

Question 2 Text Classification

2.2 Model Fitting

Initial Data Read and Setup

```
health <- read.csv("mental_health.csv")[,-1]

## 80% of the sample size
smp_size <- floor(0.80 * nrow(health))

## set the seed to make your partition reproducible
set.seed(123)
train_ind <- sample(seq_len(nrow(health)), size = smp_size)

train <- health[train_ind, ]
test <- health[-train_ind, ]

x <- model.matrix(IsMentalHealthRelated ~ .,train)
y <- train$IsMentalHealthRelated
```

Determining the optimal lambda values for L1 and L2 regularization

```
cv.fit <- cv.glmnet(x,y,alpha=1, family="binomial", nfolds = 10)
cv.fit$lambda.min # 0.002455181

cv.fit <- cv.glmnet(x,y,alpha=0, family="binomial", nfolds = 10)
cv.fit$lambda.min # 0.02822862
```

Fitting the Models

```
fit.logreg <- glmnet(x,y,family="binomial")
fit.l1 <- glmnet(x,y,alpha=1,family="binomial", lambda = 0.002455181)
fit.l2 <- glmnet(x,y,alpha=0,family="binomial", lambda = 0.02822862)
```

2.3 Performance Comparison

```
# Model w.o Regularization
newdata_x <- model.matrix(IsMentalHealthRelated ~ .,test)
probs <- predict(fit.logreg,newdata_x,type = "response")
preds <- ifelse(probs >= 0.5, 1, 0)
target <- ifelse(test$IsMentalHealthRelated == "Yes", 1, 0)
acc1 <- mean(preds == target)

# Model with L1 Regularization
newdata_x <- model.matrix(IsMentalHealthRelated ~ .,test)
probs <- predict(fit.l1,newdata_x,type = "response")
preds <- ifelse(probs >= 0.5, 1, 0)
```

```
target <- ifelse(test$IsMentalHealthRelated == "Yes", 1, 0)
acc2 <- mean(preds == target)

# Model with L2 Regularization
newdata_x <- model.matrix(IsMentalHealthRelated ~ .,test)
probs <- predict(fit.l2,newdata_x,type = "response")
preds <- ifelse(probs >= 0.5, 1, 0)
target <- ifelse(test$IsMentalHealthRelated == "Yes", 1, 0)
acc3 <- mean(preds == target)
```

Accuracy of logistic regression without regularization (acc1) is 41.2% Accuracy of logistic regression with l1 regularization (acc2) is 46.2% Accuracy of logistic regression with l2 regularization (acc3) is 46.5%

We see higher accuracy when applying regularization to the logistic regression as overfitting is minimized.

2.4 Interpretation of Models

L1 Regularization Sorted Results

```
sort(coef(fit.l1)[,1])
```

##	fitness	workout	muscle	squat	workouts
##	-12.354251851	-11.081349370	-10.346110217	-8.418041231	-8.072865923
##	time.week	shoulder	sugar	gym	weight
##	-7.128948542	-6.659329604	-6.426007410	-6.369614081	-6.228810353
##	protein	amp.x200b	size	strength	leg
##	-6.134612107	-6.008464620	-5.902251443	-5.549271926	-5.457451669
##	calories	deadlifts	however	legs	recently
##	-5.438329384	-5.430929660	-5.425298746	-5.400463048	-5.279800636
##	grip	bench	suggestions	hi	exercise
##	-5.221457651	-5.104493314	-5.061805117	-4.989918883	-4.946729657
##	bar	ampnbsp	lift	hello	arm
##	-4.652525955	-4.623989541	-4.502337087	-4.305443741	-4.113147404
##	bulk	stand	short	type	progress
##	-4.106652402	-4.097218993	-4.088156191	-4.074681689	-3.996053085
##	reps	example	days.week	routine	decide
##	-3.968410164	-3.934931568	-3.802909215	-3.744804283	-3.582204984
##	stretch	rep	carbs	lower	chest
##	-3.565385452	-3.458567932	-3.307777245	-3.294993032	-3.292411832
##	fit	old	curl	level	lbs
##	-3.136401760	-3.092310894	-3.089527452	-3.085732581	-3.061907642
##	turn	include	run	question	since
##	-3.059515335	-3.051907519	-2.954047357	-2.952201647	-2.942327990
##	weigh	body.fat	wonder	diet	press
##	-2.914526642	-2.861138441	-2.846878393	-2.829738642	-2.785347106
##	check	post	form	use	goal
##	-2.783356390	-2.722932889	-2.722072614	-2.676732239	-2.667601391
##	advance	tip	calorie	fat	cycle
##	-2.631461965	-2.571471196	-2.501612840	-2.496903323	-2.494589153

