



# HM Revenue & Customs

Important information to include on your tax return before sending it to us.

Please make sure you include your:

- 10-digit Unique Taxpayer Reference (UTR)
- National Insurance number (NINO)
- employer reference (if you have one)

before printing your tax return.

UTR  
NINO  
Employer reference  
Date  
HM Revenue and Customs off

Tax return - page TR 1

UTR NINO Employer reference Date HM Revenue and Customs office address <input type="checkbox"/>	Issue address <input type="checkbox"/>
Telephone <input type="checkbox"/>	For Reference <input type="checkbox"/>
<b>Your tax return</b>	

Please make sure you include your full name and address before printing your tax return.

If you do not, we may have to send your tax return back to you, and any repayment due will take longer.

Please make sure you sign and date the declaration on page TR 8 of your completed tax return before sending it to us.

I declare that the information given on this tax return and any supplementary pages is correct and complete to the best of my knowledge and belief.  
I understand that I may have to pay financial penalties and face prosecution if I give false information.

Signature

Date DD MM YYYY

22   Declaration I declare that the information I've given on this tax return and any supplementary pages is correct and complete to the best of my knowledge and belief. I understand that I may have to pay financial penalties and face prosecution if I give false information. Signature <input type="checkbox"/>	23   If you filled in boxes 23 and 24 enter your name <input type="checkbox"/> 24   and your address <input type="checkbox"/> Postcode <input type="checkbox"/>
Date DD MM YYYY <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

Tax return - page TR 8

To find the address of the office to send your tax return to, look on the most recent correspondence from us. If you do not have any recent correspondence from us then send your completed return to:  
Self Assessment  
HM Revenue and Customs  
BX9 1AS  
United Kingdom

Please do not include this information sheet with your tax return.





UTR

NINO

Employer reference

Date

HM Revenue and Customs office address

Issue address

For  
Reference

Telephone

## Your tax return

This notice requires you, by law, to make a return of your taxable income and capital gains, and any documents requested, for the year from 6 April 2024 to 5 April 2025

### Deadlines

We must receive your tax return by these dates:

- if you're using a paper return – by 31 October 2025 (or 3 months after the date of this notice if that's later)
- if you're filing a return online – by 31 January 2026 (or 3 months after the date of this notice if that's later)

If your return is late you'll be charged a £100 penalty.

If your return is more than 3 months late, you'll be charged daily penalties of £10 a day.

If you pay late you'll be charged interest and a late payment penalty.

### Most people file online

It's quick and easy to file online. Get started by typing [www.gov.uk/log-in-file-self-assessment-tax-return](http://www.gov.uk/log-in-file-self-assessment-tax-return) into your internet browser address bar to go directly to our official website.

Do not use a search website to find HMRC services online.

If you have not sent a tax return online before, why not join the 97% of people who already do it online? It's easy, secure and available 24 hours a day and you can also sign up for email alerts and online messages to help you manage your tax affairs.

To file on paper, please fill in this form using the following rules:

- enter your figures in whole pounds – ignore the pence
- round down income and round up expenses and tax paid, it is to your benefit
- if a box does not apply, please leave it blank – do not strike through empty boxes or write anything else

## Starting your tax return

Before you start to fill it in, look through your tax return to make sure there is a section for all your income and claims – you may need some separate supplementary pages (see page TR 2 and the Tax Return notes).

For help filling in this form, go to [www.gov.uk/taxreturnforms](http://www.gov.uk/taxreturnforms) and read the notes and helpsheets.

## Your personal details

1 Your date of birth – it helps get your tax right

DD MM YYYY

<input type="text"/>							
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2 Your name and address – if it is different from what is on the front of this form, please write the correct details underneath the wrong ones and put the date you changed address below DD MM YYYY

<input type="text"/>						
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3 Your phone number

<input type="text"/>											
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4 Your National Insurance number – leave blank if the correct number is shown above

<input type="text"/>						
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## What makes up your tax return

To make a complete return of your taxable income and gains for the year to 5 April 2025 you may need to complete some separate supplementary pages. Answer the following questions by putting 'X' in the 'Yes' or 'No' box.

### 1 Employment

Were you an employee, director, office holder or agency worker in the year to 5 April 2025? Please read the notes before answering. Fill in a separate 'Employment' page for each employment, directorship and so on. On each 'Employment' page you complete, enter any other payments, expenses or benefits related to that employment. Say how many 'Employment' pages you are completing in the 'Number' box below.

