Chicken Thai Green Curry**
Served with rice

- Vegetable Thai Green Curry V**
Served with rice
- 3 Egg Omelette V**
Served with chips, salad and your choice of filling: mushroom, ham or cheese
- Squash & Sweet Potato Bangers V**
Served with mash potato, mixed vegetables and vegetarian gravy
- Veggie Brunch V**
Squash & sweet potato sausages, grilled tomato, mushroom, baked beans, fried eggs and chips
- Caesar Salad**
Cajun spiced chicken breast, bacon, and Italian cheese

JACKET POTATOES

Served with a large dressed salad

- Baked Beans & Cheese V**
- Tuna & Mayonnaise**
- Prawn & Marie Rose**
- Ham & Cheese**
- Chilli Con Carne**

ONLY
£6.00

For the Sweet Tooth

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| Apple & Blackberry Crumble
Served with cream | £4.25 | Salted Caramel Ice Cream Sundae
With chocolate sauce, cream and meringue pieces | £4.25 |
| Homemade Bread & Butter Pudding
Served with custard | £4.25 | Freshly made Pancakes
2 freshly made pancakes with cream and chocolate sauce | £4.25 |
| Warm Chocolate Brownie
Served with salted caramel ice cream | £4.25 | Cheddar & Stilton | £4.25 |
| Chocolate Ice Cream Sundae
Creamy chocolate ice-cream, chocolate sauce, Flake pieces and cream | £4.25 | | |

Please be aware that all our dishes are prepared in a kitchen where nuts and gluten are present as well as other allergens. We cannot guarantee that any food item is completely free from allergens, due to the risk of cross contamination. Full allergen and nutritional information is available - please ask a member of the team.

Terms & Conditions: Our menu descriptors do not include all ingredients. Please ask a member of the team if you require full allergen information on the ingredients in the food we serve. Whilst we take care to preserve the integrity of our vegetarian and vegan products, we must advise that these are handled in a multi-kitchen environment. All weights are approximate prior to cooking.