##	minutes	mass	follow	order	notice
##	-2.483322086	-2.473792722	-2.427793623	-2.420304102	-2.419738362
##	test	buy	result	train	eat
##	-2.402412292	-2.355806272	-2.351067264	-2.258837226	-2.229885950
##	male	game	split	reddit	ask
##	-2.222498302	-2.208326258	-2.202881268	-2.126824397	-2.049928729
##	set	hey	look	pay	food
##	-2.032512376	-2.012399072	-2.002635548	-2.002593528	-1.953175722
##	ago	appreciate	burn	abs	head
##	-1.952784604	-1.940469405	-1.926257879	-1.879243375	-1.865813133
##	beginner	heavy	later	basically	front
##	-1.861612727	-1.853808401	-1.826778873	-1.798047381	-1.789693294
##	small	edit	pull	drink	machine
##	-1.770609558	-1.750379493	-1.745500692	-1.743661154	-1.737512868
##	decent	shape	would	big	whole
##	-1.702688795	-1.701215845	-1.610034472	-1.605806103	-1.601485348
##	lean	increase	real	gain	ppl
##	-1.599147154	-1.584606774	-1.548211113	-1.530198324	-1.520678739
##	may	different	please	watch	kind
##	-1.507387436	-1.478373951	-1.471372616	-1.456393785	-1.439135682
##	one	cardio	enjoy	water	fix
##	-1.429199990	-1.395246645	-1.372771397	-1.370023231	-1.346904718
##	push	guy	answer	family	point
##	-1.322811815	-1.304544827	-1.284379365	-1.231829634	-1.200934527
##	heart	top	drop	year	especially
##	-1.200302374	-1.194337071	-1.178085510	-1.176776951	-1.146654543
##	new	base	currently	every.day	track
##	-1.122454779	-1.118893031	-1.117306020	-1.117085093	-1.106599484
##	little	goals	couple	home	stick
##	-1.100717807	-1.091416778	-1.084575563	-1.071550500	-1.033536213
##	slow	matter	become	amp	never
##	-1.031483297	-1.021712881	-1.020866874	-0.995117088	-0.991873117
##	call	anyone	months	see	could
##	-0.974916188	-0.962642252	-0.955719615	-0.946659187	-0.921004443
##	others	full	two	close	search
##	-0.908371905	-0.908022707	-0.897457882	-0.893109810	-0.891779035
##	number	sit	years	make.sure	tell
##	-0.857291453	-0.849591267	-0.826268440	-0.814440679	-0.812071556
##	know	suppose	figure	hear	us
##	-0.796608765	-0.725941572	-0.709781096	-0.699294062	-0.693127605
##	light	show	begin	body	seem
##	-0.685283816	-0.675074716	-0.671937491	-0.668560097	-0.645503120
##	also	hold	free	deadlift	second
##	-0.621224590	-0.612504495	-0.610530509	-0.571136751	-0.523508995
##	say	idea	nothing	either	true
##	-0.516654706	-0.505421491	-0.488726755	-0.480100371	-0.473411668
##	anything	face	around	similar	general
##	-0.414952445	-0.387388437	-0.326223564	-0.312788030	-0.297272038
##	side	come	personal	instead	together
##	-0.289878565	-0.275863464	-0.274193403	-0.269041905	-0.267634538