Yes  No  Number

### 2 Self-employment

If you worked for yourself (on your 'own account' or in self-employment) in the year to 5 April 2025, read the notes to decide if you need to fill in the 'Self-employment' pages. You may not need to if this income is up to £1,000. Do you need to fill in the 'Self-employment' pages? Fill in a separate 'Self-employment' page for each business. On each 'Self-employment' page you complete, enter any payments or expenses related to that business. Say how many businesses you had in the 'Number' box below. (Answer 'Yes' if you were a 'Name' at Lloyd's.)

Yes  No  Number

### 3 Partnership

Were you in a partnership? Fill in a separate 'Partnership' page for each partnership you were a partner in and say how many partnerships you had in the 'Number' box below.

Yes  No  Number

### 4 UK property

If you received income from UK property (including rents and other income from land you own or lease out), read the notes to decide if you need to fill in the 'UK property' pages. You may not need to if this income is up to £1,000.

Do you need to fill in the 'UK property' pages?

Yes  No

### 5 Foreign

If you:

- were entitled to any foreign income
- have, or could have, received (directly or indirectly) income, or a capital payment or benefit from a person abroad as a result of any transfer of assets
- want to claim relief for foreign tax paid

read the notes to decide if you need to fill in the 'Foreign' pages. You may not need to if your only foreign income was from land and property abroad up to £1,000.

Do you need to fill in the 'Foreign' pages?

Yes  No

### 6 Trusts etc

Did you receive, or are you treated as having received, income from a trust, settlement or the residue of a deceased person's estate? This does not include cash lump sums/transfer of assets, otherwise known as capital distributions, received under a will.

Yes  No

### 7 Capital Gains Tax summary

If you sold or disposed of any assets (for example, stocks, shares, land and property, a business), or had any chargeable gains, read the notes to decide if you have to fill in the 'Capital Gains Tax summary' page. If you do, you must also provide separate computations.

Do you need to fill in the 'Capital Gains Tax summary' page and provide computations?

Yes  No  Computation(s) provided

### 8 Residence, remittance basis etc

Were you, for all or part of the year to 5 April 2025, one or more of the following:

- not resident
- not domiciled in the UK and claiming the remittance basis
- dual resident in the UK and another country?

Yes  No

### 9 Additional information

Some less common kinds of income and tax reliefs, for example, Married Couple's Allowance, Life insurance gains, chargeable event gains, Seafarer's Earnings Deduction and details of disclosed tax avoidance schemes, should be returned on the 'Additional information' pages.

Do you need to fill in the 'Additional information' pages?

Yes  No

### If you need more pages

If you answered 'Yes' to any of questions 1 to 9, please check to see if within this return, there's a page dealing with that kind of income or gain.

If there's not, you'll need separate supplementary pages.

Do you need to get and fill in separate supplementary pages?

Yes  No

If 'Yes', go to [www.gov.uk/taxreturnforms](http://www.gov.uk/taxreturnforms) to download them.

## Income

### Dividends and interest from UK banks and building societies

1 <b>Taxed UK interest</b> – the net amount after tax has been taken off - read the notes  £ <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> • <input type="text"/> <input type="text"/>	5 <b>Other dividends</b> – the amount received - read the notes  £ <input type="text"/> • <input type="text"/> <input type="text"/>
2 <b>Untaxed UK interest</b> – amounts which have not had tax taken off - read the notes  £ <input type="text"/> • <input type="text"/> <input type="text"/>	6 <b>Foreign dividends (up to £500)</b> – the amount in sterling after foreign tax was taken off. Do not include this amount in the 'Foreign' pages  £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> • <input type="text"/> <input type="text"/>
3 <b>Untaxed foreign interest (up to £2,000)</b> – amounts which have not had tax taken off - read the notes  £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> • <input type="text"/> <input type="text"/>	7 <b>Tax taken off foreign dividends</b> – the sterling equivalent  £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> • <input type="text"/> <input type="text"/>
4 <b>Dividends from UK companies</b> – the amount received - read the notes  £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> • <input type="text"/> <input type="text"/>	