##	cut	plan	friend	power	rather
##	-0.256961917	-0.232865957	-0.208216541	-0.194618697	-0.183590358
##	rest	program	cause	night	walk
##	-0.179655293	-0.155674371	-0.154016314	-0.150771097	-0.150584004
##	difference	every	problem	long	days
##	-0.146905910	-0.112892533	-0.103705668	-0.098465873	-0.087890102
##	think	ever	share	meal	x200b
##	-0.082760785	-0.078483372	-0.075737267	-0.070821363	-0.059029242
##	im	add	quite	fast	high
##	-0.058831310	-0.054909335	-0.052599148	-0.049541371	-0.045861646
##	place	(Intercept)	able	advice	almost
##	-0.028242767	0.000000000	0.000000000	0.000000000	0.000000000
##	always	amount	another	away	back
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	barbell	bench.press	best	bite	bring
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	build	case	change	co	comment
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	completely	consider	continue	current	daily
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	dont	dumbbell	end	energy	enough
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	etc	everything	experience	fact	fall
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	far	feel.like	felt	finally	first
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	forward	fun	get.back	give	go.gym
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	god	great	group	half	hand
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	hang	hate	health	healthy	hit
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	hour	hours	important	improve	incline
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	interest	kg	last	leave	let
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	like	literally	live	look.like	lose
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	lose.weight	low	main	maintain	make
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	mean	meet	mind	minute	miss
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	money	month	morning	move	much
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	need	next.	normal	obviously	often
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	ohp	ones	open	pain	past
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	per	play	pound	pretty	put
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000

##	raise	reach	read	really	recommend
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	remember	right	row	seem.like	sense
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	single	situation	sort	start	step
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	stop	strong	struggle	stuff	summer
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	super	support	sure	thing	thoughts
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	thread	three	tire	today	try
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	understand	upper	ups	usually	volume
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	want	way	weeks	without	work
##	0.000000000	0.000000000	0.000000000	0.000000000	0.000000000
##	would.like	write	wrong	yet	monday
##	0.000000000	0.000000000	0.000000000	0.000000000	0.004807194
##	person	whatever	drive	possible	stay
##	0.022662881	0.023021167	0.026123760	0.034590735	0.036533713
##	due	pick	everyone	guess	least
##	0.050421486	0.119932069	0.128443415	0.133792494	0.139552907
##	lot	fail	thank	something	wake
##	0.140957211	0.160711007	0.170879979	0.172700488	0.176148885
##	love	day	parent	else.	average
##	0.223902986	0.228868047	0.229341312	0.230413195	0.234053066
##	happen	keep	okay	deficit	break.
##	0.242759550	0.242859801	0.247633789	0.256677160	0.266087846
##	find	gt	go.back	things	brain
##	0.312150096	0.328999511	0.334348615	0.339758534	0.342778656
##	reason	shit	hope	pass	world
##	0.357369167	0.359171847	0.372642686	0.388308663	0.392203080
##	believe	hop	even	get	many
##	0.393769076	0.416215837	0.424073766	0.427180912	0.465120720
##	spend	time	good	honestly	man
##	0.466371690	0.468759330	0.480214730	0.486600959	0.509257628
##	learn	bad	go	sleep	self
##	0.523957929	0.569232329	0.578327048	0.615873391	0.616767391
##	part	lol	sorry	anymore	talk
##	0.628719772	0.649292852	0.663603491	0.666489896	0.680261174
##	alone	soon	realize	someone	finish
##	0.708090869	0.713747561	0.719709236	0.729087207	0.739685944
##	worth	care	take	hard	well
##	0.767134760	0.785896981	0.874227260	0.900007809	0.915145188
##	people	hurt	issue	still	weekend
##	0.958353516	0.976959237	1.004398496	1.013695046	1.036955969
##	already	loss	intake	better	sometimes
##	1.038902625	1.044927929	1.107931093	1.115010308	1.136753763
##	(Intercept)	switch	outside	nice	fuck
##	1.160292736	1.164638257	1.194930179	1.216041400	1.254125770

##	manage	fam	week	friends	schedule
##	1.272084055	1.281584898	1.302974609	1.313574772	1.398444168
##	less	might	maybe	though	probably
##	1.491117397	1.532271956	1.543124196	1.585236621	1.596030217
##	grade	fine	help	problems	wish
##	1.619598922	1.667720059	1.714469405	1.760626461	1.776317624
##	stress	mostly	sound	wait	class
##	1.815167266	1.890394287	1.919894253	1.955811290	2.046484567
##	course	definitely	deal	school	easy
##	2.064597657	2.250697873	2.369649828	2.376032640	2.395469352
##	mental	service	yeah	life	focus
##	2.526623165	2.573168603	2.690094308	2.706072225	2.707690149
##	co.op	job	feel	worry	actually
##	2.721728574	2.732410061	2.740582430	2.748090178	2.847616425
##	mark	happy	depression	study	anxiety
##	2.871445616	2.897102868	3.018362888	3.165072456	3.398525503
##	university	op	mental.health	counsel	term
##	4.300543070	4.853024202	5.297897049	7.540543493	8.488821996

L2 Regularization Sorted Results

```
sort(coef(fit.l2)[,1])
```

##	fitness	workout	time.week	sugar	workouts
##	-6.3014707830	-5.4593245458	-5.3907605360	-5.0449027019	-5.0117839575
##	muscle	size	protein	gym	suggestions
##	-4.7535524403	-4.6229089769	-4.5830338468	-4.5170406906	-4.4163510026
##	squat	however	ampnbs	shoulder	grip
##	-4.2632485446	-4.2565864415	-4.2558792518	-4.2513361023	-4.2024917523
##	recently	deadlifts	hi	weight	calories
##	-4.1365604904	-4.0496252728	-4.0021824886	-3.8783614977	-3.8646123477
##	days.week	strength	legs	exercise	leg
##	-3.8616079275	-3.8536111864	-3.8040357812	-3.7714697435	-3.7696023398
##	stand	stretch	bar	arm	rep
##	-3.6231350720	-3.6143401633	-3.5782710649	-3.5486706916	-3.5325493816
##	type	lift	decide	hello	mass
##	-3.4943489520	-3.4633282686	-3.4573845069	-3.4562654186	-3.3980406169
##	body.fat	reps	short	example	progress
##	-3.3896543341	-3.3738794985	-3.3015885049	-3.2644568747	-3.2508317263
##	lower	fit	bench	carbs	calorie
##	-3.1980895897	-3.1917009848	-3.1588447709	-3.1511989796	-3.1466832228
##	include	old	bulk	weigh	diet
##	-2.9883356798	-2.9538931278	-2.9407167563	-2.8632212614	-2.8415604156
##	curl	routine	advance	level	notice
##	-2.8266446652	-2.8098365778	-2.8082323920	-2.7872577119	-2.7688744179
##	beginner	lbs	question	cycle	form
##	-2.7376660526	-2.7309542108	-2.7286355515	-2.7239326468	-2.6900593347
##	turn	test	goal	tip	run
##	-2.6874504599	-2.6681027804	-2.6123325832	-2.5913526405	-2.5832785452
##	chest	check	press	split	use