### UK pensions, annuities and other state benefits received

8 <b>State Pension</b> – amount you were entitled to receive in the year, <b>not the weekly or 4-weekly amount</b> - read the notes  £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> • <input type="text"/> <input type="text"/>	12 <b>Tax taken off box 11</b>  £ <input type="text"/> • <input type="text"/> <input type="text"/>
9 <b>State Pension lump sum</b> – the gross amount of any lump sum - read the notes  £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> • <input type="text"/> <input type="text"/>	13 <b>Taxable Incapacity Benefit and contribution-based Employment and Support Allowance</b> - read the notes  £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> • <input type="text"/> <input type="text"/>
10 <b>Tax taken off box 9</b>  £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> • <input type="text"/> <input type="text"/>	14 <b>Tax taken off Incapacity Benefit in box 13</b>  £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> • <input type="text"/> <input type="text"/>
11 <b>Pensions (other than State Pension), retirement annuities and taxable lump sums treated as pensions</b> – the gross amount. Tax taken off goes in box 12  £ <input type="text"/> • <input type="text"/> <input type="text"/>	15 <b>Jobseeker's Allowance</b>  £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> • <input type="text"/> <input type="text"/>
	16 <b>Total of any other taxable State Pensions and benefits</b>  £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> • <input type="text"/> <input type="text"/>

### Other UK income not included on supplementary pages

Do not use this section for income that should be returned on supplementary pages. Share schemes, gilts, stock dividends, life insurance gains and certain other kinds of income go on the 'Additional information' pages.

17 <b>Other taxable income</b> – before expenses and tax taken off  £ <input type="text"/> • <input type="text"/> <input type="text"/>	20 <b>Benefit from pre-owned assets</b> – read the notes  £ <input type="text"/> • <input type="text"/> <input type="text"/>
18 <b>Total amount of allowable expenses</b> – read the notes  £ <input type="text"/> • <input type="text"/> <input type="text"/>	21 <b>Description of income in boxes 17 and 20</b> – if there's not enough space here please give details in the 'Any other information' box, box 19, on page TR 7  <input type="text"/> <input type="text"/> <input type="text"/>
19 <b>Any tax taken off box 17</b>  £ <input type="text"/> • <input type="text"/> <input type="text"/>	

## Tax reliefs

### Paying into registered pension schemes and overseas pension schemes

Do not include payments you make to your employer's pension scheme which are deducted from your pay before tax or payments made by your employer. If your contributions and other pension inputs are more than the Annual Allowance, you should also fill in boxes 10 to 12 on page Ai 4 of the 'Additional information' pages.

- 1 Payments to registered pension schemes where basic rate tax relief will be claimed by your pension provider (called 'relief at source'). Enter the payments and basic rate tax

£        ·

- 1.1 Total of any 'one-off' payments in box 1

£        ·

- 2 Payments to a retirement annuity contract where basic rate tax relief will not be claimed by your provider

£        ·

- 3 Payments to your employer's scheme which were not deducted from your pay before tax – this will be unusual - read the notes

£        ·

- 4 Payments to an overseas pension scheme, which is not UK-registered, which are eligible for tax relief and were not deducted from your pay before tax

£        ·

### Charitable giving

- 5 Gift Aid payments made in the year to 5 April 2025

£        ·

- 6 Total of any 'one-off' payments in box 5

£        ·

- 7 Gift Aid payments made in the year to 5 April 2025 but treated as if made in the year to 5 April 2024

£        ·

- 8 Gift Aid payments made after 5 April 2025 but to be treated as if made in the year to 5 April 2025

£        ·

- 9 Value of qualifying shares or securities gifted to charity

£        ·

- 10 Value of qualifying land and buildings gifted to charity

£        ·

Boxes 11 and 12 are not in use

### Blind Person's Allowance

- 13 If you're registered blind, or severely sight impaired, and your name is on a local authority or other register, put 'X' in the box

- 14 Enter the name of the local authority or other register

- 15 If you want your spouse's, or civil partner's, surplus allowance, put 'X' in the box

- 16 If you want your spouse, or civil partner, to have your surplus allowance, put 'X' in the box

 Other less common reliefs are on the 'Additional information' pages.

## Student Loan and Postgraduate Loan repayments

Please read the notes before filling in boxes 1 to 3.

- 1 If you've received notification from Student Loans Company that your repayment of an Income Contingent Loan was due before 6 April 2025, put 'X' in the box. We'll use your plan and or loan type to calculate amounts due

- 2 If your employer has deducted Student Loan repayments enter the amount deducted

£        .

- 3 If your employer has deducted Postgraduate Loan repayments enter the amount deducted

£        .

## High Income Child Benefit Charge

Please read the notes before filling in this section. Only fill in this section if all of the following apply:

- your income was over £60,000
- you or your partner (if you have one) got Child Benefit (this also applies if someone else claims Child Benefit for a child who lives with you and pays you or your partner for the child's upkeep)
- couples only – your income was higher than your partner's

- 1 Enter the total amount of Child Benefit you and your partner got for the year to 5 April 2025

£     .