##	-2.5649723038	-2.5339071540	-2.5245788985	-2.5096469092	-2.5088416010
##	wonder	cardio	amp.x200b	x200b	male
##	-2.5015438426	-2.4852081855	-2.4481133604	-2.4459417485	-2.4211693208
##	since	gain	heavy	minutes	burn
##	-2.3998485202	-2.3906678848	-2.3847395134	-2.3738800720	-2.3700901014
##	buy	order	barbell	train	post
##	-2.3682336246	-2.3232732742	-2.2962736413	-2.2806561123	-2.2734276761
##	incline	fat	abs	kg	follow
##	-2.2631789217	-2.2476981939	-2.2238688590	-2.2210621338	-2.2081229191
##	decent	ppl	currently	result	increase
##	-2.1781731094	-2.1646217141	-2.1550552676	-2.1404977984	-2.1309367418
##	basically	set	head	front	ago
##	-2.1279917367	-2.1013519339	-2.0987142358	-2.0910250075	-2.0797401085
##	eat	game	ohp	search	shape
##	-2.0734762811	-2.0605329653	-2.0605306021	-2.0571531106	-2.0540743788
##	hey	food	track	goals	appreciate
##	-2.0216992869	-2.0053265371	-1.9970756913	-1.9939759399	-1.9858502756
##	lean	volume	pull	reddit	drink
##	-1.9770308742	-1.9702952382	-1.9331387309	-1.8905943463	-1.8786237442
##	deadlift	later	edit	bench.press	ask
##	-1.8554603755	-1.8535066661	-1.8522178116	-1.8241789159	-1.8214385125
##	machine	push	base	look	amp
##	-1.8183740252	-1.8092000088	-1.8074569394	-1.7788381810	-1.7735109377
##	small	big	fix	pay	slow
##	-1.7564971389	-1.7363387957	-1.6911225948	-1.6751644191	-1.6129393455
##	watch	whole	answer	months	may
##	-1.6040596537	-1.5881230489	-1.5661991940	-1.5610263910	-1.5509699650
##	top	would	especially	every.day	drop
##	-1.5494912950	-1.5403228895	-1.5281303904	-1.5198718685	-1.5156526173
##	different	water	please	guy	sit
##	-1.5010105562	-1.4880260975	-1.4788425447	-1.4712847841	-1.4664717293
##	enjoy	stick	real	dumbbell	kind
##	-1.4581149298	-1.4478483445	-1.4450518817	-1.4402668684	-1.3924495910
##	become	couple	home	body	point
##	-1.3735533094	-1.3640851575	-1.3462769295	-1.3432407409	-1.3385542300
##	heart	raise	one	family	matter
##	-1.3015915889	-1.2941468223	-1.2769364513	-1.2721076828	-1.2667983485
##	suppose	general	main	year	new
##	-1.2609676224	-1.2536713121	-1.2529716616	-1.2256000658	-1.2191246357
##	full	anyone	could	number	light
##	-1.2189031064	-1.2179701434	-1.2153615270	-1.1782856273	-1.1682462729
##	begin	others	little	never	make.sure
##	-1.1566075700	-1.1437175842	-1.1433127602	-1.1349773227	-1.1286300002
##	pain	call	meal	figure	years
##	-1.0791929232	-1.0754358276	-1.0646768997	-1.0610789840	-1.0513912199
##	difference	either	lose.weight	pound	close
##	-1.0504952863	-1.0474596311	-1.0251766142	-1.0144517363	-0.9996131329
##	two	similar	hear	idea	hit
##	-0.9833580196	-0.9811250740	-0.9759943746	-0.9654921772	-0.9612358262
##	know	fast	see	low	seem

##	-0.9506899616	-0.9342330954	-0.9264628706	-0.9222024216	-0.9186336213
##	per	power	us	tell	plan
##	-0.9169076874	-0.9039178663	-0.8856684530	-0.8741376075	-0.8715255352
##	ups	personal	together	show	around
##	-0.8585051754	-0.8319110421	-0.8191004899	-0.8023572507	-0.7974800759
##	add	face	program	amount	cut
##	-0.7936648499	-0.7915434469	-0.7908067958	-0.7889954097	-0.7712574147
##	rest	rather	healthy	hold	second
##	-0.7658136415	-0.7602637462	-0.7541856916	-0.7538080690	-0.7530264552
##	hand	instead	free	true	nothing
##	-0.7469195476	-0.7396082549	-0.7395681241	-0.7395433711	-0.7275410116
##	anything	also	say	days	month
##	-0.7158678375	-0.7036591877	-0.7028048503	-0.6884196819	-0.6571548452
##	high	night	quite	walk	side
##	-0.6466803675	-0.6403574269	-0.6166421653	-0.5962342408	-0.5936595498
##	cause	look.like	go.gym	problem	start
##	-0.5783978878	-0.5723968256	-0.5303486561	-0.5254974686	-0.5200104115
##	would.like	share	often	come	understand
##	-0.5146483056	-0.5071829679	-0.5048011838	-0.4789851833	-0.4728202802
##	back	long	every	fact	stuff
##	-0.4592600295	-0.4493039096	-0.4427077564	-0.4314551436	-0.4277899003
##	leave	important	im	forward	place
##	-0.4256644820	-0.3724287808	-0.3720929709	-0.3702913961	-0.3677470210
##	friend	fun	play	without	give
##	-0.3659192227	-0.3434494767	-0.3407481778	-0.3332064197	-0.3283706553
##	ever	bite	etc	mean	live
##	-0.3275178761	-0.3259173846	-0.3094338519	-0.2747407858	-0.2643439340
##	step	need	interest	change	work
##	-0.2632583140	-0.2622954327	-0.2478457416	-0.2406913130	-0.2378244614
##	continue	last	tire	think	completely
##	-0.2354165764	-0.2223880324	-0.2122659367	-0.2119235611	-0.2118188707
##	case	strong	advice	summer	best
##	-0.1871601569	-0.1858805813	-0.1823680123	-0.1808550128	-0.1449830359
##	another	morning	open	thread	put
##	-0.1381024221	-0.1246519909	-0.1167554289	-0.1130437680	-0.1103333589
##	next.	three	daily	minute	god
##	-0.1051011477	-0.1036731307	-0.0929778481	-0.0894601329	-0.0887551013
##	far	sure	weeks	today	want
##	-0.0746106501	-0.0717217300	-0.0706163064	-0.0653950727	-0.0612031088
##	improve	recommend	row	lose	make
##	-0.0600066602	-0.0585648976	-0.0515403603	-0.0506839602	-0.0432488731
##	money	current	pretty	group	build
##	-0.0425457281	-0.0337760666	-0.0275205692	-0.0253887553	-0.0246559607
##	dont	wrong	great	remember	upper
##	-0.0235842852	-0.0152511862	-0.0052094966	-0.0011225858	-0.0000970257
##	(Intercept)	energy	hours	always	almost
##	0.0000000000	0.0022712655	0.0057550657	0.0261856247	0.0304709907
##	comment	stop	like	felt	away
##	0.0324729899	0.0437330020	0.0453016502	0.0579237096	0.0632236582
##	first	read	normal	hang	really