- 2 Enter the number of children you and your partner got Child Benefit for on 5 April 2025

- 3 Enter the date that you and your partner stopped getting all Child Benefit payments if this was before 6 April 2025

DD MM YYYY

## Marriage Allowance

Please read the notes. If your income for the year ended 5 April 2025 was less than £12,570 you can transfer £1,260 of your Personal Allowance to your spouse or civil partner to reduce the amount of tax they pay if all of the following apply:

- you were married to, or in a civil partnership with, the same person for all or part of the tax year
- you were both born on or after 6 April 1935
- your spouse or civil partner's income was not taxed at the higher rate

Fill in this section if you want to make the transfer.

- 1 Your spouse or civil partner's first name

- 2 Your spouse or civil partner's last name

- 3 Your spouse or civil partner's National Insurance number

- 4 Your spouse or civil partner's date of birth DD MM YYYY

- 5 Date of marriage or civil partnership DD MM YYYY

## Finishing your tax return

**i** Calculating your tax – if we receive this paper tax return by 31 October 2025 or if you file online, we'll do the calculation for you and tell you how much you have to pay (or what your repayment will be) before 31 January 2026. We'll add the amount due to your Self Assessment Statement, together with any other amounts due.

Do not enter payments on account, or other payments you've made towards the amounts due, on your tax return. We'll deduct these on your Self Assessment Statement. If you want to calculate your tax, ask us for the 'Tax calculation summary' pages and notes. The notes will help you work out any tax due, or repayable, and if payments on account are necessary.

### Tax refunded or set off

**1** If you've had any 2024–25 Income Tax refunded or set off by us or Jobcentre Plus, enter the amount - read the notes

£       ·

### If you have not paid enough tax

We recommend you pay any tax due electronically. Read the notes.

**2** If you owe less than £3,000 for the 2024–25 tax year (excluding Class 2 NICs) and you send us your paper tax return by 31 October, or 30 December 2025 if you file online, we'll try to collect the tax through your wages or pension by adjusting your 2026–27 tax code.  
If you do not want us to do this, put 'X' in the box  
- read the notes

**3** If you owe tax on savings, casual earnings and/or the High Income Child Benefit Charge for the 2025–26 tax year, we'll try to collect it through your wages or pension by adjusting your 2025–26 tax code.  
If you do not want us to do this, put 'X' in the box  
- read the notes

### If you have paid too much tax

To claim a repayment, fill in boxes 4 to 14 below. If you paid your tax by credit or debit card, we'll always try to repay back to your card first before making any repayment as requested by you below. Please allow up to 4 weeks for any repayment to reach you before contacting us.

**4** Name of bank or building society

**5** Name of account holder (or nominee)

  

**6** Branch sort code

 -   -   

**7** Account number

  
  
  
  
  
  
  

**8** Building society reference number

  
  
  
  
  
  
  

**9** If you or your nominee do not have a UK bank or building society account, put 'X' in the box

**10** If you've entered a nominee's name in box 5, put 'X' in the box

**11** If your nominee is your tax adviser, put 'X' in the box

**12** Nominee's address

  
  
  

**13** and postcode

      

**14** To authorise your nominee to receive any repayment, you must sign in the box. A photocopy of your signature will not do

## Your tax adviser, if you have one

This section is optional. Please read the notes about authorising your tax adviser.

**15 Your tax adviser's name**

  

**16 Their phone number**

**17 The first line of their address including the postcode**

  
  
  
Postcode  

**18 The reference your adviser uses for you**

## Any other information

**19 Please give any other information in this space**

## Signing your form and sending it back

Please fill in this section and sign and date the declaration at box 22.

**20 If this tax return contains provisional figures,**  
put 'X' in the box – in the 'Any other information' box on page TR7, tell us why you have used provisional amounts and when you expect to give us your final figures

**21 If you're enclosing separate supplementary pages,**  
put 'X' in the box

### 22 Declaration

I declare that the information I've given on this tax return and any supplementary pages is correct and complete to the best of my knowledge and belief.

I understand that I may have to pay financial penalties and face prosecution if I give false information.

**Signature**

**Date DD MM YYYY**

       

**23 If you've signed on behalf of someone else, enter the capacity. For example, executor, receiver**

  

**24 Enter the name of the person you've signed for**

  

**25 If you filled in boxes 23 and 24 enter your name**

  

**26 and your address**

  
  
  
  
Postcode