##	0.0642196169	0.0697895259	0.0711766525	0.0743387941	0.1035663548
##	hour	yet	enough	bring	thing
##	0.1164666823	0.1242566544	0.1330497532	0.1382497719	0.1631085457
##	write	finally	mind	sort	everything
##	0.1695388598	0.1750566587	0.1801362911	0.1867877472	0.1975231928
##	try	right	experience	reach	maintain
##	0.1979492470	0.2102529126	0.2276948635	0.2292622010	0.2324051524
##	much	something	thank	meet	let
##	0.2328485791	0.2386720826	0.2455340001	0.2469905436	0.2542378888
##	consider	thoughts	able	miss	seem.like
##	0.2656783919	0.2656996509	0.2947650800	0.2956335507	0.3127569669
##	past	single	way	wake	support
##	0.3174303580	0.3436362580	0.3585757676	0.3649272606	0.3911839207
##	hate	lot	usually	move	situation
##	0.3997730957	0.3999853568	0.4100216426	0.4208929109	0.4332445021
##	half	day	get	okay	monday
##	0.4394150730	0.4451928874	0.4532616090	0.4694802616	0.4714869436
##	guess	fall	gt	keep	struggle
##	0.4737704708	0.4745002434	0.4826246343	0.4910096012	0.4942136461
##	find	reason	ones	everyone	drive
##	0.5172957480	0.5257408282	0.5265598633	0.5286657268	0.5350509453
##	go	time	obviously	else.	sense
##	0.5380207244	0.5397320897	0.5415618674	0.5529689981	0.5533127897
##	happen	love	end	person	pick
##	0.5654757568	0.5702339547	0.5735635274	0.5774587103	0.5830783195
##	super	least	shit	stay	due
##	0.6111703208	0.6116686664	0.6148487091	0.6280520008	0.6370447426
##	literally	things	possible	good	whatever
##	0.6498253061	0.6502362904	0.6543679225	0.6607218023	0.6747143153
##	world	hope	feel.like	get.back	learn
##	0.7018738551	0.7076926957	0.7206927416	0.7229094532	0.7366096083
##	fail	break.	man	even	bad
##	0.7435336267	0.7471763316	0.7516934250	0.7517675787	0.7579481375
##	sleep	believe	many	pass	take
##	0.7612240469	0.7915650429	0.8480278279	0.8514831328	0.8634834079
##	someone	honestly	loss	spend	lol
##	0.8650163568	0.8689320482	0.8811917534	0.9084973672	0.9265911080
##	hurt	care	anymore	people	sorry
##	0.9658197519	0.9779960681	0.9840452814	0.9990499741	1.0144683180
##	talk	still	health	brain	better
##	1.0414485406	1.0612475835	1.0627656922	1.0824914579	1.0990777183
##	part	schedule	realize	well	parent
##	1.1174095192	1.1255724770	1.1474443332	1.1550225068	1.1553719232
##	soon	(Intercept)	week	alone	go.back
##	1.1574129082	1.1585548046	1.1698438678	1.2029682755	1.2164210714
##	hop	deficit	self	issue	worth
##	1.2171870641	1.2413615823	1.2549401078	1.2663851229	1.2791783849
##	finish	fuck	average	hard	switch
##	1.2997577538	1.3052414067	1.3073922271	1.3500243612	1.3621990222
##	sometimes	weekend	already	nice	friends

##	1.3660445688	1.3811130417	1.4101361745	1.4120526443	1.4316537875
##	help	fam	maybe	though	might
##	1.4635274172	1.4727370497	1.5200270214	1.5943520246	1.6070810691
##	probably	outside	co	intake	fine
##	1.6116643160	1.6241323565	1.6305263342	1.6478898471	1.6722751547
##	less	grade	sound	wait	mostly
##	1.7214579396	1.8014224312	1.8110982759	1.8125570700	1.8414860624
##	manage	wish	feel	class	stress
##	1.8822457193	1.8860032602	1.9013634563	1.9468354446	1.9879342797
##	problems	course	focus	school	actually
##	2.0872402391	2.0884777594	2.2201899739	2.2249273692	2.2605014606
##	easy	deal	happy	definitely	life
##	2.2644391575	2.3062968006	2.3074405361	2.3243714814	2.3288887314
##	yeah	worry	study	job	mental
##	2.3321555406	2.3456753000	2.3768767365	2.3960567090	2.5645584171
##	mark	co.op	depression	anxiety	service
##	2.6168562773	2.6184329447	2.6540591390	2.8974208726	2.9186257280
##	mental.health	op	university	counsel	term
##	2.9382126015	3.0315360843	3.6288453948	4.0957587758	4.6581584734

Words that are related to school and mental health, such as: “depression, term, mental-health, anxiety, co-op” seemed to show the highest coefficient estimations. The words that are related to fitness, such as: “fitness, workout, muscle, protein, weight” show lowest coefficient estimations.

L1 regularization method tends to approximate many coefficients when the values are higher than two significant digits to zero. The L1 regularization enforces sparsity; the less important coefficients given the model are zeroed out. This methodology essentially removes the corresponding feature from the model, hence optimizing RAM usage as well as reducing noise in the model.

L2 regularization method tends to shrink all the coefficients and doesn’t zero any. This is because we define the regularization in L2 as the sum of the squares of all the feature weights. In this context, weights close to zero have little effect on the model complexity, while outlier weights can have a significant impact. Therefore, we are not concerned with zeroing any of the coefficients.